

## CARE Checklist (2016) of information to include when writing a case report

Topic	Item	Checklist item description	Reported on page
<b>Title</b>	<b>1</b>	The words “case report” should be in the title along with what is of greatest interest in this case	1
<b>Key Words</b>	<b>2</b>	The key elements of this case in 2 to 5 key words	4
<b>Abstract</b>	<b>3a</b>	Introduction—What is unique about this case? What does it add to the medical literature?	2
	<b>3b</b>	The main symptoms of the patient and the important clinical findings	2
	<b>3c</b>	The main diagnoses, therapeutics interventions, and outcomes	2
	<b>3d</b>	Conclusion—What are the main “take-away” lessons from this case?	2-3
<b>Introduction</b>	<b>4</b>	Brief background summary of this case referencing the relevant medical literature	5
<b>Patient Information</b>	<b>5a</b>	Demographic information (such as age, gender, ethnicity, occupation)	5
	<b>5b</b>	Main symptoms of the patient (his or her chief complaints)	5
	<b>5c</b>	Medical, family, and psychosocial history including co-morbidities, and relevant genetic information	5
	<b>5d</b>	Relevant past interventions and their outcomes	N/A
<b>Clinical Findings</b>	<b>6</b>	Describe the relevant physical examination (PE) findings	6
<b>Timeline</b>	<b>7</b>	Depict important milestones related to your diagnoses and interventions (table or figure)	Figure 1
<b>Diagnostic Assessment</b>	<b>8a</b>	Diagnostic methods (such as PE, laboratory testing, imaging, questionnaires)	7
	<b>8b</b>	Diagnostic challenges (such as financial, language, or cultural)	7
	<b>8c</b>	Diagnostic reasoning including other diagnoses considered	7
	<b>8d</b>	Prognostic characteristics (such as staging in oncology) where applicable	N/A
<b>Therapeutic Intervention</b>	<b>9a</b>	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	7
	<b>9b</b>	Administration of intervention (such as dosage, strength, duration)	7
	<b>9c</b>	Changes in intervention (with rationale)	N/A
<b>Follow-up and Outcomes</b>	<b>10a</b>	Clinician-assessed outcomes and when appropriate patient-assessed outcomes	7
	<b>10b</b>	Important follow-up test results	7
	<b>10c</b>	Intervention adherence and tolerability (How was this assessed?)	N/A
	<b>10d</b>	Adverse and unanticipated events	N/A
<b>Discussion</b>	<b>11a</b>	Discussion of the strengths and limitations in the management of this case	8
	<b>11b</b>	Discussion of the relevant medical literature	8
	<b>11c</b>	The rationale for conclusions (including assessment of possible causes)	8-9
	<b>11d</b>	The main “take-away” lessons of this case report	9
<b>Patient Perspective</b>	<b>12</b>	Did the patient share his or her perspective or experience? (Include when appropriate)	11
<b>Informed Consent</b>	<b>13</b>	Did the patient give informed consent? Please provide if requested	Yes _O_ No ___