



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
<b>Title</b>	<b>1</b>	The words “case report” should be in the title alongwith the area of focus	<u>6/1</u>
<b>Key Words</b>	<b>2</b>	Fourtosevenkey words—include“case report” asone of thekey words	<u>28/3</u>
<b>Abstract</b>	<b>3a</b>	Background:What does this case reportadd to the medical literature?	<u>2/3</u>
	<b>3b</b>	Casesummary:chief complaint, diagnoses, interventions, and outcomes	<u>10/3</u>
	<b>3c</b>	Conclusion:Whatis the main “take-away” lessonfrom this case?	<u>23/3</u>
<b>Introduction</b>	<b>4</b>	Thecurrentstandard of careandcontributions of this case—withreferences (1-2 paragraphs)	<u>12/4</u>
<b>Timeline</b>	<b>5</b>	Information from this case reportorganizedintoa timeline(table or figure)	<u>22</u>
<b>Patient Information</b>	<b>6a</b>	De-identified demographic and other patientor clientspecific information	<u>6/5</u>
	<b>6b</b>	Chief complaint—what prompted thisvisit?	<u>2/5</u>
	<b>6c</b>	Relevant history including past interventions and outcomes	<u>12/5</u>
<b>Physical Exam</b>	<b>7</b>	Relevant physical examination findings	<u>22/5</u>
<b>Diagnostic Assessment</b>	<b>8a</b>	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>27/5</u>
	<b>8b</b>	Diagnostic reasoning including other diagnoses considered and challenges	<u>13/6</u>
	<b>8c</b>	Consider tables or figures linking assessment, diagnoses and interventions	<u>23-27</u>
	<b>8d</b>	Prognostic characteristics where applicable	<u>23-27</u>
<b>Interventions</b>	<b>9a</b>	Types such as life-style recommendations, treatments, medications, surgery	<u>18/6</u>
	<b>9b</b>	Intervention administration such as dosage, frequency and duration	<u>30/6</u>
	<b>9c</b>	Note changes in interventionwith explanation	<u>31/6</u>
	<b>9d</b>	Other concurrent interventions	<u>31/6</u>
<b>Follow-up and Outcomes</b>	<b>10a</b>	Clinicianassessment (and patientorclientassessed outcomes when appropriate)	<u>1/7</u>
	<b>10b</b>	Important follow-up diagnostic evaluations	<u>6/7</u>
	<b>10c</b>	Assessment of intervention adherence and tolerability, including adverse events	<u>12/7</u>
<b>Discussion</b>	<b>11a</b>	Strengths and limitations in your approach to this case	<u>5/8</u>
	<b>11b</b>	Specifyhowthis case report informspracticeor Clinical PracticeGuidelines(CPG)	<u>24/13</u>
	<b>11c</b>	How does this case reportsuggest a testable hypothesis?	<u>22/15</u>
	<b>11d</b>	Conclusions and rationale	<u>6/16</u>
<b>Patient Perspective</b>	<b>12</b>	When appropriateinclude theassessmentof the patient or clientonthis episode of care	<u>16/7</u>
<b>Informed Consent</b>	<b>13</b>	Informed consentfrom the person who is the subject of this case reportisrequired bymost journals	<u>20/16</u>
<b>Additional Information</b>	<b>14</b>	Acknowledgement section; CompetingInterests; IRBapproval when required	<u>14/16</u>