

## **CONSORT 2010** checklist of information to include when reporting a randomised trial\*

Section/Topic	Item No	Checklist item	Reported on page No
Title and abstract			
	1a	Identification as a randomised trial in the title	It is a pilot study
	1b	Structured summary of trial design, methods, results, and conclusions (for specific guidance see CONSORT for abstracts)	3,4
Introduction			
Background and	2a	Scientific background and explanation of rationale	6-8
objectives	2b	Specific objectives or hypotheses	11-12
Methods			
Trial design	3a	Description of trial design (such as parallel, factorial) including allocation ratio	12
	3b	Important changes to methods after trial commencement (such as eligibility criteria), with reasons	It is a pilot study
Participants	4a	Eligibility criteria for participants	It is a pilot study
	4b	Settings and locations where the data were collected	14-16
Interventions	5	The interventions for each group with sufficient details to allow replication, including how and when they were actually administered	15-16
Outcomes	6a	Completely defined pre-specified primary and secondary outcome measures, including how and when they	10 10
Culcomos	ou	were assessed	It is a pilot study
	6b	Any changes to trial outcomes after the trial commenced, with reasons	It is a pilot study
Sample size	7a	How sample size was determined	It is a pilot study
	7b	When applicable, explanation of any interim analyses and stopping guidelines	It is a pilot study
Randomisation:			-
Sequence	8a	Method used to generate the random allocation sequence	It is a pilot study
generation	8b	Type of randomisation; details of any restriction (such as blocking and block size)	It is a pilot study
Allocation	9	Mechanism used to implement the random allocation sequence (such as sequentially numbered containers),	
concealment		describing any steps taken to conceal the sequence until interventions were assigned	
mechanism			It is a pilot study
Implementation	10	Who generated the random allocation sequence, who enrolled participants, and who assigned participants to	
		interventions	It is a pilot study
Blinding	11a	If done, who was blinded after assignment to interventions (for example, participants, care providers, those	It is a pilot study

CONSORT 2010 checklist Page 1

			It is a pilot study
		assessing outcomes) and how	It is a pilot study
	11b	If relevant, description of the similarity of interventions	It is a pilot study
Statistical methods	12a	Statistical methods used to compare groups for primary and secondary outcomes	It is a pilot study
	12b	Methods for additional analyses, such as subgroup analyses and adjusted analyses	It is a pilot study
Results			
Participant flow (a	13a	For each group, the numbers of participants who were randomly assigned, received intended treatment, and	
diagram is strongly		were analysed for the primary outcome	It is a pilot study
recommended)	13b	For each group, losses and exclusions after randomisation, together with reasons	It is a pilot study
Recruitment	14a	Dates defining the periods of recruitment and follow-up	16-17
	14b	Why the trial ended or was stopped	It is a pilot study
Baseline data	15	A table showing baseline demographic and clinical characteristics for each group	It is a pilot study
Numbers analysed	16	For each group, number of participants (denominator) included in each analysis and whether the analysis was	
		by original assigned groups	It is a pilot study
Outcomes and	17a	For each primary and secondary outcome, results for each group, and the estimated effect size and its	
estimation		precision (such as 95% confidence interval)	It is a pilot study
	17b	For binary outcomes, presentation of both absolute and relative effect sizes is recommended	It is a pilot study
Ancillary analyses	18	Results of any other analyses performed, including subgroup analyses and adjusted analyses, distinguishing	
		pre-specified from exploratory	It is a pilot study
Harms	19	All important harms or unintended effects in each group (for specific guidance see CONSORT for harms)	17
Discussion			
Limitations	20	Trial limitations, addressing sources of potential bias, imprecision, and, if relevant, multiplicity of analyses	It is a pilot study
Generalisability	21	Generalisability (external validity, applicability) of the trial findings	It is a pilot study
Interpretation	22	Interpretation consistent with results, balancing benefits and harms, and considering other relevant evidence	It is a pilot study
Other information			
Registration	23	Registration number and name of trial registry	It is a pilot study
Protocol	24	Where the full trial protocol can be accessed, if available	It is a pilot study
Funding	25	Sources of funding and other support (such as supply of drugs), role of funders	28

<sup>\*</sup>We strongly recommend reading this statement in conjunction with the CONSORT 2010 Explanation and Elaboration for important clarifications on all the items. If relevant, we also recommend reading CONSORT extensions for cluster randomised trials, non-inferiority and equivalence trials, non-pharmacological treatments, herbal interventions, and pragmatic trials. Additional extensions are forthcoming: for those and for up to date references relevant to this checklist, see <a href="https://www.consort-statement.org">www.consort-statement.org</a>.

CONSORT 2010 checklist Page 2