



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Title /page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Keywords / page 3
Abstract	3a	Background: What does this case report add to the medical literature?	Abstract,Background/ Page3
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Abstract,Case summary/ Page3
	3c	Conclusion: What is the main “take-away” lesson from this case?	Abstract,Conclusion /Page3
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Paragraphs 3-4/ page5
Timeline	5	Information from this case report organized into a timeline (table or figure)	Case presentation/page6-8
Patient Information	6a	De-identified demographic and other patient or client specific information	case presentation, paragraph1/page5
	6b	Chief complaint—what prompted this visit?	Case presentation, chief complaints /page6
	6c	Relevant history including past interventions and outcomes	Case presentation, past illness/page6
Physical Exam	7	Relevant physical examination findings	Case presentation, physical exam/page6
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Case presentation, laboratory, imaging/page7
	8b	Diagnostic reasoning including other diagnoses considered and challenges	Case presentation, final diagnosis/page7
	8c	Consider tables or figures linking assessment, diagnoses and interventions	Figure 1-2 / page 17,18
	8d	Prognostic characteristics where applicable	Case presentation, paragraph1/page7
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Case presentation, treatment/page7,8
	9b	Intervention administration such as dosage, frequency and duration	Case presentation, treatment/page8
	9c	Note changes in intervention with explanation	Case presentation, treatment/page8
	9d	Other concurrent interventions	Case presentation, treatment/page8
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Case presentation, outcome/page 8
	10b	Important follow-up diagnostic evaluations	Case presentation, outcome/page 8
	10c	Assessment of intervention adherence and tolerability, including adverse events	Case presentation, outcome/page 8
Discussion	11a	Strengths and limitations in your approach to this case	Discussion paragraph 2, page11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Discussion paragraph 2, page11
	11c	How does this case report suggest a testable hypothesis?	Discussion paragraph 4,5/ page10
	11d	Conclusions and rationale	Conclusion, paragraph 3,page11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	paragraph 2/ page11
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Case presentation, paragraph 4/ page6
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Acknowledgements/page 11