

CARE Checklist of information to include when writing a case report





Title 1 The diagnosis or intervention of primary focus followed by the words "case report"	Reported on Line
Abstract (no references) 3b Main symptoms and/or important clinical findings. 3c The main diagnoses, therapeutic interventions, and outcomes. 3d Conclusion—What is the main "take-away" lesson(s) from this case? Introduction 4 One or two paragraphs summarizing why this case is unique (may include references). De-identified patient specific information 5b Primary concerns and symptoms of the patient 5c Medical, family, and psycho-social history including relevant genetic information 5d Relevant past interventions with outcomes. Clinical Findings 6 Describe significant physical examination (PE) and important clinical findings. Timeline 7 Historical and current information from this episode of care organized as a timeline Diagnostic 8a Diagnostic challenges (such as PE, laboratory testing, imaging, surveys). Assessment 8b Diagnostic challenges (such as access to testing, financial, or cultural). 8c Diagnosis (including other diagnoses considered). 8d Prognosis (such as staging in oncology) where applicable Therapeutic Therapeutic Therapeutic intervention (such as pharmacologic, surgical, preventive, self-care). 9d Administration of therapeutic intervention (such as dosage, strength, duration). 9c Changes in therapeutic intervention (such as dosage, strength, duration). 9c Changes in therapeutic intervention (with rationale). Follow-up and Outcomes 10c Intervention adherence and tolerability (How was this assessed?) 10d Adverse and unanticipated events 11d A scientific discussion of the strengths AND limitations associated with this case report 11d The scientific rationale for any conclusions (including assessment of possible causes). 11d The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion 11d The patient should share their perspective in one to two paragraphs on the treatment(s) they received	<u>1</u>
Main symptoms and/or important clinical findings	11-12
The main diagnoses, therapeutic interventions, and outcomes Conclusion—What is the main "take-away" lesson(s) from this case? One or two paragraphs summarizing why this case is unique (may include references)	48-50
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