

CARE Checklist (2013) of information to include when writing a case report

Topic	Item	Checklist item description	Reported on page
Title	1	The words “case report” should be in the title along with what is of greatest interest in this case	Page 1
Key Words	2	The key elements of this case in 2 to 5 key words	Page 3
Abstract	3a	Introduction—What is unique about this case? What does it add to the medical literature?	Page 3
	3b	The main symptoms of the patient and the important clinical findings	Page 3
	3c	The main diagnoses, therapeutics interventions, and outcomes	Page 3
	3d	Conclusion—What are the main “take-away” lessons from this case?	Page 3
Introduction	4	Brief background summary of this case referencing the relevant medical literature	Page 4
Patient Information	5a	Demographic information (such as age, gender, ethnicity, occupation)	Page 4
	5b	Main symptoms of the patient (his or her chief complaints)	Page 4
	5c	Medical, family, and psychosocial history including co-morbidities, and relevant genetic information	Page 4-6
	5d	Relevant past interventions and their outcomes	Page 7-8
Clinical Findings	6	Describe the relevant physical examination (PE) findings	Page 7
Timeline	7	Depict important milestones related to your diagnoses and interventions (table or figure)	
Diagnostic Assessment	8a	Diagnostic methods (such as PE, laboratory testing, imaging, questionnaires)	Page 7
	8b	Diagnostic challenges (such as financial, language, or cultural)	Page 7
	8c	Diagnostic reasoning including other diagnoses considered	Page 7-8
	8d	Prognostic characteristics (such as staging in oncology) where applicable	
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	Page 7-8
	9b	Administration of intervention (such as dosage, strength, duration)	Page 7-8
	9c	Changes in intervention (with rationale)	Page 7-8
Follow-up and Outcomes	10a	Clinician-assessed outcomes and when appropriate patient-assessed outcomes	Page 8-9
	10b	Important follow-up test results	Page 8-9
	10c	Intervention adherence and tolerability (How was this assessed?)	
	10d	Adverse and unanticipated events	
Discussion	11a	Discussion of the strengths and limitations in the management of this case	Page 9-11
	11b	Discussion of the relevant medical literature	Page 9-11
	11c	The rationale for conclusions (including assessment of possible causes)	Page 9-11
	11d	The main “take-away” lessons of this case report	Page 11
Patient Perspective	12	Did the patient share his or her perspective or experience? (Include when appropriate)	Page 1
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <u>o</u> v <u>u</u> No <u>u</u>