



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Time/Page
Title Key Words	1	The words "case report" should be in the title along with the area of focus	3/5
	2	Four to seven key words—include "case report" as one of the key words	16/4
Abstract	3a	Background: What does this case report add to the medical literature?	26/4
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	2-11/4
	3c	Conclusion: What is the main "take-away" lesson from this case?	13-15/4
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	26/11
Timeline	5	Information from this case report organized into a timeline (table or figure)	6-10/6
Patient Information	6a	De-identified demographic and other patient or client specific information	3/6
	6b	Chief complaint—what prompted this visit?	6/6
	6c	Relevant history including past interventions and outcomes	14-15/6
Physical Exam	7	Relevant physical examination findings	14-17/7
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	15-19/7
	8b	Diagnostic reasoning including other diagnoses considered and challenges	18/8
	8c	Consider tables or figures linking assessment, diagnoses and interventions	1-11/8
	8d	Prognostic characteristics where applicable	14/8
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	14-20/8
	9b	Intervention administration such as dosage, frequency and duration	16-18/8
	9c	Note changes in intervention with explanation	18-20/8
	9d	Other concurrent interventions	23/12
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	25/9
	10b	Important follow-up diagnostic evaluations	25/9
	10c	Assessment of intervention adherence and tolerability, including adverse events	5/9
Discussion	11a	Strengths and limitations in your approach to this case	14-17/11
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	16-20/12
	11c	How does this case report suggest a testable hypothesis?	17-20/12
	11d	Conclusions and rationale	13/11
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	8/3
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	24/12
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	