

World Journal of *Clinical Cases*

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ABOUT COVER

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Intra-abdominal ectopic bronchogenic cyst with a mucinous neoplasm harboring a GNAS mutation: A case report

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Abstract

BACKGROUND

Bronchogenic cysts are congenital cysts caused by abnormal sprouting from the ventral foregut during fetal life. They usually occur in the mediastinum or lung, but there are very rare cases of ectopic bronchogenic cysts that develop in the abdominal cavity. A unique intra-abdominal ectopic bronchogenic cyst with a mucinous neoplasm that was producing carcinoembryonic antigen (CEA), harboring a GNAS mutation, is reported. The present case may contribute to clarifying the mechanism of tumorigenesis and malignant transformation of ectopic bronchogenic cysts.

CASE SUMMARY

In 2007, a man in his 50s was incidentally found to have an intra-abdominal cystic mass, 8 cm in diameter. Surgical resection was recommended, but he preferred to remain under observation. In 2020, his serum CEA level increased to 26.7 ng/mL, and abdominal computed tomography showed a 15 cm × 12 cm, multifocal, cystic mass located predominantly on the lesser curvature of the stomach. Since malignancy could not be ruled out, he finally underwent surgical resection. Histologically, the cystic wall was lined by ciliated columnar epithelium, accompanied by bronchial gland-like tissue, bronchial cartilage, and smooth muscle. Part of the cyst consisted of atypical columnar epithelium with an MIB-1 index of 5% and positive for CEA. Moreover, a GNAS mutation (p.R201C) was detected in the atypical epithelium, leading to a diagnosis of an ectopic

bronchogenic cyst with a low-grade mucinous neoplasm. The patient is currently undergoing outpatient follow-up without recurrence.

CONCLUSION

An extremely rare case of an abdominal bronchogenic cyst with a low-grade mucinous neoplasm harboring a *GNAS* mutation was reported.

Key Words: Congenital, hereditary, and neonatal diseases and abnormalities; Ectopic bronchogenic cyst; Abdominal neoplasms; *GNAS* mutation; Carcinoembryonic antigen; Case report

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Core Tip: A man in his 60s had an intra-abdominal, 15-cm, multifocal, cystic mass located on the lesser curvature of the stomach, and he underwent surgical resection. Histologically, the resected cystic wall was lined by ciliated columnar epithelium, accompanied by bronchial gland-like tissue, bronchial cartilage, and smooth muscle. Part of the cyst consisted of atypical columnar epithelium with an MIB-1 index of 5% that was positive for carcinoembryonic antigen. Moreover, a *GNAS* mutation (p.R201C) was detected in the atypical epithelium, leading to a diagnosis of an ectopic bronchogenic cyst with a low-grade mucinous neoplasm.

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INTRODUCTION

Bronchogenic cysts are congenital cysts caused by abnormal sprouting from the ventral foregut during fetal life from the 3rd to 7th weeks[1]. Bronchogenic cysts usually occur in the mediastinum or lung, but there are rare cases of ectopic bronchogenic cysts that develop in the abdominal cavity or retroperitoneum[2,3]. There are some reports of malignant transformation in bronchogenic cysts, but the mechanism of tumorigenesis and malignant transformation is still unknown[1]. An extremely rare case of an intra-abdominal ectopic bronchogenic cyst with carcinoembryonic antigen (CEA) production, in which a mucinous neoplasm harboring a *GNAS* gene mutation was observed, is presented. The present case may contribute to clarifying the mechanism of tumorigenesis and malignant transformation of ectopic bronchogenic cysts.

CASE PRESENTATION

Chief complaints

The patient had no symptoms.

History of present illness

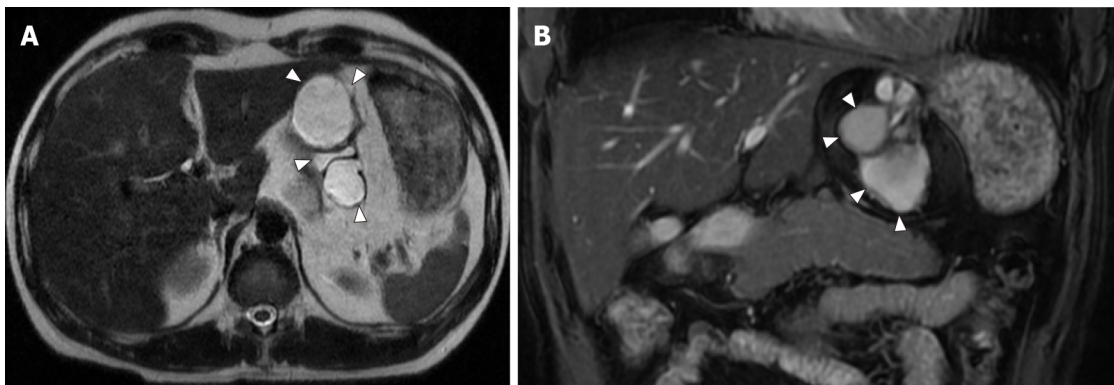
A man in his 50s underwent magnetic resonance imaging (MRI) for the follow-up of chronic pancreatitis in 2007 and was incidentally found to have an 8-cm-diameter intra-abdominal mass. His physician referred him to the Department of Surgery, but he preferred to remain under observation because he had no symptoms. In 2020, his serum CEA level increased to 26.7 ng/mL, suggesting possible malignancy, and he was finally referred to our department.

History of past illness

The patient had a history of gastroesophageal reflux disease and thoracic compression fracture.

Personal and family history

The patient had no relevant family history.



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Figure 1 Abdominal magnetic resonance imaging findings in 2007. Axial and coronal views of magnetic resonance imaging T2-weighted images show a multifocal, cystic mass with a diameter of 8 cm between the stomach and left lateral lobe of the liver. The white arrowhead indicates the mass. A: Axial view; B: Coronal view.



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Figure 2 Abdominal contrast-enhanced computed tomography and endoscopic findings in 2020. A and B: Coronal view of abdominal contrast-enhanced computed tomography shows that the size of the mass has increased to 15 cm (white arrowhead). Part of the wall of the mass shows thickness and contains calcification, but no obvious intracystic nodules are seen. Stomach and pancreas were compressed (orange arrows); C: Esophagogastroduodenoscopy shows that the lesser curvature of the stomach is compressed by the mass (white arrowhead).

Physical examination

A large, soft mass was palpable in the left upper quadrant.

Laboratory examinations

The CEA level was elevated to 26.7 ng/mL, whereas the carbohydrate antigen (CA)19-9 level was within the normal limit. Blood counts, blood biochemistry, and coagulation function were all normal.

Imaging examinations

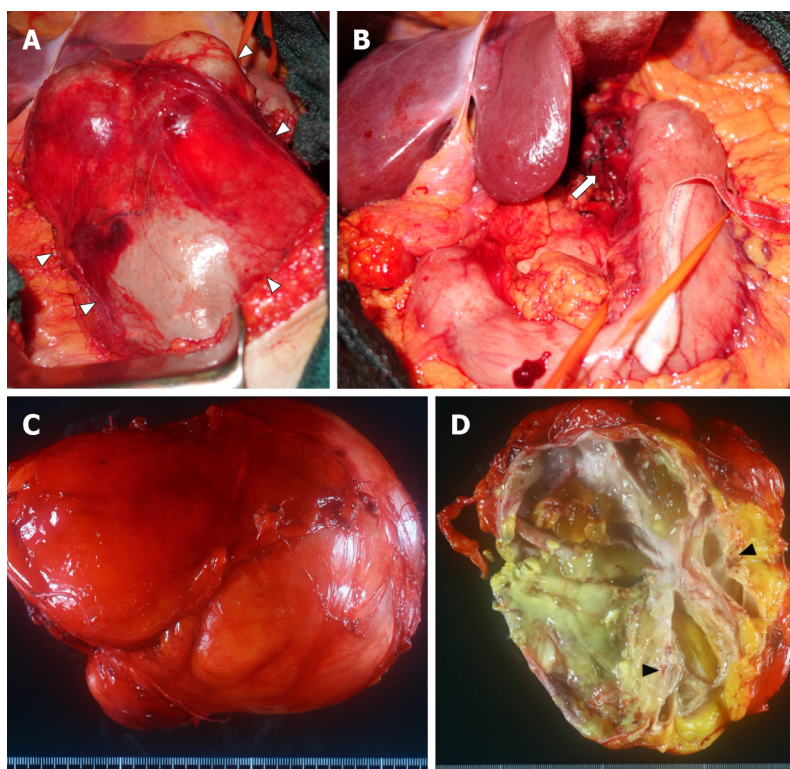
MRI T2-weighted imaging showed a high-intensity, multifocal, cystic mass between the stomach and lateral lobe of the liver (Figure 1). A mass the size of a child's head was palpable in the left upper quadrant, but he had no symptoms. Contrast-enhanced computed tomography (CT) showed that the multifocal cystic mass had increased to 15 cm in diameter, and part of the cystic wall showed calcification and partial thickness, but there were no obvious intra-cystic nodules (Figure 2A and B). The surrounding organs such as the stomach, pancreas, and liver were markedly compressed by the mass, but the borders of the mass were clear.

Endoscopic examinations

Esophagogastroduodenoscopy showed compression of the lesser curvature, but no neoplastic lesions were found in the gastric mucosa (Figure 2C). Colonoscopy did not show any neoplastic lesions.

FINAL DIAGNOSIS

The final diagnosis was an intra-abdominal ectopic bronchogenic cyst with a low-grade mucinous neoplasm harboring a *GNAS* mutation.



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Figure 3 Intraoperative findings and macroscopic findings of the resected specimen. A: A smooth surfaced mass (white arrowhead) is exposed after resection of the lesser omentum; B: The mass is resected with a part of the seromuscular layer of the lesser curvature of the stomach (white arrow) and removed; C: The resected specimen is a multifocal mass filled with viscous mucus, 15 cm × 12 cm × 12 cm in size and weighing 1240 g; D: Cartilage-like tissue (black arrowhead) is observed in part of the cystic wall.

TREATMENT

These findings suggested that the primary site of the tumor was within the lesser omentum. Although he was not diagnosed definitely, malignancy was suspected due to the increasing size of the mass and elevated CEA level. Therefore, he finally underwent surgical resection after his informed consent was obtained.

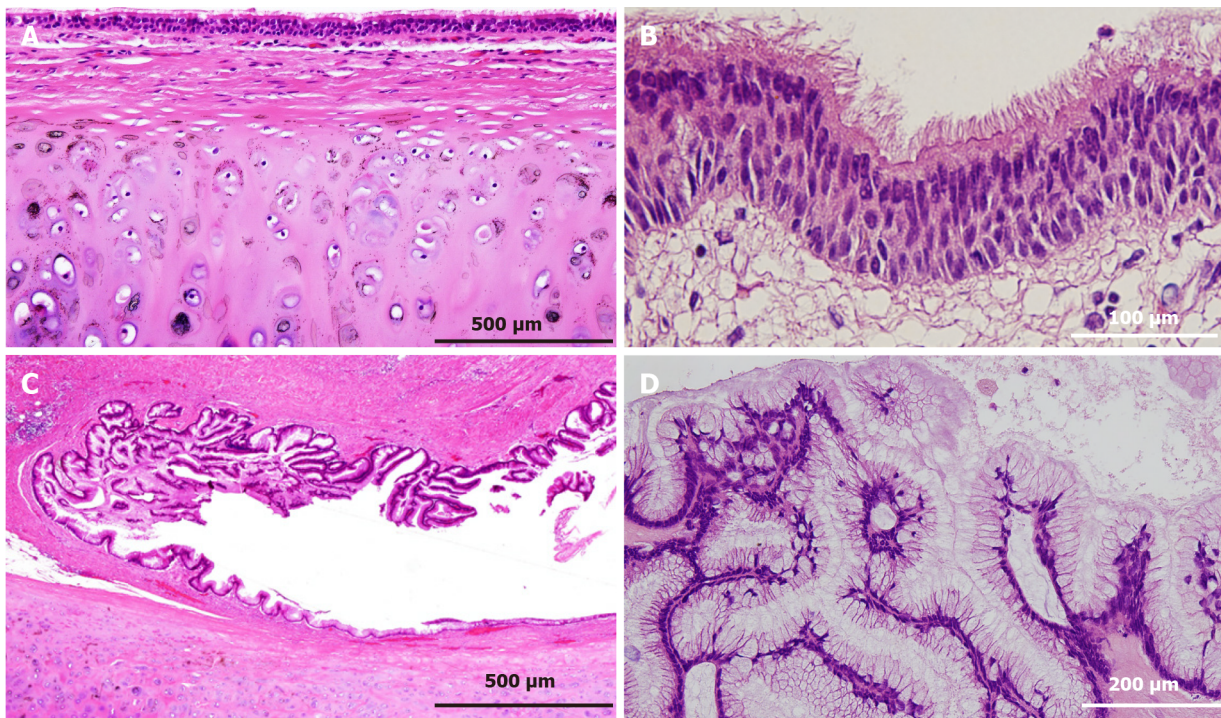
After laparotomy and resection of the lesser omentum, a smooth-surfaced mass, 15 cm in diameter, was exposed. Most of the mass was loosely attached to surrounding organs and easily dissected, though the mass adhered to the lesser curvature of the stomach (Figure 3A). Therefore, partial resection of the seromuscular layer of the stomach was required to remove the mass (Figure 3B). The defected seromuscular layer was sutured. The operation time was 2 h and 46 min, and intraoperative bleeding was 450 g.

Pathological examinations

On gross examination of the resected specimen, the mass was multifocal and filled with viscous mucus, with size of 15 cm × 12 cm × 12 cm and weight of 1240 g (Figure 3C). Part of the cystic wall consisted of cartilage (Figure 3D). Histologically, the majority of the cystic wall was lined by ciliated columnar epithelium, and bronchial gland-like tissue, cartilage, and smooth muscle were observed in the deeper layer, leading to the diagnosis of an ectopic bronchogenic cyst (Figure 4A and B). Meanwhile, part of the cystic wall, about 5 cm in size, was lined by high columnar epithelium containing mucus in the cytoplasm (Figure 4C and D). This columnar epithelium was folded, making papillary structures, which was considered to be a low-grade mucinous neoplasm. The MIB-1 index was 5% at the site of the low-grade mucinous neoplasm (Figure 5A). Immunohistochemical staining showed that the area with the low-grade mucinous neoplasm was positive for CK20 and CDX2, and negative for CK7, indicating intestinal metaplasia (Figure 5B and C). In addition, the neoplastic lesion showed positive staining for CEA, suggesting CEA production (Figure 5D).

Gene mutation analysis

GNAS mutation analysis by the Sanger method of the lesion with the low-grade mucinous neoplasm showed a missense mutation at codon 201 (p.R201C, c.601C>T; c.601C>T; Figure 6).



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Figure 4 Histological findings of the resected specimen. A and B: The majority of the cystic wall is lined by ciliated columnar epithelium, and bronchial cartilage is observed in the deeper layer of the mucosa (A, $\times 100$; B $\times 400$); C and D: High columnar epithelium containing mucus in the cytoplasm is observed in part of the cystic epithelium, considered to be a low-grade mucinous neoplasm (C, $\times 100$; D $\times 200$).

OUTCOME AND FOLLOW-UP

The patient had grade II delayed gastric emptying, but he recovered and was discharged on the 25th postoperative day. His serum CEA level normalized. He continues to be under observation without evidence of recurrence at 1-year follow-up.

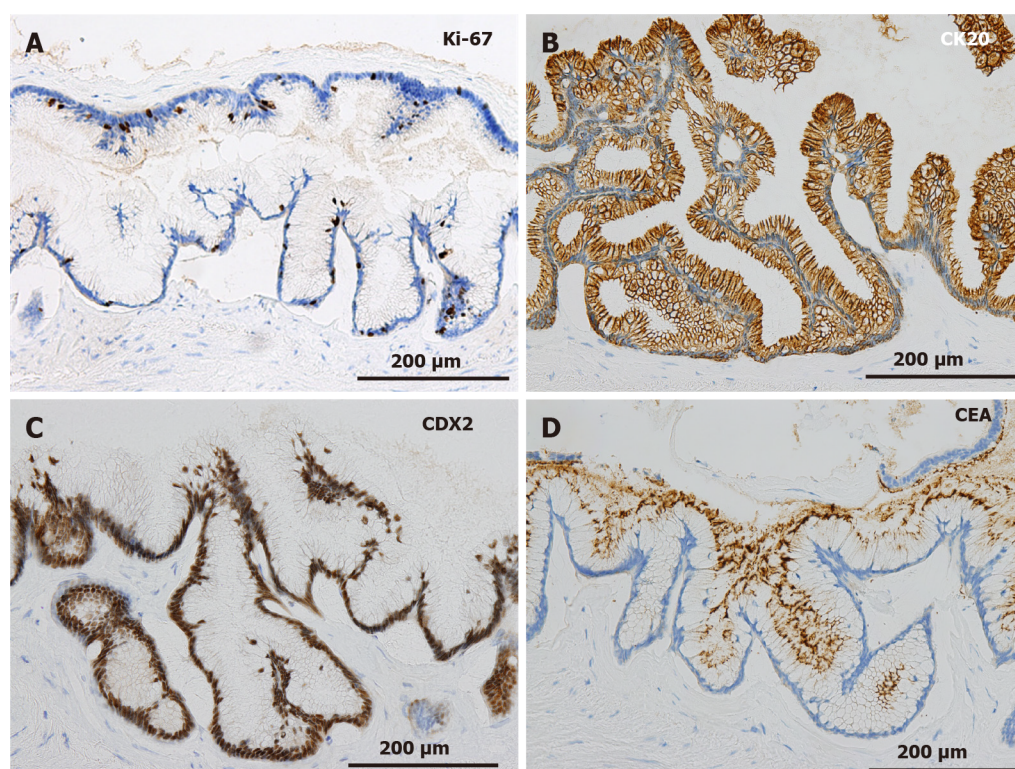
DISCUSSION

This is the first report of a case of an intra-abdominal ectopic bronchogenic cyst with a mucinous neoplasm that was producing CEA, harboring a *GNAS* mutation.

Bronchogenic cysts are congenital cysts that are established by persistent secretion from abnormal sprouting lung buds that lack continuity with the tracheobronchial system during fetal life[4,5]. Most bronchogenic cysts develop in the lungs or mediastinum; if abnormal lung buds sprout before 4 wk of fetal life, bronchogenic cysts are located in the mediastinum, and if they sprout after 4 wk of fetal life, bronchogenic cysts are located in the lungs[6,7]. The thoracic cavity and abdominal cavity are connected by the pericardioperitoneal canal, but they become separated by the diaphragm, which develops from the septum transversum, dorsal esophageal mesentery, and pleuroperitoneal fold by 7 wk of fetal life[6, 8,9]. Therefore, intra-abdominal bronchogenic cysts are considered to be caused by abnormally sprouted lung buds that wandered into the abdominal cavity prior to diaphragmatic formation through the pericardioperitoneal canal.

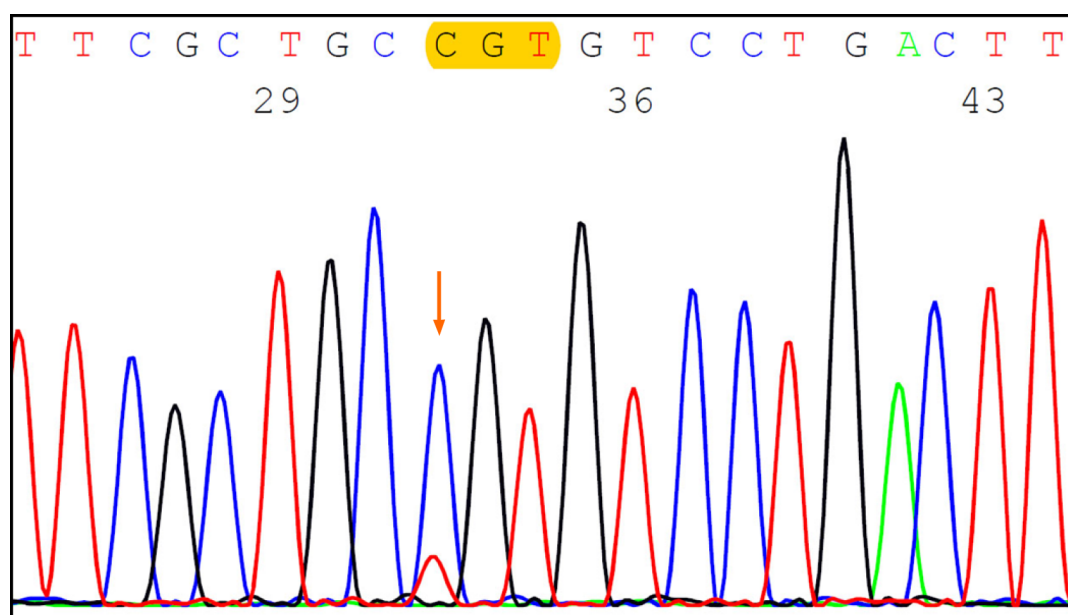
Ectopic bronchogenic cysts are very rare and have been reported to occur in the abdominal cavity, retroperitoneum, neck, tongue, and scapula[10]. Subphrenic ectopic bronchogenic cysts develop more often on the left side of the patient, with fewer intra-abdominal cases than retroperitoneal cases[5]. In 2011, Ubukata *et al*[5] summarized 12 cases of intra-abdominal bronchogenic cysts, 9 of which were located close to the stomach, suggesting that intra-abdominal bronchogenic cysts tend to develop around the stomach. In a report of a rare case, a bronchogenic cyst attached to the gastric wall was invaded by adjacent gastric cancer[11].

Bronchogenic cysts are visualized as spherical masses with clear borders, but CT values of the cystic contents vary from as low as normal cysts to as high as solid tumors[12]. With regard to MRI, Murakami *et al*[13] and Martin *et al*[14] stated that high intensity of cystic contents on T1-weighted images is more useful than CT for differential diagnosis, but there are also some cases with low intensity of cystic contents on T1-weighted imaging. Due to the rarity of intra-abdominal bronchogenic cysts and the diversity of imaging findings, preoperative diagnosis is considered to be extremely difficult[12]. Due to



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Figure 5 Immunohistochemical staining at the site of the low-grade mucinous neoplasm. A: The MIB-1 index is 5% at the site of the low-grade mucinous neoplasm ($\times 200$); B-D: The area with the low-grade mucinous neoplasm is positive for CK20, CDX2, and carcinoembryonic antigen ($\times 200$).



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Figure 6 GNAS expression analysis by the Sanger method. The Sanger method shows a missense alteration on codon 201 (p.R201C) in the lesion with the low-grade mucinous neoplasm.

the risk of tumor cell dissemination, histological or cytological diagnosis by puncture of cysts is not indicated. The definite diagnosis of bronchogenic cysts is based on histological examination of resected specimens, and they are characterized by a bronchial-like histology such as ciliated columnar epithelium, cartilage, bronchial gland, and smooth muscle in the cystic wall[1].

Since ectopic bronchogenic cysts are extremely rare, details of their prognosis are still unclear. Malignant transformation has been reported in a few cases of retroperitoneal bronchogenic cysts[1]. The tumor diameter of malignant cases (11.7 ± 4.7 cm) was reported to be larger than that of benign cases

(5.5 ± 2.9 cm)[12]. Moreover, levels of serum tumor markers such as CEA, CA19-9, or CA125 were high in malignant cases[1,12]. The increasing serum CEA level in the present case suggested potential malignant transformation.

Regarding the indications for surgery, cases with possible malignant transformation, such as those with increasing tumor diameter or elevated serum tumor marker levels, should be treated with surgical resection[1,12]. Moreover, there are reports recommending complete surgical resection for all bronchogenic cysts, because malignancy can be found after surgical resection, and recurrence or infection can occur even in benign cases[15,16]. Similar to the present case, there was a report of a patient with an intra-abdominal bronchogenic cyst that developed in the gastric cardia who underwent partial resection of the seromuscular layer of the stomach[17]. Some cases of intra-abdominal bronchogenic cysts underwent laparoscopic tumor resection[18,19]. Since the tumor was large and suspected to have malignant transformation in the present case, open laparotomy was preferred to maintain the intraoperative field of view and to avoid incidental tumor cell dissemination due to accidental perforation of the mass.

As for pathological findings, CK20-positive and CK7-negative are specific for gastric, small intestinal, and colonic epithelium, and CDX2 encodes an intestine-specific transcription factor that is expressed in the nuclei of epithelial cells in the small intestine and colorectum[20]. In the present case, the area with low-grade adenoma was positive for CK20 and CDX2 and negative for CK7, suggesting a background intestinal metaplasia. *GNAS* is a proto-oncogene encoding a stimulatory G protein α subunit (G α), which is a signal mediator of the G protein-coupled receptor signaling pathway located at 20q13.3[21]. *GNAS* mutations have been found in intraductal papillary mucinous neoplasms (IPMNs) of the pancreas, colorectal villous adenomas, gastric pyloric gland adenomas, appendiceal mucinous neoplasms, and a bronchial mucous gland adenoma[22-25]. Most *GNAS* mutations observed in IPMN are caused by R201H or R201C mutations, missense mutations at codon 201, which result in reducing intrinsic hydrolytic activity of G α , prolonging activation of cell proliferation signals[23]. The *GNAS* mutation is considered to play a central role in mucus production in appendiceal mucinous neoplasms [25]. In the present case, a low-grade mucinous neoplasm was thought to be caused by the *GNAS* mutation at the site of intestinal metaplasia. Since the *GNAS* mutation has also been observed in some appendiceal mucinous carcinomas, a low-grade mucinous neoplasm in bronchogenic cysts may undergo malignant transform to mucinous carcinoma[26]. Since this is the first report describing a *GNAS* mutation in a bronchogenic cyst, further investigation of the association between *GNAS* mutations and tumorigenesis both in ectopic and normotopic bronchogenic cysts through accumulation of additional cases is expected.

CONCLUSION

An extremely rare case of a huge abdominal bronchogenic cyst with a low-grade mucinous neoplasm harboring a *GNAS* mutation was reported. The present case may contribute to elucidating the pathogenesis and natural history of ectopic bronchogenic cysts.

FOOTNOTES

Author contributions: Murakami T, Shimizu H, Nojima H, and Yamazaki M performed surgery; Murakami T and Shimizu H contributed to manuscript drafting; Yamazaki K contributed to pathological diagnosis and manuscript drafting; Usui A, Kosugi C, and Shuto K contributed to preoperative diagnosis; Sato T, Obi S, and Koda K contributed to medical follow-up; Murakami T, Shimizu H, and Koda K were responsible for the manuscript revision; all authors made final approval for the manuscript to be submitted.

Informed consent statement: The patient in the present report underwent surgical resection after his informed consent was obtained.

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