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May 07, 2017 · References: PubMed.org – Clinical trial: a multistrain probiotic preparation significantly reduces symptoms of **irritable bowel syndrome** in a **double-blind placebo-controlled study**. VSL#3...

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<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4356930>

Mar 14, 2015 · Mar 14, 2015 · Williams EA, Stimpson J, Wang D, Plummer S, Garaiova I, Barker ME, Corfe BM. Clinical trial: a multistrain probiotic preparation significantly reduces symptoms of irritable bowel...

[Probiotics - Health Professional Fact Sheet](#)

<https://ods.od.nih.gov/factsheets/Probiotics-HealthProfessional> ▾

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Sep 02, 2019 · A diet low in FODMAPs reduces symptoms in patients with irritable bowel syndrome and a probiotic restores bifidobacterium species: A randomized controlled trial. *Gastroenterology*. 2017; 153 :936–947. doi: 10.1053/j.gastro.2017.06.010.

Cited by: 19 **Author:** Hanna Fjeldheim Dale, Stella Hellgren R...

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Randomized Controlled Trial
Clinical effectiveness of adding probiotic to a low FODMAP diet: Randomized double-blind placebo-controlled study

Beril Turan, Göksel Bengi, Ruksan Cehreli, Hale Akpınar, Müjde Soytürk

Abstract
BACKGROUND

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Publish Year: 2019

Controversies and Recent Developments of the Low ...

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5390324>

Mar 14, 2016 · The efficacy of the elimination phase of the low-FODMAP diet for overall gastrointestinal symptom relief in adult patients with IBS has been seen in randomized, controlled trials; a blinded, randomized, rechallenge study; and observational studies that have been reviewed in detail elsewhere 3, 4 as well as in a meta-analysis. 5 These studies have shown that 50% to 86% of patients have a clinically meaningful response to the low-FODMAP diet.

Cited by: 78 Author: Peta Hill, Jane G. Muir, Peter R. Gibson

Publish Year: 2017

PEOPLE ALSO ASK

- How are probiotics used to treat irritable bowel syndrome? ▾
- How are probiotics used in the treatment of depression? ▾
- What are some of the health benefits of probiotics? ▾
- Which is the best probiotic to reduce risk of AAD? ▾

Feedback

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