



CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
Title	1	The words “case report” should be in the title along with the area of focus	page1,title
Key Words	2	Four to seven key words—include “case report” as one of the key words	page2,keywords
Abstract	3a	Background: What does this case report add to the medical literature?	page2,abstract
	3b	Case summary: chief complaint, diagnoses, interventions, and outcomes	page2,abstract
	3c	Conclusion: What is the main “take-away” lesson from this case?	page2,abstract
Introduction	4	The current standard of care and contributions of this case—with references (1-2 paragraphs)	page3,coretip
Timeline	5	Information from this case report organized into a timeline (table or figure)	N/A
Patient Information	6a	De-identified demographic and other patient or client specific information	N/A
	6b	Chief complaint—what prompted this visit?	N/A
	6c	Relevant history including past interventions and outcomes	N/A
Physical Exam	7	Relevant physical examination findings	page3,case presentation
Diagnostic Assessment	8a	Evaluations such as surveys, laboratory testing, imaging, etc.	page3,case presentation
	8b	Diagnostic reasoning including other diagnoses considered and challenges	page3,case presentation
	8c	Consider tables or figures linking assessment, diagnoses and interventions	page3,figure2
	8d	Prognostic characteristics where applicable	N/A
Interventions	9a	Types such as life-style recommendations, treatments, medications, surgery	page4,treatment
	9b	Intervention administration such as dosage, frequency and duration	page4,treatment
	9c	Note changes in intervention with explanation	page4,treatment
	9d	Other concurrent interventions	page4,treatment
Follow-up and Outcomes	10a	Clinician assessment (and patient or client assessed outcomes when appropriate)	page4,outcome
	10b	Important follow-up diagnostic evaluations	page4, follow-up
	10c	Assessment of intervention adherence and tolerability, including adverse events	page4,outcome
Discussion	11a	Strengths and limitations in your approach to this case	page4-5,discussion
	11b	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	page4-5,discussion
	11c	How does this case report suggest a testable hypothesis?	N/A
	11d	Conclusions and rationale	page6,conclusion
Patient Perspective	12	When appropriate include the assessment of the patient or client on this episode of care	page4-5,discussion
Informed Consent	13	Informed consent from the person who is the subject of this case report is required by most journals	page8,informed consent
Additional Information	14	Acknowledgement section; Competing Interests; IRB approval when required	page4-5,acknowledge