



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words "case report" should be in the title along with the area of focus	Line 4-5 / Page 1
	2	Four to seven key words—include "case report" as one of the key words	Line 6-7 / Page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Line 38-43 / Page 2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 44-58 / Page 2-3
	3c	Conclusion: What is the main "take-away" lesson from this case?	Line 61-62 / Page 3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 70-73 / Page 4-5
Timeline	5	Information from this case report organized into a timeline (table or figure)	NA
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 109-110 / Page 5
	6b	Chief complaint—what prompted this visit?	Line 111-112 / Page 5
	6c	Relevant history including past interventions and outcomes	Line 117 / Page 5
Physical Exam	7	Relevant physical examination findings	Line 123 / Page 5
	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 126-130 / Page 5-6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 131-133 / Page 5-6
Diagnostic Assessment	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 1-3 / Page 14-15
	8d	Prognostic characteristics where applicable	NA
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 140-162 / Page 6-7
	9b	Intervention administration such as dosage, frequency and duration	Line 163-169 / Page 6-7
	9c	Note changes in intervention with explanation	Line 170-177 / Page 6-7
	9d	Other concurrent interventions	NA
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 180-181 / Page 7
	10b	Important follow-up diagnostic evaluations	Line 182-188 / Page 7
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 189-202 / Page 8-9
Discussion	11a	Strengths and limitations in your approach to this case	Line 203-204 / Page 9
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 205-211 / Page 9
	11c	How does this case report suggest a testable hypothesis?	Line 212-214 / Page 8
	11d	Conclusions and rationale	Line 215-217 / Page 9
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	NA
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Yes
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 236 / 9