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Manuscript Title:

Efficacy of aluminum phosphate gel combined with a proton pump inhibitor in preventing early rebleeding after endoscopic variceal ligation in patients with esophageal variceal bleeding

Date of Revision:

July 26, 2021

Abstract:

Background: Liver cirrhosis is the main cause of portal hypertension. The leading cause of death in patients with liver cirrhosis is its most common complication, esophageal variceal bleeding (EVB). Endoscopic variceal ligation (EVL) is recommended by many guidelines to treat EVB and prevent rebleeding; however, esophageal ulcers may occur after treatment. Delayed healing of ulcers and unhealed ulcers leads to high rebleeding and mortality rates. Thus, the prevention of early postoperative rebleeding is of great significance in improving the quality of life and prognosis of patients.

Objective: We sought to evaluate the efficacy of aluminum phosphate gel (APG) plus a proton pump inhibitor (PPI) in the prevention of early rebleeding after EVL in patients with EVB.

Methods: The medical records of 792 patients who were diagnosed with EVB and in whom bleeding was successfully stopped by EVL at Shenzhen People's Hospital, Guangdong Province, China, from January 2015 to December 2020 were collected. According to the study inclusion and exclusion criteria, 401 cases were included in the...

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