



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	4/1 ✓
Key Words	2	Four to seven key words—include “case report” as one of the key words	68/3 ✓
Abstract	3a	Background: What does this case report add to the medical literature?	42-45/2 ✓
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	48-60/2 ✓
	3c	Conclusion: What is the main “take-away” lesson from this case?	63-65/3 ✓
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	78-87/3 ✓
Timeline	5	Information from this case report organized into a timeline (table or figure)	naught ✓
Patient Information	6a	De-identified demographic and other patient or client specific information	naught ✓
	6b	Chief complaint—what prompted this visit?	91-93/4 ✓
	6c	Relevant history including past interventions and outcomes	94-105/4 ✓
Physical Exam	7	Relevant physical examination findings	107-119/4 ✓
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	121-141/5 ✓
	8b	Diagnostic reasoning including other diagnoses considered and challenges	naught ✓
	8c	Consider tables or figures linking assessment, diagnoses and interventions	naught ✓
	8d	Prognostic characteristics where applicable	naught ✓
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	146-148/5 ✓
	9b	Intervention administration such as dosage, frequency and duration	153-158/6 ✓
	9c	Note changes in intervention with explanation	158-163/6 ✓
	9d	Other concurrent interventions	163-166/6 ✓
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	168-169/6 ✓
	10b	Important follow-up diagnostic evaluations	170/6 ✓
	10c	Assessment of intervention adherence and tolerability, including adverse events	170/6 ✓
Discussion	11a	Strengths and limitations in your approach to this case	266-273/9-10 ✓
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	210-273/7-10 ✓
	11c	How does this case report suggest a testable hypothesis?	210-253/7-9 ✓
	11d	Conclusions and rationale	276-280/10 ✓
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	168-169/6 ✓
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	361-362/12 ✓
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	364-365/12 ✓