



## CARE Checklist – 2016: Information for writing a case report

Topic	Item	Checklist item description	Line/Page
<b>Title</b>	<b>1</b>	The words “case report” should be in the title along with the area of focus	4/1
<b>Key Words</b>	<b>2</b>	Four to seven key words—include “case report” as one of the key words	3/3
<b>Abstract</b>	<b>3a</b>	Background: What does this case report add to the medical literature?	2/2
	<b>3b</b>	Case summary: chief complaint, diagnoses, interventions, and outcomes	10/2
	<b>3c</b>	Conclusion: What is the main “take-away” lesson from this case?	25/2
<b>Introduction</b>	<b>4</b>	The current standard of care and contributions of this case—with references (1-2 paragraphs)	14/3
<b>Timeline</b>	<b>5</b>	Information from this case report organized into a timeline (table or figure)	16/4
<b>Patient Information</b>	<b>6a</b>	De-identified demographic and other patient or client specific information	8/4
	<b>6b</b>	Chief complaint—what prompted this visit?	8/4
	<b>6c</b>	Relevant history including past interventions and outcomes	11/4
<b>Physical Exam</b>	<b>7</b>	Relevant physical examination findings	15/5
<b>Diagnostic Assessment</b>	<b>8a</b>	Evaluations such as surveys, laboratory testing, imaging, etc.	19/5
	<b>8b</b>	Diagnostic reasoning including other diagnoses considered and challenges	17/6
	<b>8c</b>	Consider tables or figures linking assessment, diagnoses and interventions	1/11
	<b>8d</b>	Prognostic characteristics where applicable	20/9
<b>Interventions</b>	<b>9a</b>	Types such as life-style recommendations, treatments, medications, surgery	7/5
	<b>9b</b>	Intervention administration such as dosage, frequency and duration	2/5
	<b>9c</b>	Note changes in intervention with explanation	7/5
	<b>9d</b>	Other concurrent interventions	7/5
<b>Follow-up and Outcomes</b>	<b>10a</b>	Clinician assessment (and patient or client assessed outcomes when appropriate)	25/6
	<b>10b</b>	Important follow-up diagnostic evaluations	26/7
	<b>10c</b>	Assessment of intervention adherence and tolerability, including adverse events	7/5
<b>Discussion</b>	<b>11a</b>	Strengths and limitations in your approach to this case	1/8
	<b>11b</b>	Specify how this case report informs practice or Clinical Practice Guidelines (CPG)	1/8
	<b>11c</b>	How does this case report suggest a testable hypothesis?	1/8
	<b>11d</b>	Conclusions and rationale	18/10
<b>Patient Perspective</b>	<b>12</b>	When appropriate include the assessment of the patient or client on this episode of care	25/6
<b>Informed Consent</b>	<b>13</b>	Informed consent from the person who is the subject of this case report is required by most journals	Yes
<b>Additional Information</b>	<b>14</b>	Acknowledgement section; Competing Interests; IRB approval when required	1/16