

CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	page
Title	1	The words “case report” should be in the title along with the area of focus	1
Key Words	2	Four to seven key words—include “case report” as one of the key words	2
Abstract	3a	Background: What does this case report add to the medical literature?	1-2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	2
	3c	Conclusion: What is the main “take-away” lesson from this case?	2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	8-10
Timeline	5	Information from this case report organized into a timeline (table or figure)	4-5
Patient Information	6a	De-identified demographic and other patient or client specific information	4
	6b	Chief complaint—what prompted this visit?	4
	6c	Relevant history including past interventions and outcomes	4
Physical Exam	7	Relevant physical examination findings	4-5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	5
	8b	Diagnostic reasoning including other diagnoses considered and challenges	5-6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	6
	8d	Prognostic characteristics where applicable	6
Intervention	9a	Types such as life-style recommendations, treatments, medications, surgery	6
	9b	Intervention administration such as dosage, frequency and duration	6
	9c	Note changes in intervention with explanation	6
	9d	Other concurrent interventions	6
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	6
	10b	Important follow-up diagnostic evaluations	6
	10c	Assessment of intervention adherence and tolerability, including adverse events	6
Discussion	11a	Strengths and limitations in your approach to this case	6-7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	7
	11c	How does this case report suggest a testable hypothesis?	7
	11d	Conclusions and rationale	8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	8
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	12