



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 6/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 25-27/Page 2
Abstract	3a	Background: What does this case report add to the medical literature?	Line 7-9/Page 2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 11-19/Page 2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 21-23/Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 15-29/Page 3, Line 4-2/Page 4
Timeline	5	Information from this case report organized into a timeline (table or figure)	Figure 1
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 6/Page 4
	6b	Chief complaint—what prompted this visit?	Line 5-8/Page 4
	6c	Relevant history including past interventions and outcomes	Line 10-24/Page 4
Physical Exam	7	Relevant physical examination findings	Line 26-29/Page 4, Line 1-2/Page 5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 4-29/Page 4, Line 1-10/Page 5
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Line 20-28/Page 6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 1
	8d	Prognostic characteristics where applicable	Line 9-12/Page 7
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 19-28/Page 6, Line 1-7/Page 7
	9b	Intervention administration such as dosage, frequency and duration	Line 19-28/Page 6, Line 1-7/Page 7
	9c	Note changes in intervention with explanation	Line 19-28/Page 6, Line 1-7/Page 7
	9d	Other concurrent interventions	No
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 9-12/Page 7
	10b	Important follow-up diagnostic evaluations	Line 9-12/Page 7
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 9-12/Page 7
Discussion	11a	Strengths and limitations in your approach to this case	Line 20-24/Page 10
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 21-27/Page 10
	11c	How does this case report suggest a testable hypothesis?	Line 18-24/Page 9
	11d	Conclusions and rationale	Line 1-3/Page 11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	No
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 2-3/Page 15
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 5-6/Page 11, Line 5/Page 15