

CARE Checklist of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Line
Key Words Abstract (no references)	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1
	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" ...	Page 1
	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 1
	3b	Main symptoms and/or important clinical findings	Page 1
Introduction Patient Information	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 1
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	Page 1
	4	One or two paragraphs summarizing why this case is unique (may include references)	Page 2
Clinical Findings Timeline Diagnostic Assessment	5a	De-identified patient specific information	Case presentation
	5b	Primary concerns and symptoms of the patient	Chief complaints
	5c	Medical, family, and psycho-social history including relevant genetic information	History of past illness
	5d	Relevant past interventions with outcomes	History of present illness
	6	Describe significant physical examination (PE) and important clinical findings	Physical examination
Therapeutic Intervention	7	Historical and current information from this episode of care organized as a timeline	Case presentation
	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	Laboratory, Imaging, Pathology
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Final diagnosis
	8c	Diagnosis (including other diagnoses considered)	Final diagnosis
	8d	Prognosis (such as staging in oncology) where applicable	Outcome and follow-up
Follow-up and Outcomes	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	treatment
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	treatment
	9c	Changes in therapeutic intervention (with rationale)	treatment
Discussion	10a	Clinician and patient-assessed outcomes (if available)	Outcome and follow-up
	10b	Important follow-up diagnostic and other test results	Outcome and follow-up
	10c	Intervention adherence and tolerability (How was this assessed?)	Outcome and follow-up
	10d	Adverse and unanticipated events	Outcome and follow-up
	11a	A scientific discussion of the strengths AND limitations associated with this case report	Discussion, paragraph 1-4
Patient Perspective Informed Consent	11b	Discussion of the relevant medical literature with references	Discussion, paragraph 7
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Discussion, paragraph 1
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Conclusion
	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Discussion, paragraph 7
	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>