



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	Line1-2/Page1
Key Words	2	Four to seven key words—include “case report” as one of the key words	Line16/Page2
Abstract	3a	Background: What does this case report add to the medical literature? Case summary: chief complaint, diagnoses, interventions, and outcomes	Line4-5/Page2
	3b	Conclusion: What is the main “take-away” lesson from this case?	Line8-11/Page2
	3c		Line13-15/Page2
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	Line18-35/Page3
Timeline	5	Information from this case report organized into a timeline (table or figure)	
Patient Information	6a	De-identified demographic and other patient or client specific information Chief complaint—what prompted this visit?	Line36-53/Page4
	6b	Relevant history including past interventions and outcomes	Line36-37/Page4
	6c		Line37-39/Page4
Physical Exam	7	Relevant physical examination findings	Line39-43/Page4
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	Line43-53/Page4
	8b	Diagnostic reasoning including other diagnoses considered and challenges Consider tables or figures linking assessment, diagnoses and interventions	Line58-59/Page5
	8c	Prognostic characteristics where applicable	Line43-53/Page4
	8d		Line60/Page5
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery Intervention administration such as dosage, frequency and duration	Line54-56/Page4
	9b	Note changes in intervention with planation	Line56-58/Page4
	9c	Other concurrent interventions	Line54-57/Page4
	9d		Line58-60/Page5
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	Line58-60/Page5
	10b	Important follow-up diagnostic evaluations	Line58-60/Page5
	10c	Assessment of intervention adherence and tolerability, including adverse events	Line58-60/Page5
Discussion	11a	Strengths and limitations in your approach to this case	Line117-121/Page7
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG) How does this case report suggest a testable hypothesis?	Line125-128/Page8
	11c	Conclusions and rationale	Line114-118/Page7
	11d		Line123-128/Page8
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	Line60/Page5
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	Line11-12/Page2 Title
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	Line13-25/Page2 Title