

# World Journal of *Gastrointestinal Endoscopy*

*World J Gastrointest Endosc* 2017 August 16; 9(8): 346-427



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*World Journal of Gastrointestinal Endoscopy*  
Volume 9 Number 8 August 16, 2017

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*World Journal of Gastrointestinal Endoscopy* (*World J Gastrointest Endosc*, *WJGE*, online ISSN 1948-5190, DOI: 10.4253) is a peer-reviewed open access (OA) academic journal that aims to guide clinical practice and improve diagnostic and therapeutic skills of clinicians.

*WJGE* covers topics concerning gastroscopy, intestinal endoscopy, colonoscopy, capsule endoscopy, laparoscopy, interventional diagnosis and therapy, as well as advances in technology. Emphasis is placed on the clinical practice of treating gastrointestinal diseases with or under endoscopy.

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### INDEXING/ABSTRACTING

*World Journal of Gastrointestinal Endoscopy* is now indexed in Emerging Sources Citation Index (Web of Science), PubMed, and PubMed Central.

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NAME OF JOURNAL  
*World Journal of Gastrointestinal Endoscopy*

ISSN  
ISSN 1948-5190 (online)

LAUNCH DATE  
October 15, 2009

FREQUENCY  
Monthly

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PUBLISHER  
Baishideng Publishing Group Inc  
7901 Stoneridge Drive, Suite 501,  
Pleasanton, CA 94588, USA  
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PUBLICATION DATE  
August 16, 2017

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## Retrospective Cohort Study

**Impact of laparoscopic liver resection on bleeding complications in patients receiving antithrombotics**

Takahisa Fujikawa, Hiroshi Kawamoto, Yuichiro Kawamura, Norio Emoto, Yusuke Sakamoto, Akira Tanaka

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**Author contributions:** Fujikawa T designed and performed research, and analyzed data; Fujikawa T prepared a manuscript; Kawamoto H, Kawamura Y, Emoto N, Sakamoto Y and Tanaka A reviewed it.

**Institutional review board statement:** The study was reviewed and approved for publication by our Institutional Review Board.

**Informed consent statement:** Patients were not required to give informed consent to the study because the analysis used anonymous clinical data that were obtained after each patient agreed to treatment by written consent.

**Conflict-of-interest statement:** The authors report no relevant conflicts of interest.

**Data sharing statement:** No additional data are available. Collected data under the form of Excel tables will be available on request. The authors are not responsible of any concern issued from external use of these files.

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**Manuscript source:** Invited manuscript

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Received: January 26, 2017

Peer-review started: February 8, 2017

First decision: May 10, 2017

Revised: May 19, 2017

Accepted: May 30, 2017

Article in press: May 31, 2017

Published online: August 16, 2017

**Abstract****AIM**

To assess the impact of laparoscopic liver resection (LLR) on surgical blood loss (SBL), especially in patients with antithrombotics for thromboembolic risks.

**METHODS**

Consecutive 258 patients receiving liver resection at our institution between 2010 and 2016 were retrospectively reviewed. Preoperative antithrombotic therapy (ATT; antiplatelets and/or anticoagulation) was regularly used in 100 patients (ATT group, 38.8%) whereas not used in 158 (non-ATT group, 61.2%). Our perioperative management of high thromboembolic risk patients included maintenance of preoperative aspirin monotherapy for patients with antiplatelet therapy and bridging heparin for patients with anticoagulation. In both ATT and non-ATT groups, outcome variables of patients undergoing LLR were compared with those of patients receiving open liver resection (OLR), and the independent risk factors for increased SBL were determined by multivariate analysis.

**RESULTS**

This series included 77 LLR and 181 OLR. There were 3 thromboembolic events (1.2%) in a whole cohort, whereas increased SBL ( $\geq 500$  mL) and postoperative bleeding complications (BCs) occurred in 66 patients (25.6%) and 8 (3.1%), respectively. Both in the ATT and non-ATT groups, LLR was significantly related to reduced SBL and low incidence of BCs, although LLR was less performed as anatomical resection. Multivariate analysis showed that anatomical liver resection was the most

significant risk factor for increased SBL [risk ratio (RR) = 6.54,  $P < 0.001$ ] in the whole cohort, and LLR also had the significant negative impact (RR = 1/10.0,  $P < 0.001$ ). The same effects of anatomical resection (RR = 15.77,  $P < 0.001$ ) and LLR (RR = 1/5.88,  $P = 0.019$ ) were observed when analyzing the patients in the ATT group.

### CONCLUSION

LLR using the two-surgeon technique is feasible and safely performed even in the ATT-burdened patients with thromboembolic risks. Independent from the extent of liver resection, LLR is significantly associated with reduced SBL, both in the ATT and non-ATT groups.

**Key words:** Laparoscopic liver resection; Two-surgeon technique; Antithrombotic therapy; Increased surgical blood loss; Bleeding complication

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**Core tip:** Analyzing consecutive 258 patients undergoing liver resection using the two-surgeon technique, we showed that laparoscopic liver resection is significantly associated with reduced surgical blood loss and low postoperative bleeding complications even in antithrombotic-burdened patients with thromboembolic risks.

Fujikawa T, Kawamoto H, Kawamura Y, Emoto N, Sakamoto Y, Tanaka A. Impact of laparoscopic liver resection on bleeding complications in patients receiving antithrombotics. *World J Gastrointest Endosc* 2017; 9(8): 396-404 Available from: URL: <http://www.wjgnet.com/1948-5190/full/v9/i8/396.htm> DOI: <http://dx.doi.org/10.4253/wjge.v9.i8.396>

### INTRODUCTION

In recent years, with the arrival of an aging society, surgical cases with heart disease and cerebrovascular disease have become more common, and most of them are undergoing antithrombotic therapy [ATT; antiplatelet therapy (APT) and/or anticoagulation therapy (ACT)] to prevent thromboembolism. Although the indication for ATT is expanding, perioperative management of antithrombotic drugs during gastroenterological surgery is often at high risk of hemorrhagic and thromboembolic complications and can become difficult<sup>[1-4]</sup>.

In our institution, a protocol of risk stratification and perioperative antithrombotic management has been established for patients receiving ATT ("Kokura Protocol")<sup>[5,6]</sup>. So far, the feasibility and safety of the Kokura Protocol during laparoscopic and/or open abdominal surgery have been reported<sup>[5,6]</sup>. Moreover, our recent paper demonstrated that laparoscopic liver resection (LLR) using the "two-surgeon technique" is safely performed without critical intraoperative or postoperative bleeding even in patients receiving APT<sup>[7]</sup>. But the effect of LLR on increased surgical blood loss

(SBL) and postoperative bleeding complications (BCs), especially in patients undergoing ATT, still remains unclear.

The aim of the current research is to investigate the impact of LLR on increased SBL and BCs with special reference to the presence or absence of ATT.

### MATERIALS AND METHODS

#### Patients

Following institutional review board approval, we searched potentially relevant cases from the single institution prospectively collected surgery database. After excluding cases with emergency surgery or other types of surgery, we included 258 consecutive liver resections performed from January 2010 to October 2016 in the current study (Figure 1). ATT was regularly used in 100 patients (ATT group, 38.8%) whereas not used in 158 patients (non-ATT group, 61.2%). Background, perioperative and outcome variables of the patients were collected through the surgery database as well as hospital and clinic charts.

The status of patients' symptoms and functions regarding ambulatory status was described according to the ECOG scale of performance status (PS)<sup>[8]</sup>. Postoperative complications were assessed and categorized by Clavien-Dindo classification (CDC)<sup>[9]</sup> and CDC class II or higher was considered significant. Postoperative bleeding and thromboembolic complications were defined as previously described<sup>[5,6]</sup>. BCs included luminal bleeding, abdominal bleeding, and abdominal wall hematoma; thromboembolic complications included myocardial infarction, cerebral infarction, mesenteric infarction, and pulmonary thromboembolism. Operative mortality included death within 30 d after surgery.

Surgical procedures in this cohort included 163 partial liver resection and 95 anatomical liver resection. All procedures were performed by or under the guidance of one of the board-certified attending surgeons at our institution. We have adopted the "two-surgeon technique" during open liver resection (OLR)<sup>[10]</sup>, and also introduced and maintained this procedure even in LLR, in order to perform safe liver parenchymal transection without critical intraoperative bleeding<sup>[7]</sup>. The indications for LLR at our institution were initially limited to the lesions in S2, S3, S5, S6 and the ventral side of S4, but were later expanded to almost all areas including S1. Patients having a large tumor more than 10 cm in diameter, those requiring bile duct resection or lymph node dissection, those with tumors involving major hepatic veins or inferior vena cava were excluded. We currently perform both pure and hybrid LLR and select the procedure depending on the tumor location and patient condition. Especially, if the ATT-burdened patients with high thromboembolic risks require major anatomical resection, we definitely choose hybrid LLR or open hepatectomy to avoid elevation of thromboembolic risks due to reduced central venous pressure.

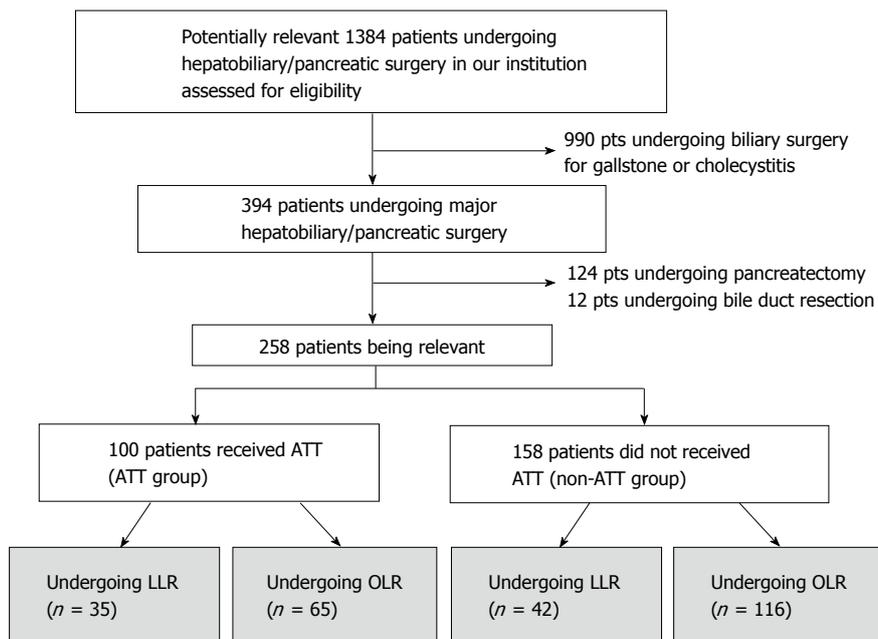


Figure 1 Consort diagram in the current study. Pts: Patients; ATT: Antithrombotic therapy; LLR: Laparoscopic liver resection; OLR: Open liver resection.

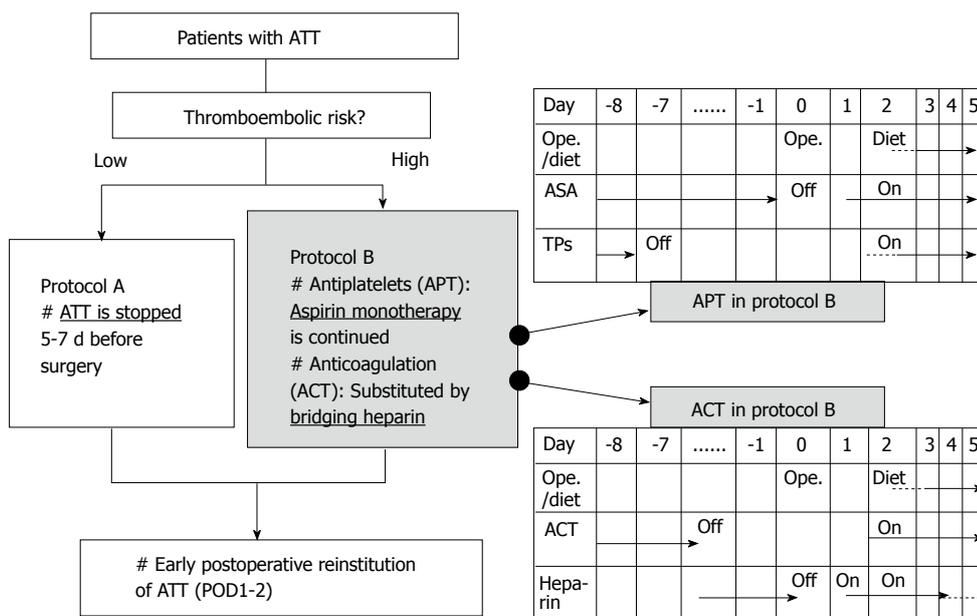


Figure 2 Perioperative management protocol (“Kokura Protocol”) for patients undergoing antithrombotic therapy in case of elective surgery. The management generally consists of interrupting ATT 5 to 7 d before surgery and early postoperative reinstatement in low thromboembolic risk patients. In patients with high thromboembolic risks, aspirin monotherapy is continued in patients with APT, and/or ACT was substituted by bridging heparin. ATT: Antithrombotic therapy; APT: Antiplatelet therapy; ACT: Anticoagulation therapy; Ope.: Operation; ASA: Aspirin; TPs: Thienopyridines.

The primary outcome included increased SBL (500 mL or more) and BCs. Both in the ATT and non-ATT groups, background characteristics, perioperative factors, and outcome variables of patients undergoing LLR were compared with those of patients receiving OLR, and the independent risk factors for increased SBL were determined by multivariate analysis.

**Perioperative management of antithrombotic drugs**

We have established our perioperative antithrombotic

management system including thromboembolic risk stratification and perioperative antithrombotic management protocol (“Kokura Protocol”), and have shown that both open and laparoscopic abdominal surgeries in patients with antithrombotic therapy can be performed safely under Kokura Protocol<sup>[5,6]</sup>. Figure 2 demonstrated perioperative flowchart of patients with ATT in the Kokura Protocol. The management generally consisted of interrupting ATT 5 to 7 d before surgery and early postoperative reinstatement in low thromboembolic risk

**Table 1** Background characteristics of patients in the cohort *n* (%)

Variables	Total ( <i>n</i> = 258)	ATT ( <i>n</i> = 100)			Non-ATT ( <i>n</i> = 158)		
		LLR ( <i>n</i> = 35)	OLR ( <i>n</i> = 65)	<i>P</i> value	LLR ( <i>n</i> = 42)	OLR ( <i>n</i> = 116)	<i>P</i> value
Age, yr, median (range)	69 (36-89)	78 (59-90)	76 (52-92)	0.067	71 (45-89)	69 (36-86)	0.106
Gender				0.312			1
Female	80 (31.0)	10 (28.6)	12 (18.5)		15 (35.7)	43 (37.1)	
Male	178 (69.0)	25 (71.4)	53 (81.6)		27 (64.3)	73 (62.9)	
BMI				0.662			1
< 30 kg/m <sup>2</sup>	247 (95.7)	34 (97.1)	60 (92.3)		41 (97.6)	112 (96.6)	
≥ 30 kg/m <sup>2</sup>	11 (4.3)	1 (2.9)	5 (7.7)		1 (2.4)	4 (3.4)	
Performance status				0.124			1
0, 1	242 (93.8)	30 (85.7)	62 (95.4)		40 (95.2)	110 (94.8)	
2, 3	16 (6.2)	5 (14.3)	3 (4.6)		2 (4.8)	6 (5.2)	
Concurrent diseases							
Diabetes mellitus	58 (22.5)	10 (28.6)	17 (26.2)	0.817	7 (16.7)	24 (20.7)	0.656
Hx of congestive heart failure	21 (8.1)	8 (22.9)	11 (16.9)	0.594	1 (2.4)	1 (0.9)	0.462
Coronary artery disease							
Hx of PCI	49 (19.0)	17 (48.6)	31 (47.7)	1	1 (2.4)	0 (0.0)	0.266
Hx of CABG	7 (2.7)	4 (11.4)	3 (4.6)	0.236	0 (0.0)	0 (0.0)	-
Hx of cerebral infarction	26 (10.1)	5 (14.3)	17 (26.2)	0.212	0 (0.0)	4 (3.4)	0.574
Current hemo-/peritoneal dialysis	11 (4.3)	2 (5.7)	5 (7.7)	1	1 (2.4)	3 (2.6)	1
Anticoagulation therapy	30 (11.6)	8 (22.9)	22 (33.8)	0.360	-	-	-
Periop. heparin bridging	26 (10.1)	7 (20.0)	19 (29.2)	0.350	-	-	-
Preop. aspirin continuation	35 (13.6)	14 (40.0)	21 (32.3)	0.382	-	-	-

ATT: Antithrombotic therapy; LLR: Laparoscopic liver resection; OLR: Open liver resection; BMI: Body mass index; PCI: Percutaneous coronary intervention; CABG: Coronary artery bypass graft; periop.: Perioperative; preop.: Preoperative.

patients. However, in case of high thromboembolic risks, single aspirin therapy is continued for APT patients, and ACT was substituted by bridging heparin; early reinstatement of the antithrombotic drugs is executed. In patients using both APT and ACT, perioperative management of APT was also combined with those of ACT.

### Statistical analysis

The collected data were checked and statistically analyzed by using the package of SPSS software. The categorized variables between the groups were compared by Fisher's exact probability test. The continuous data, expressed as a median with range, and non-parametric variables were compared by Kruskal-Wallis test or Student's *t* test. The analytic method of multivariable logistic regression model was performed to assess significant risk factors affecting increased SBL and BC. Statistical significance was determined at the level of  $P < 0.05$ .

## RESULTS

The current cohort included 77 LLR and 181 OLR. Table 1 demonstrates various characteristics of patient background in the both groups. The type of patient race in the present cohort was exclusively Asian. Both in the ATT and non-ATT groups, age, gender, the rate of high body mass index, and PS class were identical between LLR and OLR. Also, there were no differences between LLR and OLR groups in the occurrence of underlying diseases including history of coronary artery

disease, congestive heart failure, cerebral infarction, or diabetes mellitus. Among the ATT group, the rates of APT and ACT were 32.6% (84/258) and 11.6% (30/258), respectively. Totally, 57 (22.1%) of patients, including 35 (13.6%) of APT patients and 26 (10.1%) of ACT patients, were regarded as high thromboembolic risk and required to continue preoperative aspirin monotherapy and/or bridging heparin.

Table 2 shows factors concerning operative procedures and postoperative morbidity in the both groups. Totally, the diagnoses of the diseases were hepatocellular carcinoma (HCC) in 97 (37.6%) and other diseases in 161 (62.4%), including liver metastases from gastrointestinal malignancy and benign diseases. Type of operation consisted of partial resection in 163 (63.2%), sub-sectionectomy (S5, S6 or S8) in 9 (3.5%), left lateral sectionectomy in 19 (7.4%), and other anatomical hepatectomy (mono-/bi-/tri-sectionectomy) in 67 (26.0%). Both in the ATT and non-ATT groups, there was no difference in the type of liver diseases, although LLR comprised less anatomical resections (ATT,  $P < 0.001$ ; non-ATT,  $P = 0.004$ ), shorter duration of operations (ATT,  $P = 0.011$ ; non-ATT,  $P = 0.049$ ), and less SBL (ATT,  $P < 0.001$ ; non-ATT,  $P = 0.007$ ). Increased SBL ( $\geq 500$  mL) was more frequently observed in OLR compared to LLR in the whole cohort [34.3% (62/181) vs 5.2% (4/77),  $P < 0.001$ ]. One patient (0.4%) undergoing LLR in the non-ATT group was converted to open surgery due to massive bleeding but none was converted in the ATT group.

An overall rate of postoperative complication was

**Table 2** Factors concerning operative procedures and postoperative morbidity *n* (%)

Variables	Total ( <i>n</i> = 258)	ATT ( <i>n</i> = 100)			Non-ATT ( <i>n</i> = 158)		
		LLR ( <i>n</i> = 35)	OLR ( <i>n</i> = 65)	<i>P</i> value	LLR ( <i>n</i> = 42)	OLR ( <i>n</i> = 116)	<i>P</i> value
Liver diseases				0.393			0.271
HCC	97 (37.6)	15 (42.9)	22 (33.8)		19 (45.2)	41 (35.3)	
Non HCC	161 (62.4)	20 (57.1)	43 (66.2)		23 (54.8)	75 (64.7)	
Type of operation				< 0.001			0.004
Partial resection	163 (63.2)	24 (68.6)	38 (58.5)		31 (73.8)	70 (60.3)	
Sub-sectionectomy (S5, 6, 8)	9 (3.5)	0 (0.0)	2 (3.1)		4 (9.5)	3 (2.6)	
Lateral sectionectomy	19 (7.4)	9 (25.7)	1 (1.5)		4 (9.5)	5 (4.3)	
Other anatomical hepatectomy	67 (26.0)	2 (5.7)	24 (36.9)		3 (7.1)	38 (32.8)	
Duration of ope., min, median (range)	230 (74-705)	198 (98-418)	257 (86-587)	0.011	204 (104-420)	242 (74-705)	0.049
Surgical blood loss, mL, median (range)	200 (1-11070)	80 (1-850)	310 (5-2100)	< 0.001	50 (1-530)	265 (2-11070)	0.007
Intraoperative RBC transfusion	45 (17.4)	4 (11.4)	12 (18.5)	0.408	3 (7.1)	26 (22.4)	0.035
Postop. complication							
None	217 (84.1)	34 (97.1)	50 (76.9)	0.009	41 (97.6)	92 (79.3)	0.005
Superficial SSI	8 (3.1)	0 (0.0)	2 (3.1)		1 (2.4)	7 (6.0)	
Deep SSI	5 (1.9)	0 (0.0)	3 (4.6)		0 (0.0)	2 (1.7)	
Bile leakage	11 (4.3)	0 (0.0)	4 (6.2)		0 (0.0)	7 (6.0)	
Bleeding complication	8 (3.1)	0 (0.0)	3 (4.6)		0 (0.0)	5 (4.3)	
Major bleeding	6 (2.3)	0 (0.0)	3 (4.6)		0 (0.0)	3 (2.6)	
Minor bleeding	2 (0.8)	0 (0.0)	0 (0.0)		0 (0.0)	2 (1.7)	
Thromboembolic complication	3 (1.2)	0 (0.0)	1 (1.5)		0 (0.0)	2 (1.7)	
Cerebral infarction	2 (0.8)	0 (0.0)	0 (0.0)		0 (0.0)	2 (1.7)	
Coronary stent thrombosis	1 (0.4)	0 (0.0)	1 (1.5)		0 (0.0)	0 (0.0)	
Cardiopulmonary arrest	1 (0.4)	1 (2.9)	0 (0.0)		0 (0.0)	0 (0.0)	
Operative mortality	1 (0.4)	1 (2.9)	0 (0.0)	0.350	0 (0.0)	0 (0.0)	-
Length of postop. stay, d, median (range)	14 (4-103)	12 (7-23)	15 (8-103)	0.174	11 (6-19)	15 (4-92)	0.321

ATT: Antithrombotic therapy; LLR: Laparoscopic liver resection; OLR: Open liver resection; HCC: Hepatocellular carcinoma; RBC: Red blood cell; ope.: Operation; postop.; Postoperative; SSI: Surgical site infection.

15.9% (41/258), and LLR included less complications both in the ATT group (2.9% vs 23.1%,  $P = 0.009$ ) and non-ATT group (2.4% vs 20.7%,  $P = 0.005$ ). The most common complication was bile leakage (8/258, 4.3%), all of which were experienced after OLR. Only 3 thromboembolic complications (1.2%) occurred after OLR (cerebral infarction in 2 and coronary stent thrombosis in 1), but LLR was free from these events. Eight BCs were experienced only after OLR (3.1%), including 6 major and 2 minor bleedings, although there was no postoperative BC after LLR. One case of operative mortality was experienced in the ATT group. This patient had high thromboembolic risks, including long-term treatment of hemodialysis and history of multiple DES implantation, underwent partial LLR for HCC under continuation of aspirin monotherapy, and had a good postoperative course, but just the day before discharge (10 d after surgery), suddenly developed cardiopulmonary arrest (pulmonary embolism or coronary thrombosis were denied by urgent cardiopulmonary catheterization) and expired. The cause of arrest was unknown, but may not be related to surgical procedures.

Table 3 shows potential factors affecting increased SBL in the whole cohort ( $n = 258$ ) and in the ATT group ( $n = 100$ ). In the whole cohort, male gender ( $P = 0.009$ ), HCC ( $P = 0.008$ ), OLR ( $P < 0.001$ ), and anatomical liver resection ( $P < 0.001$ ) were the factors affecting increased SBL. When the analysis target was narrowed

down to the ATT group, however, not only OLR ( $P = 0.013$ ) and anatomical liver resection ( $P < 0.001$ ) but also use of multiple APT ( $P = 0.035$ ) and preoperative aspirin continuation ( $P = 0.046$ ) were significantly associated with increased SBL. To control potential confounding and interaction, multivariate analyses for increased SBL in the whole cohort and in the ATT group were performed and shown in Figure 3 as forest plots. In the whole cohort, anatomical liver resection was the most significant risk factor for increased SBL [risk ratio (RR) = 6.54,  $P < 0.001$ ] and LLR also had the significant negative impact (RR = 1/10.0,  $P < 0.001$ ). The same effects of anatomical resection (RR = 15.77,  $P < 0.001$ ) and LLR (RR = 1/5.88,  $P = 0.019$ ) were observed when analyzing the patients in the ATT group.

## DISCUSSION

Various types of abdominal surgery are currently being performed laparoscopically thanks to development of many energy devices and techniques. Compared to OLR, many reports have demonstrated advantages of LLR, such as minimal degree of body wall damage, fewer intra- and post-operative complications, and decreased SBL<sup>[11-14]</sup>. However, the impact of LLR on SBL and BC in patients receiving ATT has not been investigated and is still largely unknown. Our study demonstrates that the cohort comprised 258 liver resection, including 77 LLR and 181 OLR, among

**Table 3** Univariate analysis of increased surgical blood loss ( $\geq 500$  mL) in the whole cohort ( $n = 258$ ) and in the antithrombotic therapy group ( $n = 100$ , %)

Variables	Increased surgical blood loss ( $\geq 500$ mL)			
	The whole cohort ( $n = 258$ )		ATT group ( $n = 100$ )	
	Present/total	<i>P</i> value	Present/total	<i>P</i> value
Total	66/258 (25.6)		23/100 (23.0)	
Age		0.664		0.811
$\geq 75$ yr	25/105 (23.8)		14/57 (24.6)	
$< 75$ yr	41/153 (26.8)		9/43 (20.9)	
Gender		0.009		0.389
Female	12/80 (15.0)		3/22 (13.6)	
Male	54/178 (30.3)		20/78 (25.6)	
BMI		0.734		0.332
$< 30$ kg/m <sup>2</sup>	64/247 (25.9)		23/94 (24.5)	
$\geq 30$ kg/m <sup>2</sup>	2/11 (18.2)		0/6 (0.0)	
Performance status		1		0.192
0, 1	62/242 (25.6)		23/92 (25.0)	
2-4	4/16 (25.0)		0/8 (0.0)	
ASA class		0.148		0.789
I, II	34/153 (22.2)		5/25 (20.0)	
III, IV	32/105 (30.5)		18/75 (24.0)	
Diabetes mellitus		0.733		1
Yes	16/58 (27.6)		6/27 (22.2)	
No	50/200 (25.0)		17/73 (23.3)	
Hx of PCI		0.589		0.234
Yes	14/49 (28.6)		14/48 (29.2)	
No	52/209 (24.9)		9/52 (17.3)	
ATT used		0.468		-
Yes	23/100 (23.0)		-	
No	43/158 (27.2)		-	
Multiple APT used		0.117		0.035
Yes	11/29 (37.9)		11/29 (37.9)	
No	55/229 (24.0)		12/71 (16.9)	
Preop. aspirin continuation		0.215		0.046
Yes	12/35 (34.3)		12/34 (35.3)	
No	54/223 (24.2)		11/66 (16.7)	
Liver diseases		0.008		0.138
HCC	34/97 (35.1)		12/37 (32.4)	
Non HCC	32/161 (19.9)		11/63 (17.5)	
Laparoscopic liver resection		$< 0.001$		0.013
Yes	4/77 (5.2)		3/35 (8.6)	
No	62/181 (34.3)		20/65 (30.8)	
Anatomical liver resection		$< 0.001$		$< 0.001$
Yes	46/95 (48.4)		19/38 (50.0)	
No	20/163 (12.3)		4/62 (6.5)	

ATT: Antithrombotic therapy; BMI: Body mass index; ASA: American Society of Anesthesiologists; PCI: Percutaneous coronary intervention; APT: Antiplatelet therapy; HCC: Hepatocellular carcinoma; Preop.: Preoperative.

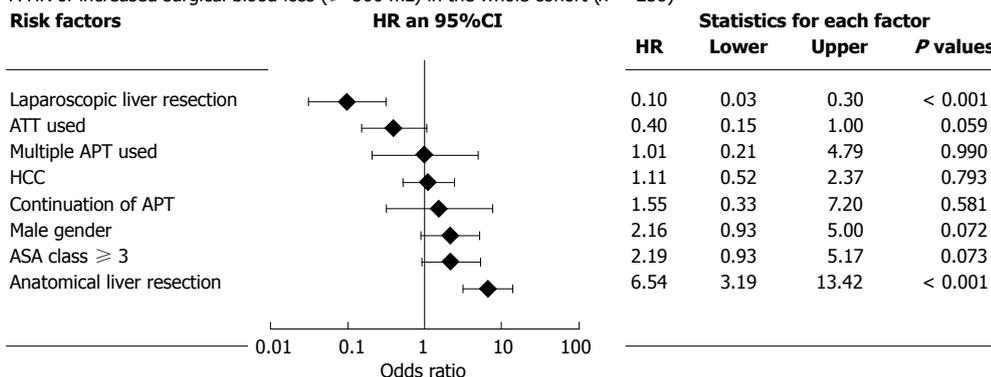
which 38% of patients received ATT regularly. LLR was significantly related to reduced SBL and low incidence of BC. Multivariate analyses also showed that both in the whole cohort and in the ATT group, not only anatomical liver resection was significantly associated with increased SBL, but also LLR independently had the impact on reduction of SBL. This is the first study to elucidate the effect of LLR on reduced SBL in patients receiving ATT. Using the two-surgeon technique, LLR is feasible and safely performed without increase of SBL or thromboembolic events even in the ATT-burdened patients with thromboembolic risks.

Minimizing intraoperative SBL during liver resection is one of the most important tasks, and improvement of several technical aspects has been reported, such

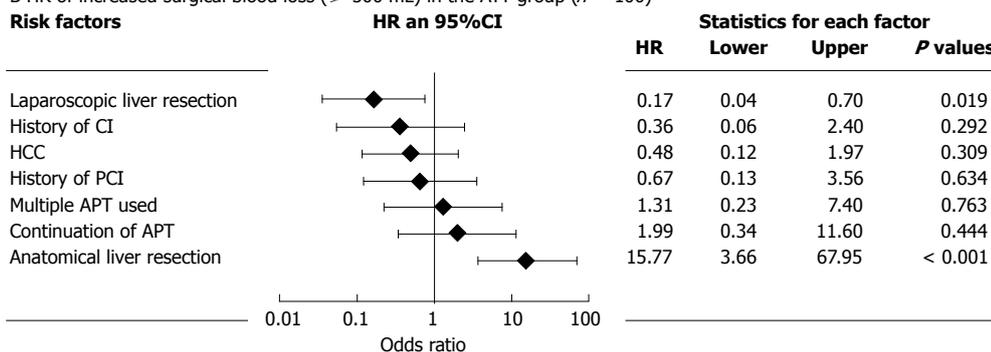
as the liver hanging manoeuvre, Pringle manoeuvre, and the two-surgeon technique<sup>[10,15,16]</sup>. The two-surgeon technique during liver surgery, which was first recommended by Aloia, is a novel technique for decreasing SBL and postoperative bile leakage as well as shortening operative time by allowing two surgeons to simultaneously participate in the parenchymal transection<sup>[10]</sup>. The primary surgeon dissects the liver parenchyma by ultrasonic dissection device; the assistant surgeon performs meticulous hemostasis using the saline-linked electrocautery. We also applied this manoeuvre during both conventional OLR and LLR.

In our hospital, the occurrence of ATT-received patients who need to undergo major hepatobiliary/pancreatic surgery is as many as 40%, and the number

A HR of increased surgical blood loss ( $\geq 500$  mL) in the whole cohort ( $n = 258$ )



B HR of increased surgical blood loss ( $\geq 500$  mL) in the ATT group ( $n = 100$ )



**Figure 3** Forest plots showing hazard ratios of increased surgical blood loss. A: Hazard ratios in the whole cohort ( $n = 258$ ); B: Hazard ratios in the ATT group ( $n = 100$ ). HR: Hazard ratio; ATT: Antithrombotic therapy; APT: Antiplatelet therapy; HCC: Hepatocellular carcinoma; ASA: American Society of Anesthesiologists; CI: Cerebral infarction.

is increasing further in the future. In ATT-burdened patients undergoing major hepatobiliary/pancreatic surgery, both excessive surgical stress and inappropriate antithrombotic management are considered to affect bad postoperative outcome. The surgical stress has been demonstrated to make an inflammatory response which generates plaque fissure and subsequently causes acute thrombosis<sup>[17,18]</sup>. Therefore, we should consider an application of LLR to even more troublesome ATT-burdened patients. If the patient has high thromboembolic risks and preoperative ATT cannot be stopped, the intraoperative and postoperative bleeding risks will increase. To minimize SBL especially in this critical patient population, we thought that the appropriate devices and techniques for rigid hemostasis must be applied during LLR. As shown in our previous report, LLR using the two-surgeon technique is safe and feasible, and can be applied to even ATT-burdened patients<sup>[7]</sup>.

Minimizing SBL to maintain a dry operative field is extremely crucial especially during pure LLR. To control hepatic inflow, Pringle maneuver (intermittent hepatic vascular inflow occlusion) is usually employed during liver parenchymal transection. To control backflow bleeding from the hepatic vein, the maintenance of low central venous pressure (CVP) is commonly used, and decreasing CVP combined with the maintenance of low airway pressure and high pneumoperitoneum pressure (PPP) is also reported to be useful<sup>[19-22]</sup>.

However, maintenance of low CVP and high PPP during liver parenchymal transection in pure LLR may expose the ATT-burdened patients to the elevated risks of thromboembolism. Therefore, if the patients with high thromboembolic risks require major anatomical resection, we definitely choose and perform "hybrid LLR" (in which the parenchymal transection is performed through mini-laparotomy) or OLR under the maintenance of normal CVP levels to avoid low CVP-induced thromboembolic events. Our data demonstrated that even though the procedures were associated with increased bleeding tendency due to normal CVP levels, hybrid LLR using the two-surgeon technique was performed safely without increase of SBL or thromboembolic complications.

Concerning perioperative thromboembolic complications including cerebrovascular stroke, pulmonary embolism, or major adverse cardiovascular event (MACE), the rates of perioperative thromboembolisms vary depending on differences in target patient population, study design, and changing of clinical practices. The reported incidence of stroke following noncardiac, nonneurosurgical surgery ranges between 0.1%-0.4% overall, and 2.9%-3.5% in patients at risk of perioperative stroke<sup>[23-26]</sup>. In consideration of thromboembolic events after liver resection, the prevalence of thromboembolism seems to be higher. Schroeder *et al.*<sup>[27]</sup> reported that analyzing 587 patients undergoing liver resection from ACS-National Surgical Quality Improvement Program (NSQIP) database, rates

of MACE and overall thromboembolic complications after liver resection were at 4.4% and 3.6%, respectively. Another research of 5227 liver resections from ACS-NSQIP database showed that the rate of critical cardiac complications including myocardial infarction and cardiac arrest after liver resection was at 4.8% in patients with underlying cardiac disease and at 1.6% in those without<sup>[28]</sup>. The present study demonstrated that the incidence of perioperative thromboembolic complication was maintained at 1.2%, a relatively low rate compared to the previous report. Hence, it is suggested that liver resections including both OLR and LLR can be performed safely under the Kokura Protocol, the rigorous perioperative antithrombotic management protocol, with successful inhibition of thromboembolic events even in high thromboembolic risk patients.

There are limitations to the present study. This single-center retrospective observational design of the current study has inherent potential for bias, which lessens the effect of the statistical analysis. This restriction will be alleviated by follow-up investigation, or by multi-institutional prospective studies. Since we continuously manage ATT-received cases that are required to undergo liver resection using the Kokura Protocol and the same surgical policies, we are going to analyze more cases to investigate the safety and feasibility of LLR on this high-risk patient population.

### Conclusion

LLR using the two-surgeon technique is feasible and safely performed without increase of SBL or thromboembolic events even in the ATT-burdened patients with thromboembolic risks. Independent from the extent of liver resection, LLR is significantly associated with reduced SBL, both in the ATT and non-ATT groups.

## COMMENTS

### Background

Nowadays, patients who have histories of cardiovascular or cerebrovascular diseases have been seen more often with aging of patients, and those patients frequently receive antithrombotic therapy (ATT) for the purpose of primary and secondary prevention of thromboembolic diseases. While indications for ATT use have expanded, antithrombotic management during gastrointestinal and/or hepatobiliary-pancreatic surgery is difficult and always bothersome because of high risks of perioperative bleeding or thromboembolic events. Recently, laparoscopic liver resection (LLR) using the "two-surgeon technique" is safely performed without critical intraoperative or postoperative bleeding even in patients receiving ATT, but the effect of LLR on increased surgical blood loss (SBL) and postoperative bleeding complications (BCs), especially in patients undergoing ATT, still remains unclear.

### Research frontiers

In the authors' institution, a protocol of risk stratification and perioperative antithrombotic management has been established for patients receiving ATT ("Kokura Protocol"). So far, the feasibility and safety of both open and laparoscopic abdominal surgeries under the Kokura Protocol have been reported. Moreover, the authors' recent paper demonstrated that LLR using the "two-surgeon technique" is safely performed without critical intraoperative or postoperative bleeding even in patients receiving ATT.

### Innovations and breakthroughs

The impact of LLR on BCs in patients receiving ATT has not been investigated

and is still largely unknown. The authors' study demonstrates that the cohort comprised 258 liver resection, including 77 LLR and 181 OLR, among which 38% of patients received ATT regularly. LLR was significantly related to reduced SBL and low incidence of postoperative BCs. Multivariate analyses also showed that both in the whole cohort and in the ATT group, LLR independently had the impact on reduction of SBL. This is the first study to elucidate the effect of LLR on reduced SBL in patients receiving ATT.

### Applications

Using the two-surgeon technique, LLR is feasible and safely performed without increase of SBL or thromboembolic events even in the ATT-burdened patients with thromboembolic risks.

### Terminology

ATT includes antiplatelet therapy (APT) and/or anticoagulation therapy (ACT) for the purpose of primary and secondary prevention of thromboembolic diseases. LLR has been innovated and currently accepted as minimally-invasive procedures for both hepatocellular carcinoma and metastatic liver diseases in selected patients. LLR is reportedly related to reduced degree of body wall damage, fewer intraoperative and postoperative complications, and decreased SBL.

### Peer-review

It is an interesting work.

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**P- Reviewer:** Anadol Z, Santambrogio R **S- Editor:** Ji FF  
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