

67542 Revised Manuscript

by Ahmed Khalifa

General metrics

57,100

characters

8,750

words

542

sentences

35 min 0 secreading
time**1 hr 7 min**speaking
time

Score

**98**

This text scores better than 98%
of all texts checked by Grammarly

Writing Issues

175

Issues left

32

Critical

143Advanced

Plagiarism

This text hasn't been checked for plagiarism

N.B.: The authors certify that the manuscript was revised and reviewed for soundness of all aspect of the language by the premium version of Grammarly software as the authors lacking any source of fund to pay for language editing service of any office or website recommended by the journal

Corresponding author
Ahmed A. Khalifa



20-6-2021

Writing Issues

50	Correctness	
2	Text inconsistencies	<div><div></div></div>
8	Punctuation in compound/complex sentences	<div><div></div></div>
2	Confused words	<div><div></div></div>
9	Determiner use (a/an/the/this, etc.)	<div><div></div></div>
2	Incorrect phrasing	<div><div></div></div>
5	Incomplete sentences	<div><div></div></div>
1	Misplaced words or phrases	<div><div></div></div>
1	Incorrect verb forms	<div><div></div></div>
1	Faulty subject-verb agreement	<div><div></div></div>
1	Mixed dialects of english	<div><div></div></div>
4	Improper formatting	<div><div></div></div>
3	Unknown words	<div><div></div></div>
10	Misspelled words	<div><div></div></div>
1	Comma misuse within clauses	<div><div></div></div>
115	Clarity	
7	Unclear paragraphs	<div><div></div></div>
81	Passive voice misuse	<div><div></div></div>
17	Wordy sentences	<div><div></div></div>
4	Unclear sentences	<div><div></div></div>
5	Hard-to-read text	<div><div></div></div>
1	Intricate text	<div><div></div></div>
10	Engagement	
10	Word choice	<div><div></div></div>

Unique Words

15%

Measures vocabulary diversity by calculating the percentage of words used only once in your document

unique words

Rare Words

37%

Measures depth of vocabulary by identifying words that are not among the 5,000 most common English words.

rare words

Word Length

4.5

Measures average word length

characters per word

Sentence Length

16.1

Measures average sentence length

words per sentence

67542 Revised Manuscript

2

2

Name of journal¹: WORLD JOURNAL OF ORTHOPEDICS

Manuscript Type: systematic review and metanalysis

Title: Safety and efficacy of surgical hip dislocation in managing femoral head fractures: A systematic review and meta-analysis

Running title: SHD for managing FHFs², systematic review

Authors:

1-Ahmed A. Khalifa, M.D.², FRCS, MSc.* (ahmed_adel0391@med.svu.edu.eg),
Orthopaedic Department, Qena faculty of medicine and University Hospital,
South valley university 83523, Qena, Egypt.

2- Mohamed A. Haridy, MSc., MRCS (dr.haridy1988@yahoo.com), Ibri Regional
Hospital, Ibri, Aldhahira governorate 511, Oman.

3-Ali Fergany, M.D. (ali.fergany.83@med.aun.edu.eg), Orthopaedic Department,
Assiut University Hospital 71515, Assiut, Egypt.

ORCID number:

Ahmed A. Khalifa: 0000-0002-0710-6487

Mohamed A. Haridy: 0000-0002-0432-0154

Ali Fergany: 0000-0002-6358-8628

Author's contribution:

A.A.K.² carried out the Study conception and design. M.A.H.² and A.F.² carried out data acquisition, A.A.K.², M.A.H.², and A.F.² carried out interpretation of data. All authors drafted the manuscript and designed the figures and tables, A.A.K.² did the critical revision. All authors discussed the results and commented on the manuscript. All authors read and approved the final manuscript and are responsible for the content and similarity index of the manuscript.

Supportive Foundations: None

Conflict of Interest: The authors declare that they have no conflict of interest.

Funding: There is no funding source.

We admit that the guidelines of the PRISMA 2009 Statement have been adopted⁴ for the preparation of the manuscript.

*(CORRESPONDING AUTHOR)

Ahmed A. Khalifa M.D.², FRCS, MSc.

Assistant Professor and Consultant of orthopedic and traumatology, Qena faculty of medicine and university hospital, South valley university, Qena, Egypt. Address: Kilo 6 Qena-Safaga highway, Orthopaedic and Traumatology Department, Qena University Hospital, South Valley University, Qena, Egypt (83523) Tel.: + 2 096 5337573 Fax.: + 20965337571 Web address: HTTP :// www.svu.edu.eg, ORCID ID: <https://orcid.org/0000-0002-0710-6487>

Abstract:

Background: Femoral head fractures (FHF²s) are considered relatively uncommon injuries; however, Open reduction and internal fixation (ORIF) are preferred⁵ for most displaced fractures. Several surgical approaches had been utilized⁶ with controversial results; surgical hip dislocation (SHD) is among these approaches, with the reputation of being demanding and leading to higher complication rates. Aim: systematic review and meta-analysis to

determine the efficacy and safety of SHD in managing FHFs² by reviewing the results reported in the literature.

Methods: Major databases including PubMed, Embase, Web of Science, and CENTRAL were searched⁷ to identify studies reporting on outcomes of SHD utilized as an approach in treating FHFs². We extracted basic studies data, surgery-related data, functional outcome, radiological outcomes, and postoperative complications. We calculated the mean differences (MDs)² for continuous data with 95% confidence intervals (CIs)² for each outcome and the odds ratio with 95% confidence intervals (CIs)² for binary outcomes. $P < 0.05$ was considered significant.

Results: Our search retrieved nine studies meeting our inclusion criteria, with a total of 129 FHFs. The results of our analysis revealed that the average operation time was 123.74 minutes, while the average blood loss was 491.89 ml. After an average follow-up of 38.4 months, a satisfactory clinical outcome was achieved⁸ in 85% of patients, with 74% obtained anatomical fracture reduction. Overall complication rate ranged from 30% to 86%, with avascular necrosis (AVN), heterotopic ossification (HO)², and osteoarthritis (OA)² being the most common complications occurring at an incidence of 12%, 25%, and 16% respectively⁹. Trochanteric flip osteotomy (TFO)² nonunion and trochanteric bursitis as¹⁰ a unique complication of SHD occurred at an incidence of 3.4% and 3.8% respectively¹¹.

Conclusion: The integration of SHD¹² approach for dealing with FHFs² enables trauma surgeons to better management¹³. It offered acceptable functional and radiological outcomes with a wide range of safety as regards¹⁴ the hip joint vascularity and the development of AVN, the formation of HO², and the development of posttraumatic OA²; however, it still carries its unique risk of TFO² nonunion and persistent lateral thigh pain.

Keywords: Femoral head; Pipkin fracture; surgical hip dislocation; Ganz; systematic review; meta-analysis

Copyright statement: The Author(s) 2021. Published by Baishideng Publishing Group Inc. All rights reserved.

Core tip: In the past few years, surgical hip dislocation (SHD) had been adopted¹ by many trauma surgeons as an approach for femoral head fractures (FHFs)² management; the current systematic review and metanalysis collected data from the most recent literature showed the efficacy of this approach as regards to obtaining acceptable functional and radiological outcomes as well as resulting in relatively low complication rates when compared with other approaches reported in the literature. However, it carries some unique complications such¹⁶ as trochanteric bursitis and TFO² nonunion.

Introduction:

Femoral head fractures are considered rare injuries resulting from high energy trauma, which is usually associated with posterior hip dislocation and rarely anterior subluxation [1, 2]; the rarity of this injury makes it difficult to report on large numbers of patients and the performance of high quality prospective randomized studies even more challenging [1, 3].

The commonly used classification system for this injury is the Pipkin classification, where four types ¹⁷ were identified according to the fracture location and the presence of associated injuries (Type I where the fracture fragment is distal to the fovea, Type II where the fracture fragment including or above the fovea, Type III if the fracture is associated with a femoral neck fracture, and Type IV if it was associated with acetabular wall fractures) [4].

The management of femoral head fractures follows a broad spectrum of options (primarily based on its Pipkin type), where conservative management ¹⁸ is kept for the minimally displaced Pipkin I fracture, and at the end of the spectrum, total hip arthroplasty (THA) ² could ¹⁹ be offered for older patients with highly comminuted fractures [5].

The basic principles of intraarticular fracture management still apply to ² FHF^s, where obtaining anatomical reduction and stable fixation (achieved by open reduction and internal fixation (ORIF)) is mandatory for good long-term results, the controversy exists regarding the optimum approach which should be used safely for ORIF [2, 3, 6], either anterior, lateral or posterior based approaches

including the use of safe surgical hip dislocation (SHD) which was initially²⁰ described by Ganz et al. as a safe approach for management of different intraarticular hip pathologies with no or few complications especially those related to femoral head vascularity [3, 7].

One of the significant complications occurring either due to the trauma itself or as a consequence of surgical management is the AVN of the femoral head [2, 3]. After Ganz popularized the safety of SHD in regards to hip vascularity preservation [7], this encouraged more trauma surgeons to introduce this approach in the armamentarium of approaches in the management of the FHFs² [2, 3, 6, 8].

As a trial to collect large²¹ data on these injuries, a systematic review was performed by Giannoudis et al. in 2009, pooling the data from 29 studies which constituted a total of 453 FHFs treated through different approaches, where they evaluated various aspects related to management; however, one drawback of this review was the heterogeneity of the reported studies, and the inclusion of relatively few numbers of patients (36 FHFs)² treated through SHD [2]. Recently, more studies with a larger²² number of patients reported the utilization of SHD in the management of FHFs²; this encouraged us to carry²³ this systematic review and metanalysis to update the knowledge regarding the clinical, radiological outcomes as well as the safety (by reporting the incidence of complications) of using SHD in the management of FHFs.²

Materials and methods:

Search Protocol and Information Sources

We conducted a systematic review according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) checklist [9]. PubMed, Embase,²⁴ Web of Science, and Cochrane Central Register of Controlled Trials (CENTRAL) databases were searched for the last 20 years (till January 2021)

using a combination of the following search terms: femoral head fracture, Pipkin fracture, surgical hip dislocation, Ganz.

Eligibility Criteria, Study Selection, and Data Items

Retrieved results ²⁵ were imported into Endnote X9 software (Thomson Reuters, New York, NY, ² USA), where a check for duplicates ²⁶ was conducted. The titles and abstracts of the remaining articles ²⁷ were then screened, and the selection ²⁸ was based on the following exclusion criteria:

²⁹ Articles published in languages other than English.

Reviews, guidelines, or classifications.

Letters to the editor or case reports, or conference papers

In vitro and animal experiment studies

Irrelevant studies.

Subsequently, full-text articles of potentially relevant studies were obtained and assessed for eligibility. We included studies that met the following inclusion criteria:

Prospective or retrospective cohorts or case series investigating SHD via a trochanteric flip osteotomy (² TFO) (as described initially by Ganz [7]) as an approach to treat ² FHFs in adult populations or studies from which data could ³⁰ be extracted independently.

³¹ A minimum sample size of 5 patients.

³² The ability to extract data related to the outcomes of interest (data should be genuine and not reported in another study).

Data Collection Process:

Two independent reviewers reviewed the list of potentially eligible articles (they also performed data extraction), and a third reviewer ³³ was consulted, when necessary, to decide any uncertainties regarding eligibility. The following information ³⁴ was extracted from studies that met the inclusion criteria: the

name of the first author, year of publication, study design, number of cases, patients age and gender, classification of the fracture according to Pipkin classification system, the strategy of management (ORIF or fragment excision), type of the implant used for fixation, operation time, blood loss, length of follow-up time, and outcomes of interest including functional outcome, radiological outcome, complication rate, and reoperation or revision surgery details.

Summary Measures, Synthesis of Results, and Risk of Bias Across Studies:

When mean or standard deviation values were not available in the publications, we used statistical methods described in previous literature to derive the needed numerical values [10]. We performed all data analyses using Review Manager version 5.4.1. (Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014). We calculated the odds ratio with a 95% confidence interval (CI) for binary outcomes, while the mean difference with 95% CI for continuous outcomes was calculated³⁵. To calculate the overall effect estimate with 95% CI, we used a fixed-effect model with the method of Mantel-Haenszel when there is no evidence of heterogeneity between studies.

Otherwise, a random-effects model with the method of DerSimonian and Laird was chosen³⁶. Heterogeneity between studies was evaluated³⁷ using the Q statistic and I^2 test, which describes the percentage of variability³⁸ in the effect estimates. A P value of < 0.05 was considered significant.

Results

Study Selection:

The electronic search yielded 1002 references from the four databases. After excluding 192 duplicates, 810 records remained for a title and abstract screening. We had 18 relevant⁴¹ articles for full-text screening, eight fulfilled the inclusion criteria, and ten were excluded³⁹ (one article not in English, six articles

were case reports or included less than five cases, two articles the data of interest could not ⁴⁰be extracted and in one article the same data was reported in one of the included articles). The manual search of the included articles references imported one additional article. ⁴³Nine studies [11-19] ⁴²were ultimately included in the qualitative and quantitative analyses. The flow diagram of the study selection process ⁴⁴is shown in (Figure 1).

Study Characteristics:

Nine studies included a total of 129 FHF's from which ⁴⁵basic demographic data ⁴⁶were extracted (the data on outcomes ⁴⁷were extracted from 127 FHF's, as in one study [15], the authors reported missing the assessment of two patients in their results section). Two studies [15, 16] were prospective, while seven [11-13, 17-20] were retrospective. Across studies, the mean age was 38.2 years (ranged from 17 to 64). The average follow-up period was 38.4 months (ranged from 10.8 to 77). The majority of participants were males (76.4%). In one study [18], the fracture classification ⁴⁸was not reported, while in the remaining eight studies, the fracture classification according to Pipkin was as follows, 77 (62.6%) type I and II, while 46 (37.4%) were type IV, and none (0%) were Pipkin type III. All patients underwent fixation (96.9%) except four (3.1%) patients who underwent fragment excision; no patient underwent ²THA as the primary management. Details for included studies ⁴⁹are summarized in (Table 1).

Surgical data:

1-Associated intraarticular injuries: Regarding the intraarticular associated injuries (other than the primary fractures either in the femoral head or the acetabulum), in four studies [12, 14, 15, 19], the authors reported intraoperative diagnosis of Labral injuries at an incidence of 41.3% (33 out of 80 hips). Head impaction injury ⁵⁰was reported in three studies [14, 15, 19], which occurred at an incidence of 23.5% (16 out of 68 hips).

2-Operation time: was reported in five studies [12, 13, 16, 18, 20]. However, we were able to pool the results of four studies [12, 13, 16, 20] due to incomplete data from the fifth study. No significant heterogeneity was detected ($I^2 = 41.33\%$, $P = 0.164$), using the fixed-effect model for analysis. The mean operation time ranged from 120 to 155.2 minutes, with the pooled estimate being 123.7 (95% CI: 116.58–130.89). The result was statistically significant ($Z = 33.91$, $P = 0.000$). Details of operation time in included studies are shown in (Table 2).

3-Blood loss: was reported in six studies [12, 13, 16–18, 20]. However, we were able to pool the results of five studies [12, 13, 16, 17, 20] due to incomplete data from the sixth study. We used the random effect model for analysis as significant heterogeneity was detected ($I^2 = 91.52\%$, $P = 0.000$). The mean amount of blood loss ranged from 283 to 1436.9 ml, with the pooled estimate being 491.9 (95% CI: 347.01–636.77). The result was statistically significant ($Z = 6.66$, $P = 0.000$). Details of blood loss in included studies are shown in (Table 2).

Functional outcomes (Figure 2):

Functional outcomes of the hip ⁵¹were reported in eight studies [11–13, 15, 16, 18–20], but the assessment methods used were different. The Harris Hip Score (HHS) ²was used ⁵²in three studies [18–20], in six studies [11–13, 15, 16, 19] Merle d'Aubigne-Postel score was used, Thompson–Epstein scale was used in three studies [11–13], and the Oxford Hip Score ⁵³was used in one study [15]. In the current meta-analysis, a satisfactory functional outcome was defined as HHS ⁵⁴²or Merle d'Aubigne-Postel score ⁵⁵graded as excellent or good. No significant heterogeneity was detected ($I^2 = 0\%$, $P = 0.893$), using the fixed-effect model for analysis. The event rates of satisfactory outcome ranged from 0.62 to 0.98, with the pooled estimate being 0.85 (95% CI: 0.77–0.91). The result was

statistically significant ($Z = 6.55$, $P = 0.000$). According to individual assessment score or scale, excellent or good results ⁵⁶ were obtained in 87.9% (29 of 33 hips), 87.1% (88 of 101 hips), 83.3% (30 of 36 hips) according to ² HHS, Merle d'Aubigne-Postel score, and Thompson–Epstein scale, respectively.

Radiological outcome (Figure 3):

Four studies [15, 16, 19, 20] reported radiological outcomes ⁵⁷ in terms of ⁵⁸ obtaining fracture anatomical reduction. No significant heterogeneity was detected ($I^2 = 49.66\%$, $P = 0.114$), using the fixed-effect model for analysis. The overall incidence of anatomic reduction ranged from 0.30 to 0.86, with the pooled estimate being 0.74 (95% CI: 0.61–0.83). The result was statistically insignificant ($Z = 3.37$, $P = 0.001$).

Complication rate (Figure 4):

All nine studies [11–13, 15–20] reported on the postoperative complications, namely avascular necrosis (AVN) of the femoral head, heterotopic ossification (HO) ² formation, posttraumatic osteoarthritis (OA) ², deep infection, trochanteric bursitis, and nonunion of the TFO. ² No significant heterogeneity was detected ($I^2 = 11.18\%$, $P = 0.342$), using the fixed-effect model for analysis. The overall incidence of postoperative complications ranged from 0.30 to 0.86, with the pooled estimate being 0.44 (95% CI: 0.35–0.53). The result was statistically insignificant ($Z = -1.27$, $P = 0.205$) (Figure 4A).

1-AVN of the femoral head (Figure 4B): AVN ⁵⁹ was reported in all nine studies [11–13, 15–20]. No significant heterogeneity was detected ($I^2 = 0\%$, $P = 0.509$), using the fixed-effect model for analysis. The incidence of AVN ranged from 0.02 to 0.33, with the pooled estimate being 0.12 (95% CI: 0.07–0.21). The result was statistically significant ($Z = -6.32$, $P = 0.000$).

2-HO formation (Figure 4C): HO was reported in eight studies [11–13, 15–17, 19, 20]. No significant heterogeneity was detected ($I^2 = 0\%$, $P = 0.798$), using the

fixed-effect model for analysis. The incidence of HO ranged from 0.14 to 0.33, with the pooled estimate being 0.25 (95% CI: 0.18–0.34). The result was statistically significant ($Z = -5.12$, $P = 0.000$). According to the Brooker classification system [21], there was grade I in ten (33.3%) patients, grade II in 13 (43.3%), grade III in six (20%), and grade IV in one (3.4%). Excision was required in three (10%) patients.

3-Posttraumatic OA (Figure 4D): OA was reported in five studies [11, 15, 17, 19, 20]. We used the random effect model for analysis as significant heterogeneity was detected ($I^2 = 71.82\%$, $P = 6.696$). The incidence of OA ranged from 0.04 to 0.86, with the pooled estimate being 0.16 (95% CI: 0.04–0.47). The result was statistically significant ($Z = -2.12$, $P = 0.034$).

4-Other complications: Further complications which ⁶⁰were not included in the ⁶¹metanalysis ⁶¹were presented as follows, nonunion of the ²TFO was reported in five studies [11, 13, 15, 16, 19], and occurred at an incidence of 3.4% (three out of 89 hips), presence of infection ⁶²was reported in six studies [13-17, 19], occurred at an incidence of 2.1% (two out of 97 hips), trochanteric bursitis ⁶³was reported in one study [15] which occurred at an incidence of 3.8% (one out of 26 hips).

Reoperation rate (Figure 5):

Reoperation rate was reported in eight studies [11-13, 15-17, 19, 20]. No significant heterogeneity was detected ($I^2 = 36.16\%$, $P = 0.140$), using the fixed effect model for analysis. The event rate for reoperation ranged from 0.08 to 0.57, with the pooled estimate being 0.20 (95% CI: 0.13–0.29). The result was statistically significant ($Z = -5.53$, $P = 0.000$), details of the reoperations required in (Table 3).

Discussion:

Femoral head fractures possess a challenge to the trauma surgeon, owing to the lack of a standard protocol for management and the various controversial issues around the best management option, the surgeon has to choose between conservative and surgical management if the latter was chosen⁶⁴, will it be excision or ORIF and through which approach it would be carried out [16, 22, 23]. Various surgical approaches have been utilized, including medial (Ludloff), anterior Smith-Petersen (S-P), posterior Kocher-Langenbeck (K-L), anterolateral (Watson-Jones) approaches, and even hip arthroscopy was reported⁶⁵ to be a way of management; SHD has emerged in the past few years and gained popularity as an option to approach and treat FHFs² [2, 3, 6, 24]. The most important findings in the current systematic review and metanalysis are that a large percentage of patients with FHFs² obtained proper postoperative hip joint function after being managed through SHD; this approach enabled the surgeon to achieve anatomical fracture reduction and an acceptable rate of postoperative complications mainly femoral head AVN, HO² formation, and posttraumatic OA² development.

In the systematic review by Giannoudis et al., the data regarding the surgical approaches were collected⁶⁶ from 14 articles forming 177 surgical cases and was distributed⁶⁷ as follows; the K-L was the most commonly used in 72 (40.7%) cases, followed by the S-P in 44 (24.9%), in the third place was the SHD through TFO² which was used⁶⁸ in 36 (20.3%), the remaining were other approaches reported in fewer numbers (lateral, anterolateral, medial, and dual approach), 36 FHFs² treated through SHD, which was driven from four studies [2], while⁶⁹ in the current systematic review, we included data of 129 FHFs from nine studies, meaning that in the past ten years, the cases treated through SHD nearly tripled, indicating that this approach is gaining popularity among trauma surgeons.

Surgical data:

In the current systematic review, the reported average operative time was 123.7 minutes, which ⁷⁰is considered to be shorter than the operative time reported with the K-L approach ⁷¹but longer than the S-P, as in a study by Wang et al. the authors compared managing Pipkin type I and II ²FHFs (21 through S-P and 18 through K-L), the average operative time for the S-P approach group was 96.9 ± 14.8 minutes which was significantly shorter than the K-L approach group where the average operative time was 131.8 ± 21.2 minutes ($P < 0.001$) [25]. Many factors could affect the operative time, such as the presence of a concomitant injury that needs further management, such as an acetabular fracture (which was present in the current systematic review in 37.4% of the patients), or the presence of intra-articular injuries, mainly labral and head impaction injuries which ⁷²were reported in the current systematic review in 41.3% and 23.5% of patients, respectively. Another factor that might play a role; however, we were unable to assess is the surgical skill and familiarity of the surgeon with the SHD approach and the learning curve needed to master managing such injuries through SHD. ⁷³

The relatively prolonged operative time and the presence of associated injuries led to an increase in the blood loss, as the reported average blood loss in the current systematic review was 491.9 ml, with a maximum blood loss of 1436.9 ml as reported in one study [14], in Wang et al. study the average blood loss was lower in both approaches than what ⁷⁴was reported with SHD in the current review, ⁷⁵and the S-P approach group was even significantly lower than the K-L group, 103.3 ± 28.5 versus 334.5 ± 58.9 , respectively ($p < 0.001$) [25].

Many fixation devices could ⁷⁶be used when ORIF is decided, such as headless subchondral screws, countersinking lag screws, bioabsorbable pins or screws, and suture fixation [15, 26-28]. The same diversity was reported in the current

systematic review, as various implants were used for fracture fixation, as reported in (Table 1). ⁷⁸Some of the fixation devices had ⁷⁷been criticized for causing foreign body reactions such as biodegradable screws or pins [27]; metal implants may lead to stress shielding besides causing an allergic reaction in susceptible patients [29].

Functional outcomes:

Although there was diversity in reporting the functional outcomes among the studies included in this metanalysis owing to implementing different assessment scales and scores, however, an overall satisfactory functional outcome (defined as excellent or good according to HHS² or Merle d'Aubigne-Postel) was reported in 85% of the patients. ⁷⁹Giannoudis et al. studied the relation between the functional outcomes and the utilized approach in 119 cases from nine studies, excellent and good ⁸⁰results according to the Thompson–Epstein scale ⁸¹was reported in 83.4% of patients treated through SHD compared to 65.4% and 49% in patients who received S-P or K-L approaches respectively [2]. In the current systematic review, we found nearly the same result as 83.3% of the patients where the Thompson–Epstein scale ⁸²was used for functional assessment reported being excellent or good. However, the functional results obtained in patients treated through SHD were better than what was reported in other studies using the K-L or S-P approaches; in a study by Del Core et al., they retrospectively reviewed the results of 22 patient managed for FHFs ²(five Pipkin I, three Pipkin II, 0 Pipkin III, and 14 Pipkin IV), surgical intervention ⁸³was needed in 18 (82%) patients; S-P approach ⁸⁴was used in 5 (28%) patients and K-L approach in 13 (72%). Overall functional results (regardless of the approach used) according to the Thompson and Epstein scale ⁸⁵were excellent and good in 12 (54%) patients, fair and poor in ten (46%) [30]. In a systematic review and meta-analysis carried by Wang et al. comparing the S-

P versus K-L approaches for managing Pipkin type I and II fractures, five case-control trials were evaluated, including data of 68 patients (34 in each approach). ⁸⁶ An acceptable hip function (Excellent or good) according to Thompson and Epstein scale ⁸⁷ was achieved in 67.6% (23/34) treated through the S-P approach, and this was not different from the K-L approach ($P = 0.82$) [22].

Radiological outcomes:

There is no agreement on a scale or specific criteria to assess the quality of ² FHF reduction (as what is to ⁸⁸ be considered as non-anatomical or mal-reduction) in the postoperative and follow up radiographs, which makes comparison across studies difficult; however, Masse et al. [14] was the first to describe using the Matta criteria [31] ⁸⁹ (originally described for acetabular fracture quality of reduction assessment) and applied it to the ² FHF, in the current systematic review, a postoperative anatomic reduction ⁹⁰ was reported in about 74% of the patients reported from four studies, three of them [14, 16, 19] reported using the Matta criteria while in the fourth study by Gavaskar et al. [15] the authors did not report specific method of assessment. ⁹³ As the SHD ⁹¹ allows for 360 degrees of head exposure, it is ⁹² postulated that it will allow a better anatomical reduction of the fracture ⁹² compared with the limited visualization offered by other approaches [7].

Complications:

The three major reported complications after ² FHF management had been alternating between AVN of the femoral head, ² HO formation, and posttraumatic ² OA as reported in many studies regardless of the approach used for surgery [1-3, 26]. Controversy exists as to whether the trauma incident itself or the surgical intervention (including the surgical approach) is the cause leading to these complications; for example, the timing of reduction (if the patient

presented with a dislocated hip) could affect the complication incidence [8, 11, 32], and disruption of the femoral head vascularity (leading to AVN) can occur at the time of trauma rather than being a consequence of surgical intervention [33].

The overall incidence of postoperative complications in the current systematic review was 44%; however, only half of those patients needed further intervention. This incidence was higher than what ⁹⁴was reported in the initial series by Ganz et al. (treating non-traumatic conditions), where they reported a ⁹⁵major complication rate of 3.3% in 213 patients [7]. However, the incidence was lower than the overall complications reported in the Giannoudis et al. ⁹⁶systematic review, where the major three complications ⁹⁶were reported to occur at an incidence of 68%, which reached 84.4% when cases treated through SHD were excluded [2].

AVN of the femoral head:

Ganz et al. reported 0% of AVN in their study; however, the cases they reported were non-traumatic conditions, but the authors proved the safety of SHD ⁹⁷as regards hip vascularity preservation [7]. In the systematic review by Giannoudis et al., after a mean follow-up of 59.7 months, AVN was reported in two (5.3%) out of 38 patients treated through the S-P approach, three (8.3%) out of 36 patients treated through SHD, and 11 (16.9%) patients out of 65 treated through K-L approach. The authors reported that the chance of a patient to develop AVN when treated through a K-L approach was 3.67 and 2.24 times higher compared to S-P or SHD approach, respectively ($p > 0.05$) [2]. In the current systematic review, we reported an incidence of AVN of 12 %, which was better than the K-L approach and higher than the S-P approach, as reported in the previous study. The same previous finding was confirmed in further studies as follows, in a study by Scolaro et al. on 147 FHF's classified according to

Pipkin classification into type I (27%), II (42%), III (4.7%), IV in (15%); and (10%) as others which included impaction injuries. ORIF ⁹⁸was performed in 78 (53.1%) fractures; 97% of these ⁹⁹were approached through the S-P approach; after a mean follow up of 12.4 months, six (8.7%) patients developed AVN, mostly all Pipkin III fractures (n = 5) had AVN [1]. In a study by Stannard et al. where they surgically treated 17 patients diagnosed with ²FHFs, in six patients (35%) S-P approach ¹⁰⁰was used, 10 (59%) underwent K-L approach, and one (6%) underwent dual anterior and posterior approaches, the authors reported that four of the five patients who had AVN ¹⁰¹were managed through K-L approach, they reported that the odds ratio was 3.2 times higher rate of AVN when K-L approach was used compared to the S-P approach [34]. In a retrospective analysis by Swiontkowski et al. of 24 patients presented with Pipkin types I and II (12 patients ¹⁰²were treated through the K-L approach and 12 through the S-P approach), the authors reported an incidence of AVN of 16.7% with the K-L approach compared to 0% when the surgery ¹⁰³was performed through the S-P approach [35]. In the systematic review by Guo et al., they included studies from 1980 to April 2009 to evaluate the relation of the surgical approach to the development of AVN; ten studies were eligible to be included with a total of 176 cases, the incidence of AVN was more with the K-L approach (16.9%) than the S-P (7.9%), however, the difference was not significant [36].

²HO formation:

It is not clearly defined if ²HO formation relates to the surgical approach or the traumatic muscle injury [26], and the exact pathogenesis is still unclear, ¹⁰⁴but other factors rather than the type of the approach had been accused such as being a polytrauma patient, concomitant craniocerebral or thoracoabdominal trauma, male sex, the time to hip reduction (if dislocated), delay to surgery, and associated fractures as in type III and IV injuries [37-39]. In the current

systematic review, SHD ¹⁰⁵was associated with ²HO formation at an incidence of 25%; surprisingly, this incidence was lower than the incidence reported with treating non-traumatic conditions as Ganz et al. reported 37% of their patients having ²HO formation, and in another study by Kargin et al. where they evaluated 44 patients underwent SHD for non-traumatic causes, with a mean follow up of 66 months, they reported an incidence of ²HO formation of 36.5% [40]. The incidence reported in the current systematic review was lower than what was reported by Giannoudis et al., as they noted that ²HO of any grade occurred in 44.7% of patients treated with the S-P approach and in 32.3% of patients treated through the K-L approach; however, the difference between approaches was not significant (p. 0.05), The authors reported an incidence of 47.2% in the patients treated through SHD included in their review (which is nearly double the incidence in the current review), they estimated a 1.87 times higher rate of ²HO following SHD; however, they noted that this higher incidence did not affect the functional outcomes [2]. In the systematic review by Guo et al., ²HO formation was lower in the SHD group (33.3%) compared to the S-P or K-L approaches (42.1% and 36.9%), although the difference was not statistically significant [36]. In a study by Peng et al. reporting their results of treating ²FHFs at an average follow up of 3.3 years, 18 patients treated through the S-P approach, and six through the K-L approach, the overall incidence of ²HO was 43%, and no surgical intervention was needed [41]. In the current systematic review, lower grades ²HO (Brooker I and II) occurred in 76.5 % of the patients, while higher grades (III and IV) occurred in 23.4 %, this was nearly similar to the results obtained from the study by Scolaro et al., where low-grade ²HO developed in 74% of the patients, while higher grades developed in 24%, however, they had a lower incidence of surgical intervention for ²HO in only 2.9% of patients who required surgical excision [1], compared to 10% of the patients

in the current systematic review.¹⁰⁶ The lower incidence of HO² formation in the current systematic review compared to the previous reports may be attributed to the advancement in HO² prophylaxis techniques, more orientation about the problem which was gained¹⁰⁷ from previous studies, and it could be due to increasing experience of surgeons with the SHD technique paying more respect to soft tissues.

Posttraumatic OA:

This complication could develop due to improper fracture reduction, or as a consequence of AVN, as in some studies, the authors reported AVN and OA² as a single entity [1]. In the current systematic review, we reported an incidence of posttraumatic OA of 16% after SHD, which is considered higher than the incidence reported with cases managed through SHD in the Giannoudis et al. systematic review, where the authors reported 0% incidence; however, the incidence reported with SHD still lower than other approaches, as Giannoudis et al. reported an incidence of 21% and 29.2% in patients treated through the S-P and K-L approaches, respectively. They estimated a 20.3 ($p = 0.04$) and 30.6 ($p = 0.018$) times higher incidence of posttraumatic OA² development when the S-P or K-L approach was used, respectively, compared to SHD [2]. An increased incidence with other approaches was reported in other studies, as in the study by Wang et al. the authors reported a posttraumatic OA² incidence of 14.3% and 16.7% with the S-P and K-L approaches, respectively the difference¹⁰⁸ was insignificant ($p = 1.000$). Del Core et al.¹⁰⁹ reported an overall incidence of 23% in their patients [30]. In the current systematic review, the increased incidence of OA² development could be attributed¹¹⁰ to the fact that six of the 12 patients who developed posttraumatic OA² were reported¹¹¹ from Engel et al. study [17], where all the included cases were Pipkin type IV with an incidence of OA of 85.7% (six

out of seven patients), owing to the severity and complexity of this type of injury.

Infection:

¹¹² This was the lowest reported complication in the current systematic review, which occurred at an incidence of 2.1%, and only two patients required further surgical intervention; this was ¹¹³ in accordance with previous studies, as in the systematic review by Giannoudis et al. the incidence of infection was 3.2% [2]. In the study by Del Core et al., One patient (5%) developed a postoperative infection [30]. In a study by Peng et al., no deep infection was reported [41].

SHD unique complications:

The possibility of ² TFO nonunion, and the development of trochanteric bursitis with lateral thigh pain secondary to irritation by the screws used to fix the ² TFO, are unique complications to the SHD approach [7, 13, 42, 43]. An incidence of ² TFO nonunion ¹¹⁴ was reported in five studies in the current review giving an incidence of 3.4%, and two patients required refixation. The incidence was even lower in the studies reported on non-traumatic conditions, as in a multicenter study by Sink et al., they evaluated 334 hips from different eight North American centers with a minimum of 12 months follow up, ² TFO nonunion was reported in six hips (1.8%), all united after revision the internal fixation [44]. Ganz et al. reported three (1.4%) cases with ² TFO nonunion [7]. In the current systematic review, we reported an incidence of trochanteric bursitis with lateral thigh pain in one (3.8%) patient out of 26 hips, which required screw removal. In the study by Kargin et al., lateral thigh pain ¹¹⁵ was reported to occur in 28.8% of their patients [40].

Advantages of the SHD approach:

Trauma surgeons were encouraged to incorporate the SHD in the management of ² FHF as it offered many advantages. Firstly, the ¹¹⁶ wide exposure (360 degrees)

of both the femoral head and the acetabulum making it possible to treat both pathologies if present (as in Pipkin type 4) at the same time. Secondly, it enables the detection and dealing with other intraarticular injuries such as labrum injury or head impaction injuries which may be difficult to diagnose in preoperative imaging studies [45-47]. Thirdly, the ability of the approach to allow the surgeon for better reduction and fixation of the fractured fragments. Lastly, the ability to check the vascularity of the femoral head intraoperatively by using the drill test (Figure 1) [7, 8].

Limitations of the current systematic review:

First, we did not compare the results obtained from SHD with other approaches, which might be due to the lack of comparative studies in this field. Second, one crucial point that was not assessed¹¹⁷ is the experience of the surgeon with this approach, some authors reported having no familiarity with this approach [41], on the other hand, in two studies [14, 19] included in the meta-analysis, the authors reported having previous experience with SHD approach; however, we found it unmeasurable and challenging to state the learning curve needed to master this technique. Lastly, limiting the article search to the past 20 years might lead to missing some earlier articles; however, we aimed at presenting as updated data as possible.

Conclusion:

Incorporating SHD as an optional approach in the armamentarium of approaches in dealing with FHFs² enables trauma surgeons to properly manage these intraarticular fractures, detect and deal with additional intraarticular injuries. It offered acceptable functional and radiological outcomes with a wide range of safety as regards the hip joint vascularity and the development of AVN, the formation of HO², and the development of posttraumatic OA²; however, it still

carries its unique risk of complications such as TFO² nonunion and persistent lateral thigh pain.

Article Highlights:

- (1) Research background: Surgical hip dislocation (SHD) was introduced¹¹⁸ as a safe approach for managing various hip pathologies; however, it gained popularity among trauma surgeons as a new approach for the management of femoral head fractures (FHF²s). Several studies were published¹¹⁹ on this subject; however, no systematic reviews were carried¹²⁰ pooling these data together to generate stronger¹²¹ evidence of this approach utility.
- (2) Research motivation: FHF²s are considered¹²² as intraarticular fracture, anatomical reduction and preservation of its vascularity are two mandatory prerequisites for obtaining optimum outcomes; SHD was introduced¹²³ for the management of these fractures with the advantage of preserving femoral head vascularity and providing 360 degrees visualization of the femoral head.
- (3) Research objectives: We carried¹²⁴ this systematic review and meta-analysis to evaluate the efficacy (functional and radiological outcomes) as well as the safety (complications incidence) of using the SHD approach for management of FHF²s which¹²⁵ could help encourage more surgeon to widely adopting this approach in their practice.
- (4) Research methods: Four major¹²⁶ databases were searched¹²⁷ (PubMed, Embase, Web of Science, and CENTRAL) to collect eligible studies reporting on various outcomes (functional, radiological, and complications) after utilizing SHD as described by Ganz in the management of FHF²s. Articles basic, surgical, functional, radiographic, and complications data were collected¹²⁸ from the included articles.

(5) Research results: Nine studies were eligible and included in the analysis, forming a total of 129 FHF¹²⁹s with an average follow up of 38.4 months; the average operative time and blood loss were 123.74 minutes and 491.89 ml respectively. Excellent and good functional outcomes¹³⁰ were obtained in 85% of the patients, while anatomical fracture reduction could be obtained¹³¹ in 74%. The overall complication rate was 44%; the main reported complications were femoral head avascular necrosis (AVN), heterotopic ossification (HO)², and osteoarthritis (OA)² which¹³² occurred at an incidence of 12%, 25%, and 16% respectively.¹³³ A unique complication to SHD was Trochanteric flip osteotomy (TFO)² nonunion and trochanteric bursitis which occurred at an incidence of 3.4% and 3.8% respectively.¹³⁴ The issue of surgeon experience and its relation to the results and utilization of this approach is still to be studied.¹³⁵

(6) Research conclusions: We believe that this was the most recent systematic review collecting and reporting the data regarding the efficacy and safety of SHD as an approach for management of FHF²s; the results of this systematic review suggests¹³⁶ the high safety profile of this approach with acceptable functional outcomes.

(7) Research perspectives: We believe that there is a need for further studies and systematic reviews comparing the SHD approach to conventional approaches (anterior and posterior) in the management of FHF²s to prove its safety and efficacy.

Acknowledgments: We would like to thank Dr. Ahmed M. Ahmed for his great¹³⁷ effort in performing the statistical analysis for the current systematic review and metanalysis.

References:

- 1 Scolaro JA, Marecek G, Firoozabadi R, Krieg JC, Routt MLC. Management and radiographic outcomes of femoral head fractures. Journal of orthopaedics and traumatology : official journal of the Italian Society of Orthopaedics and Traumatology 2017; 18(3): 235-241 [PMID: 28188487 PMCID: PMC5585088 DOI: 10.1007/s10195-017-0445-z]
- 2 Giannoudis PV, Kontakis G, Christoforakis Z, Akula M, Tosounidis T, Koutras C. Management, complications and clinical results of femoral head fractures. Injury 2009; 40(12): 1245-1251 [PMID: 19897188 DOI: 10.1016/j.injury.2009.10.024]
- 3 Giordano V, Giordano M, Gloria RC, de Souza FS, di Tullio P, Lages MM, Koch HA. General principles for treatment of femoral head fractures. Journal of clinical orthopaedics and trauma 2019; 10(1): 155-160 [PMID: 30705552 PMCID: PMC6349681 DOI: 10.1016/j.jcot.2017.07.013]
- 4 Pipkin G. Treatment of grade IV fracture-dislocation of the hip. The Journal of bone and joint surgery American volume 1957; 39-A(5): 1027-1042 passim [PMID: 13475403]
- 5 Kim T-S, Oh C-W, Kim J-W, Park K-H. an Irreducible Hip dislocation with femoral Head fracture. Journal of Trauma and Injury 2018; 31(3): 181-188
- 6 Johal H, Axelrod D, Bhandari M. Femoral Head Fractures. In: Giannoudis PV, editor Fracture Reduction and Fixation Techniques. Cham: Springer International Publishing, 2020: 183-191
- 7 Ganz R, Gill TJ, Gautier E, Ganz K, Krugel N, Berlemann U. Surgical dislocation of the adult hip a technique with full access to the femoral head and acetabulum without the risk of avascular necrosis. The Journal of bone and joint surgery British volume 2001; 83(8): 1119-1124 [PMID: 11764423 DOI: 10.1302/0301-620x.83b8.11964]

8 Keel M, Eid K, Isler B, Trentz O, Ertel W. The role of surgical hip dislocation in the treatment of acetabular and femoral head fractures. *European Journal of Trauma* 2005; 31(2): 138-147

9 Moher D, Liberati A, Tetzlaff J, Altman DG, Group P. Preferred reporting items for systematic reviews and meta-analyses: the PRISMA statement. *PLoS Med* 2009; 6(7): e1000097 [PMID: 19621072 PMCID: PMC2707599 DOI:

10.1371/journal.pmed.¹⁴¹1000097]

10 Weir CJ, Butcher I, Assi V, Lewis SC, Murray GD, Langhorne P, Brady MC. Dealing with missing standard deviation and mean values in meta-analysis ¹⁴² of continuous outcomes: a systematic review. *BMC Med Res Methodol* 2018; 18(1): 25 [PMID: 29514597 PMCID: PMC5842611 DOI: 10.1186/s12874-018-0483-0]

11 Henle P, Kloen P, Siebenrock KA. Femoral head injuries: Which treatment strategy can be recommended? ¹⁴³ *Injury* 2007; 38(4): 478-488 [PMID: 17400227 DOI: 10.1016/j.injury.2007.01.023]

12 Solberg BD, Moon CN, Franco DP. Use ¹⁴⁴ of a trochanteric flip osteotomy improves outcomes in Pipkin IV fractures. *Clinical orthopaedics and related research* 2009; 467(4): 929-933 [PMID: 18800211 PMCID: PMC2650063 DOI: 10.1007/s11999-008-0505-z]

13 Mostafa MF, El-Adl W, El-Sayed MA. Operative treatment of displaced Pipkin type I and II femoral head fractures. *Archives of orthopaedic and trauma surgery* 2014; 134(5): 637-644 [PMID: 24570143 DOI: 10.1007/s00402-014-1960-5]

14 Masse A, Aprato A, Alluto ¹⁴⁵ C, Favuto M, Ganz R. Surgical hip dislocation is a reliable approach for treatment ¹⁴⁶ ¹⁴⁷ of femoral head fractures. *Clinical orthopaedics and related research* 2015; 473(12): 3744-3751 [PMID: 25995178 PMCID: PMC4626487 DOI: 10.1007/s11999-015-4352-4]

15 Gavaskar AS, Tummala NC. Ganz Surgical Dislocation of the Hip Is a Safe Technique for Operative Treatment of Pipkin Fractures. Results of a Prospective Trial. Journal of orthopaedic trauma 2015; 29(12): 544-548 [PMID: 26595593 DOI: 10.1097/BOT.0000000000000399]

16 Wang J, Cai L, Xie L, Chen H, Guo X, Yu K. 3D printing-based Ganz approach for treatment¹⁴⁸ of femoral head fractures: a prospective analysis. Journal of orthopaedic surgery and research 2019; 14(1): 338 [PMID: 31665055 PMCID: PMC6820951 DOI: 10.1186/s13018-019-1383-7]

17 Engel JL, Johnsen P, Patel NK, Satpathy J, Mounasamy V. Pipkin type IV femoral head fractures: a case series and review of literature.^{150,151} Eur J Orthop Surg Traumatol 2021; 31(4): 791-795 [PMID: 33211232 DOI: 10.1007/s00590-020-02838-5]

18 Rana R, Verma D, Jr., Behera S, 2nd, Behera H, Raulo B. Irreducible Femur Head Fracture-Dislocation Treatment With Kocher-Langenbeck Approach With Flip Trochanteric Osteotomy: A Novel Approach. Cureus 2020; 12(12): e11969 [PMID: 33425543 PMCID: PMC7788007 DOI: 10.7759/cureus.11969]

19 Khalifa AA, Refai O, Farouk O, Abdelnasser MK. Management of femoral head fractures through surgical hip dislocation (SHD): a demanding but safe technique. Archives of orthopaedic and trauma surgery 2020 [PMID: 33113013 DOI: 10.1007/s00402-020-03666-2]

20 Massè A, Aprato A, Alluto¹⁵² C, Favuto M, Ganz R. Surgical hip dislocation is a reliable approach for treatment¹⁵³ of femoral head fractures.¹⁵⁴ Clin Orthop Relat Res 2015; 473(12): 3744-3751 [PMID: 25995178 PMCID: PMC4626487 DOI: 10.1007/s11999-015-4352-4]

21 Brooker AF, Bowerman JW, Robinson RA, Riley LH, Jr. Ectopic ossification following total hip replacement. Incidence and a method of classification. The

¹
Journal of bone and joint surgery American volume 1973; 55(8): 1629-1632
[PMID: 4217797]

22 Wang CG, Li YM, Zhang HF, Li H, Li ZJ. Anterior approach versus posterior approach for Pipkin I and II femoral head fractures: A systemic review and meta-analysis. International journal of surgery (London, England) 2016; 27: 176-181 [PMID: 26854958 DOI: 10.1016/j.ijsu.2016.02.003]

23 Oransky M, Martinelli N, Sanzarelli I, Papapietro N. Fractures of the femoral head: a long-term follow-up study. Musculoskelet Surg 2012; 96(2): 95-99 [PMID: 22389008 DOI: 10.1007/s12306-012-0182-7]

24 Niroopan G, de Sa D, MacDonald A, Burrow S, Larson CM, Ayeni OR. Hip Arthroscopy in Trauma: A Systematic Review of Indications, Efficacy, and Complications. Arthroscopy : the journal of arthroscopic & related surgery : ¹⁵⁵ ¹ ¹⁵⁶
official publication of the Arthroscopy Association of North America and the International Arthroscopy Association 2016; 32(4): 692-703 e691 [PMID: 26935573 DOI: 10.1016/j.arthro.2015.12.029]

25 Wang S, Li B, Li J, Zhang Z, Yang H, Liu L. Comparison of the modified Heuter approach and the Kocher-Langenbeck approach in the treatment of ¹⁵⁷ Pipkin type I and type II femoral head fractures. Int Orthop 2019; 43(11): 2613-2620 [PMID: 30683993 DOI: 10.1007/s00264-019-04301-5]

26 Henriques R, Ramalho D, Soares do Brito J, Rocha P, Spranger A, Almeida P. Management of Pipkin Fractures Using a Safe Surgical Hip Dislocation. Case reports in orthopedics 2019; 2019: 3526018 [PMID: 31772800 PMCID: PMC6854175 DOI: 10.1155/2019/3526018]

27 Gagala J, Tarczyska M, Gaweda K. Fixation of femoral head fractures with autologous osteochondral transfer (mosaicplasty). Journal of orthopaedic trauma 2014; 28(9): e226-230 [PMID: 24534892 DOI: 10.1097/BOT.0000000000000079]

28 Ross JR, Gardner MJ. Femoral head fractures. Current reviews in musculoskeletal medicine 2012; 5(3): 199-205 [PMID: 22628176 PMCID: PMC3535084 DOI: 10.1007/s12178-012-9129-8]

29 Hermus JP, Laan CA, Hogervorst M, Rhemrev SJ. Fixation of a Pipkin fracture with bio-absorbable screws. Case report and a review of the literature. Injury 2005; 36(3): 458-461 [PMID: 15710167 DOI: 10.1016/j.injury.2004.07.021]

30 Del Core MA, Gross B, Ahn J, Wallace SB, Starr A. Clinical and Radiographic Outcomes of Femoral Head Fractures Associated with Traumatic Hip Dislocations. Strategies in trauma and limb reconstruction 2019; 14(1): 6-10 [PMID: 32559260 PMCID: PMC7001600 DOI: 10.5005/jp-journals-10080-1416]

31 Matta JM, Tornetta P, 3rd. Internal fixation of unstable pelvic ring injuries. Clinical orthopaedics and related research 1996(329): 129-140 [PMID: 8769444 DOI: 10.1097/00003086-199608000-00016]

32 Prokop A, Helling HJ, Hahn U, Udomkaewkanjana C, Rehm KE. Biodegradable implants for Pipkin fractures. Clinical orthopaedics and related research 2005(432): 226-233 [PMID: 15738826 DOI: 10.1097/01.blo¹⁵⁸.0000150374.46728.54]

33 Stirna GA, Uliana CS, Valenza WR, Abagge M. Surgical treatment of femoral head fractures through previously controlled hip luxation: four case series and literature review. Revista brasileira de ortopedia 2018; 53(3): 337-341 [PMID: 29892586 PMCID: PMC5993874 DOI: 10.1016/j.rboe.2018.03.013]

34 Stannard JP, Harris HW, Volgas DA, Alonso JE. Functional outcome of patients with femoral head fractures associated with hip dislocations. Clinical orthopaedics and related research 2000(377): 44-56 [PMID: 10943184 DOI: 10.1097/00003086-200008000-00008]

35 Swiontkowski MF, Thorpe M, Seiler JG, Hansen ST. Operative management of displaced femoral head fractures: case-matched comparison of anterior versus

posterior approaches for Pipkin I and Pipkin II fractures. Journal of orthopaedic trauma 1992; 6(4): 437-442 [PMID: 1494097]

36 Guo JJ, Tang N, Yang HL, Qin L, Leung KS. ¹⁵⁹Impact of surgical approach on postoperative heterotopic ossification and avascular necrosis in femoral head fractures: a systematic review. Int Orthop 2010; 34(3): 319-322 [PMID: 19680651 PMCID: PMC2899295 DOI: 10.1007/s00264-009-0849-3]

37 Firoozabadi R, O'Mara TJ, Swenson A, Agel J, Beck JD, Routt M. Risk factors ¹⁶⁰for the development of heterotopic ossification after acetabular fracture fixation. Clinical orthopaedics and related research 2014; 472(11): 3383-3388 [PMID: 24906813 PMCID: PMC4182364 DOI: 10.1007/s11999-014-3719-2]

38 Marecek GS, Scolaro JA, Routt ML, Jr. Femoral Head Fractures. JBJS reviews 2015; 3(11) [PMID: 27490911 DOI: 10.2106/JBJS.RVW.N.00098]

39 Marchetti ME, Steinberg GG, Coumas JM. Intermediate-term experience of Pipkin fracture-dislocations of the hip. Journal of orthopaedic trauma 1996; 10(7): 455-461 [PMID: 8892144 DOI: 10.1097/00005131-199610000-00002]

40 Kargin D, Albayrak A, Atici Y, Yapici F, Ilvan G, Balioglu MB. The complications after open hip dislocation in hip surgery. Acta orthopaedica Belgica 2017; 83(1): 74-80 [PMID: 29322898]

41 Peng SH, Wu CC, Yu YH, Lee PC, Chou YC, Yeh WL. Surgical treatment of femoral head fractures. Biomedical journal 2020; 43(5): 451-457 [PMID: 33011107 PMCID: PMC7680813 DOI: 10.1016/j.bj.2019.08.004]

42 Schoeniger R, LaFrance AE, Oxland TR, Ganz R, Leunig M. Does trochanteric step osteotomy provide greater stability than classic slide osteotomy? A preliminary study. Clinical orthopaedics and related research 2009; 467(3): 775-782 [PMID: 19085037 PMCID: PMC2635439 DOI: 10.1007/s11999-008-0668-7]

43 Ross JR, Schoenecker PL, Clohisy JC. Surgical dislocation of the hip: evolving indications. HSS journal : the musculoskeletal journal of Hospital for Special Surgery 2013; 9(1): 60-69 [PMID: 24426846 PMID: PMC3640725 DOI: 10.1007/s11420-012-9323-7]

44 Sink ²EL, Beaulé PE, Sucato D, Kim YJ, Millis MB, Dayton M, Trousdale RT, Sierra RJ, Zaltz I, Schoenecker P, Monreal A, Clohisy J. Multicenter study of complications following surgical dislocation of the hip. The Journal of bone and joint surgery American volume 2011; 93(12): 1132-1136 [PMID: 21571987 DOI: 10.2106/JBJS.J.00794]

45 Brooks RA, Ribbans WJ. Diagnosis and imaging studies of traumatic hip dislocations in the adult. Clinical orthopaedics and related research 2000(377): 15-23 [PMID: 10943181 DOI: 10.1097/00003086-200008000-00005]

46 Laorr A, Greenspan A, Anderson MW, Moehring HD, McKinley T. Traumatic hip dislocation: early ²MRI findings. Skeletal radiology 1995; 24(4): 239-245 [PMID: 7644933 DOI: 10.1007/BF00198406]

47 Chen Z, Liang X, Wu J, Cui J, Tang Z, Fan W, Li C, Wu W, Dai Z. [Diagnosis and Treatment of Acetabular Labrum Injury in Pipkin Fracture]. Zhongguo ¹⁶¹xiu fu ¹⁶²chong ¹⁶³jian ¹⁶⁴wai ¹⁶⁵ke ¹⁶⁶za ¹⁶⁷zhi = Zhongguo ¹⁶⁶xiufu ¹⁶⁷chongjian ¹⁶⁸waik ¹⁶⁹e zazhi = Chinese ¹journal of reparative and reconstructive surgery 2015; 29(1): 14-18 [PMID: 26455164]

Footnotes:

Conflict-of-interest statement: The authors deny any conflict of interest. ¹⁷⁰

PRISMA 2009 Checklist statement: We admit that the guidelines of the PRISMA 2009 Statement have been adopted ¹⁷¹for preparation ¹⁷²of the manuscript.

Figure Legends:

Figure 1: PRISMA flow diagram of search results, studies' screening, and selection.

Figure 2: Forest plot diagram shows postoperative functional outcomes.

Figure 3: Forest plot diagram shows postoperative anatomical reduction as a representative of radiological outcomes.

Figure 4: Forest plot diagram shows postoperative complications. ¹⁷³A, overall complications incidence. B, AVN of the femoral head. C, ²HO formation. D, Posttraumatic OA. (AVN: avascular necrosis; ²HO: heterotopic ossification; OA: osteoarthritis).

Figure 5: Forest plot diagram shows postoperative reoperation rate.

Tables captions:

Table 1: Baseline characteristics of included studies

Author, year

Study design

Sample size

Age*, years

Sex

Pipkin classification

(I/II/III/IV)

Management

Implant

Follow up*, months

M

F

Fixation

Excision

1-Henle, 2007 [11]

Retrospective

12

39.8 (26-71)

10

2

1/3/0/8

12

0

Mini or small fragment cortical screws (2.0—2.7 mm) or Herbert screws or absorbable pins

31.1 (3-96)

2-Solberg, 2009 [12]

Retrospective

12

-

10

2

0/0/0/12

11

1

Headless variable-pitch screws or Herbert screws. ¹⁷⁴

47 (24-71)

3-Mostafa, 2014 [13]

Retrospective

12

-

-

-

12/0/0

12

0

Partially threaded cancellous screws or Herbert headless screws

31 (24-84)

4-Masse, 2015 [14]

Retrospective

13

34

(22-54)

11

2

5/2/0/6

13

0

2.7 mm nonabsorbable screws

77 (26-122)

5-Gavaskar, 2015 [15]

Prospective

28

-

-

-

6/22/0/0

26

2

2.4 mm headless screws (Synthes—India).

36 (25-46)

6-Wang, 2019 [16]

Prospective

12

39.9 ± 12.2

8

4

4/3/0/5

12

0

3.2 mm Herbert screws or partially threaded screws

35 (25-48)

7-Engel, 2020 [17]

Retrospective

7

39.57 (17-64)

4

3

0/0/0/7

6

1

Buried headless screw

29.8 (11.6-67.2)

8-Rana, 2020 [18]

Retrospective

6

42

(32-54)

4

2

-

6

0

Herbert (headless) screw

10.8 (8-18)

9-Khalifa, 2020 [19]

Retrospective

27

33.8 (18-45)

21

6

6/13/0/8

27

0

4 mm partially threaded cancellous screws or Herbert headless screws

48 (24-72)

* Data are presented as mean \pm ²SD or mean (range). M: male; F: female; mm: millimeter

Table 2: Operation time and blood loss (six studies)

Author, year

Operation time

Blood loss

Solberg, 2009 [12]

121 \pm 28.3 (102-215)

350 \pm 125 (250-750)

Mostafa, 2014 [13]

120 \pm 19.7

283 \pm 124.9

Masse, 2015 [14]

155.2 \pm 53.1

1436.9 \pm 663.8

Wang, 2019 [16]

124.2 \pm 22.1

437.5 \pm 113.1

Engel, 2020 [17]

NR

503 \pm 181.25

Rana, 2020 [18]

90

450

NR: not reported

Table 3: Details of reoperation (eight studies)

Author, year

Indication of reoperation

Intervention

Henle, 2007 [11]

2 AVN

2 HO

THA

Excision

Solberg, 2009 [12]

1 AVN

THA

Mostafa, 2014 [13]

1 AVN

1 TFO² NonunionTHA²

Revision of fixation

Masse, 2015 [14]

1 AVN

1 OA

THA

THA

Gavaskar, 2015 [15]

1 Infection

1 Bursitis

Debridement

Screw removal

Wang, 2019 [16]

1 AVN

1 HO²

1 TFO² Nonunion

THA²

Excision

Revision of fixation

Engel, 2020 [17]

2 OA/ AVN

1 OA/HO

1 OA²/Metal failure/Infection

THA

THA

Revision/Girdlestone/THA²

Khalifa, 2020 [19]

2 AVN

1 OA

THA

THA

AVN¹⁷⁵ : avascular necrosis; HO²: heterotopic ossification; THA²: total hip arthroplasty; OA: osteoarthritis; TFO²: trochanteric flip osteotomy

1.	<i>journal; Journal</i>	Text inconsistencies	Correctness
2.	<i>FHFs; M.D.; A.A.K.; M.A.H.; A.F.; MDs; CIs; HO; OA; TFO; THA; USA; HHS; EL; MRI; SD</i>	Text inconsistencies	Correctness
3.	<i>All authors discussed the results and commented on the manuscript. All authors read and approved the final manuscript and are responsible for the content and similarity index of the manuscript.</i>	Unclear paragraphs	Clarity
4.	<i>been adopted</i>	Passive voice misuse	Clarity
5.	<i>are preferred</i>	Passive voice misuse	Clarity
6.	<i>been utilized</i>	Passive voice misuse	Clarity
7.	<i>were searched</i>	Passive voice misuse	Clarity
8.	<i>was achieved</i>	Passive voice misuse	Clarity
9.	, respectively	Punctuation in compound/complex sentences	Correctness
10.	as → is	Confused words	Correctness
11.	, respectively	Punctuation in compound/complex sentences	Correctness
12.	the SHD	Determiner use (a/an/the/this, etc.)	Correctness
13.	management → manage	Confused words	Correctness
14.	as regards → regarding	Wordy sentences	Clarity
15.	<i>been adopted</i>	Passive voice misuse	Clarity
16.	, such	Punctuation in	Correctness

		compound/complex sentences	
17.	<i>were identified</i>	Passive voice misuse	Clarity
18.	<i>is kept</i>	Passive voice misuse	Clarity
19.	<i>be offered</i>	Passive voice misuse	Clarity
20.	<i>was initially described</i>	Passive voice misuse	Clarity
21.	large → extensive, significant	Word choice	Engagement
22.	larger → more significant	Word choice	Engagement
23.	earry → take	Incorrect phrasing	Correctness
24.	<i>We conducted a systematic review according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) checklist [9]. PubMed, Embase, Web of Science, and Cochrane Central Register of Controlled Trials (CENTRAL) databases were searched for the last 20 years (till January 2021)...</i>	Unclear paragraphs	Clarity
25.	<i>were imported</i>	Passive voice misuse	Clarity
26.	<i>was conducted</i>	Passive voice misuse	Clarity
27.	<i>were then screened</i>	Passive voice misuse	Clarity
28.	<i>was based</i>	Passive voice misuse	Clarity
29.	<i>Articles published in languages other than English.</i>	Incomplete sentences	Correctness
30.	<i>be extracted</i>	Passive voice misuse	Clarity
31.	<i>A minimum sample size of 5 patients.</i>	Incomplete sentences	Correctness
32.	<i>The ability to extract data related to the</i>	Incomplete sentences	Correctness

	<i>outcomes of interest (data should be genuine and not reported in another study).</i>		
33.	<i>was consulted</i>	Passive voice misuse	Clarity
34.	<i>was extracted</i>	Passive voice misuse	Clarity
35.	<i>was calculated</i>	Passive voice misuse	Clarity
36.	<i>was chosen</i>	Passive voice misuse	Clarity
37.	<i>was evaluated</i>	Passive voice misuse	Clarity
38.	percentage of	Wordy sentences	Clarity
39.	<i>were excluded</i>	Passive voice misuse	Clarity
40.	<i>be extracted</i>	Passive voice misuse	Clarity
41.	<i>After excluding 192 duplicates, 810 records remained for a title and abstract screening. We had 18 relevant articles for full-text screening, eight fulfilled the inclusion criteria, and ten were excluded (one article not in English, six articles were case reports or included less than five cases, t...</i>	Unclear paragraphs	Clarity
42.	<i>were ultimately included</i>	Passive voice misuse	Clarity
43.	<i>The manual search of the included articles references imported one additional article. Nine studies [11-19] were ultimately included in the qualitative and quantitative analyses.</i>	Unclear paragraphs	Clarity
44.	<i>is shown</i>	Passive voice misuse	Clarity
45.	basic → primary	Word choice	Engagement
46.	<i>were extracted</i>	Passive voice misuse	Clarity
47.	<i>were extracted</i>	Passive voice misuse	Clarity

48.	<i>was not reported</i>	Passive voice misuse	Clarity
49.	<i>are summarized</i>	Passive voice misuse	Clarity
50.	<i>was reported</i>	Passive voice misuse	Clarity
51.	<i>were reported</i>	Passive voice misuse	Clarity
52.	<i>was used</i>	Passive voice misuse	Clarity
53.	<i>was used</i>	Passive voice misuse	Clarity
54.	<i>was defined</i>	Passive voice misuse	Clarity
55.	<i>In the current meta-analysis, a satisfactory functional outcome was defined as HHS or Merle d'Aubigne-Postel score graded as excellent or good.</i>	Unclear sentences	Clarity
56.	<i>were obtained</i>	Passive voice misuse	Clarity
57.	in terms of obtaining → to obtain	Wordy sentences	Clarity
58.	anatomical fracture	Misplaced words or phrases	Correctness
59.	<i>was reported</i>	Passive voice misuse	Clarity
60.	<i>were not included</i>	Passive voice misuse	Clarity
61.	<i>were presented</i>	Passive voice misuse	Clarity
62.	<i>was reported</i>	Passive voice misuse	Clarity
63.	<i>was reported</i>	Passive voice misuse	Clarity
64.	<i>was chosen</i>	Passive voice misuse	Clarity
65.	<i>was reported</i>	Passive voice misuse	Clarity
66.	<i>were collected</i>	Passive voice misuse	Clarity

67.	<i>was distributed</i>	Passive voice misuse	Clarity
68.	<i>was used</i>	Passive voice misuse	Clarity
69.	, while → . In contrast,	Hard-to-read text	Clarity
70.	<i>is considered</i>	Passive voice misuse	Clarity
71.	but longer → . However, longer	Hard-to-read text	Clarity
72.	<i>were reported</i>	Passive voice misuse	Clarity
73.	<i>Another factor that might play a role; however, we were unable to assess is the surgical skill and familiarity of the surgeon with the SHD approach and the learning curve needed to master managing such injuries through SHD.</i>	Unclear sentences	Clarity
74.	<i>was reported</i>	Passive voice misuse	Clarity
75.	, and the → . The	Hard-to-read text	Clarity
76.	<i>be used</i>	Passive voice misuse	Clarity
77.	<i>been criticized</i>	Passive voice misuse	Clarity
78.	<i>The same diversity was reported in the current systematic review, as various implants were used for fracture fixation, as reported in (Table 1). Some of the fixation devices had been criticized for causing foreign body reactions such as biodegradable screws or pins [27]; metal implants may lead to ...</i>	Unclear paragraphs	Clarity
79.	<i>Although there was diversity in reporting the functional outcomes among the studies included in this metanalysis owing to implementing different assessment scales and scores, however, an overall satisfactory functional outcome (defined as excellent or good</i>	Unclear sentences	Clarity

	<i>according to HHS or Merle d'Aubigne-Postel...</i>		
80.	excellent and good → <i>excellent</i>	Wordy sentences	Clarity
81.	<i>was reported</i>	Passive voice misuse	Clarity
82.	<i>was used</i>	Passive voice misuse	Clarity
83.	<i>was needed</i>	Passive voice misuse	Clarity
84.	<i>was used</i>	Passive voice misuse	Clarity
85.	excellent and good → <i>excellent</i>	Wordy sentences	Clarity
86.	An acceptable → <i>A proper</i>	Word choice	Engagement
87.	<i>was achieved</i>	Passive voice misuse	Clarity
88.	<i>be considered</i>	Passive voice misuse	Clarity
89.	<i>described initially, initially described</i>	Word choice	Engagement
90.	<i>was reported</i>	Passive voice misuse	Clarity
91.	<i>is postulated</i>	Passive voice misuse	Clarity
92.	compared with → <i>than</i>	Wordy sentences	Clarity
93.	<i>There is no agreement on a scale or specific criteria to assess the quality of FHF's reduction (as what is to be considered as non-anatomical or mal-reduction) in the postoperative and follow up radiographs, which makes comparison across studies difficult; however, Masse et al. [14] was the first to...</i>	Unclear paragraphs	Clarity
94.	<i>was reported</i>	Passive voice misuse	Clarity
95.	major → <i>significant</i>	Word choice	Engagement

96.	<i>were reported</i>	Passive voice misuse	Clarity
97.	as regards → regarding	Wordy sentences	Clarity
98.	was performed → has performed	Incorrect verb forms	Correctness
99.	<i>were approached</i>	Passive voice misuse	Clarity
100.	<i>was used</i>	Passive voice misuse	Clarity
101.	<i>were managed</i>	Passive voice misuse	Clarity
102.	<i>were treated</i>	Passive voice misuse	Clarity
103.	<i>was performed</i>	Passive voice misuse	Clarity
104.	, but other → . However, other	Hard-to-read text	Clarity
105.	<i>was associated</i>	Passive voice misuse	Clarity
106.	<i>In the current systematic review, lower grades HO (Brooker I and II) occurred in 76.5 % of the patients, while higher grades (III and IV) occurred in 23.4 %, this was nearly similar to the results obtained from the study by Scolaro et al., where low-grade HO developed in 74% of the patients, while high...</i>	Hard-to-read text	Clarity
107.	<i>was gained</i>	Passive voice misuse	Clarity
108.	the difference	Wordy sentences	Clarity
109.	<i>An increased incidence with other approaches was reported in other studies, as in the study by Wang et al. the authors reported a posttraumatic OA incidence of 14.3% and 16.7% with the S-P and K-L approaches, respectively the difference was insignificant (p = 1.000). Del Core et al. reported an ove...</i>	Unclear paragraphs	Clarity
110.	<i>be attributed</i>	Passive voice misuse	Clarity

111.	<i>were reported</i>	Passive voice misuse	Clarity
112.	<i>This</i>	Intricate text	Clarity
113.	in accordance with → by, following, per, under	Wordy sentences	Clarity
114.	<i>was reported</i>	Passive voice misuse	Clarity
115.	<i>was reported</i>	Passive voice misuse	Clarity
116.	wide → broad	Word choice	Engagement
117.	<i>was not assessed</i>	Passive voice misuse	Clarity
118.	<i>was introduced</i>	Passive voice misuse	Clarity
119.	<i>were published</i>	Passive voice misuse	Clarity
120.	<i>were carried</i>	Passive voice misuse	Clarity
121.	stronger → more substantial, more robust, more vital	Word choice	Engagement
122.	<i>are considered</i>	Passive voice misuse	Clarity
123.	<i>was introduced</i>	Passive voice misuse	Clarity
124.	carried → took	Incorrect phrasing	Correctness
125.	, which	Punctuation in compound/complex sentences	Correctness
126.	major → significant	Word choice	Engagement
127.	<i>were searched</i>	Passive voice misuse	Clarity
128.	<i>were collected</i>	Passive voice misuse	Clarity
129.	, respectively	Punctuation in	Correctness

		compound/complex sentences	
130.	Excellent and good → Excellent	Wordy sentences	Clarity
131.	<i>be obtained</i>	Passive voice misuse	Clarity
132.	, which	Punctuation in compound/complex sentences	Correctness
133.	, respectively	Punctuation in compound/complex sentences	Correctness
134.	, respectively	Punctuation in compound/complex sentences	Correctness
135.	<i>The issue of surgeon experience and its relation to the results and utilization of this approach is still to be studied.</i>	Unclear sentences	Clarity
136.	suggests → suggest	Faulty subject-verb agreement	Correctness
137.	great → outstanding	Word choice	Engagement
138.	orthopaedics → orthopedics	Mixed dialects of English	Correctness
139.	traumatology :	Improper formatting	Correctness
140.	the treatment	Determiner use (a/an/the/this, etc.)	Correctness
141.	<i>pmed</i>	Unknown words	Correctness
142.	a meta-analysis, or the meta-analysis	Determiner use (a/an/the/this, etc.)	Correctness
143.	<i>be recommended</i>	Passive voice misuse	Clarity
144.	The use	Determiner use	Correctness

		(a/an/the/this, etc.)	
145.	All uto → Auto	Misspelled words	Correctness
146.	the treatment	Determiner use (a/an/the/this, etc.)	Correctness
147.	treatment of → treating	Wordy sentences	Clarity
148.	the treatment	Determiner use (a/an/the/this, etc.)	Correctness
149.	for treatment of → to treat	Wordy sentences	Clarity
150.	literature review	Wordy sentences	Clarity
151.	the literature	Determiner use (a/an/the/this, etc.)	Correctness
152.	All uto → Auto	Misspelled words	Correctness
153.	the treatment	Determiner use (a/an/the/this, etc.)	Correctness
154.	treatment of → treating	Wordy sentences	Clarity
155.	Arthroscopy :	Improper formatting	Correctness
156.	surgery :	Improper formatting	Correctness
157.	the treatment of → treating	Wordy sentences	Clarity
158.	blo	Unknown words	Correctness
159.	Impact of → The	Wordy sentences	Clarity
160.	the development of → developing	Wordy sentences	Clarity
161.	xiu → Xiu	Misspelled words	Correctness
162.	ehong → Chong	Misspelled words	Correctness

163.	jian → Jian	Misspelled words	Correctness
164.	ke	Unknown words	Correctness
165.	zhi → Zhi	Misspelled words	Correctness
166.	xiufu → Xiu	Misspelled words	Correctness
167.	chongjian → Chong Jian	Misspelled words	Correctness
168.	waike → wake, wait, which	Misspelled words	Correctness
169.	zazhi → za Zhi	Misspelled words	Correctness
170.	<i>Conflict-of-interest statement: The authors deny any conflict of interest.</i>	Incomplete sentences	Correctness
171.	<i>been adopted</i>	Passive voice misuse	Clarity
172.	the preparation	Determiner use (a/an/the/this, etc.)	Correctness
173.	A,	Comma misuse within clauses	Correctness
174.	<i>Headless variable-pitch screws or Herbert screws.</i>	Incomplete sentences	Correctness
175.	AVN :	Improper formatting	Correctness