



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title alongwith the area of focus	<u>Line1-2,page1</u>
Key Words	2	Fourtosevenkey words—include“case report” asone of thekey words	<u>Line47-48,page2</u>
Abstract	3a	Background:What does this case reportadd to the medical literature?	<u>Line23-27,page1</u>
	3b	Casesummary:chief complaint, diagnoses, interventions, and outcomes	<u>Line28-42,page1</u>
	3c	Conclusion:Whatis the main “take-away” lessonfrom this case?	<u>Line43-46,page2</u>
Introduction	4	Thecurrentstandard of careandcontributions of this case—withreferences (1-2 paragraphs)	<u>Line54-66,page2</u>
Timeline	5	Information from this case reportorganizedintoa timeline(table or figure)	<u>Line65-66,page2</u>
Patient Information	6a	De-identified demographic and other patientor clientspecific information	<u>Line68-70,page2</u>
	6b	Chief complaint—what prompted thisvisit?	<u>Line71-77,page2</u>
	6c	Relevant history including past interventions and outcomes	<u>Line78-82,page2</u>
Physical Exam	7	Relevant physical examination findings	<u>Line83-87,page2-3</u>
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	<u>Line88-90,page3</u>
	8b	Diagnostic reasoning including other diagnoses considered and challenges	<u>Line91-97,page3</u>
	8c	Consider tables or figures linking assessment, diagnoses and interventions	<u>Line98-109,page3</u>
	8d	Prognostic characteristics where applicable	
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	<u>Line116-136,page4</u>
	9b	Intervention administration such as dosage, frequency and duration	<u>Line116-136,page4</u>
	9c	Note changes in interventionwith explanation	<u>Line116-138,page4</u>
	9d	Other concurrent interventions	<u>Line116-138,page4</u>
Follow-up and Outcomes	10a	Clinicianassessment (and patientorclientassessed outcomes when appropriate)	<u>Line150-152,page5</u>
	10b	Important follow-up diagnostic evaluations	<u>Line150-152,page5</u>
	10c	Assessment of intervention adherence and tolerability, including adverse events	<u>Line150-152,page5</u>
Discussion	11a	Strengths and limitations in your approach to this case	<u>Line176-207,page6-7</u>
	11b	Specifyhowthis case report informspracticeor Clinical PracticeGuidelines(CPG)	<u>Line154-174,page5-6</u>
	11c	How does this case reportsuggest a testable hypothesis?	<u>Line176-207,page6-7</u>
	11d	Conclusions and rationale	<u>Line208-213,page7</u>
Patient Perspective	12	When appropriateinclude theassessmentof the patient or clientonthis episode of care	<u>Line150-152,page5</u>
Informed Consent	13	Informed consentfrom the person who is the subject of this case reportisrequired bymost journals	<u>Line18-19,page1</u>
Additional Information	14	Acknowledgement section; CompetingInterests; IRBapproval when required	<u>Line20,page1</u>