CARE Checklist – 2016: Information for writing a case report

**Topic Item Checklist item description Line/Page**

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| **Title** | **1** | The words “case report” should be in the title along with the area of focus | L3-4/P1\_\_\_\_\_\_\_ |
| **Key Words** | **2** | Four to seven key words—include “case report” as one of the key words | L56/P2\_\_\_\_\_\_\_ |
| **Abstract** | **3a 3b 3c** | Background: What does this case report add to the medical literature? Case summary: chief complaint, diagnoses, interventions, and outcomes Conclusion: What is the main “take-away” lesson from this case? | L37-41/P2  L42-50/P2\_\_  L51-55/P2\_\_ |
| **Introduction** | **4** | The current standard of care and contributions of this case—with references (1-2 paragraphs) | L82-91/P3\_ |
| **Timeline** | **5** | Information from this case report organized into a timeline (table or figure) | n/a\_\_\_\_\_\_ |
| **Patient Information** | **6a 6b 6c** | De-identified demographic and other patient or client specific information Chief complaint—what prompted this visit?  Relevant history including past interventions and outcomes | L95/P3  L94-97/P3  L98-125/P4\_ |
| **Physical Exam** | **7** | Relevant physical examination findings | L126-133/P4\_\_ |
| **Diagnostic** | **8a** | Evaluations such as surveys, laboratory testing, imaging, etc. | L134-150/P4-5 |
| **Assessment** | **8b 8c**  **8d** | Diagnostic reasoning including other diagnoses considered and challenges Consider tables or figures linking assessment, diagnoses and interventions Prognostic characteristics where applicable | L151-286/P5-6  L156-286/P5-6  n/a\_\_\_\_ |
| **Interventions** | **9a 9b 9c 9d** | Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration  Note changes in intervention with explanation Other concurrent interventions | L289-377/P6-7  L289-377/P6-7  L368-375/P6-7  n/a\_\_\_\_\_ |
| **Follow-up and** | **10a** | Clinician assessment (and patient or client assessed outcomes when appropriate) | L289-377/P6-7 |
| **Outcomes** | **10b 10c** | Important follow-up diagnostic evaluations  Assessment of intervention adherence and tolerability, including adverse events | L376-414/P7  L376-414/P7 |
| **Discussion** | **11a 11b 11c 11d** | Strengths and limitations in your approach to this case  Specify how this case report informs practice or Clinical Practice Guidelines (CPG) How does this case report suggest a testable hypothesis?  Conclusions and rationale | L416-591/P8-10  L416-591/P8-10  L416-591/P8-10  L593-599/P10\_ |
| **Patient Perspective** | **12** | When appropriate include the assessment of the patient or client on this episode of care | n/a\_\_\_\_\_\_\_ |
| **Informed Consent** | **13** | Informed consent from the person who is the subject of this case report is required by most journals | L745-746/P15\_ |
| **Additional Information** | **14** | Acknowledgement section; Competing Interests; IRB approval when required | L747-749/P15\_ |

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