



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line 4-5/Page 1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line 48-49/Page 2
Abstract	3a	Background: What does this case report add to the medical literature?	Line 29-34/Page 2
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	Line 35-44/Page 2
	3c	Conclusion: What is the main “take-away” lesson from this case?	Line 45-47/Page 2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line 54-60/Page 3
Timeline	5	Information from this case report organized into a timeline (table or figure)	N/A
Patient Information	6a	De-identified demographic and other patient or client specific information	Line 75-76/Page 3
	6b	Chief complaint—what prompted this visit?	Line 74-76/Page 3
	6c	Relevant history including past interventions and outcomes	Line 77-83/Page 3-4
Physical Exam	7	Relevant physical examination findings	Line 87-92/Page 4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line 93-106/Page 4
	8b	Diagnostic reasoning including other diagnoses considered and challenges	N/A
	8c	Consider tables or figures linking assessment, diagnoses and interventions	N/A
	8d	Prognostic characteristics where applicable	N/A
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	Line 120-126/Page 5
	9b	Intervention administration such as dosage, frequency and duration	Line 120-126/Page 5
	9c	Note changes in intervention with explanation	Line 127-135/Page 5-6
	9d	Other concurrent interventions	Line 127-135/Page 5-6
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line 117-119/Page 5
	10b	Important follow-up diagnostic evaluations	Line 117-119/Page 5
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line 127-135/Page 5-6
Discussion	11a	Strengths and limitations in your approach to this case	Line 153-174/Page 6-7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	Line 137-151/Page 6
	11c	How does this case report suggest a testable hypothesis?	N/A
	11d	Conclusions and rationale	Line 189-196/Page 8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line 165-174/Page 7
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line 200-201/Page 8
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line 203-204/Page 8