



CARE Checklist – 2016: Information for writing a case report

| Topic | Item | Checklist item description | Line/Page |
|-------------------------------|------------|--|-----------------------------|
| Title | 1 | The words “case report” should be in the title along with the area of focus | <u>6/1</u> |
| Key Words | 2 | Four to seven key words—include “case report” as one of the key words | <u>27-28/4</u> |
| Abstract | 3a | Background: What does this case report add to the medical literature? | <u>2-6/4</u> |
| | 3b | Case summary: chief complaint, diagnoses, interventions, and outcomes | <u>8-21/4</u> |
| | 3c | Conclusion: What is the main “take-away” lesson from this case? | <u>23-25/4</u> |
| Introduction | 4 | The current standard of care and contributions of this case—with references (1-2 paragraphs) | <u>1-19/6</u> |
| Timeline | 5 | Information from this case report organized into a timeline (table or figure) | <u> </u> |
| Patient Information | 6a | De-identified demographic and other patient or client specific information | <u> </u> |
| | 6b | Chief complaint—what prompted this visit? | <u>23-25/6</u> |
| | 6c | Relevant history including past interventions and outcomes | <u>27-31/6</u> |
| Physical Exam | 7 | Relevant physical examination findings | <u>5-7/7</u> |
| Diagnostic Assessment | 8a | Evaluations such as surveys, laboratory testing, imaging, etc. | <u>9-32/7, 1-10/8</u> |
| | 8b | Diagnostic reasoning including other diagnoses considered and challenges | <u>12-15/8</u> |
| | 8c | Consider tables or figures linking assessment, diagnoses and interventions | <u> </u> |
| | 8d | Prognostic characteristics where applicable | <u> </u> |
| Interventions | 9a | Types such as life-style recommendations, treatments, medications, surgery | <u>17-32/8, 1-7/9</u> |
| | 9b | Intervention administration such as dosage, frequency and duration | <u> </u> |
| | 9c | Note changes in intervention with explanation | <u> </u> |
| | 9d | Other concurrent interventions | <u> </u> |
| Follow-up and Outcomes | 10a | Clinician assessment (and patient or client assessed outcomes when appropriate) | <u>9-19/9</u> |
| | 10b | Important follow-up diagnostic evaluations | <u> </u> |
| | 10c | Assessment of intervention adherence and tolerability, including adverse events | <u> </u> |
| Discussion | 11a | Strengths and limitations in your approach to this case | <u>17-28/10</u> |
| | 11b | Specify how this case report informs practice or Clinical Practice Guidelines (CPG) | <u>29-32/9, 1-3/10</u> |
| | 11c | How does this case report suggest a testable hypothesis? | <u> </u> |
| | 11d | Conclusions and rationale | <u>30-32/10, 1-3/11</u> |
| Patient Perspective | 12 | When appropriate include the assessment of the patient or client on this episode of care | <u> </u> |
| Informed Consent | 13 | Informed consent from the person who is the subject of this case report is required by most journals | <u>22-23/2</u> |
| Additional Information | 14 | Acknowledgement section; Competing Interests; IRB approval when required | <u>1-2/3, 25-26/2</u> |