CARE Checklist – 2016: Information for writing a casereport

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| **Topic** |  | **Item Checklist itemdescription** | **Line/Page** |
| **Title** | **1** | The words “case report” should be in the title along with the area of focus | \_4/1\_\_\_\_ |
| **Key Words** | **2** | Four to seven key words—include “case report” as one of the key words | 21-22/2 |
| **Abstract** | **3a 3b3c** | Background:Whatdoesthiscasereportaddtothemedicalliterature? Casesummary:chiefcomplaint,diagnoses,interventions,andoutcomes Conclusion:Whatisthemain“take-away”lessonfromthiscase? | 2-5/2  6-16/2\_  17-20/2 |
| **Introduction** | **4** | The current standard of care and contributions of this case—with references (1-2 paragraphs) | 21-29/2 |
| **Timeline** | **5** | Information from this case report organized into a timeline (table or figure) | 1-7/4,1-8/5 |
| **Patient Information** | **6a**  **6b 6c** | De-identifieddemographicandotherpatientorclientspecificinformation  Chiefcomplaint—whatpromptedthisvisit?  Relevant history including past interventions and outcomes | 12-14/3  12-14/3\_  21-23/3 |
| **Physical Exam** | **7** | Relevant physical examination findings | 23-24/3\_ |
| **Diagnostic** | **8a** | Evaluations such as surveys, laboratory testing, imaging, etc. | 25-28/3 |
| **Assessment** | **8b8c 8d** | Diagnostic reasoning including other diagnoses considered and challenges Considertablesorfigureslinkingassessment,diagnosesandinterventions Prognostic characteristics whereapplicable | 25-28/3  25-28/3\_  25-28/3 |
| **Interventions** | **9a 9b 9c 9d** | Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration  Notechangesininterventionwithexplanation Other concurrentinterventions | 6-21/4  6-21/4  6-21//4 |
| **Follow-up and** | **10a** | Clinician assessment (and patient or client assessed outcomes when appropriate) | 22-28/4 |
| **Outcomes** | **10b 10c** | Important follow-up diagnostic evaluations  Assessment of intervention adherence and tolerability, including adverse events | 22-8/4  28-33/4 |
| **Discussion** | **11a 11b 11c 11d** | Strengths and limitations in your approach to this case  SpecifyhowthiscasereportinformspracticeorClinicalPracticeGuidelines(CPG) Howdoesthiscasereportsuggestatestablehypothesis?  Conclusions and rationale | 10-20/7  10-20/7  4-7/8 |
| **Patient Perspective** | **12** | When appropriate include the assessment of the patient or client on this episode of care | 10-11/8 |
| **Informed Consent** | **13** | Informed consent from the person who is the subject of this case report is required by most journals | 10-11/8 |
| **Additional Information** | **14** | Acknowledgement section; Competing Interests; IRB approval when required | 12/8 |

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