



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words "case report" should be in the title along with the area of focus	12/1
Key Words	2	Four to seven key words—include "case report" as one of the key words	55-57/3
Abstract	3a	Background: What does this case report add to the medical literature?	33-38/2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	40-51/2
	3c	Conclusion: What is the main "take-away" lesson from this case?	52-53/2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	79-92/4
Timeline	5	Information from this case report organized into a timeline (table or figure)	323-325/12
Patient Information	6a	De-identified demographic and other patient or client specific information	95-96/4
	6b	Chief complaint—what prompted this visit?	95-96/4
	6c	Relevant history including past interventions and outcomes	98-101/4
Physical Exam	7	Relevant physical examination findings	106/109/5
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	117-151/6
	8b	Diagnostic reasoning including other diagnoses considered and challenges	117-147/5-6
	8c	Consider tables or figures linking assessment, diagnoses and interventions	323-325/12
	8d	Prognostic characteristics where applicable	166/173/7
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	156-164/6
	9b	Intervention administration such as dosage, frequency and duration	156-164/6
	9c	Note changes in intervention with explanation	156-164/6
	9d	Other concurrent interventions	156-164/6
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	166-173/7
	10b	Important follow-up diagnostic evaluations	166-173/7
	10c	Assessment of intervention adherence and tolerability, including adverse events	166-173/7
Discussion	11a	Strengths and limitations in your approach to this case	176-223/7-8
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	224-225/8-9
	11c	How does this case report suggest a testable hypothesis?	224-225/8-9
	11d	Conclusions and rationale	227-241/9
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	156-164/6
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	286-287/11
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	288-289/11