



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title alongwith the area of focus	___1___
Key Words	2	Fourtosevenkey words—include“case report” asone of thekey words	___1___
Abstract	3a	Background:What does this case reportadd to the medical literature?	___1___
	3b	Casesummary:chief complaint, diagnoses, interventions, and outcomes	___1___
	3c	Conclusion:Whatis the main “take-away” lessonfrom this case?	___1___
Introduction	4	Thecurrentstandard of careandcontributions of this case—withreferences (1-2 paragraphs)	___1___
Timeline	5	Information from this case reportorganizedintoa timeline(table or figure)	___1___
Patient Information	6a	De-identified demographic and other patientor clientspecific information	___
	6b	Chief complaint—what prompted thisvisit?	___1___
	6c	Relevant history including past interventions and outcomes	___
Physical Exam	7	Relevant physical examination findings	___
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	___1___
	8b	Diagnostic reasoning including other diagnoses considered and challenges	___
	8c	Consider tables or figures linking assessment, diagnoses and interventions	___1___
	8d	Prognostic characteristics where applicable	___
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	___1___
	9b	Intervention administration such as dosage, frequency and duration	___
	9c	Note changes in interventionwith explanation	___1___
	9d	Other concurrent interventions	___2___
Follow-up and Outcomes	10a	Clinicianassessment (and patientorclientassessed outcomes when appropriate)	___
	10b	Important follow-up diagnostic evaluations	___2___
	10c	Assessment of intervention adherence and tolerability, including adverse events	___2___
Discussion	11a	Strengths and limitations in your approach to this case	___2___
	11b	Specifyhowthis case report informspracticeor Clinical PracticeGuidelines(CPG)	___
	11c	How does this case reportsuggest a testable hypothesis?	___
	11d	Conclusions and rationale	___2___
Patient Perspective	12	When appropriateinclude theassessmentof the patient or clientonthis episode of care	___
Informed Consent	13	Informed consentfrom the person who is the subject of this case reportisrequired bymost journals	___2___
Additional Information	14	Acknowledgement section; CompetingInterests; IRBapproval when required	___2___