

# Artificial Intelligence in *Gastroenterology*

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The primary aim of *Artificial Intelligence in Gastroenterology (AIG, Artif Intell Gastroenterol)* is to provide scholars and readers from various fields of artificial intelligence in gastroenterology with a platform to publish high-quality basic and clinical research articles and communicate their research findings online.

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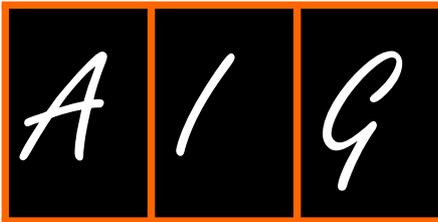
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## Liver surgery for colorectal metastasis: New paths and new goals with the help of artificial intelligence

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### Abstract

Colorectal cancer is one of the most common neoplasia with an high risk to metastatic spread. Improving medical and surgical treatment is moving along with improving the precision of diagnosis and patient's assessment, the latter two aided more and more with the use of artificial intelligence (AI). The management of colorectal liver metastasis is multidisciplinary, and surgery is the main option. After the diagnosis, a surgical assessment of the patient is fundamental. Reaching a R0 resection with a proper remnant liver volume can be done using new techniques involving also artificial intelligence. Considering the recent application of artificial intelligence as a valid substitute for liver biopsy in chronic liver diseases, several authors tried to apply similar techniques to pre-operative imaging of liver metastasis. Radiomics showed good results in identifying structural changes in a unhealthy liver and in evaluating the prognosis after a liver resection. Recently deep learning has been successfully applied in estimating the remnant liver volume before surgery. Moreover AI techniques can help surgeons to perform an early diagnosis of neoplastic relapse or a better differentiation between a colorectal metastasis and a benign lesion. AI could be applied also in the histopathological diagnostic tool. Although AI implementation is still partially automatized, it appears faster and more precise than the usual diagnostic tools and, in the short future, could become the new gold standard in liver surgery.

**Key Words:** Colo-rectal cancer; Liver metastasis; Artificial intelligence; Radiomics; Deep learning

**Core Tip:** Colon cancer is one of the most frequent cancers that unfortunately has a high risk of metastatic spread especially to the liver. The treatment of liver metastases is multidisciplinary, but surgery remains undoubtedly the main act. The results in the treatment of liver metastases have improved significantly over the years, but we continue to seek further paths of improvement. A new path, to which we currently entrust many hopes, is that of artificial intelligence, which could bring revolutionary solutions both in the diagnosis of liver metastases, and as a useful guide for surgical techniques. The purpose of this article is to summarize the latest news reported in the literature and possible research developments on this topic.

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## INTRODUCTION

Nowadays, colorectal cancer is one of the most common neoplasia in Western countries and among the main causes of death for oncologic diseases[1,2]. Between 30% and 50% of patients with colorectal cancer will develop liver metastasis during their life and surgical resection remains a fundamental treatment[1,2]. The improvement of surgical techniques, along with the use of newer and better schemes of chemotherapy, will increase the chances of a longer disease free survival for these patients[3]. Meanwhile, artificial intelligence (AI) is infiltrating healthcare exponentially and it has already been applied to several fields related to gastroenterology and hepatology[4,5].

## HEPATOBIILIARY SURGERY FOR COLORECTAL METASTASIS

The treatment of colorectal metastasis is generally multidisciplinary, involving many professional figures and multiples pathways[1,2]. Discussing other therapies, such as chemotherapy or radiotherapy, is beyond the scope of this article.

Surgical treatment always goes with hepatic resection[1]. All metastatic patients need to undergo several pre-operative exams for a better definition of the disease and its extent: a thoraco-abdominal contrast-enhanced CT scan and/or a contrast-enhanced MRI[1,6]. The use of routine PET/CT scan remains controversial[1,7]. The main goals during the assessment are evaluating the extent of the hepatic disease and searching for any extra hepatic localization of disease, the latter one is an exclusion criteria for any kind of hepatic resection[1,8].

Once surgery is considered, the assessment becomes more operative: new main goals are estimating how complex is performing a R0 resection and evaluating the liver remnant volume[1]. Clearly, a R0 resection should be achieved to increase the disease free survival and the overall survival, but the well-known 1cm border of healthy tissue is now reconsidered due to the increasing effectiveness of chemotherapy and the complexity of the resection[1,9,10]. At the same time, the size of the remnant liver must be evaluated with a three dimensional CT volumetry and it should be more than 20% in a healthy liver, more than 30% in post- systemic chemotherapy liver and more than 40% in a cirrhotic liver[1,11]. In case of an insufficient liver remnant volume, a portal vein embolization can be considered to increase the size to the residual liver[1,12], while, in case of bilateral lesions with a majority of them in one lobe, a two-stage hepatectomy with or without contralateral limited resections can be done[1,13]. Finally, a mini invasive approach should be considered if the surgeon is experienced in these techniques, considering the well-known advantages of mini invasive approaches[14].

## RADIOMICS AND ARTIFICIAL INTELLIGENCE APPLIED TO MEDICAL IMAGING

The recent advent of artificial intelligence has changed the paradigm in the field of medical imaging interpretation together with radiomics. Artificial intelligence is a discipline that aims at mimicking the function of human brain in solving complex problems using computers. Machine learning and deep learning are branches of AI in which machines are thought how to learn from data using analytical models and algorithms. While machine learning methods usually require less computation on the computer side and more human intervention, deep learning may involve a huge amount of information

(from which stems the adjective “deep”) and thus requires high performance computers, but less or no human intervention.

Radiomics is a tool for extensive extraction of quantitative features from medical imaging[4] and can be applied to ultrasound (US), magnetic resonance imaging (MRI), positron emission tomography (PET) and computed tomography (CT). The science of radiomics has taken advantage of machine learning with great benefit for medicine in general. The large amount of information provided by radiomics together with the improvements in AI have given rise to new methods of reading and interpreting medical images. Experts in different domains have now the opportunity to make less challenging the hard task of interpreting images thanks to this machine-aided approach. As shown in **Figure 1** the workflow of conventional radiomics and AI applied to medical imaging is split in image acquisition, preprocessing, segmentation, features extraction and selection, model construction and training, model testing and evaluation. In conventional radiomics, one of the main prerequisites during the phase of image acquisition and preprocessing is a certain degree of standardization of the processes, in order to obtain a database with images that have comparable characteristics. Images segmentation consists in locating lesions manually or with the aid of a computer, in order to identify the region of interest or volumes of interests. Feature extraction and selection is a crucial step in machine learning paradigms in order to obtain a subset of quantitative parameters that are given as inputs to train the analytical model. In case of radiomics, these can be shape-based features (*e.g.* size, shape, location), histogram features (or others first-order features like standard deviation and variance), textual features (*e.g.* tumor heterogeneity) and other higher order features extracted with wavelet transforms or Laplacian filters. In the phase of model construction, it is important to choose the analytical engine that gives the best results in term of performance in relation to the selected features. To do so, several models can be chosen and then tested such as linear regression, support vector machines, decision tree, random forest, K-Means. The evaluation of the models and the assessment of their performance is inferred from indicators and methods such as the receiver operating characteristic, nomograms and the decision curve analysis.

Whereas conventional radiomics is still a widely used approach in medical image analysis, in recent years, deep learning has been introduced in the clinical practice thanks to its promising results[7]. This technique can reach high levels of performance while not requiring manual human intervention in the phases of image segmentation and features extraction (**Figure 2**). In this paradigm, features are in fact automatically selected by a neural network to maximize the performance of the algorithm (called “backpropagation algorithm”). However, a larger amount of data (*e.g.* of number of medical images) is commonly needed to train the neural network models using backpropagation. Among the most popular techniques are multilayer perceptron networks, convolutional neural network, long short-term memory recurrent neural networks. Such as in conventional radiomics, different deep learning techniques can be applied to the input data in order to obtain the best performance.

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## ARTIFICIAL INTELLIGENCE APPLIED TO LIVER SURGERY

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Recently, artificial intelligence was applied to various fields in medicine, including general surgery and hepatology[4,5], as seen in **Table 1**. Decharatanachart *et al*[4] published a meta-analysis on AI supported imaging and standard liver biopsy. They showed a similar prediction rate for liver cirrhosis without the risk of complications of a biopsy and without the usual interpretation bias of ultrasonography. Meanwhile, Christou *et al*[5] focused more on the possibility of integrating diagnosis and management in several gastroenterological diseases, such as inflammatory bowel disease (IBD), *Helicobacter pylori* infection and gastric cancer, and several hepatic diseases, such as HCV infection and cirrhosis[5]. On one hand, they described how the use of machine learning and CAD can increase sensibility and specificity of a standard endoscopic or radiologic exam; on the other hand they describe the limitations of AI[5].

One of the main applications of AI in liver surgery is in the pre-operative imaging. Park *et al*[15] described the use of radiomics and deep learning in liver diseases. Radiomics appears to be an effective way to analyse the structural changes of an unhealthy liver, comparable to the standard techniques like biopsies[15,16]. Furthermore, radiomics is already in use for determining the prognosis after surgical resection or radiofrequency[17] for hepatocellular carcinoma, especially related to micro vascular invasion[15,18]. Deep learning finds its best application in liver segmentation, where it is fundamental in estimating the liver remnant volume and the fat ratio in post chemotherapy liver[15,19,20]. Fang *et al* [21] focused on the implementation of deep learning in CT-guided biopsy to obtain a better localization of the lesion. In addition they presented a basic algorithm that could offer good results. At the same time, Winkel *et al*[22] compared manual segmentation and automatic segmentation with the use of deep learning showing a similar efficacy of the automatic segmentation with a faster elaboration of the images.

Focusing on focal liver lesions, Zhou *et al*[23] illustrated a 5 categories classification based on dynamic contrast-enhanced CT scan with a deep learning software: applying this classification, the radiologist would be able to make a diagnosis between a carcinoma and a benign lesion without biopsy[23,24]. They reported the application of deep learning to a contrast-enhanced ultrasonography (CEUS) to better

**Table 1** Main implementation of artificial intelligence in hepatology and liver surgery

Ref.	Type of paper	Main topic	AI implementation
Decharatanachart <i>et al</i> [4], 2021	Meta-analysis	Chronic liver diseases	Diagnosis and staging of liver fibrosis without biopsy
Christou <i>et al</i> [5], 2021	Review	IBD, GI bleeding and chronic liver diseases	Increasing accuracy of gold standard diagnostic exams
Park <i>et al</i> [15], 2020	Review	Liver diseases	Staging of liver disease and prognosis after liver resection or chemotherapy
Wang <i>et al</i> [16], 2012	Survey	Liver imaging	Diagnosis of structural changes in healthy liver
Shan <i>et al</i> [19], 2019	Research article	Liver imaging (CT)	Prediction of early recurrence after HCC resection/RF
Hu <i>et al</i> [18], 2019	Research article	Liver imaging (US)	Evaluating microvascular invasion in HCC
Iranmanesh <i>et al</i> [19], 2014	Research article	Liver imaging (CT)	Evaluating portal pressure without invasive methods
Wang <i>et al</i> [23], 2019	Research article	Liver imaging (CT/MRI)	Using liver segmentation to an automatized liver biometry
Fang <i>et al</i> [21], 2020	Research article	Liver imaging	Using liver segmentation to more accurate localization of a hepatic lesion
Winkel <i>et al</i> [22], 2020	Comparative study	Liver imaging	Comparing a fully automated liver segmentation to a manual one
Zhou <i>et al</i> [23], 2019	Review	Liver imaging	Detecting hepatic lesions, characterized them and evaluate a response after treatment
Yasaka <i>et al</i> [24], 2018	Retrospective study	Liver imaging (CT)	Differentiation between benign and malignant hepatic lesions
Guo <i>et al</i> [25], 2018	Research article	Liver imaging (US)	Differentiation between benign and malignant hepatic lesions
Schmauch <i>et al</i> [26], 2019	Research article	Liver imaging (US)	Differentiation between benign and malignant hepatic lesions
Tiyarattanachai <i>et al</i> [27], 2021	Retrospective study	Liver imaging (US)	Detect and diagnose hepatic lesions
Perez <i>et al</i> [28], 2020	Review	HCC	Improving diagnosis and evaluation after ancillary treatments
Vivanti <i>et al</i> [29], 2017	Research article	Liver neoplasia	Evaluating post chemotherapy response
Li <i>et al</i> [30], 2015	Research article	Liver imaging (CT)	Differentiation between benign and malignant hepatic lesions
Hamm <i>et al</i> [31], 2019	Research article	Liver imaging (MRI)	Differentiation between benign and malignant hepatic lesions
Zhang <i>et al</i> [32], 2018	Research article	HCC	Differentiation between healthy and tumoral tissue in patient's liver
Preis <i>et al</i> [33], 2011	Research article	Liver imaging (PET)	Differentiation between benign and malignant hepatic lesions
Chen <i>et al</i> [34], 2020	Review	Liver surgery	Implementation in pre and post operative care
Nakayama <i>et al</i> [35], 2017	Retrospective study	Liver surgery	Use of 3D modeling to improve hepatic resection
Zhang <i>et al</i> [36], 2018	Prospective study	Liver surgery	Diagnosis and treatment of perihilar CCC
Vorontsov <i>et al</i> [37], 2019	Retrospective study	Liver surgery	Improving CRM identification and segmentation
Chartrand <i>et al</i> [39], 2017	Comparative study	Liver imaging	Improving liver segmentation and volumetry
Cancian <i>et al</i> [40], 2021	Research article.	Liver pathology	Better assessment pf tumor microenvironment

AI: Artificial intelligence; CCC: Cholangiocarcinoma; CRM: Colo-rectal metastases; CT: Computed tomography; GI: Gastrointestinal; HCC: Hepatocellular carcinoma; IBD: inflammatory bowel disease; MRI: Magnetic resonance imaging; PET: Positron emission tomography; US: Ultrasound.

distinguish between a benign and malignant lesion of the liver, showing again a better performance using AI techniques compared to the conventional technique[23,25]. Schmauch *et al*[26] presented a glimpse of future implementations of the standard ultrasonography where the use of a deep learning technique could drastically improve the diagnostic value of a widespread imaging such as US. Similarly, Tiyarattanachai *et al*[27] implemented a deep learning software for the US reporting a better outcome both in prevention and diagnosis of a focal liver lesion. Closely related to our main topic, Perez *et al*[28]

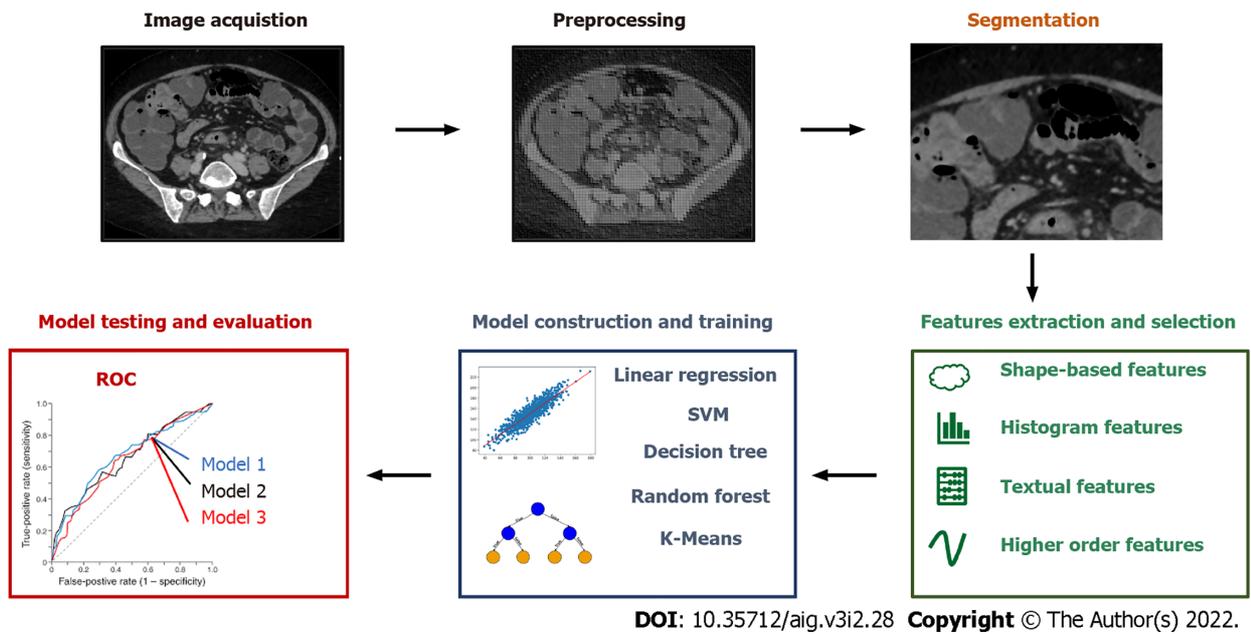


Figure 1 Workflow of conventional radiomics with machine learning.

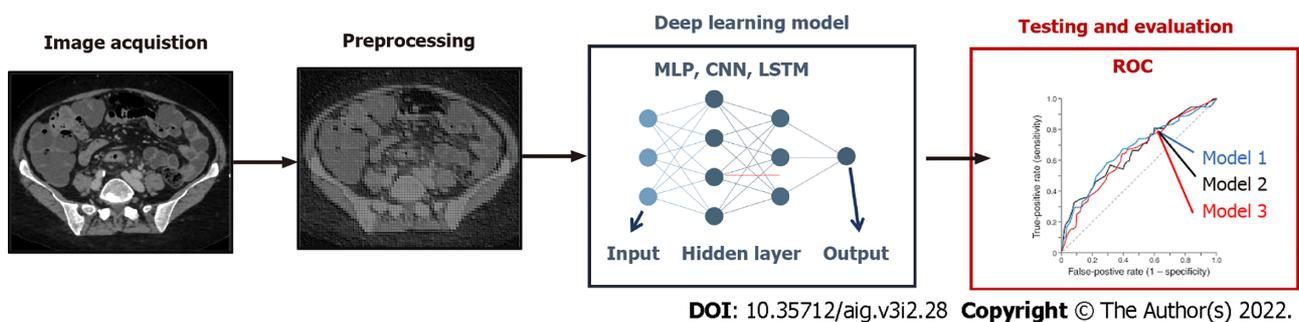


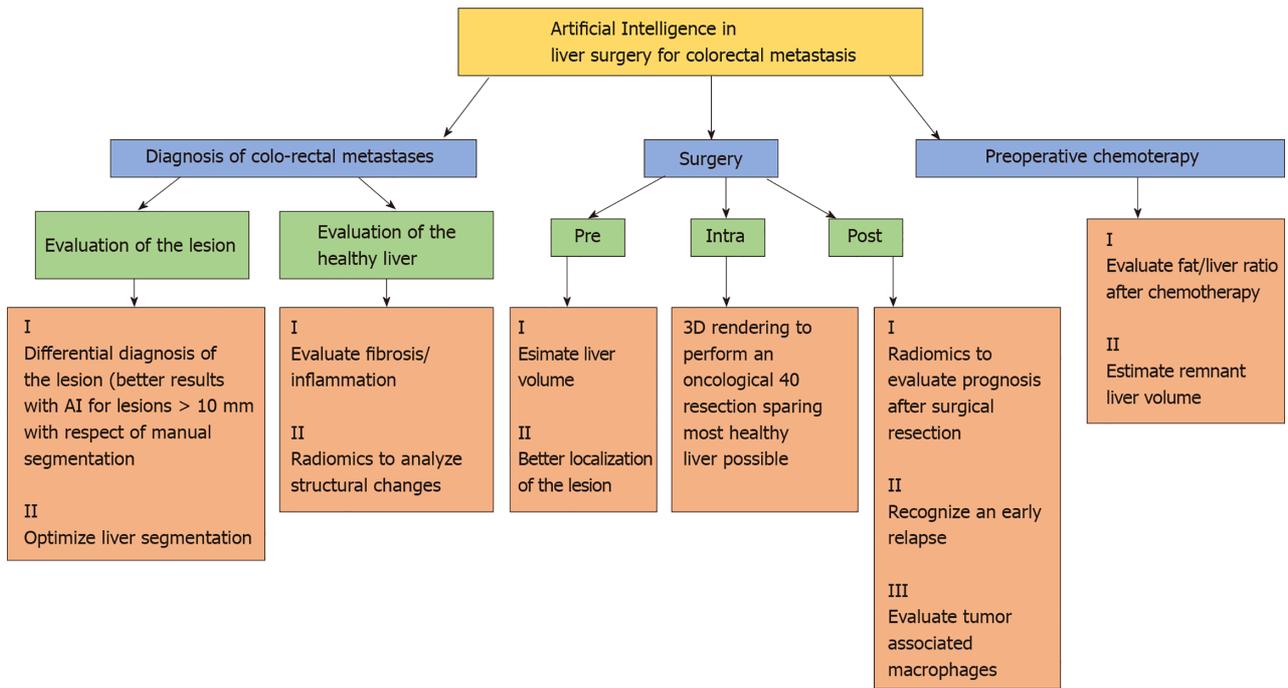
Figure 2 Deep learning techniques applied to radiomics.

proposed a review on the management of hepatocellular carcinoma using AI for diagnosis, treatment and prognosis. Combining the US deep learning software[26] and the contrast-enhanced CT scan deep learning software[24,29,30], the clinician can reach a diagnosis on a focal liver lesion without the use of liver biopsy; in case of more doubts, a deep learning MRI software[31,32] and a deep learning PET software[33] are under external verification, but they appears promising.

Another main application of AI in liver surgery is the pre-operative patient assessment. The second part of the paper of Perez *et al*[28] described how the combined effort of US, CT, MRI scan and deep learning software increase the precision of the hepatic resection and the early recognition of a relapse. Beside the use of AI in the diagnosis, Chen *et al*[34] described the intra-operative advantages of using 3D rendering of the patient’s liver to study and apply the best approach for a liver resection and, at the same time, to keep the same 3D model during the operation for a more intuitive way to reach the aforementioned R0 resection[34-36].

About colorectal liver metastasis, Voronstov *et al*[37] proposed a CT-based deep learning software to automatize and improve the recognition of metastasis rather than benign focal liver lesions. Detection performance of the software was still lower for lesion smaller than 10 mm, but it became more precise for lesions between 10 and 20 mm[37]. Manual liver segmentation was still more accurate for lesions smaller than 10mm, but it reached the same value for lesions greater than 10 mm and it was more efficient in lesions greater than 20 mm; the same results appeared considering lesion-volume estimation [37]. The authors also stated that all software calculations for an automatized or semi-automatized recognition and evaluation of metastasis is a significantly faster procedure than the usual manual one, as expected[37-39].

Within the same sphere, Cancian *et al*[40] focused on the analysis of the tumor microenvironment using a deep learning technique to evaluate the morphology of tumor associated macrophages. The same group recently described how different macrophages’ morphologies are associated with different outcomes and therapeutic responses in colorectal liver metastasis[41], so they developed a pipeline



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Figure 3 Main implementation of artificial intelligence in diagnosis and treatment of colo-rectal liver metastases.

using a CAD tool to process faster the histopathological slides. Although the pipeline is still under verification for a fully automatic application, a combined use of a manual and automatic approach showed a better and faster identification of macrophages' morphologies[40,41]. In Figure 3 are shown in a schematic manner the main tools of AI in diagnosis and treatment of colo-rectal liver metastases.

## CONCLUSION

Artificial intelligence and deep learning offer new hopes in diagnosis and therapy of the liver metastasis. Therefore new promising research directions open up in this field, that must be confirmed with larger studies in the future.

## FOOTNOTES

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