# World Journal of *Clinical Cases*

World J Clin Cases 2022 March 26; 10(9): 2660-2975





Published by Baishideng Publishing Group Inc

W J C C World Journal of Clinical Cases

#### Contents

#### Thrice Monthly Volume 10 Number 9 March 26, 2022

#### **REVIEW**

2660 Role of metabolites derived from gut microbiota in inflammatory bowel disease

Zheng L, Wen XL, Duan SL

#### **MINIREVIEWS**

- 2678 Roles of Wnt/β-catenin signaling pathway related microRNAs in esophageal cancer Chu CY, Wang R, Liu XL
- 2687 Animal models applied to acute-on-chronic liver failure: Are new models required to understand the human condition?

Gama JFG, Cardoso LMDF, Lagrota-Candido JM, Alves LA

#### **ORIGINAL ARTICLE**

#### **Case Control Study**

2700 Associations between coagulation factor XII, coagulation factor XI, and stability of venous thromboembolism: A case-control study

Meng Y, Li Y, Ye YJ, Ma Q, Zhang JB, Qin H, Deng YY, Tian HY

#### **Retrospective Cohort Study**

Nomogram to predict the risk of endoscopic removal failure with forceps/baskets for treating 2710 submandibular stones

Huang Y, Liang PS, Yang YC, Cai WX, Tao Q

2721 Association between anesthesia technique and complications after hip surgery in the elderly population Guo LS, Wang LN, Xiao JB, Zhong M, Zhao GF

#### **Retrospective Study**

- 2733 Perforating and nonperforating indications in repeated surgeries for Crohn's disease Shen WS, Huang XH, Liu RQ, Li CY, Li Y, Zhu WM
- 2743 Treatment of Pneumocystis jirovecii pneumonia in non-human immunodeficiency virus-infected patients using a combination of trimethoprim-sulfamethoxazole and caspofungin Wu HH, Fang SY, Chen YX, Feng LF
- 2751 Acute kidney injury in traumatic brain injury intensive care unit patients Huang ZY, Liu Y, Huang HF, Huang SH, Wang JX, Tian JF, Zeng WX, Lv RG, Jiang S, Gao JL, Gao Y, Yu XX
- 2764 Enucleation combined with guided bone regeneration in small and medium-sized odontogenic jaw cysts Cao YT, Gu QH, Wang YW, Jiang Q



#### Contents

Thrice Monthly Volume 10 Number 9 March 26, 2022

#### **Clinical Trials Study**

2773 Determination of the ED<sub>95</sub> of intranasal sufentanil combined with intranasal dexmedetomidine for moderate sedation during endoscopic ultrasonography Zou Y, Li N, Shao LJZ, Liu FK, Xue FS, Tao X

#### **Observational Study**

2783 Overexpression of Ubiquilin4 is associated with poor prognosis in patients with cervical cancer Wang LN, Huang KJ, Wang L, Cheng HY

#### **Randomized Clinical Trial**

2792 Peplau's interpersonal relationship theory combined with bladder function training on patients with prostate cancer

Yang XH, Wu LF, Yan XY, Zhou Y, Liu X

#### SYSTEMATIC REVIEWS

2801 Efficacy of bone grafts in jaw cystic lesions: A systematic review Wang J, Yao QY, Zhu HY

#### **CASE REPORT**

- 2811 Short stature associated with a novel mutation in the aggrecan gene: A case report and literature review Yin LP, Zheng HX, Zhu H
- 2818 Treatment with sorafenib plus camrelizumab after splenectomy for primary splenic angiosarcoma with liver metastasis: A case report and literature review

Pan D, Li TP, Xiong JH, Wang SB, Chen YX, Li JF, Xiao Q

2829 Sarcomatoid intrahepatic cholangiocarcinoma with good patient prognosis after treatment with Huaier granules following hepatectomy: A case report

Feng JY, Li XP, Wu ZY, Ying LP, Xin C, Dai ZZ, Shen Y, Wu YF

2836 Sequential occurrence of T790M mutation and small cell lung cancer transformation in EGFR-positive lung adenocarcinoma: A case report

Hong E, Chen XE, Mao J, Zhou JJ, Chen L, Xu JY, Tao W

- Early diagnosis of Gitelman syndrome in a young child: A case report 2844 Wu CY. Tsai MH. Chen CC. Kao CH
- 2851 Congenital intestinal malrotation with gastric wall defects causing extensive gut necrosis and short gut syndrome: A case report Wang Y, Gu Y, Ma D, Guo WX, Zhang YF
- 2858 Delusional parasitosis as premotor symptom of parkinson's disease: A case report Oh M, Kim JW, Lee SM



Contor	World Journal of Clinical Cases	
Conten	Thrice Monthly Volume 10 Number 9 March 26, 2022	
2864	Laninamivir-induced ischemic enterocolitis: A case report <i>Suzuki C, Kenzaka T</i>	
2871	Intramural pregnancy after <i>in vitro</i> fertilization and embryo transfer: A case report <i>Xie QJ, Li X, Ni DY, Ji H, Zhao C, Ling XF</i>	
2878	Bilateral ureteral reimplantation in a patient with an intraperitoneal ectopic bipenis: A case report <i>Jia YT, Shi BL, Zhang J, Li YY, Zhu J</i>	
2883	Lumbar disc sequestration mimicking a tumor: Report of four cases and a literature review <i>Li ST, Zhang T, Shi XW, Liu H, Yang CW, Zhen P, Li SK</i>	
2895	Parasitic leiomyoma in the trocar site after laparoscopic myomectomy: A case report <i>Roh CK, Kwon HJ, Jung MJ</i>	
2901	Giant nontraumatic myositis ossificans in a child: A case report <i>Xia AN, Wang JS</i>	
2908	Paradoxical carbon dioxide embolism during laparoscopic hepatectomy without intracardiac shunt: A case report	
	Jeon S, Hong JM, Lee HJ, Kim Y, Kang H, Hwang BY, Lee D, Jung YH	
2916	Local hyperthermia combined with chemotherapy for the treatment of multiple recurrences of <i>undifferentiated pleomorphic sarcoma</i> : A case report	
	Zhou YT, Wang RY, Zhang Y, Li DY, Yu J	
2923	Acute coronary artery stent thrombosis caused by a spasm: A case report	
	Meng LP, Wang P, Peng F	
2931	Turner syndrome with primary myelofibrosis, cirrhosis and ovarian cystic mass: A case report	
	Xu LW, Su YZ, Tao HF	
2938	Esophageal myoepithelial carcinoma: Four case reports	
	Lu H, Zhao HP, Liu YY, Yu J, Wang R, Gao JB	
2948	Ipsilateral hemifacial microsomia with dextrocardia and pulmonary hypoplasia: A case report	
	Guo R, Chang SH, Wang BQ, Zhang QG	
2954	Upper gastrointestinal bleeding from a Mallory-Weiss tear associated with transesophageal echocardiography during successful cardiopulmonary resuscitation: A case report	
	Tang MM, Fang DF, Liu B	
2961	Malignant struma ovarii with papillary carcinoma combined with retroperitoneal lymph node metastasis: A case report	
	Xiao W, Zhou JR, Chen D	

Conton	World Journal of Clinical Cases
Conten	Thrice Monthly Volume 10 Number 9 March 26, 2022
2969	Occult colon cancer with sepsis as the primary manifestation identified by bone marrow puncture: A case report
	Wang HJ, Zhou CJ

#### Contents

Thrice Monthly Volume 10 Number 9 March 26, 2022

#### **ABOUT COVER**

Editorial Board Member of World Journal of Clinical Cases, Arunchai Chang, MD, Assistant Professor, Lecturer, Staff Physician, Division of Gastroenterology, Department of Internal Medicine, Hatyai Hospital, Hatyai 90110, Songkhla, Thailand. busmdcu58@gmail.com

#### **AIMS AND SCOPE**

The primary aim of World Journal of Clinical Cases (WJCC, World J Clin Cases) is to provide scholars and readers from various fields of clinical medicine with a platform to publish high-quality clinical research articles and communicate their research findings online.

WJCC mainly publishes articles reporting research results and findings obtained in the field of clinical medicine and covering a wide range of topics, including case control studies, retrospective cohort studies, retrospective studies, clinical trials studies, observational studies, prospective studies, randomized controlled trials, randomized clinical trials, systematic reviews, meta-analysis, and case reports.

#### **INDEXING/ABSTRACTING**

The WJCC is now indexed in Science Citation Index Expanded (also known as SciSearch®), Journal Citation Reports/Science Edition, Scopus, PubMed, and PubMed Central. The 2021 Edition of Journal Citation Reports® cites the 2020 impact factor (IF) for WJCC as 1.337; IF without journal self cites: 1.301; 5-year IF: 1.742; Journal Citation Indicator: 0.33; Ranking: 119 among 169 journals in medicine, general and internal; and Quartile category: Q3. The WJCC's CiteScore for 2020 is 0.8 and Scopus CiteScore rank 2020: General Medicine is 493/793.

#### **RESPONSIBLE EDITORS FOR THIS ISSUE**

Production Editor: Ying-Yi Yuan, Production Department Director: Xiang Li, Editorial Office Director: Jin-Lei Wang.

NAME OF JOURNAL	INSTRUCTIONS TO AUTHORS
World Journal of Clinical Cases	https://www.wjgnet.com/bpg/gerinfo/204
<b>ISSN</b>	GUIDELINES FOR ETHICS DOCUMENTS
ISSN 2307-8960 (online)	https://www.wjgnet.com/bpg/GerInfo/287
LAUNCH DATE	GUIDELINES FOR NON-NATIVE SPEAKERS OF ENGLISH
April 16, 2013	https://www.wjgnet.com/bpg/gerinfo/240
FREQUENCY	PUBLICATION ETHICS
Thrice Monthly	https://www.wjgnet.com/bpg/GerInfo/288
<b>EDITORS-IN-CHIEF</b> Bao-Gan Peng, Jerzy Tadeusz Chudek, George Kontogeorgos, Maurizio Serati, Ja Hyeon Ku	PUBLICATION MISCONDUCT https://www.wjgnet.com/bpg/gerinfo/208
EDITORIAL BOARD MEMBERS	ARTICLE PROCESSING CHARGE
https://www.wjgnet.com/2307-8960/editorialboard.htm	https://www.wjgnet.com/bpg/gerinfo/242
PUBLICATION DATE	STEPS FOR SUBMITTING MANUSCRIPTS
March 26, 2022	https://www.wjgnet.com/bpg/GerInfo/239
COPYRIGHT	ONLINE SUBMISSION
© 2022 Baishideng Publishing Group Inc	https://www.f6publishing.com

© 2022 Baishideng Publishing Group Inc. All rights reserved. 7041 Koll Center Parkway, Suite 160, Pleasanton, CA 94566, USA E-mail: bpgoffice@wjgnet.com https://www.wjgnet.com



W J C C World Journal C Clinical Cases

# World Journal of

Submit a Manuscript: https://www.f6publishing.com

World J Clin Cases 2022 March 26; 10(9): 2660-2677

DOI: 10.12998/wjcc.v10.i9.2660

ISSN 2307-8960 (online)

REVIEW

## Role of metabolites derived from gut microbiota in inflammatory bowel disease

Lie Zheng, Xin-Li Wen, Sheng-Lei Duan

Specialty type: Gastroenterology and hepatology

Provenance and peer review: Invited article; Externally peer reviewed.

Peer-review model: Single blind

#### Peer-review report's scientific quality classification

Grade A (Excellent): 0 Grade B (Very good): 0 Grade C (Good): C, C Grade D (Fair): 0 Grade E (Poor): 0

P-Reviewer: Rimondi A, Sassaki LY

Received: October 12, 2021 Peer-review started: October 12, 2021 First decision: December 3, 2021 Revised: December 12, 2021 Accepted: February 27, 2022 Article in press: February 27, 2022 Published online: March 26, 2022



Lie Zheng, Xin-Li Wen, Sheng-Lei Duan, Department of Gastroenterology, Shaanxi Hospital of Traditional Chinese Medicine, Xi'an 710003, Shaanxi Province, China

Corresponding author: Sheng-Lei Duan, MD, Department of Gastroenterology, Shaanxi Hospital of Traditional Chinese Medicine, No. 4 Xihuamen, Xi'an 710003, Shaanxi Province, China. 281930369@qq.com

#### Abstract

Over the past two decades, it is improved gut microbiota plays an important role in the health and disease pathogenesis. Metabolites, small molecules produced as intermediate or end products of microbial metabolism, is considered as one of the major interaction way for gut microbiota with the host. Bacterial metabolisms of dietary substrates, modification of host molecules or bacteria are the major source of metabolites. Signals from microbial metabolites affect immune maturation and homeostasis, host energy metabolism as well as mucosal integrity maintenance. Based on many researches, the composition and function of the microbiota can be changed, which is also seen in the metabolite profiles of patients with inflammatory bowel disease (IBD). Additionally, some specific classes of metabolites also can trigger IBD. In this paper, definition of the key classes of microbialderived metabolites which are changed in IBD, description of the pathophysiological basis of association and identification of the precision therapeutic modulation in the future are the major contents.

**Key Words:** Inflammatory bowel disease; Microbial metabolites; Short chain fatty acids; Bile acids; Tryptophan

©The Author(s) 2022. Published by Baishideng Publishing Group Inc. All rights reserved.



**Core Tip:** In the gastrointestinal tract of the human, a variety of microorganisms such as bacteria, fungi, viruses, archaea and protozoa are collected and considered as a community, containing a genome, suitable to the environment and the host. Microbiome, with wide functions, can ferment dietary fibres, defence pathogen, synthesize vitamin and promote immune maturation and metabolic homeostasis, which indicates microbiome is deeply integrated with human biology. However, because gut microbiota is associated with ancestral diet high in fibre, the dietary alteration resulted from western diet causes maladaptive change for this association, and products of microbial metabolism exist at a nexus between host and microbiome.

Citation: Zheng L, Wen XL, Duan SL. Role of metabolites derived from gut microbiota in inflammatory bowel disease. World J Clin Cases 2022; 10(9): 2660-2677 URL: https://www.wjgnet.com/2307-8960/full/v10/i9/2660.htm

DOI: https://dx.doi.org/10.12998/wjcc.v10.i9.2660

#### INTRODUCTION

In recent years, metabolomics based evaluation system has been used to search for biomarkers of inflammatory bowel disease (IBD) and explore its pathogenesis. It is becoming an important method of IBD research<sup>[1]</sup>. In the gastrointestinal tract of the human, a variety of microorganisms such as bacteria, fungi, viruses, archaea and protozoa are collected and considered as a community, containing a genome, suitable to the environment and the host<sup>[2]</sup>. Microbiome can ferment dietary fibres, defence pathogen, synthesize vitamin and promote immune maturation and metabolic homeostasis, which indicates microbiome is deeply integrated with human biology [3]. However, because gut microbiota is associated with ancestral diet high in fibre, the dietary alteration resulted from western diet causes maladaptive change for this association[4].

Researchers have begun to investigate the metabolites of IBD using metabonomics to explain the undetermined etiology and improve treatment outcomes [5]. In terms of diagnosis and evaluation, to date, there is no reliable laboratory test that can distinguish between the two subtypes of IBD, namely ulcerative colitis and Crohn's disease; Conventional inflammatory hematological indicators, such as platelet parameters, erythrocyte sedimentation rate (ESR), and C-reactive protein (CRP), can be used to judge the correlation with IBD inflammatory activity and predict treatment effect and prognosis[6]. However, such tests cannot screen IBD patients in a timely and effective manner. Therefore, new biomarkers for IBD are still being sought, and the emergence of metabolomics techniques can help better analyze and solve these key questions.

As an integral part of systems biology, metabolomics is a method of quantitative analysis of all metabolites in a living organism, imitating the research ideas of genomics and proteomics, and searching for the relative relationship between metabolites and physiological and pathological changes [7]. The research objects are mostly small molecules with a relative molecular weight of less than 1000.

Microbial metabolites are found in a variety of biological tissues such as faeces, urine, serum, and have diversized effects on these host physiology [8]. IBD patients can be classified based on the alterations in faecal, urinary and serum metabolomes, which shows a new mechanism and association is found[9]. Additionally, several metabolite classes become the key research, for finding the association with intestinal inflammation and IBD, such as bile acid erivatives [10]. It is noted that these may affect the host, and association is found among the host, dysbiotic microbiota and an altered metabolite milieu through the inflammation model involving diet, genetic risk and the microbiota[11].

A metabolome is a collection of metabolites in a cell, tissue, or organ, consisting of a series of molecules of different chemical types, such as peptides, carbohydrates, lipids, nucleic acids, and the catalytic products of foreign substances[12]. Metabolomics studies evaluate the effects of exogenous stimuli and explore their mechanisms by quantitatively analyzing the changes of endogenous metabolites in biological systems[13]. Complete metabolomics includes sample collection and preparation; Detection and identification of metabolites; Data analysis and modeling; To establish the relationship between temporal and spatial variation of metabolites and characteristics of organisms<sup>[14]</sup>. Metabonomics is the genomics, proteomics, transcriptome study after emerging "omics", metabonomics has the advantage of the medium and small molecular substances is the study of the biology to produce the final results and metabolism, while genome and proteome have a cumulative and compensation effect, they are effective tiny changes in metabolites is amplified, therefore, The identification of metabolites is easier and more accurate to reflect the state of biological system[15].

In this review, the characteristics description of gut metabolome, and the description of the integration of metabolomics with other data are involved[16]. Furthermore, untargeted researches of IBD, targeted metabolomics with the focus on short chain fatty acids (SCFAs), bile acids and tryptophan metabolism are included[17]. In final, small molecule discovery, diagnostic potential and therapeutic manipulation of the gut microbiome-metabolome axis as the future directions is dicussed[18].

#### CHARACTERIZATION OF THE GUT METABOLOME

Metabolites are comprehensive products of physiological processes, and metabolic phenotypes can reflect the organism's life state. Metabolomics technology reflects the body's response to physiological stimulation or gene modification through qualitative and quantitative analysis of real-time changes in endogenous substances[19]. Compared with other omics, it detects a relatively small number of substances, but amplifies small differences at the level of genes and proteins. At the same time, effectively reduce the interference of inactive genes and inactive proteins, higher accuracy. Therefore, metabolomics has developed rapidly in the last 20 years[20].

The human body is a super organism composed of host and microorganism. Intestinal flora participates in absorption, metabolism, immunity, defense and maintenance of intestinal stability[21]. However, for a long time, the important role of intestinal flora in maintaining human balance has been underestimated due to the large variety and number, complex interrelationship and lack of efficient and convenient analysis methods[22]. In addition to maintaining intestinal homeostasis through self-formation of mucosal barrier and multi-signaling pathway regulation, co-metabolites of host and intestinal flora are also a major regulation mode. Intestinal flora participates in host metabolism, producing a large number of small molecules and hormones, and metabolites enter the host body to participate in body circulation and affect host homeostasis[23]. For example, flagellin and lip-polysac-charide produced by intestinal flora is both metabolic participant and regulator[24]. Changes in metabolites can also predict abnormalities in the gut microbiota, For example, the increase of organic acid content in urine suggests that *Clostridium difficile, Faecalibacterium prausnitzii* and *Bifidobacterium SPP., Subdoligranulum SPP.*, and *Lactobacillus SPP*[25].

For metabolomics, there are several analytical techniques and platforms on the basis of mass spectrometry [26]. Metabolomics research strategies can be pursued in either targeted or untargeted ways. Targeted metabolomics accurately quantifies a group of known metabolites, whereas untargeted approaches cover as many metabolites as possible[27].

Metabolomics has the advantages of high throughput, high accuracy and high sensitivity, which can detect the changes of small molecule metabolites produced by the body in the dynamic process of metabolism qualitatively or quantitatively[28]. The analysis process of metabonomics includes three parts: sample preparation, data collection and data analysis and interpretation[29]. The samples for metabonomics analysis are mainly biological specimens, which are commonly used in urine, blood, saliva, feces extract, and local pathological tissues such as colon tissue. The metabolites in the samples are usually 1H-NMR and gas chromatography[30].

Gas chromatography-mass spectrometry and liquid chromatography-mass spectrometry (LIQUID chromatography-mass spectrometry) Lc-ms) and other methods. Bioinformatics platform is used for data processing for data analysis and interpretation, and principal Component analysis (PCA) is the most commonly used method[31]. PCA and Partial least squares discriminant analysis (PLS-DA). Since the 1990s. Since the emergence of the late Era, metabolomics has been widely used in the study of drug toxicity and mechanism, microbial and plant metabolomics, nutrition science and disease diagnosis and other fields[32].

Notably, attention should be taken to the untargeted metabolomics, though this method is a promising method to discover program[33]. Firstly, no universal method exists in sample preprocessing and extraction, particular methods in allusion to particular families of metabolites[34]. As a result, several methods can be combined. Consequently, considering different sample matrix and molecules, extraction methods show different efficacy so that it is difficult to obtain precise quantification. Secondly, there are various pitfalls when spectral data from mass spectrometry experiments are converted into to chemically annotated compounds[35]. According to different levels of evidences, various compounds are still classified as unknowns[36]. To understand them, it requires manual expertise and computational algorithms. Thirdly, it is not enough to take databases such as Metlin as the references, because it only contains a small fraction of compounds[37]. Based on estimation, higher than 90% of spectral features in a microbiome study is not known. But, according to a recent study, a molecular class can be assigned from Human Metabolome Database based on 43% of metabolite features[38]. Additionally, it is a great challenge to annotate the unknown compound. Finally, various intermediate- or low-concentration compounds or proximally produced ones in the intestine, can not be well represented in the faecal metabolome<sup>[39]</sup>. Consequently, special requirements in the sample collection and standardization, annotation and data integration at a systematic biology level as well as careful design are needed when integrating discovery projects that incorporate untargeted metabolomics with other omics technologies[40].

However, targeted metabolomics own several strongpoints in extraction, known internal standards and more precise absolute quantification, even though it is limited to spectrum[41].

Raishideng® WJCC | https://www.wjgnet.com

#### UNTARGRTED METABOLOMICS IN IBD

A large number of untargeted faecal metabolomic researches among the patients with IBD are published [42]. Though these researches involve different groups, including adults and children, and different subtypes and using different metabolomics approaches, some common themes are considered[43]. metabolomics can be used to classify the groups who are healthy and with IBD[44]. However, metabolomics is not an ideal approach to discriminate Crohn's disease and ulcerative colitis.

From metabolite group, the description of dysregulation of bile acid metabolism, changes in the levels of amino acids, sphingolipids, polyaminesand reductions in levels of medium-chain fatty acids and SCFAs is consistent in faecal samples<sup>[45]</sup>. At the same time, variation in the metabolome is associated with the variation of microbiome between the healthy subjects and patients groups<sup>[46]</sup>.

Bile acids can be divided into primary bile acids and secondary bile acids according to their sources, and free bile acids and conjugated bile acids according to their structural types [47]. Primary bile acids are produced in the liver and bind to taurine or glycine to form the corresponding conjugated bile acids, which are then released into the gallbladder by bile Salt export Pump for storage and further concentration[48]. After eating, bile acids are released into the duodenum, facilitating emulsification and absorption of lipids in the small intestine. At the terminal ileum, about 95% of the bile acids are reabsorbed and returned to the liver *via* the portal vein[49]. The cycle in which bile acids are secreted from the liver to the intestine, reabsorbed in the ileum, and then returned to the liver *via* the portal vein is called hepatoenteric circulation. 400-800 mg of unabsorbed bile acids enter the colon daily for further dissociation, hydroxylation, differential isomerization, and dehydroxylation, and the enzymes catalyzing these reactions are mostly produced by intestinal microorganisms<sup>[50]</sup>. The biliary saline hydrolysates involved in bile acid dissociation are mainly produced by Bacteroides, Clostridium, Lactobacillus, Bifidobacterium and Listeria. Dehydrogenase or heteroisomerase involved in Bile acids oxidation or heteroisomerase reaction are mainly Bacteroides, Eubacterium, Clostridium, Escherichia, Eggerthella., Peptostreptococcus and Ruminococcus[51]. A series of reactions of bile acids in colon play an important role in maintaining the diversity and dynamic balance of bile acid pools. It is worth noting that bile acids can also affect the composition of intestinal microorganisms through bacteriostasis while intestinal microorganisms produce enzymes catalyzing the metabolism of bile acids[52].

The pathogenesis of IBD is not completely clear, genetic factors and environmental factors are important factors leading to mucosal immune response disorders. With the development of metabolomics, the researchers observed significant changes in a variety of metabolites in IBD patients compared with healthy subjects, such as fecal amino acids, bile acids, sphinomyelic acid, medium chain fatty acids, short chain fatty acids, and polyamines[53]. The change of intestinal bile acid profile is closely related to the development of IBD. A study involving 155 patients with IBD and 65 healthy controls showed that more than 2700 metabolites differed between patients with IBD and healthy people[54]. The metabolites of IBD patients were mainly manifested as sphenolipids and bile acids, while the bile acids enriched in feces of IBD patients were mainly conjugated bile acids and sulphated bile acids, while the content of secondary bile acids decreased. The analysis of serum bile acid content in patients with IBD showed that the serum bile acid metabolism was disorder, especially the secondary bile acid content in patients with active stage was significantly reduced[55].

The diversity of intestinal bile acids is closely related to intestinal microbes. Although the causal relationship between intestinal flora and IBD is still unclear, the disorder of bile acid metabolism in IBD patients is often accompanied by changes in intestinal microbial composition[56]. The diversity of intestinal flora in IBD patients decreased, and the composition ratio of intestinal flora also changed, which was mainly manifested as the decreased abundance of *Firmicutes*[57]. The proportion of Clostridia changed significantly, the abundance of *Roseburia* and *Faecalibacterium* decreased, while that of *Ruminococcus gnavus* increased. The ratio of *Faecalibacterium prausntizii* and *Escherichia coli* decreased. In turn, increased bile acid content in the gut promotes the growth of biliary tolerant bacteria such as Bilophila Wadsworthi and promotes TH1-mediated mucosal immune response[58].

Untargeted metabolomics researches are also carried out among the human biological samples, involving urine, serum and/or plasma and intestinal biopsy samples[59]. Compared with control group, the level of urinary mammalian-microbial co-metabolite hippurate is reduced, and tricarboxylic acid cycle intermediates and amino acid metabolism in IBD group are altered[60]. Generally, it is possible to distinguish the healthy subjects and the controlled ones, even though it is not completely clear to know the differences between metabolomes of patients with Crohn's disease and those with ulcerative colitis[61].

The new research results involve loss of secondary bile acids, vitamins B3 and B5 and SCFAs, and expansion of acylcarnitines and polyunsaturated fatty acids[62]. But, it is found that the result is associated with dysbiotic subset of samples. This dysbiotic subset was defined as being outside the ninetieth percentile of the healthy cohort, and 'excursions' into this state were weakly correlated with inflammatory activity[63]. This indicates that multimodal functional assessment is important in explaining the longitudinal relationship, with a higher understanding than a single classification[64]. The study on the mechanism in the future can answer the question of clinical relevance involving the determination of biomarkers of treatment response and disease course[65].

#### TARGETED METABOLOMICS IN IBD

#### Biles acids

Bile acids is synthesized from cholesterol by the liver in a multi-enzyme process, involving two products[66]. These primary bile acids exhibit amphipathic properties, which are beneficial for the lipid digestion and absorption in the small intestine[67]. When reaching the distal ileum, 95% of them are reabsorbed, and the rest is recycled and replaced, which are controlled by fibroblast growth factor[68]. Bile acids not only can regulate own synthesis, but also can exert many metabolic and immune effects through binding a series of receptors such as farnesoid X receptor (FXR), TGR5 as well as constitutive androstane receptor<sup>[69]</sup>. TGR5 is beneficial for improving insulin sensitivity, reduce energy expenditure in muscle and brown adipose tissue, and relax the gallbladder[70]. TGR5 also reduces Kupffer cell response to lipopolysaccharide by nuclear factor-KB inhibition and release of IL-1, IL-6 and tumor necrosis factor (TNF) from peripheral blood monocytes in humans. Activation of FXR has diverse effects on host metabolism[71].

Hepatic bile acid synthesis is regulated by the FXR-FGF15/19 signaling pathway. Activation of this signaling pathway reduces the expression of enzymes related to hepatic bile acid synthesis and reduces bile acid synthesis<sup>[72]</sup>. It has been found that reduced FGF19 levels in Crohn's disease (CD) patients lead to reduced activation of FXR, which inhibits the FXR-FGF15/19 pathway and leads to increased bile acid synthesis in the liver, leading to the development of intestinal inflammation[73]. Therefore, compared with the normal population, the enterohepatic circulation is blocked in IBD patients, and the activation of signal pathways that negatively regulate the synthesis of intrahepatic bile acids is reduced, leading to an increase in the total amount of bile acids in the intestinal lumen, which is also one of the causes of intestinal inflammation[73].

Restoration of bile acid pools was found to increase colon RORy Treg cell numbers and improve host susceptibility to inflammatory colitis through bile acid nuclear receptors[74]. Recent studies have shown that ursodeoxycholic acid, as a candidate drug for nonalcoholic fatty liver disease[75], can improve intestinal barrier function, reduce intestinal inflammation, and regulate intestinal microbiota composition. Ursodeoxycholic acid and its metabolite, shicholic acid, can reduce the severity of intestinal inflammation and inhibit the expression of mucosal cytokines in a DSS-induced mouse model of colitis[76]. It has also been found that ursodeoxycholic acid and shicholic acid can inhibit the cleavage of caspase-3, a protease related to colon epithelial apoptosis<sup>[77]</sup>. Therefore, ursodeoxycholic acid may improve intestinal inflammation by inhibiting the apoptosis of epithelial cells. However, long-term high dose (28-30 mg/kg/d) ursodeoxycholic acid exposure is not protective for Ulcerative colitis (UC) patients and may increase the risk of colorectal cancer<sup>[78]</sup>. The role of ursodeoxycholic acid in the treatment of IBD is still controversial and has not been confirmed by strong clinical evidence, so further studies are needed.

Although some reports suggest that secondary bile acids such as deoxycholic acid and shicholic acid may be cytotoxic molecules that cause oxidative stress, membrane damage, interference with DNA repair, mucosal inflammation and colon cancer[79], some studies have found that Clostridium hiranonis promotes the production of secondary bile acids[80]. Relieves DSS-induced colitis because secondary bile acids at physiological concentrations inhibit the growth of *E. coli* and *B. perfringens in vitro*[81]. Clostridium scindens may also be involved in the induction of CD relief in children by producing secondary bile acids. Therefore, secondary bile acids may be a promising therapeutic agent for IBD and deserve further study[82].

#### MICROBIALLY TRANSFORMED BILE ACIDS IN IBD

The pathogenesis of IBD is related to genetics, environment, intestinal microecology and immunity, but the specific biological mechanism is still unclear. As an important part of intestinal microecology, intestinal flora can directly affect intestinal environmental homeostasis and participate in bile acid metabolism, while the abnormal bile acid metabolism also affects the quality and quantity of intestinal flora, and both of them are involved in the occurrence and development of intestinal inflammation[83].

For IBD patients, due to bile acid malabsorption and the inherently bidirectional nature of such interaction, it is not easy to observe the effect of dysbiosis on bile acid dysmetabolism[84]. Some researchers including Devkota carry out a ground-breaking study find that the propotion of taurineconjugated bile acids in the mice with the diet high in milk-derived fat is higher than that in the ones with low-fat diet, which leads to the bloom of B. wadsworthia[85]. Due to the development of colitis, the change happens on IL10<sup>-/-</sup> mice, which indicates that western diet, altered host metabolites, dysbiosis are associated with inflammation in the genetically susceptible host[86].

Recent studies have found that bile acids are a powerful driver of intestinal microbiota maturation in newborns[87]. The effects of bile acids on intestinal flora are bidirectional, promoting the growth of bacteria dependent on bile acid metabolism on the one hand, and inhibiting the growth of bacteria sensitive to bile on the other hand[88]. Bile acids have a direct lactating effect on bacterial cell membranes and can also play an antibacterial role by activating the synthesis of antimicrobial



substances mediated by FXR[89]. FXR is expressed in liver, intestine, fat, vascular wall, pancreas, kidney and other tissues[90]. Activation of intestinal FXR can induce the encoding of antimicrobial target genes including angiogenin, carbonic anhydrase 12 and inducible nitric oxide synthase, thus exerting antibacterial effect[91]. In the process of deoxycholic acid induced intestinal inflammation, the diversity of intestinal flora decreased significantly [92]. At the level of bacteroidetes, the proportion of Firmicutes increased while the proportion of Bacteroidetes decreased. At the genus level, the proportion of Bacteroidetes increased, while the proportion of Clostridium XIVA decreased, indicating that high concentration of deoxycholic acid could aggravate the imbalance of intestinal flora [93].

Additionally, using synthetic agonist to directly stimulating FXR shows anti-inflammatory effect, and shows protection function in chemically induced colitis, but susceptibility to chemical injury is increased as the result of FXR-/- mice exhibit [94]. It should be noted that if microbial bile acid metabolizing genes is lost, the cell subtype in vivo may be reduced [95].

Repeated exposure of intestinal epithelial cells to high concentrations of bile acids is an important risk factor for IBD, and IBD patients have high levels of deoxycholic acid in the intestine[96]. In rats with colitis induced by Trinitrobenzenesulfonic acid (TNBS), apical sodium-dependent bile acid transporter (ASBT) expression decreased [97]. In IBD patients, ileal inflammation blocks hepatoenteric circulation of bile acids, leading to reduced ileal reabsorption, which may be due to inhibition of ASBT promoter expression by inflammatory cytokines, thus increasing fecal bile acids[98].

In recent years, intestinal flora has been regarded as an "endocrine organ" that regulates host physiological functions by producing metabolites such as bile acids and short-chain fatty acids. Bile acid metabolism mainly occurs in hepatocytes and intestinal flora[99].

Animal studies have shown that deoxycholic acid reduces intestinal abundance of Clostridium, a species that produces bile acid hydrolases that convert Tauro-Muricholic acid into cholic acid[100]. The decrease of this genus resulted in the accumulation of taurocholic acid, which is an FXR antagonist and inhibits the FXR-mediated signaling pathway[101]. FXR interacts with downstream fibroblast growth factor15/19 (FGF15/19) to regulate bile acid metabolism through the enterohepatic signaling pathway [102]. Once FXR and FGF15/19 signal pathways are interfered, the intestinal liver circulation of bile acids in the body is disturbed, resulting in increased bile acid levels in the intestinal lumen. High concentration of bile acids can promote the occurrence of gastrointestinal inflammation by damaging the DNA of intestinal cells[103].

In many studies, the altered faecal bile acid in IBD is described repeatedly. Considering potential confounders, Ganesan et al[104] perform a study and focus on the patients with isolated colonic IBD. Recent studies have shown that deoxycholic acid mediates intestinal ecological imbalance, damages the intestinal mucosal barrier, and ultimately leads to intestinal inflammation. The disturbance of intestinal microbiome - bile acid dialogue can damage intestinal barrier function and activate inflammatory signaling pathway, leading to the occurrence and development of intestinal inflammation[105].

#### TRYPTOPHAN

Through eating poultry, fish and dairy foods, the humans obtain tryptophan. This is an essential, aromatic amino acid and the precursor for the synthesis of several important bioactive molecules. Tryptophan metabolism is mainly produced in the gastrointestinal tract[106]. Amino acids play an important role in keeping your gut healthy. Tryptophan is an essential amino acid associated with autoimmune, and its metabolic pathway is related to the pathogenesis of inflammatory bowel disease [107].

Dietary tryptophan can be metabolized by intestinal flora into a series of indole-metabolites, such as indole-acetic acid, indole-3-acetaldehyde, indole-3-aldehydes, indole-acrylics, and indole-3-propionic acid, which act as ligands for aromatic hydrocarbon receptors, which have been implicated in the pathogenesis of IBD[108]. Indoles, indoles propionic acid and indoles acrylic acid may reduce intestinal permeability and affect mucosal homeostasis by binding progesterone X receptor. Indoleformaldehyde can activate aromatic hydrocarbon receptors on intestinal immune cells and increase IL-22 production. Indole derivatives bind to aromatic hydrocarbon receptors to produce IL-10, so oral indole-3-propionic acid protects mice from DSS-induced colitis[108]. Therefore, the disorder of intestinal flora can destroy immune regulation through its metabolites and promote the progress of intestinal inflammation.

Dietary tryptophan follows one of three main routes, and the majority is metabolized in the kynurenine pathway. and its rate-limiting enzymes include indoleamine 2,3-dioxygenase 1 in mucosal and immune cells and tryptophan 2,3-dioxygenase in the liver[109]. Serotonin pathway is considered as the second major host route, of which, the rate-limiting enzyme tryptophan hydroxylase 1 in enterochromaffin cell plays a controlled role. In final, tryptophan can be metabolized by the gut microbiota into a range of indole metabolites[110]. It is important that microbiota and microbial metabolite also play a regulation role for both host tryptophan pathways[111].

In allusion to metabolites from gut microbiome,GLP1 is released due to the stimulation of indole, but indole derivatives can act as agonists for AhR.Diet-derived AhR agonists has a great effect on maintaining the microbial load and composition and immune tolerance in the proximal small intestine

[112]. On contrary, in the distal small intestine and colon, microbiotaderived AhR agonists has a great effect. Existing researches show that limited mount of bacteria can produce AhR agonists, whereas when C. sporogenes is produced, which triggers IPA. Its production is associated with fldAIBC phenyllactate gene cluster, beneficial for maintaining barrier function and inhibiting mucosal TNF production [113].

#### **TRYPTOPHAN METABOLISM**

A study involving 535 patients with IBD shows that tryptophan metabolism is increased, and disease activity is inversely correlated with tryptophan levels [114]. Based on this analysis, it is suggested metabolism is increased through kynurenine pathway<sup>[115]</sup>. The result is also observed in the previous studies. Previous studies have reported that the expression of AhR in inflamed mucosal samples from patients with Crohn's disease is decreased, and lack of dietary tryptophan has the association with worsening colitis in mouse models[116].

Tryptophan is one of the eight essential amino acids in the human body. When tryptophan is ingested, it enters different metabolic pathways, including protein anabolism and tryptophan catabolism[117]. The tryptophan catabolism pathway includes: 5-ht pathway (about 95%), canisurine pathway (about 1%-2%), and bacterial decomposition pathway [118]. These pathways work together to maintain the balance of the body's environment and keep the body healthy. At the same time, as a drug, tryptophan is widely used in the treatment of many diseases[119]. For example, tryptophan supplementation can reduce mood swings and irritability in women with premenstrual syndrome, improve sleep quality in patients with sleep disorders, treat depression, and may be used as an adjunct therapy for smokers to quit smoking. Recent studies have confirmed that the metabolic pathway of tryptophan regulates gastrointestinal function[120], and changes in tryptophan metabolism can lead to gastrointestinal dysfunction and disease, such as inflammatory bowel disease, irritable bowel syndrome, celiac disease and diverticulitis. In previous studies, tryptophan levels in UC patients were significantly lower than those in healthy volunteers. The same results were seen in UC animal models. However, the researchers did not make a strict distinction between the active stage and the remission stage[121]. By comparing the differences of tryptophan in different periods of UC patients (active stage, remission stage) and healthy volunteers, this study further demonstrated that tryptophan plays a key role in the occurrence and development of UC[122]. In the experiment, we also found that serum tryptophan level was negatively correlated with inflammatory markers ESR and CRP in active UC patients (P < 0.05). Based on the changes of serum tryptophan in active and remission stages of UC, as well as the correlation between serum tryptophan level in active stage and inflammatory markers, serum tryptophan level in patients with UC may have important significance for monitoring the activity of UC. This also fully demonstrates the value of tryptophan in UC research[123].

Additionally, researchers carry out a research to examine the effect of mucinutilizing bacteria, and confirm that commensal *P. russellii* plays a role in reducing the susceptibility to colitis by metabolizing tryptophan to IA, through which, goblet cell differentiation is improved and inflammatory signal is reduced[124]. The same pathway occurs for IA in *P. russellii*. A novel finding that fldAIBC phenyllactate gene cluster was also identified in *P. russellii* is described. This is a new finding, making a link between a bacterium with mucin- and tryptophan-metabolizing abilities to improved epithelial integrity, so that the researchers can know the decrease in phenyllactate gene cluster in ulcerative colitis in the condition of metagenomics study involving IBD and non-IBD control individuals[125].

Intestinal flora involved in tryptophan metabolism is also an important signal pathway to regulate the immune system. It has been confirmed that tryptophan metabolism is weakened in the absence of intestinal bacteria, which is manifested as increased tryptophan content and decreased active metabolites. Intestinal tryptophan metabolites can regulate the activity of Aryl hydrocarbon receptor (AhR) in immune cells, which is a key factor to maintain immune balance[126]. Ah R can effectively balance T regulatory cells and Th17. Indole is a product of tryptophan expressed by enterobacteriaceae tryptophan enzyme, which can protect the integrity of intestinal bacterial membrane, reduce the adhesion of pathogenic bacteria, promote the production of anti-inflammatory factor interleukin-10, and reduce the production of inflammatory factors. Indole-3-propionic acid (INdole-3-propionic acid) is a product of indoles under the action of intestinal flora, and its production requires the participation of Clostridium sporogenes. Indole-3-propionic acid can inhibit inflammatory signals through progesterone X receptors and improve the integrity of the intestinal barrier[127].

#### SCFAs

SCFAs is a kind of beneficial metabolite and derived from microbiota-accessible carbohydrates[128]. After microbial fermentation, acetate, propionate and butyrate are produced, also other gases such as gases methane and hydrogen sulfide are included [129]. Different diets affect the proportions 50%-70% for acetate, 10%-20% for propionate and the biggest for butyrate. In allusion to dietary intervention, if the humans take more animal-based diets, the protein fermentation is rapidly changed and dysbiosis is caused[130].



SCFAs are organic fatty acids composed of one to six carbon atoms. The main production site of SCFAs is the colon. SCFAs are mostly produced by the enzymatic hydrolysis of carbohydrates in undigested and absorbed food residues by anaerobic bacteria in the colon, mainly including acetic acid, propionic acid and butyric acid, with a concentration of about 20-140 in the colon The type and quantity of mmol/L. sccfAs were mainly determined by the composition of intestinal flora, digestion time, hostmicrobial metabolic flux and fiber content in host food[131]. SCFAs produced by fermentation participate in the metabolism of different organs in human body and play different functions. Acetic acid produced by bacterial fermentation can be absorbed and utilized by the host and is an important source of host energy, providing about 10% of the total daily energy of the human body. After absorbed by blood, propionic acid catabolizes in the liver, participating in the process of pyruvate reversal into glucose, and may inhibit the synthesis of fat; Butyric acid is mainly used by epithelial cells and is the main energy source of epithelial cells[132].

Notably, it is observed typical dysbiosis in IBD is correlated with the lost bacterial species, which is consistent with the general result that faecal SCFA level is reduced in the metabolomics studies of human IBD[133]. If the section of colon is surgically failed, diversion colitis is caused and can be treated with SCFA enemas. Butyrate by enema is effective to treat ulcerative colitis to a certain degree, and butyrate-producing dietary fibre additives may be beneficial for the maintenance of remission[134].

#### SCFAs and IBD

If the butyrate-producing species in IBD patients is lost, it is observed that butyrate oxidation is impaired. On the basis off some researches, among the patients with IBD, the level of faecal SCFAs is reduced at different degrees[135]. This result is consistent with the research on the quantitative PCR targeting the butyryl-CoA: Acetate-CoA-transferase gene[136]. While the result for active ulcerative colitis and Crohn's disease indicates that the intermediate molecule lactate is increased [137]. But, due to the fact that only approximately 5% of SCFAs remain in faeces, there is no significant difference in the alterations in transit, absorption and utilization between the controlled subjects and healthy ones[138]. As a result, to know that anti-inflammatory associations with butyrateproducing bacteria may be caused by other mechanisms is also beneficial for the further study [139].

SCFAs are endogenous substances that have been widely studied for the correlation between IBD metabolomics and intestinal flora. SCFAs are products of indigestible carbohydrates under the action of Clostridium plusseri, Rothberry, Eubacterium and Bifidobacteria, mainly including acetic acid, propionic acid, butyric acid and isobutyric acid [140]. The content of SCFAs in feces can reflect the status of intestinal flora. It has been reported that the fecal butyric acid, isobutyric acid and acetic acid in patients with active IBD decreased significantly, and the contents of Clostridium coccoides, Clostridium leptum, Clostridium pralei and R.i. Ntestinalis decreased. Correlation analysis showed that butyric-producing bacteria Clostridium plerii and enterorothburiae were positively correlated with butyric acid, isobutyric acid and acetic acid, while abnormal enterobacteria tended to be normal during remission[141]. Therefore, this study suggested that the decrease of SCFAs content caused by intestinal flora disturbance was related to the incidence of IBD. The abnormal metabolism of butyric acid, which is the energy source of colon epithelial cells, and acetic acid, which is involved in adipogenesis and gluconeogenesis, suggests that inflammation leads to disturbance of intestinal energy metabolism. Acetic acid and butyric acid exert anti-inflammatory effects by activating G protein receptor 41 (GPR41) and GPR43 and inhibiting histone deacetylases. Regulating intestinal production of short-chain fatty acids has become a new target for the treatment of IBD[142].

According to a mouse study, the association between the low level and dietary fibre and susceptibility to dextran sulfate sodium (DSS)-induced colitis is constructed, in which, diet-derived SCFAs plays an important role[143]. Based on the result of DSS model, if the fatty acid receptor GPR43 in mice is lost, refractory colitis is triggered [144]. The same finding is seen in the constituents of the gut microbiota[145]. It is indicated that overactivation of the NLRP1A receptor in mice leads to loss of butyrate-producing Clostridiales, with increased IL-18 and IFNy production [146]. In final, it is observed the gene expression of NLRP1 in inflamed regions of the distal colon in patients with ulcerative colitis is increased, and a majority of bacterial operational taxonomic units were of the order Clostridiales, which is consist with the mechanistic observation in a human cohort[147] (Figure 1).

#### OTHER ASSOCIATED METABOLITES

Fatty acids showed significant changes in faeces of UC patients, including a significant decrease in short chain fatty acids (SCFA, such as acetic acid, propionic acid and butyric acid) and medium chain fatty acids (valeric acid, hexanoic acid, heptanic acid, captanic acid and nonanoic acid)[148]. Fatty acids participate in energy supply through  $\beta$  -oxidation, and butyric acid oxidation can provide 60% energy for colon cells, again suggesting abnormal energy metabolism in UC state. SCFA plays an anti-inflammatory role through tumor necrosis factor  $\alpha$  and NF- $\kappa$ B pathways and the activation of GPR41 and GPR43. The decrease of SCFA induced by inflammation can make inflammation persist. Medium chain fatty acids activate peroxisome proliferators to activate receptors for anti-inflammatory effects[149].



Zheng L et al. Role of gut microbiota-derived metabolites in IBD



DOI: 10.12998/wjcc.v10.i9.2660 Copyright ©The Author(s) 2022

Figure 1 The cycle of circular causality in inflammatory bowel disease. FMT: Fecal microbiota transplantation; SCFAs: Short chain fatty acids.

Methylamine, trimethylamine, and trimethylamine oxide are products of choline action by gastrointestinal flora, and their reduction indicates that choline metabolism is disturbed [150]. Choline is an important component of cell membrane and the key to maintaining cell membrane integrity. Choline increases in feces of UC patients, while glycerophosphoryl choline decreases as a choline metabolite, indicating that the integrity of intestinal cell membrane changes in UC patients and inflammation may lead to intestinal mucosal damage<sup>[151]</sup>. Low density lipoprotein (LDL) and very low densit lipoprotein (VLDL) are products of fat metabolism in the liver. The decrease in serum levels of both is caused by inflammation that increases the activity of phospholipase A2, promotes the hydrolysis of phospholipids in LDL and VLDL, and inhibits the expression of lipase that hydrolyzes triglycerides[152].

Succinate metabolism in IBD is a promising direction. Succinate is the intermediate of host cells and the microbiota. In the host, succinate acts as an important pro-inflammatory signal and has been shown to be a key mediator, via IL-1 $\beta$ , of macrophage response to lipopolysaccharide [153]. For the patients with Crohn's disease, the level of succinate in the serum is increased, and increased result is obtained for the expression of the SUCNR1, Sucnr1-/- mice are protected against fibrosis and 2,4,6-trinitrobenzene sulfonic acid-induced colitis<sup>[154]</sup>. On contrary, the level of urinary succinate among the IBD patients is decreased, lower than that of the controlled subjects [155]. The level of faecal succinate in the patients with ulcerative colitis and Crohn's disease is higher than that in the subjects with no IBD and in DSSinduced colitis at the peak period of weight loss[156]. It is analyzed from the perspective of microbiota that succinate-utilizing Phascolarctobacterium is less abundant in both ulcerative colitis and Crohn's disease than in healthy subjects. Some researchers make efforts to find the effect of important metabolite and the role of gut microbiota[157].

#### **FUTURE DIRECTIONS**

#### Small-molecule discovery

The family involving G protein-coupled receptor (GPCR) ligands, N-acyl amides, is identified[158]. These are encoded by the microbiota and that are agonists to receptors that have important implications for gastrointestinal and metabolic physiology, such as the endocannabinoid receptor GPR119[159]. A study carried out by Settanni et al[160] uses bioinformatics mining to identify biologically conserved gene clusters in metagenomes by the computational and synthetic biology pipeline.

Using another different 'chemistry forward' method and relying on a high-throughput GPCR reporter platform, human gut microbiota is derived from 11 patients with IBD, aiming to identify relevant metabolites. This study not only identify the activation of GPCRs in a wide range based on the constituents analysis of the human gut microbiota, but also identify Morganella morganii converted the aromatic amino acid l-phenylalanine into phenethylamine, and the clear in vivo association between M. morganiiproduced and Lactobacillus reuteri-produced histamine and colonic transit time[161]. By relying on Human Microbiome Project dataset, these research results are obtained based on the deep mining of metagenomic assemblies, so as to determine the increase level of histidine decarboxylase genes in the



patients with Crohn's disease[162]. Using these methods, information as well as techniques from different sources to examine the microbiota for novel compounds, it is of great significance to identify bioactive molecules relevant to IBD[162].

#### THERAPEUTIC OPTIONS

Next-generation probiotics. Studies have shown that dysbiosis has the association with disease, which motivate the researchers to perform combined therapy involving the host process and microbiome[163]. Intestinal probiotics Akkermansia Muciniphila can induce homeostasis IgG production and antigenspecific T cell response in mice, regulate immune homeostasis, and improve the symptoms of DSS induced colitis in mice.

A recent study found that a hydrolyzed protein diet alleviates DSS-induced colitis by regulating the imbalance of intestinal flora and increasing the production of secondary bile acids by Clostridium hiranonis[164]. Other studies found that exogenous fucose can significantly reduce the inflammatory response of DSS colitis mice, and it was found that after the administration of fucose, the imbalance of intestinal flora was improved, so as to restore the normal synthesis of bile acid pools in the body and liver, and then reduce the colitis of mice.

However, potential next-generation probiotics (NGPs) invove commensals in the gut of adults, so researchers pay more attention to its metabolite production. Candidate NGPs, according to the identification of its role in specific condition based on the analysis of gut microbiome, is featured with fastidiousness, or extreme sensitiveness of oxygen[165]. As a result, how to isolate, cultivate characterize and formulate them is of a great challenge. It is possible for NGPs and other similar products performed with evaluation under the regulation of LBPs, so that investigation for the new drug procedures based on FDA152 is required [165].

In the previous studies, the potential of targeted microbiome-metabolite therapeutics in the form of the colonization resistance is found [162]. Some studies show C. difficile spore germination receptor binds to the primary bile acid CA derivatives and is inhibited by the secondary bile acid deoxycholic acid (DCA). When C. scindens to mice at risk of Clostridium difficile infection (CDI) is administrated, the resistance to CDI is improved[162].

#### Faecal microbiota transplantation

It is interesting that bile acid profiles show marked alteration in CDI and restored after successful fecal microbiota transplantation (FMT) which is effective in treating recurred CDI[158]. some studies demonstrate that FMT is effective in reducing the remission in ulcerative colitis. Fecal microbiota transplantation is the transplantation of faecal flora from a healthy donor into the gastrointestinal tract of a patient and can correct IBD-related intestinal flora disorders. Some scholars have found that fecal bacteria transplantation may be a safe and effective method for the treatment of refractory CD. Six weeks after receiving fecal bacteria transplantation, the severity index of Crohn's disease under endoscopy decreased significantly with CD, and the level of C-reactive protein also decreased significantly compared with the control group[162]. Patients who were in remission after fecal bacteria transplantation had more Eubacterium Hallii and Roseburia Inulivorans in their faeces and colon, which increased short-chain fatty acid biosynthesis and secondary bile acid levels. Specific bacterial and metabolic pathways in fecal bacteria transplantation are involved in inducing remission, and these findings may be of great reference value for the design of microbial therapies for IBD. The sample size may also affect the experimental results. Therefore, whether fecal transplantation is effective in alleviating symptoms of IBD patients needs to be verified by clinical studies with larger samples.

#### Metabolites

LBPs is a partially attractive due to its ability in getting high concentration of metabolites in the intestine, so oral metabolites or their precursors may be a great challenge in pharmacology [154]. At present, a placebo-controlled, crossover trial in allusion to tryptophan metabolites is undergoing, aiming to determine the efficiency of oral 5-hydroxytryptophan administration on fatigue among the patients with IBD[165]. For diabetes, niacin is delivered to the gut microbiota by microcapsules, which indicates that the level of gut Bacteroidetes is increased, and the marker of insulin resistance in healthy control volunteers is improved. This is an interesting finding, which demonstrates some preclinical and clinical promise is effective in treating ulcerative colitis.

#### CONCLUSION

Based on analysis involving technology, observational data and experimental insight, it is illuminated that microbial metabolites is beneficial for the pathogenesis of IBD. With the change of lifestyle and dietary pattern, the incidence of IBD is increasing year by year. High-fat diet changes the intestinal



microecological homeostasis and also affects the metabolism of bile acids in the body, so that the role of the dialogue mechanism between intestinal flora and bile acids in gastrointestinal diseases has attracted more and more attention. In conclusion, existing studies have shown that intestinal flora imbalance or bile acid metabolism disorder caused by various external factors can make intestinal flora, bile acid metabolism and IBD form a vicious circle of mutual influence. For the prevention and treatment of IBD, it is necessary to further explore the mechanism of intestinal flora, bile acids and their receptors in IBD. The scientific and reasonable application of probiotics, antibiotics, bile acids and their derivatives to prevent IBD will be the key problem to be solved in the future.

In this review, untargeted metabolomics and microbiome analyses are summarized, suggesting that the pattern of alteration for metabolite profiles is consisteds. Among of them, bile acids, SCFAs and tryptophan metabolites are analyzed in details. This study emphasizes the unknowns in the faecal metabolome, so creating large multinational cohorts of patients with IBD and controls, and of pipelines for microorganism-metabolite discovery and evaluation is encouraged. From the perspective of future direction, some promising fields are identified to achieve the objective. It is noted that how to integrate dietary and targeted microbiota manipulation or even microbiota reconstitution to realize the goals is a great challenge. Gut microbiota-derived metabolites is possible to become a promising direction.

#### FOOTNOTES

Author contributions: Zheng L and Duan SL performed to the writing, revising of the manuscript; Zheng L and Wen XL contributed to design this work, and performed overall supervision; Zheng L wrote and revised the paper.

Supported by Shaanxi Province Natural Science Basic Research Program-General Project, No: 2019JM-580 and 2021SF-314; Project of Shaanxi Administration of Traditional Chinese Medicine, No. 2019-ZZ-JC010; Shaanxi Provincial Hospital of Traditional Chinese Medicine, No. 2018-04.

Conflict-of-interest statement: The authors declare that there are no conflicts of interest.

**Open-Access:** This article is an open-access article that was selected by an in-house editor and fully peer-reviewed by external reviewers. It is distributed in accordance with the Creative Commons Attribution NonCommercial (CC BY-NC 4.0) license, which permits others to distribute, remix, adapt, build upon this work non-commercially, and license their derivative works on different terms, provided the original work is properly cited and the use is noncommercial. See: https://creativecommons.org/Licenses/by-nc/4.0/

#### Country/Territory of origin: China

**ORCID number:** Lie Zheng 0000-0002-8243-3736; Xin-Li Wen 0000-0001-5003-862X; Sheng-Lei Duan 0000-0002-4151-1718.

S-Editor: Liu JH L-Editor: A P-Editor: Liu JH

#### REFERENCES

- 1 Wilson ID, Nicholson JK. Gut microbiome interactions with drug metabolism, efficacy, and toxicity. Transl Res 2017; 179: 204-222 [PMID: 27591027 DOI: 10.1016/j.trsl.2016.08.002]
- 2 Wilkinson EM, Ilhan ZE, Herbst-Kralovetz MM. Microbiota-drug interactions: Impact on metabolism and efficacy of therapeutics. Maturitas 2018; 112: 53-63 [PMID: 29704918 DOI: 10.1016/j.maturitas.2018.03.012]
- 3 Khalsa J, Duffy LC, Riscuta G, Starke-Reed P, Hubbard VS. Omics for Understanding the Gut-Liver-Microbiome Axis and Precision Medicine. Clin Pharmacol Drug Dev 2017; 6: 176-185 [PMID: 28263462 DOI: 10.1002/cpdd.310]
- David LA, Maurice CF, Carmody RN, Gootenberg DB, Button JE, Wolfe BE, Ling AV, Devlin AS, Varma Y, Fischbach 4 MA, Biddinger SB, Dutton RJ, Turnbaugh PJ. Diet rapidly and reproducibly alters the human gut microbiome. Nature 2014; 505: 559-563 [PMID: 24336217 DOI: 10.1038/nature12820]
- Chassaing B, Koren O, Goodrich JK, Poole AC, Srinivasan S, Ley RE, Gewirtz AT. Dietary emulsifiers impact the 5 mouse gut microbiota promoting colitis and metabolic syndrome. Nature 2015; 519: 92-96 [PMID: 25731162 DOI: 10.1038/nature14232]
- 6 Ng SC, Shi HY, Hamidi N, Underwood FE, Tang W, Benchimol EI, Panaccione R, Ghosh S, Wu JCY, Chan FKL, Sung JJY, Kaplan GG. Worldwide incidence and prevalence of inflammatory bowel disease in the 21st century: a systematic review of population-based studies. Lancet 2017; 390: 2769-2778 [PMID: 29050646 DOI: 10.1016/S0140-6736(17)32448-0]
- 7 Etienne-Mesmin L, Chassaing B, Gewirtz AT. Tryptophan: A gut microbiota-derived metabolites regulating inflammation. World J Gastrointest Pharmacol Ther 2017; 8: 7-9 [PMID: 28217370 DOI: 10.4292/wjgpt.v8.i1.7]
- 8 Krishnan S, Ding Y, Saedi N, Choi M, Sridharan GV, Sherr DH, Yarmush ML, Alaniz RC, Jayaraman A, Lee K. Gut



Microbiota-Derived Tryptophan Metabolites Modulate Inflammatory Response in Hepatocytes and Macrophages. Cell Rep 2018; 23: 1099-1111 [PMID: 29694888 DOI: 10.1016/j.celrep.2018.03.109]

- Bringer MA, Gabrielle PH, Bron AM, Creuzot-Garcher C, Acar N. The gut microbiota in retinal diseases. Exp Eye Res 2022; 214: 108867 [PMID: 34856206 DOI: 10.1016/j.exer.2021.108867]
- 10 Ding Y, Yanagi K, Cheng C, Alaniz RC, Lee K, Jayaraman A. Interactions between gut microbiota and non-alcoholic liver disease: The role of microbiota-derived metabolites. Pharmacol Res 2019; 141: 521-529 [PMID: 30660825 DOI: 10.1016/j.phrs.2019.01.029
- Del Rio D, Zimetti F, Caffarra P, Tassotti M, Bernini F, Brighenti F, Zini A, Zanotti I. The Gut Microbial Metabolite 11 Trimethylamine-N-Oxide Is Present in Human Cerebrospinal Fluid. Nutrients 2017; 9 [PMID: 28937600 DOI: 10.3390/nu9101053]
- Claus SP, Tsang TM, Wang Y, Cloaree O, Skordi E, Martin FP, Rezzi S, Ross A, Kochhar S, Holmes E, Nicholson JK. 12 Systemic multicompartmental effects of the gut microbiome on mouse metabolic phenotypes. Mol Syst Biol 2008; 4: 219 [PMID: 18854818 DOI: 10.1038/msb.2008.56]
- Dodd D, Spitzer MH, Van Treuren W, Merrill BD, Hryckowian AJ, Higginbottom SK, Le A, Cowan TM, Nolan GP, 13 Fischbach MA, Sonnenburg JL. A gut bacterial pathway metabolizes aromatic amino acids into nine circulating metabolites. Nature 2017; 551: 648-652 [PMID: 29168502 DOI: 10.1038/nature24661]
- Nielsen LN, Roager HM, Casas ME, Frandsen HL, Gosewinkel U, Bester K, Licht TR, Hendriksen NB, Bahl MI. 14 Glyphosate has limited short-term effects on commensal bacterial community composition in the gut environment due to sufficient aromatic amino acid levels. Environ Pollut 2018; 233: 364-376 [PMID: 29096310 DOI: 10.1016/j.envpol.2017.10.016]
- 15 Liu Y, Hou Y, Wang G, Zheng X, Hao H. Gut Microbial Metabolites of Aromatic Amino Acids as Signals in Host-Microbe Interplay. Trends Endocrinol Metab 2020; 31: 818-834 [PMID: 32284282 DOI: 10.1016/j.tem.2020.02.012]
- 16 Krishnan S, Alden N, Lee K. Pathways and functions of gut microbiota metabolism impacting host physiology. Curr Opin Biotechnol 2015; 36: 137-145 [PMID: 26340103 DOI: 10.1016/j.copbio.2015.08.015]
- 17 Maes M, Vojdani A, Geffard M, Moreira EG, Barbosa DS, Michelin AP, Semeão LO, Sirivichayakul S, Kanchanatawan B. Schizophrenia phenomenology comprises a bifactorial general severity and a single-group factor, which are differently associated with neurotoxic immune and immune-regulatory pathways. Biomol Concepts 2019; 10: 209-225 [PMID: 31734647 DOI: 10.1515/bmc-2019-00231
- Zierer J, Jackson MA, Kastenmüller G, Mangino M, Long T, Telenti A, Mohney RP, Small KS, Bell JT, Steves CJ, 18 Valdes AM, Spector TD, Menni C. The fecal metabolome as a functional readout of the gut microbiome. Nat Genet 2018; 50: 790-795 [PMID: 29808030 DOI: 10.1038/s41588-018-0135-7]
- 19 Jain A, Li XH, Chen WN. An untargeted fecal and urine metabolomics analysis of the interplay between the gut microbiome, diet and human metabolism in Indian and Chinese adults. Sci Rep 2019; 9: 9191 [PMID: 31235863 DOI: 10.1038/s41598-019-45640-y]
- 20 Knight R, Vrbanac A, Taylor BC, Aksenov A, Callewaert C, Debelius J, Gonzalez A, Kosciolek T, McCall LI, McDonald D, Melnik AV, Morton JT, Navas J, Quinn RA, Sanders JG, Swafford AD, Thompson LR, Tripathi A, Xu ZZ, Zaneveld JR, Zhu Q, Caporaso JG, Dorrestein PC. Best practices for analysing microbiomes. Nat Rev Microbiol 2018; 16: 410-422 [PMID: 29795328 DOI: 10.1038/s41579-018-0029-9]
- Lawson CE, Harcombe WR, Hatzenpichler R, Lindemann SR, Löffler FE, O'Malley MA, García Martín H, Pfleger BF, 21 Raskin L, Venturelli OS, Weissbrodt DG, Noguera DR, McMahon KD. Common principles and best practices for engineering microbiomes. Nat Rev Microbiol 2019; 17: 725-741 [PMID: 31548653 DOI: 10.1038/s41579-019-0255-9]
- Parra-Llorca A, Gormaz M, Alcántara C, Cernada M, Nuñez-Ramiro A, Vento M, Collado MC. Preterm Gut 22 Microbiome Depending on Feeding Type: Significance of Donor Human Milk. Front Microbiol 2018; 9: 1376 [PMID: 29997594 DOI: 10.3389/fmicb.2018.01376]
- 23 Lakshmanan V, Ray P, Craven KD. Rhizosphere Sampling Protocols for Microbiome (16S/18S/ITS rRNA) Library Preparation and Enrichment for the Isolation of Drought Tolerance-Promoting Microbes. Methods Mol Biol 2017; 1631: 349-362 [PMID: 28735410 DOI: 10.1007/978-1-4939-7136-7\_23]
- 24 Miyoshi J, Matsuura M, Hisamatsu T. Safety evaluation of ustekinumab for moderate-to-severe ulcerative colitis. Expert Opin Drug Saf 2022; 21: 1-8 [PMID: 34511011 DOI: 10.1080/14740338.2021.1980536]
- 25 Shade A, Dunivin TK, Choi J, Teal TK, Howe AC. Strategies for Building Computing Skills To Support Microbiome Analysis: a Five-Year Perspective from the EDAMAME Workshop. mSystems 2019; 4 [PMID: 31431509 DOI: 10.1128/mSystems.00297-19]
- Dheilly NM, Bolnick D, Bordenstein S, Brindley PJ, Figuères C, Holmes EC, Martínez Martínez J, Phillips AJ, Poulin R, 26 Rosario K. Parasite Microbiome Project: Systematic Investigation of Microbiome Dynamics within and across Parasite-Host Interactions. mSystems 2017; 2 [PMID: 28761932 DOI: 10.1128/mSystems.00050-17]
- Heimann TM, Swaminathan S, Slater GI, Kurtz RJ. Perianal Fistula After Ileoanal Pouch in Patients With Ulcerative 27 Colitis: A Review of 475 Patients Operated on at a Major IBD Center. Dis Colon Rectum 2022; 65: 76-82 [PMID: 34882630 DOI: 10.1097/DCR.000000000002114]
- 28 Sandborn WJ, Danese S. Ozanimod for Ulcerative Colitis. Reply. N Engl J Med 2022; 386: 194-195 [PMID: 35020995 DOI: 10.1056/NEJMc2117224]
- 29 Kostic AD, Xavier RJ, Gevers D. The microbiome in inflammatory bowel disease: current status and the future ahead. Gastroenterology 2014; 6: 1489-1499 [DOI: 10.1053/j.gastro.2014.02.009]
- Kho ZY, Lal SK. The Human Gut Microbione A Potential Controller of Wellness and Disease. Front Microbiol 2018; 30 9: 1835 [PMID: 30154767 DOI: 10.3389/fmicb.2018.01835]
- Tsugawa H. Advances in computational metabolomics and databases deepen the understanding of metabolisms. Curr 31 Opin Biotechnol 2018; 54: 10-17 [PMID: 29413746 DOI: 10.1016/j.copbio.2018.01.008]
- 32 Barko PC, McMichael MA, Swanson KS, Williams DA. The Gastrointestinal Microbiome: A Review. J Vet Intern Med 2018; 1: 9-25 [DOI: 10.1111/jvim.14875]
- 33 Li DS, Huang QF, Guan LH, Zhang HZ, Li X, Fu KL, Chen YX, Wan JB, Huang M, Bi HC. Targeted bile acids and gut



microbiome profiles reveal the hepato-protective effect of WZ tablet (Schisandra sphenanthera extract) against LCAinduced cholestasis. Chin J Nat Med 2020; 18: 211-218 [PMID: 32245591 DOI: 10.1016/S1875-5364(20)30023-6]

- 34 Yin S, Guo P, Hai D, Xu L, Shu J, Zhang W, Khan MI, Kurland IJ, Qiu Y, Liu Y. Optimization of GC/TOF MS analysis conditions for assessing host-gut microbiota metabolic interactions: Chinese rhubarb alters fecal aromatic amino acids and phenol metabolism. Anal Chim Acta 2017; 995: 21-33 [PMID: 29126478 DOI: 10.1016/j.aca.2017.09.042]
- 35 Schönfeld P, Wojtczak L. Short- and medium-chain fatty acids in energy metabolism: the cellular perspective. J Lipid Res 2016; 57: 943-954 [PMID: 27080715 DOI: 10.1194/jlr.R067629]
- 36 Miyagawa Y, Mori T, Goto K, Kawahara I, Fujiwara-Tani R, Kishi S, Sasaki T, Fujii K, Ohmori H, Kuniyasu H. Intake of medium-chain fatty acids induces myocardial oxidative stress and atrophy. Lipids Health Dis 2018; 17: 258 [PMID: 30447697 DOI: 10.1186/s12944-018-0908-0]
- Lyudinina AY, Ivankova GE, Bojko ER. Priority use of medium-chain fatty acids during high-intensity exercise in cross-37 country skiers. J Int Soc Sports Nutr 2018; 15: 57 [PMID: 30526607 DOI: 10.1186/s12970-018-0265-4]
- 38 Yunus IS, Jones PR. Photosynthesis-dependent biosynthesis of medium chain-length fatty acids and alcohols. Metab Eng 2018; 49: 59-68 [PMID: 30055323 DOI: 10.1016/j.ymben.2018.07.015]
- 39 Lloyd-Price J, Arze C, Ananthakrishnan AN, Schirmer M, Avila-Pacheco J, Poon TW, Andrews E, Ajami NJ, Bonham KS, Brislawn CJ, Casero D, Courtney H, Gonzalez A, Graeber TG, Hall AB, Lake K, Landers CJ, Mallick H, Plichta DR, Prasad M, Rahnavard G, Sauk J, Shungin D, Vázquez-Baeza Y, White RA 3rd; IBDMDB Investigators, Braun J, Denson LA, Jansson JK, Knight R, Kugathasan S, McGovern DPB, Petrosino JF, Stappenbeck TS, Winter HS, Clish CB, Franzosa EA, Vlamakis H, Xavier RJ, Huttenhower C. Multi-omics of the gut microbial ecosystem in inflammatory bowel diseases. Nature 2019; 569: 655-662 [PMID: 31142855 DOI: 10.1038/s41586-019-1237-9]
- 40 Aden K, Rehman A, Waschina S, Pan WH, Walker A, Lucio M, Nunez AM, Bharti R, Zimmerman J, Bethge J, Schulte B, Schulte D, Franke A, Nikolaus S, Schroeder JO, Vandeputte D, Raes J, Szymczak S, Waetzig GH, Zeuner R, Schmitt-Kopplin P, Kaleta C, Schreiber S, Rosenstiel P. Metabolic Functions of Gut Microbes Associate With Efficacy of Tumor Necrosis Factor Antagonists in Patients With Inflammatory Bowel Diseases. Gastroenterology 2019; 157: 1279-1292.e11 [PMID: 31326413 DOI: 10.1053/j.gastro.2019.07.025]
- 41 Weng YJ, Gan HY, Li X, Huang Y, Li ZC, Deng HM, Chen SZ, Zhou Y, Wang LS, Han YP, Tan YF, Song YJ, Du ZM, Liu YY, Wang Y, Qin N, Bai Y, Yang RF, Bi YJ, Zhi FC. Correlation of diet, microbiota and metabolite networks in inflammatory bowel disease. J Dig Dis 2019; 20: 447-459 [PMID: 31240835 DOI: 10.1111/1751-2980.12795]
- 42 Bjerrum JT, Wang Y, Hao F, Coskun M, Ludwig C, Günther U, Nielsen OH. Metabonomics of human fecal extracts characterize ulcerative colitis, Crohn's disease and healthy individuals. Metabolomics 2015; 11: 122-133 [PMID: 25598765 DOI: 10.1007/s11306-014-0677-3]
- 43 Marchesi JR, Holmes E, Khan F, Kochhar S, Scanlan P, Shanahan F, Wilson ID, Wang Y. Rapid and noninvasive metabonomic characterization of inflammatory bowel disease. J Proteome Res 2007; 6: 546-551 [PMID: 17269711 DOI: 10.1021/pr060470d]
- 44 Clerc F, Novokmet M, Dotz V, Reiding KR, de Haan N, Kammeijer GSM, Dalebout H, Bladergroen MR, Vukovic F, Rapp E; IBD-BIOM Consortium, Targan SR, Barron G, Manetti N, Latiano A, McGovern DPB, Annese V, Lauc G, Wuhrer M. Plasma N-Glycan Signatures Are Associated With Features of Inflammatory Bowel Diseases. Gastroenterology 2018; 155: 829-843 [PMID: 29792883 DOI: 10.1053/j.gastro.2018.05.030]
- 45 Keshteli AH, van den Brand FF, Madsen KL, Mandal R, Valcheva R, Kroeker KI, Han B, Bell RC, Cole J, Hoevers T, Wishart DS, Fedorak RN, Dieleman LA. Dietary and metabolomic determinants of relapse in ulcerative colitis patients: A pilot prospective cohort study. World J Gastroenterol 2017; 23: 3890-3899 [PMID: 28638229 DOI: 10.3748/wjg.v23.i21.3890]
- Dawiskiba T, Deja S, Mulak A, Ząbek A, Jawień E, Pawełka D, Banasik M, Mastalerz-Migas A, Balcerzak W, 46 Kaliszewski K, Skóra J, Barć P, Korta K, Pormańczuk K, Szyber P, Litarski A, Młynarz P. Serum and urine metabolomic fingerprinting in diagnostics of inflammatory bowel diseases. World J Gastroenterol 2014; 20: 163-174 [PMID: 24415869 DOI: 10.3748/wjg.v20.i1.163]
- 47 Daniluk U, Daniluk J, Kucharski R, Kowalczyk T, Pietrowska K, Samczuk P, Filimoniuk A, Kretowski A, Lebensztejn D, Ciborowski M. Untargeted Metabolomics and Inflammatory Markers Profiling in Children With Crohn's Disease and Ulcerative Colitis-A Preliminary Study. Inflamm Bowel Dis 2019; 25: 1120-1128 [PMID: 30772902 DOI: 10.1093/ibd/izy402]
- Sairenji T, Collins KL, Evans DV. An Update on Inflammatory Bowel Disease. Prim Care 2017; 44: 673-692 [PMID: 48 29132528 DOI: 10.1016/j.pop.2017.07.010]
- 49 Abegunde AT, Muhammad BH, Bhatti O, Ali T. Environmental risk factors for inflammatory bowel diseases: Evidence based literature review. World J Gastroenterol 2016; 22: 6296-6317 [PMID: 27468219 DOI: 10.3748/wjg.v22.i27.6296]
- 50 Hold GL, Smith M, Grange C, Watt ER, El-Omar EM, Mukhopadhya I. Role of the gut microbiota in inflammatory bowel disease pathogenesis: what have we learnt in the past 10 years? World J Gastroenterol 2014; 20: 1192-1210 [PMID: 24574795 DOI: 10.3748/wjg.v20.i5.1192]
- Scoville EA, Allaman MM, Brown CT, Motley AK, Horst SN, Williams CS, Koyama T, Zhao Z, Adams DW, Beaulieu 51 DB, Schwartz DA, Wilson KT, Coburn LA. Alterations in Lipid, Amino Acid, and Energy Metabolism Distinguish Crohn's Disease from Ulcerative Colitis and Control Subjects by Serum Metabolomic Profiling. Metabolomics 2018; 14: 17 [PMID: 29681789 DOI: 10.1007/s11306-017-1311-y]
- 52 Nishiumi S, Izumi Y, Yoshida M. Alterations in Docosahexaenoic Acid-Related Lipid Cascades in Inflammatory Bowel Disease Model Mice. Dig Dis Sci 2018; 63: 1485-1496 [PMID: 29564669 DOI: 10.1007/s10620-018-5025-4]
- 53 Suh JH, Degagné É, Gleghorn EE, Setty M, Rodriguez A, Park KT, Verstraete SG, Heyman MB, Patel AS, Irek M, Gildengorin GL, Hubbard NE, Borowsky AD, Saba JD. Sphingosine-1-Phosphate Signaling and Metabolism Gene Signature in Pediatric Inflammatory Bowel Disease: A Matched-case Control Pilot Study. Inflamm Bowel Dis 2018; 24: 1321-1334 [PMID: 29788359 DOI: 10.1093/ibd/izy007]
- Wlodarska M, Luo C, Kolde R, d'Hennezel E, Annand JW, Heim CE, Krastel P, Schmitt EK, Omar AS, Creasey EA, Garner AL, Mohammadi S, O'Connell DJ, Abubucker S, Arthur TD, Franzosa EA, Huttenhower C, Murphy LO, Haiser



HJ, Vlamakis H, Porter JA, Xavier RJ. Indoleacrylic Acid Produced by Commensal Peptostreptococcus Species Suppresses Inflammation. Cell Host Microbe 2017; 22: 25-37.e6 [PMID: 28704649 DOI: 10.1016/j.chom.2017.06.007]

- 55 Hall AB, Yassour M, Sauk J, Garner A, Jiang X, Arthur T, Lagoudas GK, Vatanen T, Fornelos N, Wilson R, Bertha M, Cohen M, Garber J, Khalili H, Gevers D, Ananthakrishnan AN, Kugathasan S, Lander ES, Blainey P, Vlamakis H, Xavier RJ, Huttenhower C. A novel Ruminococcus gnavus clade enriched in inflammatory bowel disease patients. Genome Med 2017; 9: 103 [PMID: 29183332 DOI: 10.1186/s13073-017-0490-5]
- 56 Yu LC. Microbiota dysbiosis and barrier dysfunction in inflammatory bowel disease and colorectal cancers: exploring a common ground hypothesis. J Biomed Sci 2018; 25: 79 [PMID: 30413188 DOI: 10.1186/s12929-018-0483-8]
- Liu YJ, Tang B, Wang FC, Tang L, Lei YY, Luo Y, Huang SJ, Yang M, Wu LY, Wang W, Liu S, Yang SM, Zhao XY. 57 Parthenolide ameliorates colon inflammation through regulating Treg/Th17 balance in a gut microbiota-dependent manner. Theranostics 2020; 10: 5225-5241 [PMID: 32373209 DOI: 10.7150/thno.43716]
- 58 Vandana UK, Barlaskar NH, Gulzar ABM, Laskar IH, Kumar D, Paul P, Pandey P, Mazumder PB. Linking gut microbiota with the human diseases. Bioinformation 2020; 16: 196-208 [PMID: 32405173 DOI: 10.6026/97320630016196
- Schulthess J, Pandey S, Capitani M, Rue-Albrecht KC, Arnold I, Franchini F, Chomka A, Ilott NE, Johnston DGW, Pires 59 E, McCullagh J, Sansom SN, Arancibia-Cárcamo CV, Uhlig HH, Powrie F. The Short Chain Fatty Acid Butyrate Imprints an Antimicrobial Program in Macrophages. Immunity 2019; 50: 432-445.e7 [PMID: 30683619 DOI: 10.1016/j.immuni.2018.12.018
- Larraufie P, Martin-Gallausiaux C, Lapaque N, Dore J, Gribble FM, Reimann F, Blottiere HM. SCFAs strongly stimulate 60 PYY production in human enteroendocrine cells. Sci Rep 2018; 8: 74 [PMID: 29311617 DOI: 10.1038/s41598-017-18259-0]
- 61 Primec M. Klemenak M. Di Gioia D. Aloisio I. Bozzi Cionci N. Ouagliariello A. Goreniak M. Mičetić-Turk D. Langerholc T. Clinical intervention using Bifidobacterium strains in celiac disease children reveals novel microbial modulators of TNF-α and short-chain fatty acids. Clin Nutr 2019; 38: 1373-1381 [PMID: 29960810 DOI: 10.1016/j.clnu.2018.06.931
- Tuncil YE, Thakkar RD, Marcia ADR, Hamaker BR, Lindemann SR. Divergent short-chain fatty acid production and 62 succession of colonic microbiota arise in fermentation of variously-sized wheat bran fractions. Sci Rep 2018; 8: 16655 [PMID: 30413754 DOI: 10.1038/s41598-018-34912-8]
- 63 Sun N, Wang L, Tong L, Zhou X, Liu L, Sun Y, Zhou S. Comparison of Structural and Functional Characterizations of Arabinoxylans from Different Wheat Processing Varieties. Plant Foods Hum Nutr 2019; 74: 376-382 [PMID: 31222476 DOI: 10.1007/s11130-019-00734-w]
- Kaiko GE, Ryu SH, Koues OI, Collins PL, Solnica-Krezel L, Pearce EJ, Pearce EL, Oltz EM, Stappenbeck TS. The 64 Colonic Crypt Protects Stem Cells from Microbiota-Derived Metabolites. Cell 2016; 165: 1708-1720 [PMID: 27264604 DOI: 10.1016/j.cell.2016.05.018]
- Zhou B, Yuan Y, Zhang S, Guo C, Li X, Li G, Xiong W, Zeng Z. Intestinal Flora and Disease Mutually Shape the 65 Regional Immune System in the Intestinal Tract. Front Immunol 2020; 11: 575 [PMID: 32318067 DOI: 10.3389/fimmu.2020.00575]
- Kim M, Qie Y, Park J, Kim CH. Gut Microbial Metabolites Fuel Host Antibody Responses. Cell Host Microbe 2016; 20: 202-214 [PMID: 27476413 DOI: 10.1016/j.chom.2016.07.001]
- Al Nabhani Z, Dulauroy S, Marques R, Cousu C, Al Bounny S, Déjardin F, Sparwasser T, Bérard M, Cerf-Bensussan N, 67 Eberl G. A Weaning Reaction to Microbiota Is Required for Resistance to Immunopathologies in the Adult. Immunity 2019; 50: 1276-1288.e5 [PMID: 30902637 DOI: 10.1016/j.immuni.2019.02.014]
- 68 Machiels K, Joossens M, Sabino J, De Preter V, Arijs I, Eeckhaut V, Ballet V, Claes K, Van Immerseel F, Verbeke K, Ferrante M, Verhaegen J, Rutgeerts P, Vermeire S. A decrease of the butyrate-producing species Roseburia hominis and Faecalibacterium prausnitzii defines dysbiosis in patients with ulcerative colitis. Gut 2014; 63: 1275-1283 [PMID: 24021287 DOI: 10.1136/gutjnl-2013-304833]
- Laserna-Mendieta EJ, Clooney AG, Carretero-Gomez JF, Moran C, Sheehan D, Nolan JA, Hill C, Gahan CGM, Joyce 69 SA, Shanahan F, Claesson MJ. Determinants of Reduced Genetic Capacity for Butyrate Synthesis by the Gut Microbiome in Crohn's Disease and Ulcerative Colitis. J Crohns Colitis 2018; 12: 204-216 [PMID: 29373727 DOI: 10.1093/ecco-jcc/jjx137
- 70 Wang Y, Leong LEX, Keating RL, Kanno T, Abell GCJ, Mobegi FM, Choo JM, Wesselingh SL, Mason AJ, Burr LD, Rogers GB. Opportunistic bacteria confer the ability to ferment prebiotic starch in the adult cystic fibrosis gut. Gut Microbes 2019; 10: 367-381 [PMID: 30359203 DOI: 10.1080/19490976.2018.1534512]
- 71 Hove H, Mortensen PB. Influence of intestinal inflammation (IBD) and small and large bowel length on fecal short-chain fatty acids and lactate. Dig Dis Sci 1995; 40: 1372-1380 [PMID: 7781463 DOI: 10.1007/BF02065554]
- 72 Pekmez CT, Dragsted LO, Brahe LK. Gut microbiota alterations and dietary modulation in childhood malnutrition The role of short chain fatty acids. Clin Nutr 2019; 38: 615-630 [PMID: 29496274 DOI: 10.1016/j.clnu.2018.02.014]
- 73 Wang S, Dong W, Liu L, Xu M, Wang Y, Liu T, Zhang Y, Wang B, Cao H. Interplay between bile acids and the gut microbiota promotes intestinal carcinogenesis. Mol Carcinog 2019; 58: 1155-1167 [PMID: 30828892 DOI: 10.1002/mc.22999
- Morrison DJ, Preston T. Formation of short chain fatty acids by the gut microbiota and their impact on human 74 metabolism. Gut Microbes 2016; 7: 189-200 [PMID: 26963409 DOI: 10.1080/19490976.2015.1134082]
- Xiao H, Kang S. The Role of the Gut Microbiome in Energy Balance With a Focus on the Gut-Adipose Tissue Axis. 75 Front Genet 2020; 11: 297 [PMID: 32318095 DOI: 10.3389/fgene.2020.00297]
- Cani PD, Van Hul M, Lefort C, Depommier C, Rastelli M, Everard A. Microbial regulation of organismal energy 76 homeostasis. Nat Metab 2019; 1: 34-46 [PMID: 32694818 DOI: 10.1038/s42255-018-0017-4]
- 77 Schmalle V, Lorentz A. Role of the microbiota in circadian rhythms of the host. Chronobiol Int 2020; 37: 301-310 [PMID: 32050806 DOI: 10.1080/07420528.2020.1726374]
- Quévrain E, Maubert MA, Michon C, Chain F, Marquant R, Tailhades J, Miquel S, Carlier L, Bermúdez-Humarán LG, 78



Pigneur B, Lequin O, Kharrat P, Thomas G, Rainteau D, Aubry C, Breyner N, Afonso C, Lavielle S, Grill JP, Chassaing G, Chatel JM, Trugnan G, Xavier R, Langella P, Sokol H, Seksik P. Identification of an anti-inflammatory protein from Faecalibacterium prausnitzii, a commensal bacterium deficient in Crohn's disease. Gut 2016; 65: 415-425 [PMID: 26045134 DOI: 10.1136/gutjnl-2014-307649]

- Barra M, Danino T, Garrido D. Engineered Probiotics for Detection and Treatment of Inflammatory Intestinal Diseases. 79 Front Bioeng Biotechnol 2020; 8: 265 [PMID: 32296696 DOI: 10.3389/fbioe.2020.00265]
- 80 Tully DC, Rucker PV, Chianelli D, Williams J, Vidal A, Alper PB, Mutnick D, Bursulaya B, Schmeits J, Wu X, Bao D, Zoll J, Kim Y, Groessl T, McNamara P, Seidel HM, Molteni V, Liu B, Phimister A, Joseph SB, Laffitte B. Discovery of Tropifexor (LJN452), a Highly Potent Non-bile Acid FXR Agonist for the Treatment of Cholestatic Liver Diseases and Nonalcoholic Steatohepatitis (NASH). J Med Chem 2017; 60: 9960-9973 [PMID: 29148806 DOI: 10.1021/acs.jmedchem.7b00907]
- Deutschmann K, Reich M, Klindt C, Dröge C, Spomer L, Häussinger D, Keitel V. Bile acid receptors in the biliary tree: 81 TGR5 in physiology and disease. Biochim Biophys Acta Mol Basis Dis 2018; 1864: 1319-1325 [PMID: 28844960 DOI: 10.1016/j.bbadis.2017.08.021]
- 82 Joyce SA, Gahan CG. Disease-Associated Changes in Bile Acid Profiles and Links to Altered Gut Microbiota. Dig Dis 2017; **35**: 169-177 [PMID: 28249284 DOI: 10.1159/000450907]
- Vaughn BP, Kaiser T, Staley C, Hamilton MJ, Reich J, Graiziger C, Singroy S, Kabage AJ, Sadowsky MJ, Khoruts A. A 83 pilot study of fecal bile acid and microbiota profiles in inflammatory bowel disease and primary sclerosing cholangitis. Clin Exp Gastroenterol 2019; 12: 9-19 [PMID: 30666146 DOI: 10.2147/CEG.S186097]
- Darnaud M, Dos Santos A, Gonzalez P, Augui S, Lacoste C, Desterke C, De Hertogh G, Valentino E, Braun E, Zheng J, 84 Boisgard R, Neut C, Dubuquoy L, Chiappini F, Samuel D, Lepage P, Guerrieri F, Doré J, Bréchot C, Moniaux N, Faivre J. Enteric Delivery of Regenerating Family Member 3 alpha Alters the Intestinal Microbiota and Controls Inflammation in Mice With Colitis. Gastroenterology 2018; 154: 1009-1023.e14 [PMID: 29133078 DOI: 10.1053/j.gastro.2017.11.003]
- 85 Rau M, Stieger B, Monte MJ, Schmitt J, Jahn D, Frey-Wagner I, Raselli T, Marin JJ, Müllhaupt B, Rogler G, Geier A. Alterations in Enterohepatic Fgf15 Signaling and Changes in Bile Acid Composition Depend on Localization of Murine Intestinal Inflammation. Inflamm Bowel Dis 2016; 22: 2382-2389 [PMID: 27580383 DOI: 10.1097/MIB.000000000008791
- Xu M, Cen M, Shen Y, Zhu Y, Cheng F, Tang L, Hu W, Dai N. Deoxycholic Acid-Induced Gut Dysbiosis Disrupts Bile 86 Acid Enterohepatic Circulation and Promotes Intestinal Inflammation. Dig Dis Sci 2021; 66: 568-576 [PMID: 32198567 DOI: 10.1007/s10620-020-06208-3]
- Ticho AL, Malhotra P, Dudeja PK, Gill RK, Alrefai WA. Bile Acid Receptors and Gastrointestinal Functions. Liver Res 87 2019; **3**: 31-39 [PMID: 32368358 DOI: 10.1016/j.livres.2019.01.001]
- Guard BC, Suchodolski JS. HORSE SPECIES SYMPOSIUM: Canine intestinal microbiology and metagenomics: From 88 phylogeny to function. J Anim Sci 2016; 94: 2247-2261 [PMID: 27285902 DOI: 10.2527/jas.2015-0029]
- 89 Song X, Sun X, Oh SF, Wu M, Zhang Y, Zheng W, Geva-Zatorsky N, Jupp R, Mathis D, Benoist C, Kasper DL. Microbial bile acid metabolites modulate gut ROR $\gamma^+$  regulatory T cell homeostasis. *Nature* 2020; **577**: 410-415 [PMID: 31875848 DOI: 10.1038/s41586-019-1865-0]
- Guo J, Shao J, Yang Y, Niu X, Liao J, Zhao Q, Wang D, Li S, Hu J. Gut Microbiota in Patients with Polycystic Ovary 90 Syndrome: a Systematic Review. Reprod Sci 2022; 29: 69-83 [PMID: 33409871 DOI: 10.1007/s43032-020-00430-0]
- 91 Van den Bossche L, Borsboom D, Devriese S, Van Welden S, Holvoet T, Devisscher L, Hindryckx P, De Vos M, Laukens D. Tauroursodeoxycholic acid protects bile acid homeostasis under inflammatory conditions and dampens Crohn's disease-like ileitis. Lab Invest 2017; 97: 519-529 [PMID: 28165466 DOI: 10.1038/labinvest.2017.6]
- Franzosa EA, Sirota-Madi A, Avila-Pacheco J, Fornelos N, Haiser HJ, Reinker S, Vatanen T, Hall AB, Mallick H, McIver LJ, Sauk JS, Wilson RG, Stevens BW, Scott JM, Pierce K, Deik AA, Bullock K, Imhann F, Porter JA, Zhernakova A, Fu J, Weersma RK, Wijmenga C, Clish CB, Vlamakis H, Huttenhower C, Xavier RJ. Gut microbiome structure and metabolic activity in inflammatory bowel disease. Nat Microbiol 2019; 4: 293-305 [PMID: 30531976 DOI: 10.1038/s41564-018-0306-4]
- 93 Torres J, Palmela C, Brito H, Bao X, Ruiqi H, Moura-Santos P, Pereira da Silva J, Oliveira A, Vieira C, Perez K, Itzkowitz SH, Colombel JF, Humbert L, Rainteau D, Cravo M, Rodrigues CM, Hu J. The gut microbiota, bile acids and their correlation in primary sclerosing cholangitis associated with inflammatory bowel disease. United European Gastroenterol J 2018; 6: 112-122 [PMID: 29435321 DOI: 10.1177/2050640617708953]
- 94 Lucas López R, Grande Burgos MJ, Gálvez A, Pérez Pulido R. The human gastrointestinal tract and oral microbiota in inflammatory bowel disease: a state of the science review. APMIS 2017; 125: 3-10 [PMID: 27704622 DOI: 10.1111/apm.12609
- Joyce SA, MacSharry J, Casey PG, Kinsella M, Murphy EF, Shanahan F, Hill C, Gahan CG. Regulation of host weight 95 gain and lipid metabolism by bacterial bile acid modification in the gut. Proc Natl Acad Sci USA 2014; 111: 7421-7426 [PMID: 24799697 DOI: 10.1073/pnas.1323599111]
- 96 Lorenzo-Zúñiga V, Bartolí R, Planas R, Hofmann AF, Viñado B, Hagey LR, Hernández JM, Mañé J, Alvarez MA, Ausina V, Gassull MA. Oral bile acids reduce bacterial overgrowth, bacterial translocation, and endotoxemia in cirrhotic rats. Hepatology 2003; 37: 551-557 [PMID: 12601352 DOI: 10.1053/jhep.2003.50116]
- 97 Hajiagha MN, Taghizadeh S, Asgharzadeh M, Dao S, Ganbarov K, Köse Ş, Kafil HS. Gut Microbiota and Human Body Interactions; Its Impact on Health: A Review. Curr Pharm Biotechnol 2022; 23: 4-14 [PMID: 33397232 DOI: 10.2174/1389201022666210104115836]
- Van den Bossche L, Hindryckx P, Devisscher L, Devriese S, Van Welden S, Holvoet T, Vilchez-Vargas R, Vital M, 98 Pieper DH, Vanden Bussche J, Vanhaecke L, Van de Wiele T, De Vos M, Laukens D. Ursodeoxycholic Acid and Its Taurine- or Glycine-Conjugated Species Reduce Colitogenic Dysbiosis and Equally Suppress Experimental Colitis in Mice. Appl Environ Microbiol 2017; 83 [PMID: 28115375 DOI: 10.1128/AEM.02766-16]
- 99 Baars A, Oosting A, Knol J, Garssen J, van Bergenhenegouwen J. The Gut Microbiota as a Therapeutic Target in IBD and Metabolic Disease: A Role for the Bile Acid Receptors FXR and TGR5. Microorganisms 2015; 3: 641-666 [PMID:



27682110 DOI: 10.3390/microorganisms3040641]

- 100 Milshteyn A, Colosimo DA, Brady SF. Accessing Bioactive Natural Products from the Human Microbiome. Cell Host Microbe 2018; 23: 725-736 [PMID: 29902438 DOI: 10.1016/j.chom.2018.05.013]
- 101 Martín R, Miquel S, Benevides L, Bridonneau C, Robert V, Hudault S, Chain F, Berteau O, Azevedo V, Chatel JM, Sokol H, Bermúdez-Humarán LG, Thomas M, Langella P. Functional Characterization of Novel Faecalibacterium prausnitzii Strains Isolated from Healthy Volunteers: A Step Forward in the Use of F. prausnitzii as a Next-Generation Probiotic. Front Microbiol 2017; 8: 1226 [PMID: 28713353 DOI: 10.3389/fmicb.2017.01226]
- 102 van Beurden YH, de Groot PF, van Nood E, Nieuwdorp M, Keller JJ, Goorhuis A. Complications, effectiveness, and long term follow-up of fecal microbiota transfer by nasoduodenal tube for treatment of recurrent Clostridium difficile infection. United European Gastroenterol J 2017; 5: 868-879 [PMID: 29026601 DOI: 10.1177/2050640616678099]
- Chang CJ, Lin TL, Tsai YL, Wu TR, Lai WF, Lu CC, Lai HC. Next generation probiotics in disease amelioration. J Food 103 Drug Anal 2019; 27: 615-622 [PMID: 31324278 DOI: 10.1016/j.jfda.2018.12.011]
- 104 Ganesan K, Chung SK, Vanamala J, Xu B. Causal Relationship between Diet-Induced Gut Microbiota Changes and Diabetes: A Novel Strategy to Transplant Faecalibacterium prausnitzii in Preventing Diabetes. Int J Mol Sci 2018; 19 [PMID: 30467295 DOI: 10.3390/ijms19123720]
- 105 Rossi O, van Berkel LA, Chain F, Tanweer Khan M, Taverne N, Sokol H, Duncan SH, Flint HJ, Harmsen HJ, Langella P, Samsom JN, Wells JM. Faecalibacterium prausnitzii A2-165 has a high capacity to induce IL-10 in human and murine dendritic cells and modulates T cell responses. Sci Rep 2016; 6: 18507 [PMID: 26725514 DOI: 10.1038/srep18507]
- 106 Michonneau D, Latis E, Curis E, Dubouchet L, Ramamoorthy S, Ingram B, de Latour RP, Robin M, de Fontbrune FS, Chevret S, Rogge L, Socié G. Metabolomics analysis of human acute graft-versus-host disease reveals changes in host and microbiota-derived metabolites. Nat Commun 2019; 10: 5695 [PMID: 31836702 DOI: 10.1038/s41467-019-13498-3]
- 107 Amedei A, Morbidelli L. Circulating Metabolites Originating from Gut Microbiota Control Endothelial Cell Function. Molecules 2019; 24 [PMID: 31694161 DOI: 10.3390/molecules24213992]
- 108 Ji Y, Gao Y, Chen H, Yin Y, Zhang W. Indole-3-Acetic Acid Alleviates Nonalcoholic Fatty Liver Disease in Mice via Attenuation of Hepatic Lipogenesis, and Oxidative and Inflammatory Stress. Nutrients 2019; 11 [PMID: 31484323 DOI: 10.3390/nu11092062]
- 109 Armand L, Andriamihaja M, Gellenoncourt S, Bitane V, Lan A, Blachier F. In vitro impact of amino acid-derived bacterial metabolites on colonocyte mitochondrial activity, oxidative stress response and DNA integrity. Biochim Biophys Acta Gen Subj 2019; 1863: 1292-1301 [PMID: 31034912 DOI: 10.1016/j.bbagen.2019.04.018]
- 110 Zhang S, Zhao Y, Ohland C, Jobin C, Sang S. Microbiota facilitates the formation of the aminated metabolite of green tea polyphenol (-)-epigallocatechin-3-gallate which trap deleterious reactive endogenous metabolites. Free Radic Biol Med 2019; 131: 332-344 [PMID: 30578921 DOI: 10.1016/j.freeradbiomed.2018.12.023]
- 111 Álvarez-Cilleros D, Ramos S, Goya L, Martín MÁ. Colonic metabolites from flavanols stimulate nitric oxide production in human endothelial cells and protect against oxidative stress-induced toxicity and endothelial dysfunction. Food Chem Toxicol 2018; 115: 88-97 [PMID: 29530637 DOI: 10.1016/j.fct.2018.03.006]
- Sartor RB, Wu GD. Roles for Intestinal Bacteria, Viruses, and Fungi in Pathogenesis of Inflammatory Bowel Diseases 112 and Therapeutic Approaches. Gastroenterology 2017; 152: 327-339.e4 [PMID: 27769810 DOI: 10.1053/i.gastro.2016.10.012]
- Li KY, Wang JL, Wei JP, Gao SY, Zhang YY, Wang LT, Liu G. Fecal microbiota in pouchitis and ulcerative colitis. 113 World J Gastroenterol 2016; 22: 8929-8939 [PMID: 27833384 DOI: 10.3748/wjg.v22.i40.8929]
- 114 De Preter V, Machiels K, Joossens M, Arijs I, Matthys C, Vermeire S, Rutgeerts P, Verbeke K. Faecal metabolite profiling identifies medium-chain fatty acids as discriminating compounds in IBD. Gut 2015; 64: 447-458 [PMID: 24811995 DOI: 10.1136/gutjnl-2013-306423]
- 115 Pierre JF, Hinterleitner R, Bouziat R, Hubert NA, Leone V, Miyoshi J, Jabri B, Chang EB. Dietary antioxidant micronutrients alter mucosal inflammatory risk in a murine model of genetic and microbial susceptibility. J Nutr Biochem 2018; 54: 95-104 [PMID: 29331497 DOI: 10.1016/j.jnutbio.2017.12.002]
- 116 Landy J, Walker AW, Li JV, Al-Hassi HO, Ronde E, English NR, Mann ER, Bernardo D, McLaughlin SD, Parkhill J, Ciclitira PJ, Clark SK, Knight SC, Hart AL. Variable alterations of the microbiota, without metabolic or immunological change, following faecal microbiota transplantation in patients with chronic pouchitis. Sci Rep 2015; 5: 12955 [PMID: 26264409 DOI: 10.1038/srep12955]
- 117 Agus A, Planchais J, Sokol H. Gut Microbiota Regulation of Tryptophan Metabolism in Health and Disease. Cell Host Microbe 2018; 23: 716-724 [PMID: 29902437 DOI: 10.1016/j.chom.2018.05.003]
- Lin L, Zhang J. Role of intestinal microbiota and metabolites on gut homeostasis and human diseases. BMC Immunol 118 2017; 18: 2 [PMID: 28061847 DOI: 10.1186/s12865-016-0187-3]
- Little R, Wine E, Kamath BM, Griffiths AM, Ricciuto A. Gut microbiome in primary sclerosing cholangitis: A review. 119 World J Gastroenterol 2020; 26: 2768-2780 [PMID: 32550753 DOI: 10.3748/wjg.v26.i21.2768]
- 120 Gasaly N, de Vos P, Hermoso MA. Impact of Bacterial Metabolites on Gut Barrier Function and Host Immunity: A Focus on Bacterial Metabolism and Its Relevance for Intestinal Inflammation. Front Immunol 2021; 12: 658354 [PMID: 34122415 DOI: 10.3389/fimmu.2021.658354]
- 121 Yang C, Zhao Y, Im S, Nakatsu C, Jones-Hall Y, Jiang Q. Vitamin E delta-tocotrienol and metabolite 13'carboxychromanol inhibit colitis-associated colon tumorigenesis and modulate gut microbiota in mice. J Nutr Biochem 2021; 89: 108567 [PMID: 33347911 DOI: 10.1016/j.jnutbio.2020.108567]
- Bischoff SC, Kaden-Volynets V, Filipe Rosa L, Guseva D, Seethaler B. Regulation of the gut barrier by carbohydrates 122 from diet - Underlying mechanisms and possible clinical implications. Int J Med Microbiol 2021; 311: 151499 [PMID: 33864957 DOI: 10.1016/j.ijmm.2021.151499]
- Shi J, Du P, Xie Q, Wang N, Li H, Smith EE, Li C, Liu F, Huo G, Li B. Protective effects of tryptophan-catabolizing 123 Lactobacillus plantarum KLDS 1.0386 against dextran sodium sulfate-induced colitis in mice. Food Funct 2020; 11: 10736-10747 [PMID: 33231244 DOI: 10.1039/d0fo02622k]



- 124 Bunt DV, Minnaard AJ, El Aidy S. Potential Modulatory Microbiome Therapies for Prevention or Treatment of Inflammatory Bowel Diseases. Pharmaceuticals (Basel) 2021; 14 [PMID: 34073220 DOI: 10.3390/ph14060506]
- 125 Pascoal LB, Rodrigues PB, Genaro LM, Gomes ABDSP, Toledo-Teixeira DA, Parise PL, Bispo-Dos-Santos K, Simeoni CL, Guimarães PV, Buscaratti LI, Elston JGA, Marques-Souza H, Martins-de-Souza D, Ayrizono MLS, Velloso LA, Proenca-Modena JL, Moraes-Vieira PMM, Mori MAS, Farias AS, Vinolo MAR, Leal RF. Microbiota-derived short-chain fatty acids do not interfere with SARS-CoV-2 infection of human colonic samples. Gut Microbes 2021; 13: 1-9 [PMID: 33550892 DOI: 10.1080/19490976.2021.1874740]
- 126 Singhal S, Rani V. Study to Explore Plant-Derived Trimethylamine Lyase Enzyme Inhibitors to Address Gut Dysbiosis. Appl Biochem Biotechnol 2022; 194: 99-123 [PMID: 34822060 DOI: 10.1007/s12010-021-03747-x]
- 127 Li B, Zhang H, Shi L, Li R, Luo Y, Deng Y, Li S, Liu Z. Saccharomyces boulardii alleviates DSS-induced intestinal barrier dysfunction and inflammation in humanized mice. Food Funct 2022; 13: 102-112 [PMID: 34878454 DOI: 10.1039/d1fo02752b]
- Komatsu Y, Shimizu Y, Yamano M, Kikuchi M, Nakamura K, Ayabe T, Aizawa T. Disease progression-associated 128 alterations in fecal metabolites in SAMP1/YitFc mice, a Crohn's disease model. Metabolomics 2020; 16: 48 [PMID: 32274593 DOI: 10.1007/s11306-020-01671-5]
- Melhem H, Kaya B, Ayata CK, Hruz P, Niess JH. Metabolite-Sensing G Protein-Coupled Receptors Connect the Diet-129 Microbiota-Metabolites Axis to Inflammatory Bowel Disease. Cells 2019; 8 [PMID: 31091682 DOI: 10.3390/cells8050450
- Ong HS, Yim HCH. Microbial Factors in Inflammatory Diseases and Cancers. Adv Exp Med Biol 2017; 1024: 153-174 130 [PMID: 28921469 DOI: 10.1007/978-981-10-5987-2 7]
- Yang W, Cong Y. Gut microbiota-derived metabolites in the regulation of host immune responses and immune-related 131 inflammatory diseases. Cell Mol Immunol 2021; 18: 866-877 [PMID: 33707689 DOI: 10.1038/s41423-021-00661-4]
- 132 Nishida A, Nishino K, Sakai K, Owaki Y, Noda Y, Imaeda H. Can control of gut microbiota be a future therapeutic option for inflammatory bowel disease? World J Gastroenterol 2021; 27: 3317-3326 [PMID: 34163114 DOI: 10.3748/wjg.v27.i23.3317]
- 133 Xiu W, Chen Q, Wang Z, Wang J, Zhou Z. Microbiota-derived short chain fatty acid promotion of Amphiregulin expression by dendritic cells is regulated by GPR43 and Blimp-1. Biochem Biophys Res Commun 2020; 533: 282-288 [PMID: 32958255 DOI: 10.1016/j.bbrc.2020.09.027]
- Qiu X, Macchietto MG, Liu X, Lu Y, Ma Y, Guo H, Saqui-Salces M, Bernlohr DA, Chen C, Shen S, Chen X. 134 Identification of gut microbiota and microbial metabolites regulated by an antimicrobial peptide lipocalin 2 in high fat diet-induced obesity. Int J Obes (Lond) 2021; 45: 143-154 [PMID: 33214705 DOI: 10.1038/s41366-020-00712-2]
- 135 Markandey M, Bajaj A, Ilott NE, Kedia S, Travis S, Powrie F, Ahuja V. Gut microbiota: sculptors of the intestinal stem cell niche in health and inflammatory bowel disease. Gut Microbes 2021; 13: 1990827 [PMID: 34747326 DOI: 10.1080/19490976.2021.1990827]
- DeLuca JA, Allred KF, Menon R, Riordan R, Weeks BR, Jayaraman A, Allred CD. Bisphenol-A alters microbiota 136 metabolites derived from aromatic amino acids and worsens disease activity during colitis. Exp Biol Med (Maywood) 2018; 243: 864-875 [PMID: 29874946 DOI: 10.1177/1535370218782139]
- 137 Ward JBJ, Lajczak NK, Kelly OB, O'Dwyer AM, Giddam AK, Ní Gabhann J, Franco P, Tambuwala MM, Jefferies CA, Keely S, Roda A, Keely SJ. Ursodeoxycholic acid and lithocholic acid exert anti-inflammatory actions in the colon. Am J Physiol Gastrointest Liver Physiol 2017; 312: G550-G558 [PMID: 28360029 DOI: 10.1152/ajpgi.00256.2016]
- 138 Verdugo-Meza A, Ye J, Dadlani H, Ghosh S, Gibson DL. Connecting the Dots Between Inflammatory Bowel Disease and Metabolic Syndrome: A Focus on Gut-Derived Metabolites. Nutrients 2020; 12 [PMID: 32429195 DOI: 10.3390/nu12051434]
- Song D, Lai L, Ran Z. Metabolic Regulation of Group 3 Innate Lymphoid Cells and Their Role in Inflammatory Bowel 139 Disease. Front Immunol 2020; 11: 580467 [PMID: 33193381 DOI: 10.3389/fimmu.2020.580467]
- 140 Wojciech L, Tan KSW, Gascoigne NRJ. Taming the Sentinels: Microbiome-Derived Metabolites and Polarization of T Cells. Int J Mol Sci 2020; 21 [PMID: 33086747 DOI: 10.3390/ijms21207740]
- 141 Mogilnicka I, Ufnal M. Gut Mycobiota and Fungal Metabolites in Human Homeostasis. Curr Drug Targets 2019; 20: 232-240 [PMID: 30047327 DOI: 10.2174/1389450119666180724125020]
- 142 Loo YT, Howell K, Chan M, Zhang P, Ng K. Modulation of the human gut microbiota by phenolics and phenolic fiberrich foods. Compr Rev Food Sci Food Saf 2020; 19: 1268-1298 [PMID: 33337077 DOI: 10.1111/1541-4337.12563]
- 143 Banfi D, Moro E, Bosi A, Bistoletti M, Cerantola S, Crema F, Maggi F, Giron MC, Giaroni C, Baj A. Impact of Microbial Metabolites on Microbiota-Gut-Brain Axis in Inflammatory Bowel Disease. Int J Mol Sci 2021; 22 [PMID: 33562721 DOI: 10.3390/ijms22041623]
- Coman V, Vodnar DC. Gut microbiota and old age: Modulating factors and interventions for healthy longevity. Exp 144 Gerontol 2020; 141: 111095 [PMID: 32979504 DOI: 10.1016/j.exger.2020.111095]
- Zeng SL, Li SZ, Xiao PT, Cai YY, Chu C, Chen BZ, Li P, Li J, Liu EH. Citrus polymethoxyflavones attenuate metabolic 145 syndrome by regulating gut microbiome and amino acid metabolism. Sci Adv 2020; 6: eaax6208 [PMID: 31922003 DOI: 10.1126/sciadv.aax6208
- 146 Kc D, Sumner R, Lippmann S. Gut microbiota and health. Postgrad Med 2020; 132: 274 [PMID: 31566046 DOI: 10.1080/00325481.2019.16627111
- Yu F, Jiang R, Han W, Zhan G, Xu X, Jiang X, Wang L, Xiang S, Zhou Q, Liu C, Zhu B, Hua F, Yang C. Gut microbiota 147 transplantation from db/db mice induces diabetes-like phenotypes and alterations in Hippo signaling in pseudo germ-free mice. Aging (Albany NY) 2020; 12: 24156-24167 [PMID: 33223509 DOI: 10.18632/aging.104101]
- 148 Woldeamlak B, Yirdaw K, Biadgo B. Role of Gut Microbiota in Type 2 Diabetes Mellitus and Its Complications: Novel Insights and Potential Intervention Strategies. Korean J Gastroenterol 2019; 74: 314-320 [PMID: 31870137 DOI: 10.4166/kjg.2019.74.6.314]
- 149 Napolitano M, Covasa M. Microbiota Transplant in the Treatment of Obesity and Diabetes: Current and Future Perspectives. Front Microbiol 2020; 11: 590370 [PMID: 33304339 DOI: 10.3389/fmicb.2020.590370]



- 150 Rasmussen TS, Koefoed AK, Jakobsen RR, Deng L, Castro-Mejía JL, Brunse A, Neve H, Vogensen FK, Nielsen DS. Bacteriophage-mediated manipulation of the gut microbiome - promises and presents limitations. FEMS Microbiol Rev 2020; 44: 507-521 [PMID: 32495834 DOI: 10.1093/femsre/fuaa020]
- 151 Barba C, Soulage CO, Caggiano G, Glorieux G, Fouque D, Koppe L. Effects of Fecal Microbiota Transplantation on Composition in Mice with CKD. Toxins (Basel) 2020; 12 [PMID: 33255454 DOI: 10.3390/toxins12120741]
- 152 Gilbert B, Schrenzel J. [Fecal microbiota transplantation : current status and prospects]. Rev Med Suisse 2019; 15: 976-983 [PMID: 31066530]
- 153 Bajaj JS, Kassam Z, Fagan A, Gavis EA, Liu E, Cox IJ, Kheradman R, Heuman D, Wang J, Gurry T, Williams R, Sikaroodi M, Fuchs M, Alm E, John B, Thacker LR, Riva A, Smith M, Taylor-Robinson SD, Gillevet PM. Fecal microbiota transplant from a rational stool donor improves hepatic encephalopathy: A randomized clinical trial. Hepatology 2017; 66: 1727-1738 [PMID: 28586116 DOI: 10.1002/hep.29306]
- 154 Simpson CA, Diaz-Arteche C, Eliby D, Schwartz OS, Simmons JG, Cowan CSM. The gut microbiota in anxiety and depression - A systematic review. Clin Psychol Rev 2021; 83: 101943 [PMID: 33271426 DOI: 10.1016/j.cpr.2020.101943
- Merra G, Noce A, Marrone G, Cintoni M, Tarsitano MG, Capacci A, De Lorenzo A. Influence of Mediterranean Diet on 155 Human Gut Microbiota. Nutrients 2020; 13 [PMID: 33375042 DOI: 10.3390/nu13010007]
- Konjevod M, Nikolac Perkovic M, Sáiz J, Svob Strac D, Barbas C, Rojo D. Metabolomics analysis of microbiota-gut-156 brain axis in neurodegenerative and psychiatric diseases. J Pharm Biomed Anal 2021; 194: 113681 [PMID: 33279302 DOI: 10.1016/j.jpba.2020.113681]
- Duttaroy AK. Role of Gut Microbiota and Their Metabolites on Atherosclerosis, Hypertension and Human Blood Platelet 157 Function: A Review. Nutrients 2021; 13 [PMID: 33401598 DOI: 10.3390/nu13010144]
- Fu Y, Wang Y, Gao H, Li D, Jiang R, Ge L, Tong C, Xu K. Associations among Dietary Omega-3 Polyunsaturated Fatty 158 Acids, the Gut Microbiota, and Intestinal Immunity. Mediators Inflamm 2021; 2021: 8879227 [PMID: 33488295 DOI: 10.1155/2021/8879227
- 159 Wan MLY, Co VA, El-Nezami H. Dietary polyphenol impact on gut health and microbiota. Crit Rev Food Sci Nutr 2021; **61**: 690-711 [PMID: 32208932 DOI: 10.1080/10408398.2020.1744512]
- 160 Settanni CR, Bibbò S, Ianiro G, Rinninella E, Cintoni M, Mele MC, Cammarota G, Gasbarrini A. Gastrointestinal involvement of autism spectrum disorder: focus on gut microbiota. Expert Rev Gastroenterol Hepatol 2021; 15: 599-622 [PMID: 33356668 DOI: 10.1080/17474124.2021.1869938]
- Badgeley A, Anwar H, Modi K, Murphy P, Lakshmikuttyamma A. Effect of probiotics and gut microbiota on anti-cancer 161 drugs: Mechanistic perspectives. Biochim Biophys Acta Rev Cancer 2021; 1875: 188494 [PMID: 33346129 DOI: 10.1016/j.bbcan.2020.188494]
- 162 Zhou A, Lei Y, Tang L, Hu S, Yang M, Wu L, Yang S, Tang B. Gut Microbiota: the Emerging Link to Lung Homeostasis and Disease. J Bacteriol 2021; 203 [PMID: 33077630 DOI: 10.1128/JB.00454-20]
- Rawat K, Singh N, Kumari P, Saha L. A review on preventive role of ketogenic diet (KD) in CNS disorders from the gut 163 microbiota perspective. Rev Neurosci 2021; 32: 143-157 [PMID: 33070123 DOI: 10.1515/revneuro-2020-0078]
- Fan X, Jin Y, Chen G, Ma X, Zhang L. Gut Microbiota Dysbiosis Drives the Development of Colorectal Cancer. 164 Digestion 2021; 102: 508-515 [PMID: 32932258 DOI: 10.1159/000508328]
- Gasmi A, Mujawdiya PK, Pivina L, Doşa A, Semenova Y, Benahmed AG, Bjørklund G. Relationship between Gut 165 Microbiota, Gut Hyperpermeability and Obesity. Curr Med Chem 2021; 28: 827-839 [PMID: 32693755 DOI: 10.2174/0929867327666200721160313





### Published by Baishideng Publishing Group Inc 7041 Koll Center Parkway, Suite 160, Pleasanton, CA 94566, USA Telephone: +1-925-3991568 E-mail: bpgoffice@wjgnet.com Help Desk: https://www.f6publishing.com/helpdesk https://www.wjgnet.com

