



CARE Checklist– 2016: Information for writing a casereport

Topic	Item	Checklist item description	Line/Page
Title	1	The words “casereport” should be in the title along with the area of focus	Line 4 Page 1
Key Words	2	Four to seven keywords—include “casereport” as one of the keywords	Line 18 Page 3
Abstract	3a	Background: What does this casereport add to the medical literature?	Line 2 Page 3
	3b	Casesummary: chief complaint, diagnoses, interventions, and outcomes	Line 6 Page 3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 14 Page 3
Introduction	4	The current standard of care and contribution of this case—with references (1-2 paragraphs)	Line 6 Page 4
Timeline	5	Information from this casereport organized into a timeline (table or figure)	
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 3-20 Page 6
	6b	Chief complaint—what prompted this visit?	
	6c	Relevant history including past interventions and outcomes	
Physical Exam	7	Relevant physical examination findings	
Diagnostic Assessment	8a	Evaluation such as surveys, laboratory testing, imaging, etc.	Page 5-6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	
	8c	Consider tables or figures linking assessment, diagnoses and interventions	
	8d	Prognostic characteristics where applicable	
Interventions	9a	Type such as life-style recommendations, treatments, medications, surgery	Line 23 Page 6
	9b	Intervention administration such as dosage, frequency and duration	
	9c	Note changes in intervention with explanation	
	9d	Other concurrent interventions	
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 7 Page 7
	10b	Important follow-up diagnostic evaluations	
	10c	Assessment of intervention adherence and tolerability, including adverse events	
Discussion	11a	Strengths and limitations in your approach to this case	Line 13 Page 7
	11b	Specify how this casereport informs practice or Clinical Practice Guidelines (CPG)	
	11c	How does this casereport suggest a testable hypothesis?	
	11d	Conclusions and rationale	
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	
Informed Consent	13	Informed consent from the person who is the subject of this casereport is required by most journals	
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	