



## CARE Checklist – 2016: Information for writing a case report

| Topic                     | Item | Checklist item description                                                                           | Line/Page |
|---------------------------|------|------------------------------------------------------------------------------------------------------|-----------|
| Title<br>Key Words        | 1    | The words "case report" should be in the title along with the area of focus                          | 2/11      |
|                           | 2    | Four to seven key words—include "case report" as one of the key words                                | 7/13      |
| Abstract                  | 3a   | Background: What does this case report add to the medical literature?                                | 1-13/4    |
|                           | 3b   | Case summary: chief complaint, diagnoses, interventions, and outcomes                                | 4-5       |
|                           | 3c   | Conclusion: What is the main "take-away" lesson from this case?                                      | 12        |
| Introduction              | 4    | The current standard of care and contributions of this case—with references (1-2 paragraphs)         | 3-4       |
| Timeline                  | 5    | Information from this case report organized into a timeline (table or figure)                        | NA        |
| Patient Information       | 6a   | De-identified demographic and other patient or client-specific information                           | 17/4      |
|                           | 6b   | Chief complaint—what prompted this visit?                                                            | 17/4      |
|                           | 6c   | Relevant history including past interventions and outcomes                                           | 1/4       |
| Physical Exam             | 7    | Relevant physical examination findings                                                               | 2-10/15   |
| Diagnostic<br>Assessment  | 8a   | Evaluations such as surveys, laboratory testing, imaging, etc.                                       | 13-17/15  |
|                           | 8b   | Diagnostic reasoning including other diagnoses considered and challenges                             | NA        |
|                           | 8c   | Consider tables or figures linking assessment, diagnoses and interventions                           | NA        |
|                           | 8d   | Prognostic characteristics where applicable                                                          | 9/6       |
| Interventions             | 9a   | Types such as life-style recommendations, treatments, medications, surgery                           | 7/6       |
|                           | 9b   | Intervention administration such as dosage, frequency and duration                                   | 7/6       |
|                           | 9c   | Note changes in intervention with explanation                                                        | NA        |
|                           | 9d   | Other concurrent interventions                                                                       | 14/1      |
| Follow-up and<br>Outcomes | 10a  | Clinician assessment (and patient or client assessed outcomes when appropriate)                      | 9/6       |
|                           | 10b  | Important follow-up diagnostic evaluations                                                           | 8/6       |
|                           | 10c  | Assessment of intervention adherence and tolerability, including adverse events                      | NA        |
| Discussion                | 11a  | Strengths and limitations in your approach to this case                                              | NA        |
|                           | 11b  | Specify how this case report informs practice or Clinical Practice Guidelines (CPG)                  | 8/9       |
|                           | 11c  | How does this case report suggest a testable hypothesis?                                             | 8/9       |
|                           | 11d  | Conclusions and rationale                                                                            | 12        |
| Patient Perspective       | 12   | When appropriate include the assessment of the patient or client on this episode of care             | NA/1      |
| Informed Consent          | 13   | Informed consent from the person who is the subject of this case report is required by most journals | Y02       |
| Additional Information    | 14   | Acknowledgement section; Competing Interests; IRB approval when required                             | Y02       |