



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Lines 5-6 / page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Lines 29-30 / page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Lines 2-9 / page 3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Lines 11-20 / page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Lines 22-27 / page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Lines 1-16 / page 5
Timeline	5	Information from this case report organized into a timeline (table or figure)	Not applicable
Patient Information	6a	De-identified demographic and other patient or client specific information	Lines 20 / page 5
	6b	Chief complaint—what prompted this visit?	Lines 19-23 / page 5
	6c	Relevant history including past interventions and outcomes	Lines 25-30 / page 5
Physical Exam	7	Relevant physical examination findings	Lines 1-12 / page 6
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Lines 24-28 / page 6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Lines 1-8 / page 7
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Not applicable
	8d	Prognostic characteristics where applicable	Lines 1-6 / page 20
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Not applicable
	9b	Intervention administration such as dosage, frequency and duration	Not applicable
	9c	Note changes in intervention with explanation	Not applicable
	9d	Other concurrent interventions	Not applicable
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Lines 14-21 / page 7
	10b	Important follow-up diagnostic evaluations	Not applicable
	10c	Assessment of intervention adherence and tolerability, including adverse events	Not applicable
Discussion	11a	Strengths and limitations in your approach to this case	Lines 23-24 / page 7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Lines 25-26 / page 7
	11c	How does this case report suggest a testable hypothesis?	Lines 26 / page 7
	11d	Conclusions and rationale	Lines 1-5/ page 11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Paragraph 2 / page 11
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Lines 20-22 / page 13
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Lines 5-17 / page 14