

CONSORT 2010 checklist of information to include when reporting a randomised trial*

Section/Topic	Item No	Checklist item	Reported on page No
Title and abstract	1a	Identification as a randomised trial in the title	Page 1
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)	2-4
Introduction	2a	Scientific background and explanation of rationale	4-5
	2b	Specific objectives or hypotheses	
Methods	3a	Description of trial design (such as parallel, factorial) including allocation ratio	5
	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	5
	4a	Eligibility criteria for participants	5
	4b	Settings and locations where the data were collected	
	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they were assessed	NA
	6b	Any changes to trial outcomes after the trial commenced, with reasons	
	7a	How sample size was determined	
Sample size	7b	When applicable, explanation of any interim analyses and stopping guidelines	
	8a	Method used to generate the random allocation sequence	
	8b	Type of randomisation; details of any restriction (such as blocking and block size)	
Randomisation:	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers), describing any steps taken to conceal the sequence until interventions were assigned	
	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to interventions	
	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those	

Our study is not an RCT.

A Prospective clinical study

	assessing outcomes) and how	
11b	If relevant, description of the similarity of interventions	
12a	Statistical methods used to compare groups for primary and secondary outcomes	6
12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	
Results		
13a	Participant flow (a diagram is strongly recommended)	7-10
13b	For each group, the numbers of participants who were randomly assigned, received intended treatment, and were analysed for the primary outcome	
14a	For each group, losses and exclusions after randomisation, together with reasons	
14b	Dates defining the periods of recruitment and follow-up	
15	Why the trial ended or was stopped	
15	A table showing baseline demographic and clinical characteristics for each group	
16	For each group, number of participants (denominator) included in each analysis and whether the analysis was by original assigned groups	
17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its precision (such as 95% confidence interval)	
17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	
18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing pre-specified from exploratory	
19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	NA
Discussion		
20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	10-12
21	Generalisability (external validity, applicability) of the trial findings	
22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	
Other information		
23	Registration number and name of trial registry	
24	Where the full trial protocol can be accessed, if available	
25	Sources of funding and other support (such as supply of drugs), role of funders	NA

*We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see www.consort-statement.org.