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**Oxidative alterations in sickle cell disease: Possible involvement in disease pathogenesis**

Oztas Y *et al.* Oxidative alterations in sickle cell pathogenesis

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**Abstract**

Sickle cell disease (SCD) is the first molecular disease in the literature. Although the structural alteration and dysfunction of the sickle hemoglobin (HbS) are well understood, the many factors modifying the clinical signs and symptoms of the disease are under investigation. Besides having an abnormal electrophoretic mobility and solubility, HbS is unstable. The autooxidation rate of the abnormal HbS has been reported to be almost two times of the normal. There are two more components of the oxidative damage in SCD: Free radical induced oxidative damage during vaso-occlusion induced ischemia-reperfusion injury and decreased antioxidant capacity in the erythrocyte and in the circulation. We will discuss the effects of oxidative alterations in the erythrocyte and in the plasma of SCD patients in this review.

**Key words:** Oxidative stress; Sickle cell disease; Iron; Protein oxidation; Carbonyl group; Sulfhydryl group; Low-density lipoprotein; High-density lipoprotein

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**Core tip:** Oxidative alterations in the plasma and erythrocyte of sickle cell disease may indicate disease progression and phenotype. Detected oxidative modifications may be used as disease markers. Novel drugs targetting oxidative damage of plasma and cellular components may be important as promising therapeutic options.

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**INTRODUCTION**

Sickle cell disease (SCD) is an autosomal recessive disease which was first reported by an American physician, James Herrick[1] in 1904. It was noted for being the first molecular disease after demonstration of the point mutation in beta globin gene in 1949[2]. Acidic glutamate residue at the sixth position was exchanged with a hydrophobic valine in the sickle hemoglobin (HbS). Solubility of abnormal HbS decreases in deoxygenation, dehydration and acidosis resulting with formation of long and solid polymers in the erythrocyte where it interacts with the cytoskeleton forcing the cell to get an almost sickled shape. Although the erythrocyte has a high capacity to move through the narrowest capillaries, the sickle erythrocyte loses its elasticity and tends to slow down and accumulate resulting with vaso-occlusion.

SCD is characterized by anemia, vaso-occlusion and chronic inflammation. Ischemia, and necrosis develop after vaso-occlusion concomitantly resulting with organ dysfunction[3]. Acute vaso-occlusive crisis is the most common clinical presentation that results with hospitalization. Pulmonary hypertension, leg ulcers, priapism and stroke may develop as a complication of vaso-occlusive crisis. On the other hand frequent transfusions result with iron deposition in the tissues and organs of the patients with resultant organ dysfunction[4]. Iron induces generation of free radicals that produce oxidative stress and damage cell membrane, organelles and DNA[5].

Although the structural alteration and dysfunction of the HbS are well understood, the many factors modifying the phenotype of the patients and clinical presentation are under investigation. Understanding the spectrum of biochemical alterations produced by this genetic disease, novel therapeutic approaches can be developed to increase the life quality of the patients.

**OXIDATIVE PROCESSES IN THE NORMAL ERYTHROCYTE**

The erythrocytes have always been subjected to oxidative stress because they already transport oxygen in the circulation[6]. While there is a continuous flow of oxygen in the erythrocyte, it additionally contains iron (Fe+2) bound to heme in the cytoplasm surrounded by a membrane containing unsaturated fatty acids[7]. However, under normal conditions Fe+2 is isolated in the pocket of heme group and the antioxidant enzymes work to prevent or limit the damage of the oxidant stress[8].

When deoxyhemoglobin binds oxygen, an electron from Fe+2 of hemoglobin is transferred to oxygen forming oxyhemoglobin also called superoxyhemoglobin[9]. Normally this is reversible, however occasionally O2 leaves hemoglobin in the form of superoxide and l ferric hemoglobin named methemoglobin (MetHb) is formed. Normal erythrocytes have some amount of MetHb and superoxide formation. As a result hydroxyl radical is formed by dysmutation catalyzed by H2O2 and Fe+2. Therefore there is always some amount of oxidative stress in the erythrocyte[10].

However, there is an excessive increase of oxidative stress in the sickle arythrocyte and plasma medium that the balance between antioxidants and oxidants is altered towards an increased production of oxidized lipids, proteins and lipoproteins (Figure 1).

**OXIDATIVE PROCESSES IN THE SICKLE ERYTHROCYTE**

A point mutation in beta globin gene results with an unstable Hb S protein that has an abnormal electrophoretic mobility and solubility[11,12]. Therefore, MetHb formation and decomposition and heme release have tremendously increased[13]. It was first shown by Hebbel *et al*[9] that autooxidation of HbS was increased compared to normal hemoglobin, HbA. The autooxidation rate of HbS has been reported to be almost two times (1.7-1.9) of the normal with an increased formation of superoxide[9-14].

Excessive amount of lipid peroxidation has been observed in sickle erythrocytes[15] where the membrane damage due to peroxidation was demonstrated by increased permeability to potassium ion[16], altered membrane asymmetry[17], decreased erythrocyte deformability[18], dehydration[19,20] and hemolysis[21].

Iron and copper are particular elements that trigger Hb oxidation[22-24]. There are contradictory findings about the concentration of Fe2+ and Cu2+ in the sickle erythrocyte. Increased[24-26], similar or decreased amounts were reported in the sickle erythrocyte compared to normal[27,28]. Furthermore, there is an iron deposit on the membrane of the sickle erythrocyte that is different from normal. Heme bound iron[11] and unbound Fe2+ ion[29] were shown on the membrane. This is a factor that further increases the oxidative stress on the membrane. In addition, Hb auto-oxidation and radical formation thereby increased as mentioned above.

There are two more components of the oxidative damage in SCD: Free radical induced oxidative damage during vaso-occlusion induced ischemia-reperfusion injury and decreased antioxidant capacity in the erythrocyte and in the circulation[30]. Increased oxidative stress in the sickle erythrocyte disrupts the reducing power and defense mechanisms of the cell, thus facilitates further damage by other oxidative agents. Free heme in the sickle erythrocyte inhibits some enzymes that protect the cell from oxidation; there is a decreased activity of hexose mono phosphate pathway as well as decreased glutathione[30]. Although this metabolic deterioration has not been understood in the sickle erythrocytes, it should have a strong implication on the disease pathogenesis.

Membrane proteins of sickle erythrocytes were reported to have oxidative alterations[20-31]. Irregularities in the membranous distribution of band 3 and glycophorin, show that the membrane structure of the sickle erythrocyte is disrupted[20]. It has been observed that, accumulation of aggregates of hemichrome at the cytoplasmic region of Band 3 results in the merging of Band 3 molecules which in turn increases sickle cell fusion to endothelium and recognition by macrophages through increased immunoglobin G and complement activation at Band 3 merging sites[32]. Spectrin, which is a membrane skeleton protein, cannot properly bind to the sickle membrane as a result of the anomalies in the membrane proteins of the sickle cell. There is direct evidence that membrane proteins such as ankyrin, spectrin, Band 3 and Band 4 may have oxidative damage[31].

It has been shown that, membrane lipids of sickle cells also suffer oxidative damage[15]. Excessive lipid peroxidation accompanied by loss of membrane fluidity in biological membranes result in decreased membrane potential and increased permeability of H+ and other ions, followed with cell rupture and loss of cell contents and organelles.

**ENDOTHELIAL DYSFUNCTION IN SCD AND OXIDATIVE ALTERATIONS IN THE PLASMA PROTEINS**

Chronic intravascular hemolysis of SCD results with excessive production of heme that depletes endothelial nitric oxide[33]. Additionally vaso-occlusive crisis end up with ischemia-reperfusion injury where enzymes like xanthine oxidase, NADPH oxidase, nitric oxide synthase were activated inducing excessive production of free radicals[34,35]. Asymmetric dimethyl arginine, a nitric oxide inhibitor was found to be increased in SCD[36]. All these factors contribute to endothelial dysfunction and further aggravate oxidative stress resulting with a depletion of plasma antioxidants in SCD[37].

Plasma protein oxidation is monitored by measurement of protein carbonyl levels[38]. Increased protein carbonyl levels were reported in various diseases and regarded as a factor that might contribute to the disease pathology[39-41]. Carbonyl-modified plasma proteins were demonstrated to trigger endothelial dysfunction[42] which is regarded to be important in the pathogenesis of SCD. We reported increased protein oxidation by carbonyl modification in SCA patients’ plasma where carbonyl levels were correlated to plasma iron and hemolysate zinc levels[43]. Sulfhydrl groups measured in the plasma are mostly from proteins[44]. In fact protein sulfhydryl groups are important antioxidants that can break the oxidation chain. Albumin is the major plasma protein and was been shown to be a strong antioxidant (12). We found decreased sulfhydryl content in the plasma of SCD patients[43]. All these posttranslational modifications occurred as a result of oxidative stress and needs further investigation to understand their effect on protein function and turnover.

Albumin is the major plasma protein that has antioxidant capacity due to its sulfhydryl groups[45]. Therefore it is a major target for oxidative injury. It was previously reported that free 34cysteine residue of albumin was the target for oxidizing agents[46,47]. A study using proteomics approach reported oxidative posttranslational modification of plasma albumin in the form of malondialdehyde adducts in SCD patients with pulmonary hypertension[48]. Our group showed that electrophoretic mobility of albumin from SCD patients was different than that of albumin from healthy controls[49]. The inflammatory and oxidative medium in SCD possibly targets albumin and induces structural modification. Methemalbumin formation was also reported in SCD patients[50]. This may be an antioxidant defense mechanism where plasma albumin binds oxidized heme and may by this way alleviate toxic effects of free heme on other low abundance proteins.

**LIPID PEROXIDATION IN SICKLE ERYTHROCYTES**

Malonyldialdehyde is a non-enzymatic oxidative by product of lipid peroxidation. Its main sources are oxidation of polyunsaturated fatty acids and cyclic endoperoxides released during eicosanoid synthesis[51]. Peroxidation of membrane lipids results in loss of membrane architecture that is essential for the deformability of the erythrocyte in passing through capillaries[52]. An erythrocyte with such membrane defects has a shorter life span and becomes a target for the reticuloendothelial system.

We previously reported MDA levels in the plasma and in the erythrocyte of SCD patients were higher than healthy controls[53]. Interestingly these patients had significantly lower blood cholesterol levels and there was a negative correlation between MDA and cholesterol in these patients.

Oxysterols are cholesterol oxidation products having metabolic roles as well[54]. 7-ketocholesterol is an oxysterol that is mostly formed due to increased oxidative stress[55]. There are two studies investigating cholesterol oxidation in the sickle erythrocytes. One study found sickle erythrocyte membranes contained higher 7-ketocholesterol levels than normal erythrocyte membranes[56]. In the other study, increased 7-ketocholesterol in sickle erythrocyte membrane was suggested to alter membrane dynamics and packaging capacity, therefore contributing to membrane pathology in SCD[57]. We found increased 7-ketocholesterol levels in SCD patients who also had hypocholesterolemia[58]. We suggested this cholesterol oxidation product, 7-ketocholesterol may modulate cholesterol biosynthesis at cytoplasmic or nuclear level.

**LIPOPROTEIN OXIDATION**

Low-density lipoprotein (LDL) oxidation is a complex procedure in which both the proteins and lipids of the LDL are oxidized, resulting in extensive damage to its structure[59,60]. Macrophages, through increased proteoglycan binding, recognize and scavenge this cytotoxic remnant of native LDL forming foam cells[61,62]. The oxidation of LDL particles draws attention primarily because of their effect on atherosclerosis and coronary syndromes[63]. However, LDL leakage across endothelium and its subsequent oxidation by radicals can result in macrophage activation in all vascular structures. Furthermore, it is known that without oxidation, LDL particles do not result in the accumulation of cholesterol esters in blood vessels[64,65]; we can infer that if LDL is being oxidized, the result will be damage in vascular structure.

For example, oxidation of apolipoprotein B-100 component of LDL resulted in conformational change and increased endothelial uptake of LDL[66]. Being reported previously in patients with thalassemia[67], increased oxidation of LDL in patients with SCD patients might result with its increased clearance from plasma. This may be an explanation for decreased LDL as well as cholesterol levels in patients with SCA[68]. Possibly chronic hemolysis and increased erythropoietic activity are more important in the consumption of plasma pool of cholesterol and the development of hypocholesterolemia in patients with SCD[69]. However, the possible link between LDL oxidation and hypocholesterolemia should be investigated in further studies.

High-density lipoprotein (HDL) is known as the apolipoprotein that carries cholesterol back into the liver[70]; although HDL function is not as simple as this sentence suggests, its primary ability to accept cholesterol from LDL and macrophage foam cells is why HDL is considered protective against atherosclerosis[71,72]. Oxidized HDL on the other hand, loses its ability to remove cholesterol[73]. Contrary studies exist, it has been shown that specific forms of oxidized HDL (tyrosylated HDL) may in fact increase cholesterol uptake and decrease atherosclerotic plaque formation[74]. However, the specific nature of these oxidations and the lack of data about the in vivo formation of oxidized HDL raise questions on the reliability of this data for in vivo consideration.

Another important role of HDL is its anti-inflammatory function[75]. Oxidized HDL loses this function almost entirely and may even act pro-inflammatory during the acute phase response[75,76]. Furthermore, HDL levels are also decreased by ongoing inflammation[77,78]. This data suggests that the ongoing inflammatory state, increased acute phase reactants, and the constant oxidative stress that SCD patients undergo can result in a vicious cycle that is a major contributor to HDL dysfunction in SCD[79].

HDLs have additional functions; lipopolysaccharide binding, endothelial cell movement and function modulation, platelet-activating factor (PAF) inhibition, anticoagulant activity inhibition, anti-oxidant enzyme effects, prostacyclin binding, stimulation of NO release; these are either direct effects through their plasma lipid transport role or effects through enzymes that travel alongside the apolipoprotein[78,80,81]. Paroxonase is one of these enzymes and was shown to have a decreased activity in SCD and researchers suggested that pediatric patients with SCD who had chronic oxidative stress might have a higher incidence of vaso-occlusive crisis[82]. However, SCD patients who had hydroxyurea had normal paroxonase activity. HDL has important antioxidant capacity and HDL mimetic peptides keep a potential to be a therapeutic agent in vascular inflammation[83]. 4F, an HDL mimetic, was shown to be beneficial against endothelial dysfunction in a mouse model of SCD[84].

**CONCLUSION**

SCD is regarded as a high oxidative stress situation, because of HbS. It is not unexpected that iron of heme can trigger many oxidative events that may damage erythrocyte and plasma macromolecules. Besides iron vaso-occlusion induced ischemia-reperfusion injury and chronic inflammation also trigger oxidative damage at the cellular and at the circulation. There are many oxidative markers being studied in SCD. The clinical correlations of molecular alteration of proteins and lipids are important and they may modify disease presentation. New options of therapy in SCD will possibly involve antioxidants-either being synthetic or being biomimetic as adjuvant.

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**Figure 1 The balance between antioxidants and oxidants in Sickle cell disease is altered towards the increase of oxidative stress and production of oxidized lipids, proteins and lipoproteins.**