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ABOUT COVER

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Retrospective Study

Development and validation of a prediction model for moderately severe and severe acute pancreatitis in pregnancy

Du-Jiang Yang, Hui-Min Lu, Yong Liu, Mao Li, Wei-Ming Hu, Zong-Guang Zhou

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Abstract

BACKGROUND

The severity of acute pancreatitis in pregnancy (APIP) is correlated with higher risks of maternal and fetal death.

AIM

To develop a nomogram that could predict moderately severe and severe acute pancreatitis in pregnancy (MSIP).

METHODS

Patients with APIP admitted to West China Hospital between January 2012 and December 2018 were included in this study. They were divided into mild acute pancreatitis in pregnancy (MAIP) and MSIP. Characteristic parameters and laboratory results were collected. The training set and test set were randomly divided at a ratio of 7:3. Least absolute shrinkage and selection operator regression was used to select potential prognostic factors. A nomogram was developed by logistic regression. A random forest model was used to validate the stability of the prediction factors. Receiver operating characteristic curves and calibration curves were used to evaluate the model's predictive performance.

RESULTS

A total of 190 patients were included in this study. A total of 134 patients (70.5%) and 56 patients (29.5%) were classified as having MAIP and MSIP, respectively. Four independent predictors (lactate dehydrogenase, triglyceride, cholesterol, and albumin levels) were identified for MSIP. A nomogram prediction model based on these factors was established. The model had areas under the curve of 0.865 and 0.853 in the training and validation sets, respectively. The calibration curves showed that the nomogram has a good consistency.

CONCLUSION

A nomogram including lactate dehydrogenase, triglyceride, cholesterol, and albumin levels as independent predictors was built with good performance for MSIP prediction.

Key Words: Acute pancreatitis; Prediction model; Pregnancy; Severity; Nomogram; Random forest

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Core Tip: The severity of acute pancreatitis in pregnancy (APIP) is correlated with higher risks of maternal and fetal death. Few studies have focused on APIP severity prediction. We identified four predictors developed and established a prediction nomogram model for pregnant patients with moderate and severe acute pancreatitis. This model achieved good concordance indexes and may help guide doctors in the management of APIP.

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INTRODUCTION

Acute pancreatitis (AP) is the most common gastrointestinal disease requiring acute admission to the hospital[1]. The incidence of acute pancreatitis in pregnancy (APIP) varies from 1/10000 to 11.3/10000 [2,3]. Geng *et al*[4] showed that APIP contributes to increased maternal death and fetal loss. Previous studies have shown that the maternal and perinatal mortality rates of APIP are as high as 3.3% and 11.6%-18.7%, respectively[4,5]. According to the revised Atlanta classification, AP was classified as mild acute pancreatitis (MAP), moderately severe acute pancreatitis (MSAP), and severe acute pancreatitis (SAP)[6]. MSAP and SAP develop in 20% of AP patients. Although, management strategies such as fluid resuscitation, early enteral nutrition, and organ supportive care are usually performed in the clinical setting, the mortality rate of MSAP and SAP can be as high as 35%, which is significantly higher than that of MAP[7,8]. Furthermore, some studies have shown that APIP severity is significantly associated with a higher risk of maternal and fetal death[5,9]. The first week after AP onset is usually defined as the early phase[6]. It would be useful in clinical management if the severity of APIP could be predicted in the early phase. Currently, several prediction systems, including the Acute Physiology and Chronic Health Evaluation, Ranson score, and Bedside Index for Severity in AP, are usually used for AP patients. However, the sensitivity and specificity of these prediction systems are not high enough, and cumbersome items limit their clinical use[10]. At present, few scoring systems have been designed for patients with APIP[11]. Therefore, this study aimed to develop a simple and useful prediction model to predict moderately severe and severe acute pancreatitis in pregnancy (MSIP).

MATERIALS AND METHODS

Study design and patients

We retrospectively collected the medical records of patients who were diagnosed with AP during pregnancy at West China Hospital from January 2012 to December 2018. Patients meeting the following criteria were excluded: (1) Were readmitted (only included first-time record); (2) Received a cesarean section before admission to West China Hospital; (3) Had a length of more than 7 d from AP onset to admission; (4) Had chronic kidney dysfunction; and (5) Had any missing data of candidate variables. The Ethics Committee of West China Hospital approved the study, and it was conducted according to the Declaration of Helsinki.

Data collection

The following clinical variables were collected: age, etiology (hypertriglyceridemia, gallstones, other), comorbidities (hypertension, diabetes, fatty liver), smoking, drinking, length of time from onset to admission, gestational weeks on admission, trimester of pregnancy on admission, blood infection, length of hospital stay (LOS), fetal death, and maternal hospital mortality. All laboratory variables were tested in the hospital, including hematocrit, platelet, white blood cell (WBC), and neutrophil levels. Laboratory variables were collected within 48 h of admission. The average levels of retested laboratory

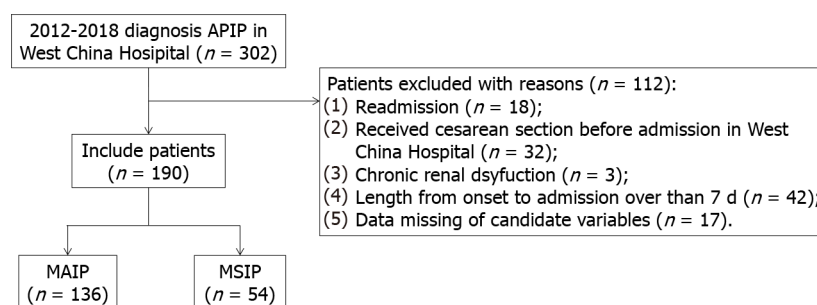


Figure 1 Flow chart of the study. APIP: Acute pancreatitis in pregnancy; MAIP: Mild acute pancreatitis in pregnancy; MSIP: Moderately severe and severe acute pancreatitis in pregnancy.

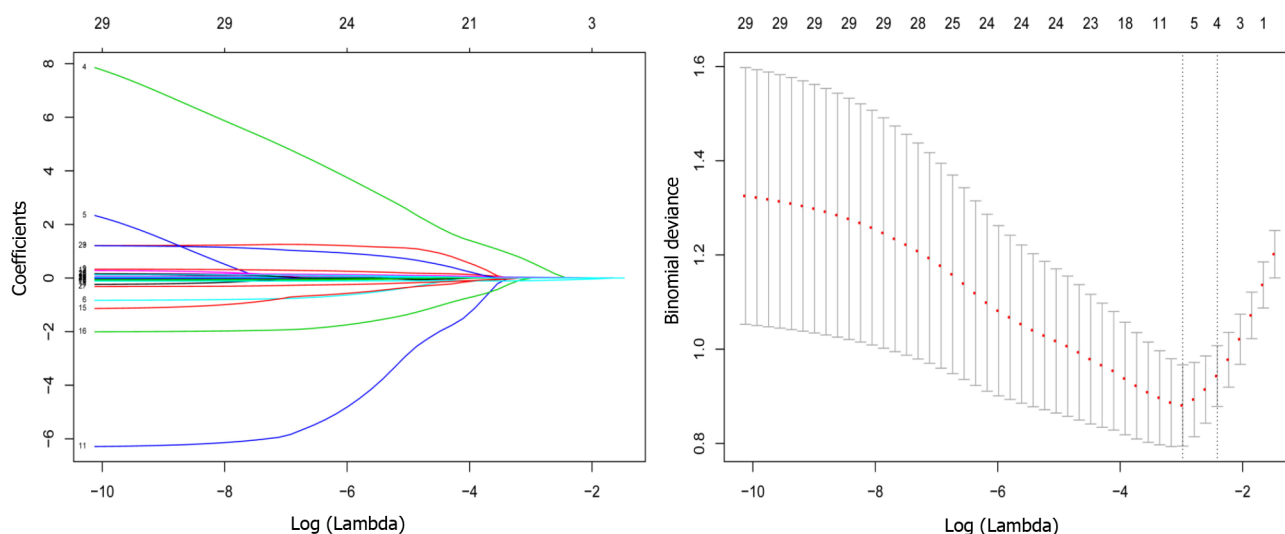


Figure 2 Selection of risk factors of moderately severe and severe acute pancreatitis in pregnancy using the least absolute shrinkage and selection operator logistic regression algorithm. Least absolute shrinkage and selection operator coefficient profiles of the 29 candidate variables. For the optimal lambda, 4 features with a non-0 coefficient were selected.

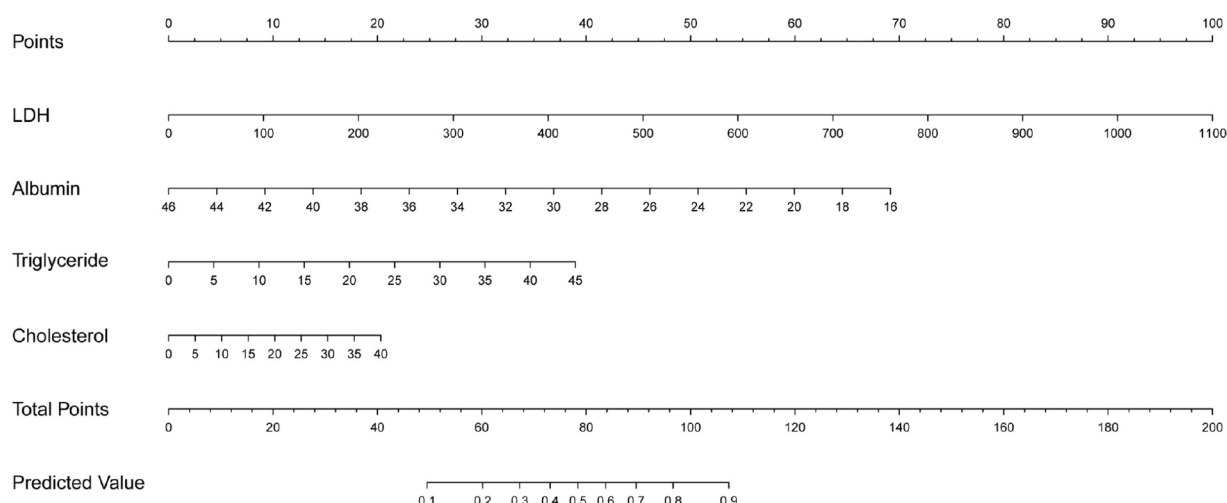


Figure 3 Nomogram for predicting moderately severe and severe acute pancreatitis in pregnancy. Nomogram including four risk factors (lactate dehydrogenase, triglyceride, cholesterol, and albumin were identified as risk factors) to predict moderately severe and severe acute pancreatitis in pregnancy. LDH: Lactate dehydrogenase.

variables are shown.

Candidate variables were age, etiology, comorbidity, smoking, drinking, gestational weeks on admission, trimester of pregnancy on admission, length of time from onset to admission, blood

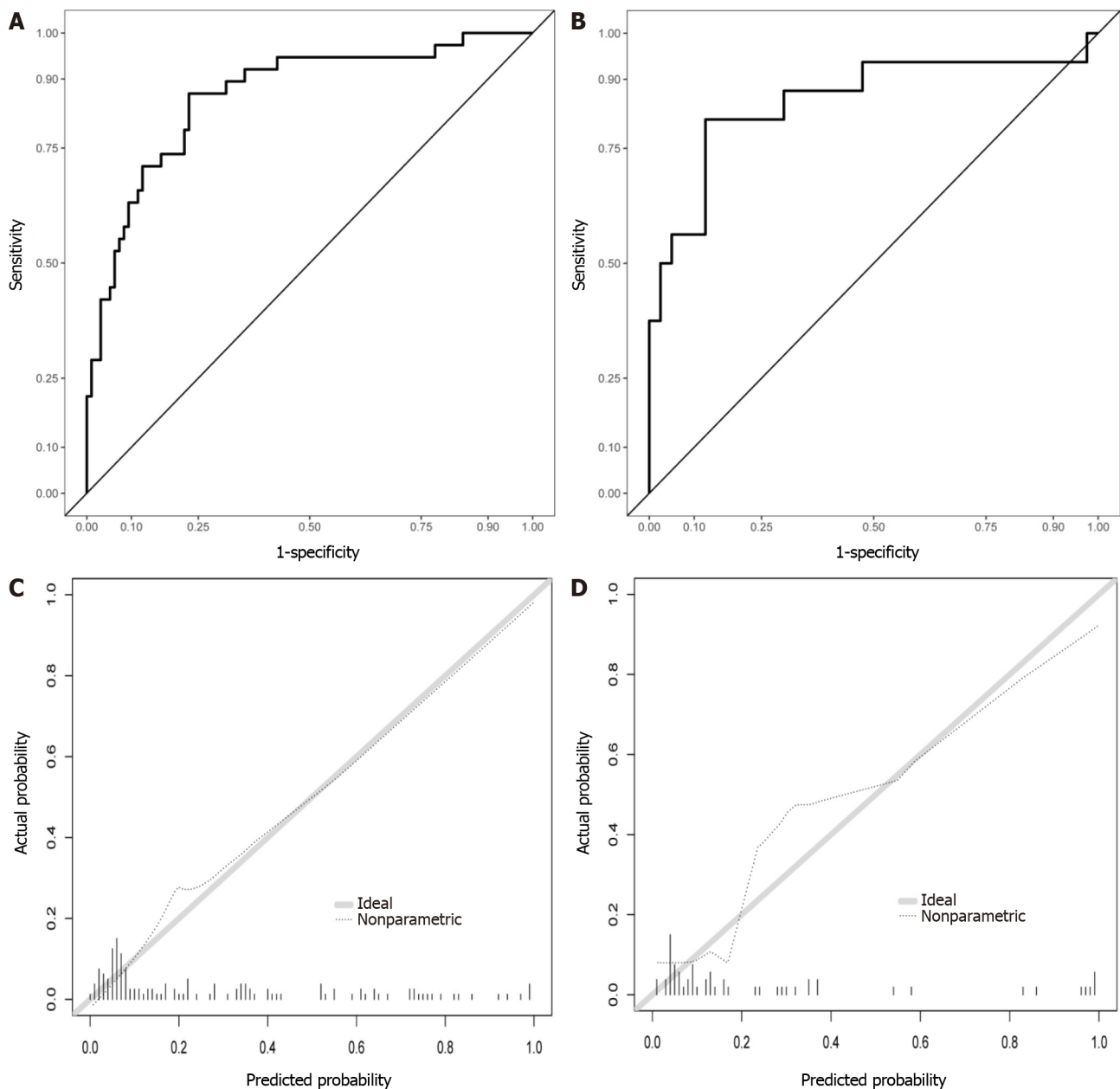


Figure 4 Performance of the nomogram in moderately severe and severe acute pancreatitis in pregnancy prediction. A: Receiver operating characteristic curves in the training set; B: Receiver operating characteristic curves in test set; C: Calibration curves of training set; D: Calibration curves of the test set.

infection, and hematocrit, platelet, WBC, neutrophil, lymphocyte, monocyte, alanine aminotransferase, albumin, creatinine, aspartate aminotransferase, alkaline phosphatase, creatine kinase, lactate dehydrogenase (LDH), triglyceride, cholesterol, high-density lipoprotein, low-density lipoprotein, sodium, potassium, and chlorine levels..

Definitions

According to the revised Atlanta Classification of Acute Pancreatitis[6], a diagnosis of acute pancreatitis requires two of the following three features: (1) abdominal pain consistent with acute pancreatitis (acute onset of a persistent, severe, epigastric pain often radiating to the back); (2) serum lipase activity (or amylase activity) at least three times greater than the upper limit of normal; and (3) characteristic findings of acute pancreatitis on contrast-enhanced computed tomography, and less commonly on magnetic resonance imaging or transabdominal ultrasonography. The grades of severity were also based on the revised Atlanta Classification of Acute Pancreatitis[6]. Patients with persistent organ failure (> 48 h) were classified as having severe acute pancreatitis. Patients with transient organ failure (< 48 h) and/or local or systemic complications without persistent organ failure were classified as having moderately severe acute pancreatitis. Organ failure was classified according to the Modified Marshall scoring system for organ dysfunction[6]. Patients who needed mechanical ventilation or had a

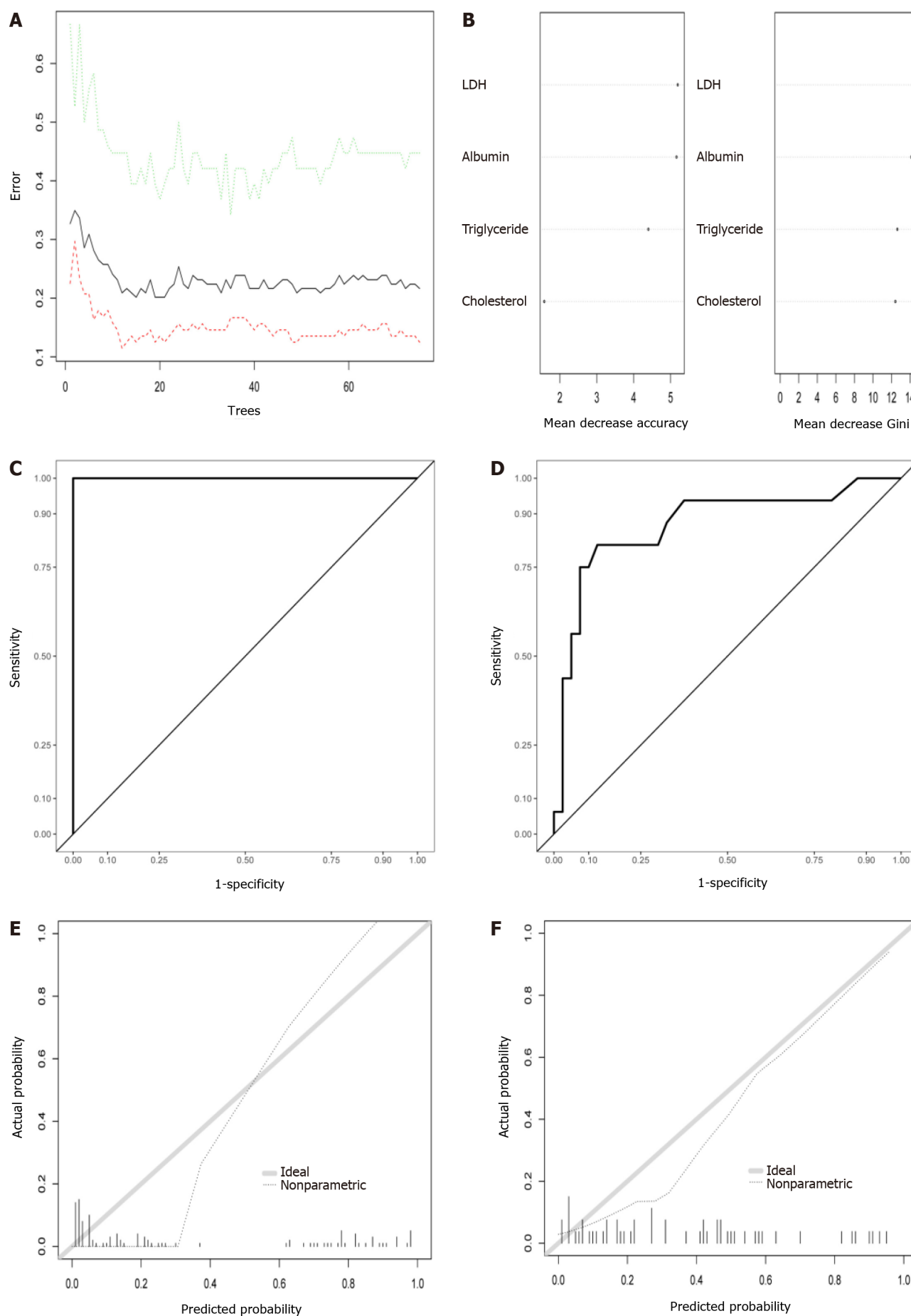


Figure 5 Development and assessment of the random forest algorithm in moderately severe and severe acute pancreatitis in pregnancy

prediction. A: Relationship between out-of-bag error and number of trees. In total, 75 trees are selected to establish a random forest model; B: Feature importance; C: Receiver operating characteristic curves in the training set; D: Receiver operating characteristic curves in test set; E: Calibration curves of training set; F: Calibration curves of the test set.

PaO₂/FiO₂ ratio less than 300 were diagnosed with respiratory failure. Patient need for vasopressor support was thought to indicate cardiovascular failure. When the serum creatinine level was over 170 μmol/L, renal failure was diagnosed. Blood infection was defined as described in a previous study[12].

Statistical analysis

Data are expressed as the mean ± SD for normally distributed continuous variables and as the median (interquartile range) for nonnormally distributed variables. Categorical data are expressed as numbers (percentages). Student's t-test was used to compare normally distributed continuous variables, and the Wilcoxon rank-sum test was used to compare nonnormally distributed continuous variables. The χ^2 -test or Fisher's exact test was used to compare categorical variables. Statistical analysis was performed using R software. (Version 3.6.1) A 2-sided *P* value < 0.05 was considered statistically significant.

First, least absolute shrinkage and selection operator (LASSO) regression was used to select potential prognostic factors from the candidate variables. Logistic regression was used to develop a nomogram. The random forest model further validated the predictive performance of the selected factors. To reduce the risk of overfitting, the whole dataset was randomly divided into the training set and validation set at a ratio of 7:3. The model's development was based on the training set, and the model's performance assessment was based on the validation set. Finally, a new nomogram based on the selected predictors was established. Receiver operating characteristic (ROC) curves and calibration curves were used to evaluate the model's predictive performance. ROC curves were calculated to estimate the discrimination of the prediction model. Calibration curves were plotted to evaluate the consistency between the predicted MSIP probability and actual MSIP proportion. Values of 1 and 0.5 indicated perfect discrimination and no discrimination, respectively.

RESULTS

Basic characteristics of the participants

Figure 1 shows the flow chart of the study. During the 7 years, 302 patients with APIP were admitted to West China Hospital. A total of 112 patients were excluded for various reasons, such as readmission, having a cesarean section before admission, and missing data. Finally, a total of 190 patients with APIP were included in this study. Among them, 134 patients (70.5%) were classified as having MAIP, and 56 patients (29.5%) were classified as having MSIP. The overall characteristics of the patients are presented in **Table 1**.

The mean ages of the MAIP and MSIP groups were 27.61 ± 5.25 years and 29.46 ± 5.57 years, respectively. Patients in the MSIP group were significantly older than those in the MAIP group (*P* = 0.032). The most common cause of APIP in both groups was hypertriglyceridemia. Biliary disease was the second most common cause of APIP, which was found in 45 (33.1%) and 19 (35.2%) patients in the MAIP and MSIP groups, respectively. The number of patients with diabetes in the MSIP group was significantly higher than that in the MAIP group (*P* = 0.001). The rate of blood infections (*P* < 0.001) in the MSIP group was significantly higher than that in the MAIP group. The LOS (*P* < 0.001) in the MSIP group was significantly longer than that in the MAIP group, and the rate of fetal deaths (*P* < 0.001) in the MSIP group was significantly higher than that in the MAIP group. Other clinical indicators were not different between the two groups.

Laboratory indices such as WBC (*P* = 0.035), neutrophil (*P* = 0.019), alanine aminotransferase (*P* = 0.006), albumin (*P* < 0.001), creatinine (*P* < 0.001), alkaline phosphatase (*P* = 0.020), creatine kinase (*P* < 0.001), LDH (*P* < 0.001), triglyceride (*P* < 0.001), cholesterol (*P* < 0.001), high density lipoprotein (*P* = 0.001), and sodium (*P* = 0.004) levels were significantly different between the two groups (*P* < 0.05).

Identification and validation of predictive factors for patients with MSIP

Variable selection using the LASSO regression model: The data were randomly divided into the training set and test set at a ratio of 7:3. The characteristics of the patients in the training and test sets are displayed in **Table 2**. Most of the included variables were well balanced between the two groups. Four variables (albumin, lactate dehydrogenase, triglyceride, and cholesterol levels) had nonzero coefficients in the LASSO regression model based on the analysis of the whole dataset (**Figure 2**).

Logistic regression development and validation prediction model: Four selected variables albumin, lactate dehydrogenase, triglyceride, and cholesterol levels, were incorporated into the nomogram model (**Figure 3**). The ROC curves and calibration curves of the training set and test set are shown in **Figure 4**. The parameters of the ROC curve at the optimal cutoff point are displayed in **Table 3**. The areas under

Table 1 Demographics and clinical characteristics of acute pancreatitis patients in pregnancy

Parameters	MAIP (n = 136)	MSIP (n = 54)	P value
Age	27.61 ± 5.25	29.46 ± 5.57	0.032
Etiology			0.514
Hypertriglyceridemia	50 (36.8)	24 (44.4)	
Gallstone	45 (33.1)	19 (35.2)	
Other	41 (30.1)	11 (20.4)	
Comorbidity			
Hypertension	0 (0.0)	2 (3.7)	0.080
Diabetes	8 (5.9)	13 (24.1)	0.001
Fatty liver disease	32 (23.5)	16 (29.6)	0.492
Smoking	3 (2.2)	2 (3.7)	0.937
Drinking	4 (2.9)	1 (1.9)	1.000
Trimester of pregnancy on admission			
Early (1–12 wk)	9 (6.6)	3(5.6)	
Mid (12–24 wk)	31 (22.8)	10(18.5)	
Late (24–40 wk)	96 (70.6)	41(75.9)	
Gestational weeks on admission	28.04 ± 7.72	28.80 ± 6.64	0.520
Onset to admission (days)	1.59 ± 1.37	1.88 ± 1.65	0.220
Blood infection	0 (0.0)	8 (14.8)	< 0.001
LOS	7.25 ± 4.27	11.88 ± 7.42	< 0.001
Fetal death	3 (2.2)	13(24.1)	< 0.001
Maternal hospital mortality	0 (0.0)	1(2.9)	0.284
Hematocrit	0.33 ± 0.05	0.32 ± 0.06	0.155
Platelet	164.42 ± 55.01	147.55 ± 65.17	0.072
WBC	12.59 ± 4.71	14.15 ± 4.15	0.035
Neutrophils	10.86 ± 4.40	12.49 ± 3.97	0.019
Lymphocytes	1.01 ± 0.40	0.88 ± 0.47	0.068
Monocytes	0.55 ± 0.23	0.48 ± 0.27	0.064
Alanine aminotransferase	50.94 ± 78.74	19.57 ± 37.40	0.006
Albumin	34.22 ± 3.70	29.36 ± 5.17	< 0.001
Creatinine	42.57 ± 9.30	75.87 ± 100.15	< 0.001
Aspartate aminotransferase	51.17 ± 67.61	35.07 ± 50.13	0.115
Alkaline phosphatase	113.56 ± 52.19	95.38 ± 36.87	0.020
Creatine kinase	36.20 ± 25.87	126.36 ± 213.49	< 0.001
LDH	185.32 ± 66.39	346.93 ± 208.95	< 0.001
Triglyceride	5.87 ± 6.72	12.57 ± 7.34	< 0.001
Cholesterol	7.34 ± 5.63	12.80 ± 6.64	< 0.001
High density lipoprotein	1.40 ± 0.48	1.16 ± 0.39	0.001
Low density lipoprotein	2.24 ± 1.23	1.94 ± 1.59	0.158
Sodium	135.62 ± 3.82	133.57 ± 5.43	0.004
Potassium	3.76 ± 0.34	3.83 ± 0.46	0.294
Chlorine	102.17 ± 4.46	102.44 ± 6.40	0.735

MAIP: Mild acute pancreatitis in pregnancy; MSIP: Moderately severe and severe acute pancreatitis in pregnancy; LOS: Length of hospital stay; WBC: White blood cell; LDH: Lactate dehydrogenase.

the curve in the training and validation sets were 0.865 and 0.853, respectively. The calibration curves showed that the nomogram has good consistency. The positive predictive value was 0.8750, and the negative predictive value was 0.8125.

Random forest model development and validation prediction model: The relationship between out-of-bag error and the number of trees is shown in Figure 5A. In total, 100 trees were selected to establish a random forest model. Two methods were used to rank the importance of the variables (Figure 5B). The ROC curves are shown in Figure 5C and D, and the optimal cutoff point is displayed in Table 3. In addition, the calibration curves indicated good agreement between the predicted probability and observed probability for MSIP in the training and test sets (Figure 5E and F).

DISCUSSION

APIP was thought to be associated with high rates of maternal death and fetal loss. The early and accurate prediction of APIP severity is of great importance for effective therapy. Previous studies have not only focused on the treatments of APIP[13,14] but have also shown interest in the prediction factors for APIP[15]. A single prediction factor cannot achieve the expected predictive power. Therefore, it is necessary to establish a multifactor model to predict the severity of APIP to help with risk stratification and management. In the present study, a new prediction model consisting of four risk factors (albumin, lactate dehydrogenase, triglyceride, and cholesterol levels) with good predictive value was built and verified.

Hypertriglyceridemia (HTG) induced APIP has received continuous attention[16-18]. HTG-induced AP is defined as AP patients with a triglyceride level above 1000 mg/dL (11.3 mmol/L) alone, or 500 mg/dL (5.65 mmol/L) accompanied by lipemic or lactescent blood, after excluding other etiologies[19]. In a recent study by Olesen *et al*[20], the mean incidence rate of HTG associated pancreatitis was 1.4 (95%CI, 1.1-1.7) per 100000 person-years and it has increased year by year. In addition, AP patients with severe HTG are not rare in Asia[21]. High-fat diets are common among pregnant women in China. In some studies, HTG was the second leading cause of AP in China[22,23]. In our study, HTG (38.9%) was the leading cause of APIP. A higher level of triglycerides not only contributes to more severe pancreatitis[21,24-26] but is also associated with more severe complications[27]. Thus, the detection of HTG is very important in APIP prediction.

As a cytoplasmic enzyme, LDH is widely expressed in tissues. It converts pyruvate to lactate when oxygen is in short supply[28]. In some disease conditions, such as tissue injury, hypoxia, or necrosis, elevated LDH levels are observed[29,30]. As a systemic inflammatory disease, AP can lead to organ dysfunction and pancreatic or peripancreatic necrosis when the disease progresses. Thus, LDH was recognized as a prognostic factor for severe AP in the 1992 Atlanta criteria[31]. More studies have shown that LDH is a useful predictor of AP severity[32,33]. Furthermore, LDH is used not only for the prediction of severity but also for the prediction of organ failure in AP patients[34]. A recent study displayed the high prediction ability of LDH in SAP prediction when levels were over 273.04 U/L[35]. In a study by Cui, an LDH level over 647 U/L showed a good ability to predict persistent organ failure in patients with AP[36]. In this study, LDH was the most important factor in the accuracy and Gini rank of the random forest model. Additionally, LDH accounted for the highest score in the final nomogram model. Moreover, convenient laboratory tests for LDH could be routinely utilized in the clinical setting.

Although hypercholesterolemia is a known risk factor for cardiovascular diseases, with further investigation of AP, the relationship between AP and hypercholesterolemia has been revealed. Hypercholesterolemia may lead to inflammatory responses, lysosomal damage, and proinflammatory cytokine secretion[37,38]. In particular, it promotes the augmentation of toll-like receptor signaling, which plays a significant proinflammatory role in the progression of AP[39]. Clinical studies also found a relationship between cholesterol and AP. Cholesterol is not only associated with AP occurrence[40] but is also thought to be an early predictor of persistent organ failure and mortality in AP patients[41, 42]. Some studies have produced inconsistent conclusions. Some reported that cholesterol was not identified as an independent risk factor for SAP[43,44]. However, cholesterol was thought to be a predictor of SAP development in the study by Hong *et al*[45]. Thus, it is unclear whether the relationship between AP severity and cholesterol is linear. A recent study suggested that cholesterol levels have a U-shaped association with AP severity[46]. This may explain the different conclusions in previous studies.

Some studies have shown that decreases in albumin levels predict the severity of AP[47,48]. An albumin level less than 30 g/L was an independent risk factor for acute respiratory distress syndrome in SAP patients[49]. In the present study, the albumin levels of patients in the MSIP group were less than

Table 2 Demographic and clinical characteristics of patients in training group

Parameters	Training set			Test set		
	MAIP (96)	MSIP (38)	P value	MAIP (40)	MSIP (16)	P value
Age	27.16 ± 5.46	30.13 ± 6.09	0.007	28.70 ± 4.60	27.88 ± 3.79	0.528
Etiology			0.620			0.804
Hypertriglyceridemia	32 (33.3)	18 (47.4)		18 (45.0)	7 (43.8)	
Gallstone	36 (37.5)	13 (34.2)		9 (22.5)	5 (31.2)	
Other	28 (29.2)	7 (18.4)		13 (32.5)	4 (25.0)	
Comorbidity						
Hypertension	0 (0.0)	2 (5.3)	0.079	0 (0.0)	0 (0.0)	-
Diabetes	6 (6.3)	9 (23.7)	0.012	2 (5.0)	4 (25.0)	0.049
Fatty liver disease	20 (20.8)	11 (28.9)	0.437	12 (30.0)	5 (31.2)	1.000
Smoking	1 (1.0)	2 (5.3)	0.400	2 (5.0)	0 (0.0)	0.909
Drinking	3 (3.1)	1 (2.6)	1.000	1 (2.5)	0 (0.0)	1.000
Trimester of pregnancy on admission						
Early (1–12 wk)	6 (6.3)	2 (5.3)		3 (7.5)	1 (6.3)	
Mid (12–24 wk)	22 (22.9)	8 (21.1)		9 (22.5)	2 (12.5)	
Late (24–40 wk)	68 (70.8)	28 (73.7)		28 (70.0)	13 (81.3)	
Gestational weeks on admission	27.53 ± 7.52	29.74 ± 6.34	0.113	29.25 ± 8.15	26.56 ± 7.01	0.252
Onset to admission (d)	1.63 ± 1.35	2.12 ± 1.87	0.090	1.50 ± 1.44	1.29 ± 0.63	0.586
Blood infection	0 (0.0)	6 (15.8)	< 0.001	0 (0.0)	2 (12.5)	0.139
LOS	6.99 ± 4.43	23.11 ± 48.52	< 0.001	7.90 ± 3.63	18.25 ± 12.96	0.001
Fetal death	1 (1.0)	9 (23.7)	< 0.001	2 (5.0)	4 (25.0)	0.049
Maternal hospital mortality	0 (0.0)	1 (2.6)	0.284	0 (0.0)	0 (0.0)	-
Hematocrit	0.33 ± 0.05	0.32 ± 0.06	0.734	0.33 ± 0.05	0.30 ± 0.05	0.040
Platelet	169.57 ± 56.91	141.97 ± 61.66	0.015	152.07 ± 48.61	160.80 ± 73.24	0.604
WBC	12.89 ± 4.82	13.94 ± 4.10	0.239	11.87 ± 4.42	14.64 ± 4.37	0.038
Neutrophils	11.19 ± 4.52	12.34 ± 3.83	0.166	10.09 ± 4.06	12.85 ± 4.39	0.029
Lymphocytes	1.00 ± 0.38	0.91 ± 0.49	0.246	1.01 ± 0.44	0.81 ± 0.41	0.129
Monocytes	0.55 ± 0.23	0.48 ± 0.29	0.147	0.56 ± 0.25	0.47 ± 0.22	0.249
Alanine aminotransferase	55.20 ± 82.18	22.91 ± 44.14	0.024	40.73 ± 69.69	11.62 ± 6.40	0.103
Albumin	34.44 ± 3.72	29.68 ± 5.49	< 0.001	33.71 ± 3.62	28.62 ± 4.41	< 0.001
Creatinine	42.90 ± 9.16	86.27 ± 117.45	< 0.001	41.78 ± 9.69	51.17 ± 22.10	0.030
Aspartate aminotransferase	54.45 ± 69.25	40.67 ± 58.67	0.281	43.33 ± 63.66	21.77 ± 10.97	0.186
Alkaline phosphatase	114.05 ± 51.61	100.65 ± 37.29	0.148	112.39 ± 54.23	82.86 ± 33.70	0.048
creatine kinase	36.46 ± 26.55	129.89 ± 242.89	< 0.001	35.58 ± 24.47	117.98 ± 124.10	< 0.001
LDH	183.85 ± 63.85	356.97 ± 234.19	< 0.001	188.86 ± 72.86	323.09 ± 134.59	< 0.001
Triglyceride	5.44 ± 6.86	12.62 ± 8.01	< 0.001	6.91 ± 6.33	12.46 ± 5.66	0.004
cholesterol	6.79 ± 4.43	12.19 ± 6.18	< 0.001	8.68 ± 7.70	14.24 ± 7.63	0.018
High density lipoprotein	1.42 ± 0.49	1.18 ± 0.39	0.007	1.34 ± 0.43	1.12 ± 0.40	0.078
Low density lipoprotein	2.27 ± 1.18	2.00 ± 1.58	0.282	2.17 ± 1.35	1.78 ± 1.67	0.364
Sodium	135.91 ± 3.19	133.94 ± 5.71	0.012	134.93 ± 5.01	132.68 ± 4.72	0.129
Potassium	3.76 ± 0.30	3.88 ± 0.47	0.075	3.78 ± 0.44	3.71 ± 0.45	0.588

Chlorine	102.63 ± 4.22	103.14 ± 6.80	0.597	101.06 ± 4.85	100.78 ± 5.14	0.849
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MAIP: Mild acute pancreatitis in pregnancy; MSIP: Moderately severe and severe acute pancreatitis in pregnancy; LOS: Length of hospital stay; WBC: White blood cell; LDH: Lactate dehydrogenase.

Table 3 Receiver operating characteristic curves at the optimal cut-off point according to different models

Models	AUC	Sensitivity	Specificity
Training set			
Logistic model	0.865	0.868	0.771
Random forest model	1.000	1.000	1.000
Validation set			
Logistic model	0.853	0.812	0.875
Random forest model	0.870	0.812	0.875

AUC: Area under the receiver operating characteristic curve.

30 g/L and significantly lower than those of patients in the MAIP group. This was in accordance with previous studies.

Lactate dehydrogenase, triglyceride, albumin, and cholesterol are routine test items in clinical practice. They can be easily detected from blood samples at a low cost. Therefore, this nomogram will be easy to use and function for MSIP prediction in the clinical setting.

There are some limitations to this study. First, the sample size of 190 patients with APIP was greater than those of most previous studies, but the sample size of this study was still small. Second, this was a retrospective study, so some data were missing. Thus, some variables were not included in this study. Third, the prediction model has a good prediction ability of MSIP (consisting of MSAP and SAP), but further differentiation of MSAP and SAP cannot be achieved. The prognosis of MSAP is not as poor as that of SAP. Thus, separate predictions of MSAP and SAP should be considered in future studies. Moreover, this study only collected data from our institution. If validation can be performed in external institutions, the conclusion of this study would be more substantial.

CONCLUSION

We developed and validated a nomogram with good accordance for the prediction of MSIP. Incorporating blood indices for albumin, lactate dehydrogenase, triglyceride, and cholesterol levels into the nomogram facilitates the early individualized prediction of APIP severity.

ARTICLE HIGHLIGHTS

Research background

The severity of acute pancreatitis in pregnancy is correlated with higher risks of maternal and fetal death.

Research motivation

There is a lack of a scoring model for predicting the moderately severe and severe acute pancreatitis in pregnancy (MSIP).

Research objectives

We aimed to develop a prediction model for moderately severe and severe acute pancreatitis in pregnancy.

Research methods

The training set and test set were randomly divided at a ratio of 7:3. Least absolute shrinkage and selection operator regression was used to select potential prognostic factors. A nomogram was developed by logistic regression. A random forest model was used to validate the stability of the of

prediction factors. Receiver operating characteristic curves and calibration curves were used to evaluate the model's predictive performance.

Research results

A total of 190 patients were included in this study. Four predictors including lactate dehydrogenase, triglyceride, cholesterol, and albumin levels constitute the prediction model. The model had areas under the curve of 0.865 and 0.853 in the training and validation sets, respectively. The calibration curves showed that the prediction model has a good consistency.

Research conclusions

An effective prediction model that can predict MSIP was constructed.

Research perspectives

Our model could help to predict moderately severe and severe acute pancreatitis in pregnancy. Usability of the model needs validation by other center data.

FOOTNOTES

Author contributions: Yang DJ and Zhou ZG conception and design; Lu HM, Liu Y, Li M, and WH collection data; Yang DJ, Lu HM, and Zhou ZG analysis data; Yang DJ write the manuscript; Hu WM and Zhou ZG revised the manuscript.

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Informed consent statement: Patients were not required to give informed consent to the study because the analysis used anonymous clinical data that were obtained after each patient agreed to treatment by written consent.

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