



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/page
Title Key Words	1	The words "case report" should be in the title along with the area of focus	1/3
	2	Four to seven key words—include "case report" as one of the key words	18/3
Abstract	3a	Background: What does this case report add to the medical literature?	21/1
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	24/1
	3c	Conclusion: What is the main "take-away" lesson from this case?	14/1
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	1/3
Timeline	5	Information from this case report organized into a timeline (table or figure)	13/9-15
Patient Information	6a	De-identified demographic and other patient or client specific information	16/3
	6b	Chief complaint—what prompted this visit?	16/3
	6c	Relevant history including past interventions and outcomes	32/3
Physical Exam	7	Relevant physical examination findings	14/4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	18/4
	8b	Diagnostic reasoning including other diagnoses considered and challenges	18/4
	8c	Consider tables or figures linking assessment, diagnoses and interventions	38/4
Interventions	8d	Prognostic characteristics where applicable	31/5
	9a	Types such as life-style recommendations, treatments, medications, surgery	25/5
	9b	Intervention administration such as dosage, frequency and duration	1/5
Follow-up and Outcomes	9c	Note changes in intervention with explanation	3/5
	9d	Other concurrent interventions	4/5
Discussion	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	21/5
	10b	Important follow up diagnostic evaluations	33/5
	10c	Assessment of intervention adherence and tolerability, including adverse events	2/5
Patient Perspective	11a	Strengths and limitations in your approach to this case	12/7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	12/7
	11c	How does this case report suggest a testable hypothesis?	12/7
Informed Consent	11d	Conclusions and rationale	32/7
	12	When appropriate include the assessment of the patient or client on this episode of care	N
Additional Information	13	Informed consent from the person who is the subject of this case report is required by most journals	21/7
	14	Acknowledgement section, Competing Interests, IRB approval when required	21/7

edit by platinium
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