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Jul 01, 2014 · In this review article the history and **current status** of **neurofeedback** for the treatment of **ADHD** and **insomnia** have been summarized. We have demonstrated that SMR and SCP...

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Florence Lambert-Beaudet, William-Girard Journault, Alexandre Rudziavic Provençal,  
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**Abstract****BACKGROUND**

Chronic insomnia affects about 6%-13% of the Canadian population. Although



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**Insomnia** is an epidemic in the US. **Neurofeedback** (NFB) is a little used, psychophysiological treatment with demonstrated usefulness for treating **insomnia**. Our objective was to assess whether two distinct Z-Score NFB protocols, a modified sensorimotor (SMR) protocol and a sequential, quantitative EEG ...

**Cited by:** 59**Author:** Barbara U. Hammer, Agatha P. Colbert, K...**Publish Year:** 2011

## [Neurofeedback in ADHD and insomnia: vigilance ...](https://pubmed.ncbi.nlm.nih.gov/23099283)

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In this review article an overview of the history and **current** status of **neurofeedback** for the treatment of ADHD and **insomnia** is provided. Recent insights suggest a central role of circadian phase delay,



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