

## CONSORT 2010 checklist of information to include when reporting a randomised trial\*

| Section/Topic            | ltem<br>No | Checklist item  | Reported<br>on page No |
|--------------------------|------------|---|------------------------|
| Title and abstract       |            |   |                        |
|                          | 1a         | Identification as a randomised trial in the title   |                        |
|                          | 1b         | Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)               | <b>F</b>               |
| Introduction             |            |   |                        |
| Background and           | 2a         | Scientific background and explanation of rationale  | <b>P</b>               |
| objectives               | 2b         | Specific objectives or hypotheses   | Ę                      |
| Methods                  |            |   |                        |
| Trial design             | 3a         | Description of trial design (such as parallel, factorial) including allocation ratio  | Ţ                      |
|                          | 3b         | Important changes to methods after trial commencement (such as eligibility criteria), with reasons                                    | Ę                      |
| Participants             | 4a         | Eligibility criteria for participants   | <b></b>                |
|                          | 4b         | Settings and locations where the data were collected  | <b>₽</b>               |
| Interventions            | 5          | The interventions for each group with sufficient details to allow replication, including how and when they were actually administered |                        |
| Outcomes                 | 6a         | Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed                    | Ţ                      |
|                          | 6b         | Any changes to trial outcomes after the trial commenced, with reasons   | <b></b>                |
| Sample size              | 7a         | How sample size was determined  | F                      |
|                          | 7b         | When applicable, explanation of any interim analyses and stopping guidelines  | <b></b>                |
| Randomisation:           |            |   |                        |
| Sequence                 | 8a         | Method used to generate the random allocation sequence  | <b>—</b>               |
| generation               | 8b         | Type of randomisation; details of any restriction (such as blocking and block size)   |                        |
| Allocation               | 9          | Mechanism used to implement the random allocation sequence (such as sequentially numbered containers),                                |                        |
| concealment<br>mechanism |            | describing any steps taken to conceal the sequence until interventions were assigned  | F                      |
| Implementation           | 10         | Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions               | F                      |
| Blinding                 | 11a        | If done, who was blinded after assignment to interventions (for example, participants, care providers, those                          | Ę                      |

| assessing outcomes) and how<br>11b If relevant, description of the similarity of interventions<br>Statistical methods 12a Statistical methods used to compare groups for primary and secondary outcomes<br>12b Methods for additional analyses, such as subgroup analyses and adjusted analyses<br><b>Results</b> |                 |
|---|-----------------|
| Statistical methods12aStatistical methods used to compare groups for primary and secondary outcomes12bMethods for additional analyses, such as subgroup analyses and adjusted analyses  |                 |
| 12b Methods for additional analyses, such as subgroup analyses and adjusted analyses  | _ <mark></mark> |
|   | <u>ē</u> _      |
| Results   | <b>F</b>        |
|   | <b>F</b>        |
| Participant flow (a 13a For each group, the numbers of participants who were randomly assigned, received intended treatment, and  |                 |
| diagram is strongly were analysed for the primary outcome   |                 |
| recommended) 13b For each group, losses and exclusions after randomisation, together with reasons   | <b>F</b>        |
| Recruitment 14a Dates defining the periods of recruitment and follow-up   |                 |
| 14b Why the trial ended or was stopped  |                 |
| Baseline data 15 A table showing baseline demographic and clinical characteristics for each group   | <b>F</b>        |
| Numbers analysed 16 For each group, number of participants (denominator) included in each analysis and whether the analysis was   |                 |
| by original assigned groups   | <b>7</b>        |
| Outcomes and 17a For each primary and secondary outcome, results for each group, and the estimated effect size and its  | _               |
| estimation precision (such as 95% confidence interval)  | <b>7</b>        |
| 17b For binary outcomes, presentation of both absolute and relative effect sizes is recommended   | <b>Ę</b>        |
| Ancillary analyses 18 Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory   | F               |
| Harms 19 All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)  | <b>F</b>        |
| Discussion  |                 |
| Limitations 20 Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses   | <b>F</b>        |
| Generalisability 21 Generalisability (external validity, applicability) of the trial findings   | =               |
| Interpretation 22 Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence   | <b>F</b>        |
| Other information   |                 |
| Registration 23 Registration number and name of trial registry  |                 |
| Protocol 24 Where the full trial protocol can be accessed, if available   | <b></b>         |
| Funding 25 Sources of funding and other support (such as supply of drugs), role of funders  |                 |

\*We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see <u>www.consort-statement.org</u>.