



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title Key Words	1	The words "case report" should be in the title along with the area of focus	Line 1/1 page
	2	Four to seven key words—include "case report" as one of the key words	Line 2/1 page
Abstract	3a	Background: What does this case report add to the medical literature?	Line 10-14/1 page
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 15-20/1 page
	3c	Conclusion: What is the main "take-away" lesson from this case?	Line 21-23/1 page
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 1-16/2 page
Timeline	5	Information from this case report organized into a timeline (table or figure)	7 page
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 19/2 page
	6b	Chief complaint—what prompted this visit?	Line 20/2 page
	6c	Relevant history including past interventions and outcomes	Line 21-28/2 page
Physical Exam	7	Relevant physical examination findings	Line 1/3 page
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 1-17/3 page
	8b	Diagnostic reasoning including other diagnoses considered and challenges	4-6 page
	8c	Consider tables or figures linking assessment, diagnoses and interventions	4-6 page
	8d	Prognostic characteristics where applicable	4-6 page
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 17/4 page
	9b	Intervention administration such as dosage, frequency and duration	Line 18/4 page
	9c	Note changes in intervention with explanation	Line 19/4 page
	9d	Other concurrent interventions	Line 20/4 page
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 20/4 page
	10b	Important follow-up diagnostic evaluations	Line 20/4 page
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 21-22/4 page
Discussion	11a	Strengths and limitations in your approach to this case	Line 16-20/9 page
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 21-28/9; 1/10 page
	11c	How does this case report suggest a testable hypothesis?	Line 17-21/10 page
	11d	Conclusions and rationale	Line 2-6/11 page
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	every 3 months
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	✓
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 11-22/11 page