

Reporting checklist for case report or case series.

Based on the CARE guidelines.

Instructions to authors

Complete this checklist by entering the page numbers from your manuscript where readers will find each of the items listed below.

Your article may not currently address all the items on the checklist. Please modify your text to include the missing information. If you are certain that an item does not apply, please write "n/a" and provide a short explanation.

Upload your completed checklist as an extra file when you submit to a journal.

In your methods section, say that you used the CARE reporting guidelines, and cite them as:

Gagnier JJ, Kienle G, Altman DG, Moher D, Sox H, Riley D; the CARE Group. The CARE Guidelines: Consensus-based Clinical Case Reporting Guideline Development

Reporting Item		Page Number
Title		
#1	The area of focus and “case report” should appear in the title	Page 1 in Title and Manuscript
Keywords		
#2	Two to five key words that identify topics in this case report	Page 4 in manuscript
Abstract		
Introduction	#3a What is unique and why is it important?	Page 3 in manuscript
	#3b The patient’s main concerns and important clinical findings.	Page 3 in manuscript
	#3c The main diagnoses, interventions, and outcomes.	Page 3-4 in manuscript

Conclusion [#3d](#) What are one or more “take-away” lessons?

Page 4 in manuscript

Introduction

[#4](#) Briefly summarize why this case is unique with medical literature references. Page 5-6 in manuscript

Patient information

[#5a](#) De-identified demographic and other patient information.

Page 6 in manuscript

[#5b](#) Main concerns and symptoms of the patient.

Page 7 in manuscript

[#5c](#) Medical, family, and psychosocial history including genetic information.

Page 8 in manuscript

[#5d](#) Relevant past interventions and their outcomes.

Page 7 in manuscript

Clinical findings

[#6](#) Relevant physical examination (PE) and other clinical findings.

Page 8 in manuscript

Timeline

[#7](#) Relevant data from this episode of care organized as a timeline (figure or table).

Page 6-8 in manuscript

Diagnostic assessment

[#8a](#) Diagnostic methods (PE, laboratory testing, imaging, surveys).

Page 8 in manuscript

[#8b](#) Diagnostic challenges.

Page 8 in manuscript

[#8c](#) Diagnostic reasoning including differential diagnosis

Page 8 in manuscript

[#8d](#) Prognostic characteristics when applicable

Page 8 in manuscript

Therapeutic Intervention

[#9a](#) Types of intervention (pharmacologic, surgical, preventive).

Types of intervention is pharmacologic. Page 9 in manuscript.

[#9b](#) Administration of intervention (dosage, strength, duration)

Page 9 in manuscript.

[#9c](#) Changes in the interventions with explanations.

Page 9 in manuscript.

Follow up and outcomes

[#10a](#) Clinician and patient-assessed outcomes when appropriate

Page 9-10 in manuscript.

[#10b](#) Important follow-up diagnostic and other test results.

Page 10 in manuscript.

[#10c](#) Intervention adherence and tolerability (how was this assessed)?

Page 10 in manuscript.

[#10d](#) Adverse and unanticipated events.

N/A. No adverse events and unanticipated were encountered.

Discussion

[#11a](#) Strengths and limitations in your approach to this case.

Page 10-11 in manuscript.

[#11b](#) Discussion of the relevant medical literature.

Page 10-13 in manuscript.

[#11c](#) The rationale for your conclusions.

Page 10-13 in manuscript.

[#11d](#) The primary “take-away” lessons from this case report.

Page 13 in manuscript.

Patient perspective

[#12](#) The patient can share their perspective on their case

Page 20 in manuscript.

Informed consent

[#13](#) The patient should give informed consent.

Page 20 in manuscript.

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