



CARE Checklist – 2016: Information for writing a case report

Topic		Item	Checklist item description	Line/Page
Title	Key Words	1	The words "case report" should be in the title along with the area of focus	3/1
		2	Four to seven key words—include "case report" as one of the key words	60/3
Abstract		3a	Background: What does this case report add to the medical literature?	37/3
		3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	45/3
		3c	Conclusion: What is the main "take-away" lesson from this case?	59/3
Introduction		4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	71/5
		5	Information from this case report organized into a timeline (table or figure)	Fig 1/13
Patient Information		6a	De-identified demographic and other patient or client specific information	92/5
		6b	Chief complaint—what prompted this visit?	94/5
		6c	Relevant history including past interventions and outcomes	102/6
Physical Exam		7	Relevant physical examination findings	114/6
Diagnostic Assessment		8a	Evaluations such as surveys, laboratory testing, imaging, etc.	121/6
		8b	Diagnostic reasoning including other diagnoses considered and challenges	132/7
		8c	Consider tables or figures linking assessment, diagnoses and interventions	Fig. 2-7/17-18
		8d	Prognostic characteristics where applicable	—
Interventions		9a	Types such as life-style recommendations, treatments, medications, surgery	137/7
		9b	Intervention administration such as dosage, frequency and duration	142/7
		9c	Note changes in intervention with explanation	—/—
		9d	Other concurrent interventions	—
Follow-up and Outcomes		10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	142/7
		10b	Important follow-up diagnostic evaluations	142/7
		10c	Assessment of intervention adherence and tolerability, including adverse events	153/7
Discussion		11a	Strengths and limitations in your approach to this case	184/8
		11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	205/7
		11c	How does this case report suggest a testable hypothesis?	211/9
		11d	Conclusions and rationale	224/9
Patient Perspective		12	When appropriate include the assessment of the patient or client on this episode of care	✓
Informed Consent		13	Informed consent from the person who is the subject of this case report is required by most journals	45/25/1
Additional Information		14	Acknowledgement section; Competing Interests; IRB approval when required	60/27/1