

CARE Checklist of information to include when writing a case report





Topic	Item	Checklist item description	Reported on Line
Title Key Words Abstract (no references)	1	The diagnosis or intervention of primary focus followed by the words "case report"	4-5
	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report" ...	88-90
	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	64-69
	3b	Main symptoms and/or important clinical findings	71-79
Introduction	3c	The main diagnoses, therapeutic interventions, and outcomes	77-84
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	82-86
	4	One or two paragraphs summarizing why this case is unique (may include references)	125-132
Patient Information	5a	De-identified patient specific information	136-139
	5b	Primary concerns and symptoms of the patient	136-139
	5c	Medical, family, and psycho-social history including relevant genetic information	141-155
Clinical Findings	5d	Relevant past interventions with outcomes	168-178
	6	Describe significant physical examination (PE) and important clinical findings	157-160
	7	Historical and current information from this episode of care organized as a timeline	180-207
Timeline	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	157-178
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	189-199
	8c	Diagnosis (including other diagnoses considered)	231-234
Diagnostic Assessment	8d	Prognosis (such as staging in oncology) where applicable	236-239
	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	201-207
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	201-207
Therapeutic Intervention	9c	Changes in therapeutic intervention (with rationale)	201-207
	10a	Clinician and patient-assessed outcomes (if available)	236-239
	10b	Important follow-up diagnostic and other test results	236-239
Follow-up and Outcomes	10c	Intervention adherence and tolerability (How was this assessed?)	N/A
	10d	Adverse and unanticipated events	N/A
	11a	A scientific discussion of the strengths AND limitations associated with this case report	241-275
Discussion	11b	Discussion of the relevant medical literature with references	241-275
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	277-284
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	237-239
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received.	
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>