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**Synchronized early gastric cancer occurred in a patient with serrated polyposis syndrome: A case report**

Ning YZ *et al*. SPS with gastric cancer

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**Abstract**

BACKGROUND

Serrated polyposis syndrome (SPS) is a relatively rare disease that is characterized by multiple serrated lesions/polyps. Very little is known regarding the extracolonic cancers associated with SPS. The genetic basis of the process remains unknown.

CASE SUMMARY

A 67-year-old male patient initially presented with belching and abdominal distension for a year as well as diarrhea for over 2 mo. The patient underwent colonoscopy and was diagnosed with serrated polyposis syndrome. Half a year later, a gastroscopy was performed during the postoperative re-examination to screen for other lesions of the upper gastrointestinal tract. An elevated lesion was detected in the anterior wall of the gastric antrum. Curative *en bloc* resection of the lesion was achieved *via* endoscopic submucosal dissection. The pathological result was high-grade dysplasia with focal intramucosal carcinoma. Exome sequencing was performed for the patient and five gastric cancer-associated variants (methylenetetrahydrofolate reductase, metaxin 1, coiled-coil domain containing 6, glutamate ionotropic receptor delta type subunit 1, and aldehyde dehydrogenase 1) were identified.

CONCLUSION

This paper reports a case that presented with both SPS and early gastric cancer. Genetic mutations that were potentially responsible for this condition were sought by exome sequencing.

**Key Words:** Serrated polyposis syndrome; Early gastric cancer; Gene mutation; Endoscopy; Exome sequencing; Case report

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**Core Tip:** Serrated polyposis syndrome (SPS) is a relatively rare disease. Very little is known regarding the extracolonic cancers associated with SPS. The genetic basis of the process remains unknown. Here, we report a case that presented with SPS and synchronized early gastric cancer. Genetic mutations that were potentially responsible for this condition were sought by exome sequencing.

**INTRODUCTION**

Serrated polyposis syndrome (SPS), previously known as hyperplastic polyposis, is a relatively rare disease that is characterized by multiple serrated lesions/polyps (SL/Ps), mainly in the proximal colon[1]. An increasing body of evidence suggests that patients with SPS have an increased risk of colorectal cancer (CRC) but the genetic basis of the process remains unknown[2]. Also, very little is known regarding the extracolonic cancers associated with SPS. To understand the molecular basis of SPS, it is important to identify the corresponding disease-causing genes. Because whole-exome sequencing can almost cover the entirety of protein-coding regions in the genome, which contains approximately 85% of disease-relevant mutations, it can serve as a powerful tool for cost-effective disease mechanistic research[3].

This paper reports a patient with SPS and synchronized early gastric cancer (GC) treated with endoscopic submucosal dissection (ESD), along with some potential causative mutations found in exome sequencing.

**CASE PRESENTATION**

***Chief complaints***

A 67-year-old male patient initially presented with belching and abdominal distension for a year as well as diarrhea for over 2 mo.

***History of present illness***

The patient had no history of present symptoms.

***History of past illness***

The patient had a history of hypertension that was well controlled with medication.

***Personal and family history***

No personal or family history of SPS or cancers was reported.

***Physical examination***

Physical examination was unremarkable.

***Laboratory examinations***

Since the patient was *Helicobacter pylori* negative, the diagnosis of *H. pylori* infection-related GC was excluded.

***Imaging examinations***

The patient underwent colonoscopy and found multiple flat and sessile polyps located throughout different segments of the colon and ranging from 5 to 20 mm in diameter. More than 10 polyps were removed and pathological examination confirmed most polyps to be sessile serrated lesions (SSLs) and 4 as tubular adenoma, all without severe dysplasia (Figure 1A). The diagnosis of SPS was established. Half a year later, a gastroscopy was performed during the postoperative re-examination to screen for other lesions of the upper gastrointestinal tract. An elevated lesion was detected in the anterior wall of the gastric antrum (Figure 1B).

***Methods of genetic analysis***

Total genome DNA from peripheral blood was extracted using the cetrimonium bromide/sodium dodecyl sulfate method. Gene libraries were constructed and paired-end sequencing was performed using the Illumina® HiSeq platform. Statistics was mapped with a reference genome using Burrows-Wheeler Alignment software (parameters: mem-t4-k32-M) and the duplicates were removed by Picard. Individual single nucleotide polymorphism (SNP) variations were detected using the Genome Analysis Toolkit. Subsequently, annotation of the detected SNPs was performed using SnpEff.

***Results of genetic analyses***

To explore the molecular characteristics of the patient, sequencing analysis was performed. Exome sequencing identified 3111 nonsynonymous single nucleotide variants in the exon region. These genes were filtered by the mutation data in ClinVar, COSMIC v90 and previous genome-wide association study reports. Five GC-associated variants (methylenetetrahydrofolate reductase [MTHFR], metaxin 1 [MTX1], coiled-coil domain containing 6 [CCDC6], glutamate ionotropic receptor delta type subunit 1 [GRID1], and aldehyde dehydrogenase 1 [ALDH2]) were identified, as shown in Table 1. Additionally, a cross check for genes that has been reported as causative of SPS or relating to the serrated pathway was performed. The BRAF V600E and KRAS G12D mutations, common hotspot mutations in SPS, were not found.

**FINAL DIAGNOSIS**

The pathological result of the lesion in the gastric antrum was high-grade dysplasia with focal intramucosal carcinoma.

**TREATMENT**

Curative *en bloc* resection of the lesion was achieved *via* endoscopic submucosal dissection (ESD).

**OUTCOME AND FOLLOW-UP**

The lesion in gastric antrum was considered to be curatively resected. No recurrence was observed on her last esophagogastroduodenoscopy surveillance 1 year after surgery.

**DISCUSSION**

SL/Ps include hyperplastic polyps, traditional serrated adenoma, and SSLs. SPS was redefined by World Health Organization (WHO) in 2019 and its diagnosis is based on the cumulative number of serrated lesions in a patient who meets one of the two following WHO criteria: ≥ 5 SL/Ps proximal to the rectum, all ≥ 5 mm in size and including ≥ 2 Larger than 10 mm; or > 20 SL/Ps of any size distributed throughout the colon, with ≥ 5 proximal to the rectum[1]. The true prevalence of SPS is likely under-recognized and not diagnosed because of the need to keep track of the cumulative lifetime number of SL/Ps in a patient[4]. To monitor for risk of malignant progression, endoscopic surveillance is recommended for all patients every 1 year to 3 years[5]; however, suitable monitoring schedules remain controversial.

SL/Ps are currently recognized as the precursors of CRC and SPS has been considered a high-risk condition for CRC. However, there are only a few reported cases of SPS patients having extracolonic malignancies and the association between SPS and extracolonic cancer risk in various studies are not consistent. In their American cohort, Jasperson *et al*[6] found 12 of 51 SPS patients (24%) had a history of extracolonic tumors, but none were found to have gastric lesions. Hazewinkel *et al*[7] reported 9 of 105 SPS patients (8.6%) from five medical centers in Europe, which did not significantly differ from the expected number of the general population, but the cancer-specific risk was not estimated. A Korean study[8] reported the diagnosis of stomach cancer in 2 of 30 SPS patients (6.7%) *via* esophagogastroduodenoscopy, suggesting that Asian patients with SPS require screening of the upper gastrointestinal tract. The lack of data makes it difficult to determine whether patients with SPS are at increased risk of extracolonic cancers or whether these tumors were unrelated to SPS.

In the present case, the stomach lesion was detected in the postoperative re-examination 6 mo after the diagnosis of SPS. As gastroscopy was not performed when the sessile serrated lesions were removed from the colon, the condition of any GC at that time cannot be confirmed. This emphasizes the importance of upper gastrointestinal tract screening in SPS patients.

To date, some molecular signatures of the serrated pathway of CRC formation have been described, including BRAF and KRAS mutations, microsatellite instability and CpG island methylator phenotype. However, the molecular processes of tumorigenesis are still largely unknown, let alone the molecular characteristics of synchronized cancers. Having sequenced the exosome of the patient’s peripheral blood, five variants (MTHFR, MTX1, CCDC6, GRID1, and ALDH2), which are reportedly related to GC, were identified. MTHFR encodes a key enzyme in the folate metabolism pathway, with MTHFR polymorphisms having a functional impact on metabolism[9]. ALDH2, encoding tissue alcohol metabolizing enzymes, can influence acetaldehyde levels in the stomach, which increase the risk of GC through a variety of mechanisms[10]. MTX1 encodes metaxin-1, a mitochondrial protein involved in tumor necrosis factor-induced cell death[11]. MTX1 is overexpressed in GC tissue compared with paired normal tissues, and patients with higher MTX1 expression experience a poorer prognosis[12]. CCDC6, which is recognized as the target gene of microRNA-149-5p (miR-149-5p) and miR-19b-3p[13], inhibits cell proliferation and the epithelial-mesenchymal transition and facilitates cell apoptosis[14]. Although the glutamate receptor GRID1 exclusively functions in the central nervous system, recent evidence suggests that GRID1 may also be involved in multiple kinds of malignant processes during the progression of cancer[15]. As the annotation information of SPS-related genes is limited, we could only first identify the mutations that are reportedly closely related to GC. Considering the characteristics of this patient, these five mutations are presumably associated with both GC and SPS. The mechanism by which these genes affect the pathogenesis of GC and SPS remains to be determined.

Here, exome sequencing was performed for a patient with SPS and synchronized early GC. Although a single patient is not sufficient to identify potential genetic characteristics of SPS, the findings still add to the body of knowledge on the molecular mechanism underpinning SPS with synchronized GC. Further validation experiments using resected specimen are necessary to clarify the effect of mutations on GC and SPS.

**CONCLUSION**

In conclusion, this paper reports a case that presented with both SPS and early GC. Genetic mutations that were potentially responsible for this condition were identified by exome sequencing. Further studies are needed regarding the extracolonic cancer risk of SPS patients.

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**Footnotes**

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**Figure Legends**

**Figure 1** **Narrow-band imaging magnified observation.** A: The first colonoscopy removed over 10 polyps and the diagnosis of serrated polyposis syndrome was established. A flat polyp with a size of 1.0 cm × 0.8 cm was observed in the ascending colon. The surface of the polyp was cloudy and the boundary was not clear. Type II open-shape pit pattern was seen by narrow-band imaging magnified observation after indigo carmine acetic acid staining; B: An elevated lesion was detected in the anterior wall of the gastric antrum at the gastroscopy. Upon white light endoscopy, a type IIc lesion approximately 1.2 cm × 1.0 cm in size could be seen in the anterior wall of the gastric antrum, with a small amount of white fur attached to the surface. Narrow-band imaging magnified observation showed the dividing line and the enlarged and irregular gland. No obvious abnormal blood vessels were found.

**Table 1 Details of five gastric cancer-associated variants**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Gene** | **Chr** | **Mutation** | **SIFT/Polyphen\_2/MT** | **Pathways** |
| *MTHFR* | 1 | exon5:c.C788T:p.A263V | D/D/P | Folate metabolism |
|  |  | exon5:c.C665T:p.A222V |
| *MTX1* | 1 | exon1:c.T187A:p.S63T | - | Metabolism of proteins |
| *CCDC6* | 10 | exon9:c.C1408A:p.P470T | D/D/P | DNA damage response, Cell cycle, Apoptosis |
| *GRID1* | 10 | exon11:c.G1585A:p.V529I | D/D/D | Peptide ligand-binding receptors |
| *ALDH2* | 12 | exon11:c.G1369A:p.E457K | D/D/P | Ethanol degradation, Cytochrome P450 |
|  |  | exon12:c.G1510A:p.E504K |

Chr: Chromosome; D: Deleterious; P: Possibly deleterious.



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