

# World Journal of *Hepatology*

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*WJH* covers topics concerning liver biology/pathology, cirrhosis and its complications, liver fibrosis, liver failure, portal hypertension, hepatitis B and C and inflammatory disorders, steatohepatitis and metabolic liver disease, hepatocellular carcinoma, biliary tract disease, autoimmune disease, cholestatic and biliary disease, transplantation, genetics, epidemiology, microbiology, molecular and cell biology, nutrition, geriatric and pediatric hepatology, diagnosis and screening, endoscopy, imaging, and advanced technology. Priority publication will be given to articles concerning diagnosis and treatment of hepatology diseases. The following aspects are covered: Clinical diagnosis, laboratory diagnosis, differential diagnosis, imaging tests, pathological diagnosis, molecular biological diagnosis, immunological diagnosis, genetic diagnosis, functional diagnostics, and physical diagnosis; and comprehensive therapy, drug therapy, surgical therapy, interventional treatment, minimally invasive therapy, and robot-assisted therapy.

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## Prospective Study

**MicroRNAs and clinical implications in hepatocellular carcinoma**

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**Abstract****AIM**

To assess the role of some circulating miRNAs (miR-23a, miR-203, miR338, miR-34, and miR-16) as tumor markers for diagnosis of hepatocellular carcinoma (HCC).

**METHODS**

One hundred and seventy-one subjects were enrolled, 57 patients with HCC, 57 patients with liver cirrhosis (LC) and 57 healthy subjects as control group. Severity of liver disease was assessed by Child Pugh score. Tumor staging was done using Okuda staging system. Quantification of Micro RNA (miR-23a, miR-203, miR338, miR-34, and miR-16) was performed.

**RESULTS**

All studied miRNA showed significant difference between HCC and cirrhotic patients in comparison to

healthy control. miR-23a showed statistically significant difference between HCC and cirrhotic patients being higher in HCC group than cirrhotic. miR-23a is significantly higher in HCC patients with focal lesion size equal or more than 5 cm, patients with multiple focal lesions and Okuda stage III. At cutoff value  $\geq 2^{10}$ , miR-23a showed accuracy 79.3% to diagnose HCC patients with sensitivity 89.47% and specificity about 64.91%. At cut off level  $\geq 200$  ng/mL, serum alpha fetoprotein had 73.68% sensitivity, 52.63% specificity, 43.75% PPV, 80% NPV for diagnosis of HCC.

### CONCLUSION

MicroRNA 23a can be used as a screening test for early detection of HCC. Also, it is related to larger size of tumour, late Okuda staging and multiple hepatic focal lesions, so it might be a prognostic biomarker.

**Key words:** Hepatocellular carcinoma; MicroRNA; Liver cirrhosis; MiR-23a

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**Core tip:** MicroRNA is promising as diagnostic and prognostic biomarkers. miR-23a can be used in screening of hepatocellular carcinoma (HCC) and it gives better results than alpha fetoprotein. It is also related to more progressive HCC so it can be used as predictor of prognosis.

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### INTRODUCTION

MicroRNAs (miRNA) are small, non-coding RNAs that negatively regulate gene expression at the post-transcriptional level<sup>[1]</sup>. miRNA is known to regulate the cell cycle, apoptosis and metastasis<sup>[2]</sup>. Aberrant miRNA expression contributes to tumorigenesis and cancer progression<sup>[3]</sup>. miRNA is involved in various biological processes that underlie hepatic tumor formation<sup>[1]</sup>. Murakami *et al*<sup>[4]</sup> was the first to report that hepatic malignancy exhibited an abnormal expression pattern of miRNAs as the dysregulation of miRNA expression has been identified as a common characteristic of liver cancer. Later on, a number of studies have confirmed that miRNAs possess important regulatory roles in hepatocarcinogenesis and malignant transformation<sup>[5]</sup>.

Circulating miRNAs that are released from cancerous tissues are stable and readily available for clinical analysis, and therefore may be useful for the first-line detection of cancer<sup>[6]</sup>. Studies concerning

miRNAs appear to show a novel perspective for cancer diagnosis and treatment<sup>[2]</sup>.

Hepatocellular carcinoma (HCC) is characterized by significant morbidity and high mortality rates worldwide<sup>[7]</sup>. Because of the difficulty of clinical diagnosis at the early stage, only 30%-40% of cases can undergo curative resection<sup>[8]</sup>. As there are currently no reliable tumor markers or imaging technologies that can accurately diagnose early HCC, the use of circulating miRNAs as a potential tool for HCC detection has become an emerging area of study<sup>[6,9]</sup>. Many circulating microRNAs were evaluated in liver diseases including miR-122, miR-21, miR-34a, miR-221, miR-23a, miR-216, miR-155, miR-186, miR-150, miR-130b, and miR-214<sup>[10]</sup>. Our aim is to detect the possibility of using some circulating miRNAs as tumor markers for diagnosis of HCC namely miR-23a, miR-203, miR-338-3p, miR-34, and miR-16.

### MATERIALS AND METHODS

This prospective cross sectional study included 171 subjects divided into 3 groups: Group I comprising 57 patients with HCC, Group II comprising 57 patients with liver cirrhosis, Group III 57 healthy subjects as a control group.

Informed written consent was obtained from all participants prior to enrollment in the study and approved by ethical committee of Faculty of Medicine, Tanta University. Patients with other cancers or metastatic liver cancer were excluded. All patients were submitted to detailed history and clinical assessment. Liver cirrhosis was diagnosed on the basis of history, clinical examination, laboratory findings, and abdominal ultrasonography. Severity of liver disease was assessed by Child Pugh score<sup>[11]</sup>. HCC was diagnosed by abdominal ultrasonography, abdominal triphasic computed tomography and serum Alpha fetoprotein (AFP). Tumor characteristics were detected including tumor size, focal lesion number, site, and portal vein invasion. Tumor staging was done using Okuda staging system<sup>[12]</sup>.

Fasting venous blood samples (5 mL) were collected by trained laboratory technicians. Serum alanine aminotransferase (ALT), aspartate aminotransferase (AST), albumin, total bilirubin levels and creatinine were measured by using SynchronCX4 clinical system. Serum-alpha-fetoprotein levels and viral status (HCV-Ab and HBs Ag) were estimated by serological techniques (Axyam System, Abbott Laboratories). Prothrombin time measurements were performed for all patients; normal time was 12 s [100% concentration and International normalization ratio (INR) of 1]. Complete blood count was done using Automatic blood cell counter model PCE-210N (ERMA INC).

### RNA isolation

Total RNA was isolated according to the instructions of the supplier and was further purified using an RN easy

**Table 1** Demographic data and Child Pugh scoring of the studied groups *n* (%)

Variable(s)	Group I HCC group ( <i>n</i> = 57)	Group II Cirrhotic group ( <i>n</i> = 57)	Group III Control group ( <i>n</i> = 57)	<i>P</i> value
Gender				
Male	37 (64.91)	39 (68.42)	40 (70.18)	0.8289
Female	20 (35.09)	18 (31.58)	17 (29.82)	
Age (mean ± SD) (yr)	55.9 ± 5.194	54.88 ± 9.907	54.3 ± 6.34	0.5087
Child Pugh classification				
A	10 (17.54)	15 (26.32)	-	0.527
B	18 (31.58)	16 (28.07)	-	
C	29 (50.88)	26 (45.61)	-	

HCC: Hepatocellular carcinoma.

**Table 2** Imaging characteristics of hepatocellular carcinoma cases

Variables	<i>n</i> (%)
Size (mean ± SD) (range) cm	7.61 ± 3.037 (3.2-14)
Portal veins thrombosis	Yes 10 (17.54) No 47 (82.46)
No. of focal lesions	Single 32 (56.14) Multiple 25 (43.86)
Site of focal lesions	Right lobe 32 (56.14) Left lobe 17 (29.82) Both lobes 8 (14.04)
Okuda stage	I 7 (12.28) II 23 (40.35) III 27 (47.37)

mini kit (Qiagen, Valencia, CA, United States).

### Quantitative real-time PCR

Quantification of Micro RNA was performed using Taq Man Gene Expression (Applied Biosystems Inc, Foster City, CA, United States). RNAU6 was used as house-keeping gene (endogenous reference cDNA) for all micro RNA in this study. Fractional threshold cycles (CT) were expressing the initial concentration of target sequence. Relative mRNA quantification was calculated using the arithmetic formula  $2^{-\Delta CT}$ , where  $\Delta CT$  is the difference between the CT of a given target cDNA and an endogenous reference cDNA. Thus, this value yields the amount of the target normalized to an endogenous reference.

### Statistical analysis

The collected data were tabulated and analyzed using SPSS version 23 software (SPSS Inc, Chicago, ILL Company). Categorical data were presented as number and percentages while quantitative data were expressed as mean, standard deviation and median. Comparison of continuous data between two groups was made by using unpaired *t* test for parametric data and Mann-Whitney test for non-parametric data. Comparison of continuous data between more than two groups was made by using one way ANOVA for parametric data and Kruskal-Wallis test for nonparametric data.  $\chi^2$  test was used for comparison between categorical data. Receiving

operating characteristic (ROC) analysis curves and the corresponding area under the curve were calculated for providing the accuracy of the microRNAs and AFP, in diagnosis of HCC. ROC curve was used for estimation of sensitivity (*i.e.*, true positive rate), specificity (*i.e.*, true negative rate), positive predictive value (PPV), negative predictive value (NPV) and cutoff values showing the best equilibrium between sensitivity and specificity were evaluated. The accepted level of significance in this work was stated at 0.05 ( $P < 0.05$  was considered significant).

## RESULTS

The demographic data and Child-Pugh scoring of the studied groups are shown in Table 1. Symptoms were elicited by 85.96% of the HCC. Out of the recruited patients, 73.68%, 14.04% and 12.28% were HCV patients, HBV patients and non-HCV non-HBV respectively. Regarding Okuda staging system, 12.28% of HCC patients presented in stage I, 40.35% of HCC patients presented in stage II and 47.37% of HCC patients presented in stage III. Imaging showed that all HCC occurred on top of cirrhosis, ascites was present in 82.46% of the HCC patients and portal vein thrombosis was found in 17.54%. Focal lesions were single in 56.14% of cases, affected the right lobe in 56.14% of cases and their size ranged from 3.2 to 14 cm with a mean of  $7.61 \pm 3.037$  as shown in Table 2. Comparison between all studied groups as regard liver functions tests, and other investigations are shown in Table 3.

Regarding miRNA values, the tested miR-23a, miR-203, miR-338, miR-34, and miR-16 showed a statistically significant difference between patients group I and II vs group III. It was found that 23a, 34 and 16 microRNAs were significantly higher in HCC group and cirrhotic group when compared with the control group; but 203 and 338 microRNAs were significantly lower in HCC group and cirrhotic group when compared with the control group. But only miRNA 23a showed statistically significant difference between group I and II, being higher in the HCC group than the cirrhotic group as shown in Table 4.

When miRNAs were studied according to the focal lesion characteristics, it was found that 23a microRNA

**Table 3 Laboratory characteristics among the studied groups**

Variable(s)	Group I	Group II	Group III	P	P1	P2	P3
	HCC group (n = 57) mean ± SD	Cirrhotic group (n = 57) mean ± SD	Control group (n = 57) mean ± SD				
ALT (U/L)	60.75 ± 32.63	59.04 ± 68.74	30.18 ± 5.48	< 0.0001	< 0.05	< 0.001	< 0.001
AST (U/L)	86.7 ± 35.1	66.77 ± 32.07	32.79 ± 7.2	< 0.0001	< 0.01	< 0.001	< 0.001
Total bilirubin (mg/dL)	4.48 ± 4.7	5.2 ± 5.59	0.77 ± 0.18	< 0.0001	> 0.05	< 0.001	< 0.001
Serum albumin (g/dL)	2.54 ± 0.38	2.72 ± 0.53	4.05 ± 0.47	< 0.0001	> 0.05	< 0.001	< 0.001
INR	1.48 ± 0.3	1.54 ± 0.72	0.99 ± 0.07	< 0.0001	> 0.05	< 0.001	< 0.001
Serum α-feto protein (ng/mL)	1418.55 ± 2953.2	41.61 ± 15.78	5.8 ± 1.65	< 0.0001	> 0.05	< 0.001	< 0.001
Serum creatinine (mg/dL)	2.2 ± 1.77	1.64 ± 1.23	0.95 ± 0.16	< 0.0001	> 0.05	< 0.001	< 0.001
Hemoglobin (g/dL)	9.72 ± 1.22	10.02 ± 0.89	12.62 ± 1.1	< 0.0001	> 0.05	< 0.001	< 0.001
Platelet (× 10 <sup>9</sup> /L)	98.33 ± 30.83	102.32 ± 33.24	220.93 ± 53.14	< 0.0001	> 0.05	< 0.001	< 0.001
Total leucocytic count (× 10 <sup>9</sup> /L)	3.17 ± 0.47	3.39 ± 0.50	6.83 ± 2	< 0.0001	> 0.05	< 0.001	< 0.001

**Table 4 MicroRNAs levels among the studied groups**

Variable(s)	Group I	Group II	Group III	P	P1	P2	P3
	HCC group (n = 57) Median (range)	Cirrhotic group (n = 57) Median (range)	Control group (n = 57) Median (range)				
MicroRNA 23a	2 <sup>14</sup> (2 <sup>1</sup> -2 <sup>18</sup> )	2 <sup>11</sup> (2 <sup>1</sup> -2 <sup>18</sup> )	2 <sup>6</sup> (2 <sup>0</sup> -2 <sup>19</sup> )	< 0.0001	< 0.05	< 0.001	< 0.001
MicroRNA 34	2 <sup>14</sup> (2 <sup>2</sup> -2 <sup>20</sup> )	2 <sup>11</sup> (2 <sup>4</sup> -2 <sup>18</sup> )	2 <sup>5</sup> (2 <sup>0</sup> -2 <sup>19</sup> )	< 0.0001	> 0.05	< 0.001	< 0.001
MicroRNA 203	2 <sup>6</sup> (2 <sup>1</sup> -2 <sup>19</sup> )	2 <sup>6</sup> (2 <sup>0</sup> -2 <sup>19</sup> )	2 <sup>14</sup> (2 <sup>1</sup> -2 <sup>25</sup> )	< 0.0001	> 0.05	< 0.001	< 0.001
MicroRNA 338	2 <sup>6</sup> (2 <sup>1</sup> -2 <sup>19</sup> )	2 <sup>6</sup> (2 <sup>1</sup> -2 <sup>19</sup> )	2 <sup>12</sup> (2 <sup>9</sup> -2 <sup>17</sup> )	< 0.0001	> 0.05	< 0.001	< 0.001
MicroRNA 16	2 <sup>14</sup> (2 <sup>1</sup> -2 <sup>25</sup> )	2 <sup>13</sup> (2 <sup>4</sup> -2 <sup>18</sup> )	2 <sup>5</sup> (2 <sup>0</sup> -2 <sup>19</sup> )	< 0.0001	> 0.05	< 0.001	< 0.001

P1: Group I vs II; P2: Group I vs III; P3: Group II vs III.

**Table 5 Comparison between microRNAs levels in relation to tumour characteristics, α-feto protein level, Okuda staging, and the etiology of liver cirrhosis**

Variable(s)	MicroRNA 16			MicroRNA 338			MicroRNA 203			MicroRNA 34			MicroRNA 23a			n	
	P-value	Range	Median	P-value	Range	Median	P-value	Range	Median	P-value	Range	Median	P-value	Range	Median		
Size of focal lesions	0.3910	2 <sup>4</sup> -2 <sup>17</sup>	2 <sup>12</sup>	0.3890	2 <sup>4</sup> -2 <sup>19</sup>	2 <sup>7</sup>	0.2571	2 <sup>2</sup> -2 <sup>17</sup>	2 <sup>4</sup>	0.0558	2 <sup>4</sup> -2 <sup>15</sup>	2 <sup>13</sup>	0.0008 <sup>a</sup>	2 <sup>1</sup> -2 <sup>13</sup>	2 <sup>11</sup>	11	Less than 5 cm
		2 <sup>1</sup> -2 <sup>25</sup>	2 <sup>14</sup>		2 <sup>1</sup> -2 <sup>15</sup>	2 <sup>5</sup>		2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>6</sup>		2 <sup>2</sup> -2 <sup>20</sup>	2 <sup>15</sup>		2 <sup>3</sup> -2 <sup>18</sup>	2 <sup>14</sup>	46	Equal or more 5 cm
No. of focal lesions	0.3026	2 <sup>3</sup> -2 <sup>21</sup>	2 <sup>14</sup>	0.5352	2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>6</sup>	0.5040	2 <sup>2</sup> -2 <sup>19</sup>	2 <sup>6</sup>	0.8975	2 <sup>4</sup> -2 <sup>20</sup>	2 <sup>14</sup>	0.0001 <sup>a</sup>	2 <sup>1</sup> -2 <sup>18</sup>	2 <sup>11</sup>	32	Single
		2 <sup>1</sup> -2 <sup>25</sup>	2 <sup>14</sup>		2 <sup>2</sup> -2 <sup>15</sup>	2 <sup>6</sup>		2 <sup>1</sup> -2 <sup>9</sup>	2 <sup>6</sup>		2 <sup>2</sup> -2 <sup>19</sup>	2 <sup>15</sup>		2 <sup>14</sup> -2 <sup>18</sup>	2 <sup>15</sup>	25	multiple
Portal vein thrombosis	0.9581	2 <sup>2</sup> -2 <sup>18</sup>	2 <sup>14</sup>	0.9247	2 <sup>2</sup> -2 <sup>9</sup>	2 <sup>6</sup>	0.7767	2 <sup>3</sup> -2 <sup>9</sup>	2 <sup>6</sup>	0.8255	2 <sup>2</sup> -2 <sup>19</sup>	2 <sup>14</sup>	0.0795	2 <sup>10</sup> -2 <sup>17</sup>	2 <sup>15</sup>	10	Present
		2 <sup>1</sup> -2 <sup>25</sup>	2 <sup>14</sup>		2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>6</sup>		2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>6</sup>		2 <sup>2</sup> -2 <sup>20</sup>	2 <sup>14</sup>		2 <sup>1</sup> -2 <sup>18</sup>	2 <sup>13</sup>	47	Absent
AFP level	0.8881	2 <sup>2</sup> -2 <sup>25</sup>	2 <sup>14</sup>	0.8295	2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>6</sup>	0.0807	2 <sup>1</sup> -2 <sup>17</sup>	2 <sup>7</sup>	0.3367	2 <sup>2</sup> -2 <sup>20</sup>	2 <sup>15</sup>	0.9736	2 <sup>1</sup> -2 <sup>18</sup>	2 <sup>14</sup>	36	Less than 200 ng/mL
		2 <sup>1</sup> -2 <sup>21</sup>	2 <sup>14</sup>		2 <sup>1</sup> -2 <sup>15</sup>	2 <sup>6</sup>		2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>5</sup>		2 <sup>7</sup> -2 <sup>19</sup>	2 <sup>14</sup>		2 <sup>3</sup> -2 <sup>17</sup>	2 <sup>14</sup>	21	Equal or more 200 ng/mL
Okuda stage	0.9347	2 <sup>5</sup> -2 <sup>17</sup>	2 <sup>14</sup>	0.1145	2 <sup>4</sup> -2 <sup>9</sup>	2 <sup>7</sup>	0.4488	2 <sup>3</sup> -2 <sup>17</sup>	2 <sup>6</sup>	0.4396	2 <sup>4</sup> -2 <sup>15</sup>	2 <sup>14</sup>	0.0001 <sup>a</sup>	2 <sup>4</sup> -2 <sup>13</sup>	2 <sup>11</sup>	7	Stage I
		2 <sup>3</sup> -2 <sup>21</sup>	2 <sup>14</sup>		2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>4</sup>		2 <sup>2</sup> -2 <sup>19</sup>	2 <sup>7</sup>		2 <sup>9</sup> -2 <sup>20</sup>	2 <sup>14</sup>		2 <sup>1</sup> -2 <sup>18</sup>	2 <sup>11</sup>	23	Stage II
		2 <sup>1</sup> -2 <sup>25</sup>	2 <sup>14</sup>		2 <sup>2</sup> -2 <sup>15</sup>	2 <sup>7</sup>		2 <sup>1</sup> -2 <sup>9</sup>	2 <sup>5</sup>		2 <sup>2</sup> -2 <sup>19</sup>	2 <sup>14</sup>		2 <sup>11</sup> -2 <sup>18</sup>	2 <sup>15</sup>	27	Stage III
Etiology of liver cirrhosis	0.1603	2 <sup>3</sup> -2 <sup>25</sup>	2 <sup>14</sup>	0.4405	2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>6</sup>	0.4007	2 <sup>1</sup> -2 <sup>19</sup>	2 <sup>7</sup>	0.7827	2 <sup>4</sup> -2 <sup>20</sup>	2 <sup>14</sup>	0.5433	2 <sup>1</sup> -2 <sup>18</sup>	2 <sup>14</sup>	42	HCV
		2 <sup>1</sup> -2 <sup>15</sup>	2 <sup>11</sup>		2 <sup>1</sup> -2 <sup>9</sup>	2 <sup>6</sup>		2 <sup>4</sup> -2 <sup>15</sup>	2 <sup>5</sup>		2 <sup>10</sup> -2 <sup>17</sup>	2 <sup>14</sup>		2 <sup>3</sup> -2 <sup>15</sup>	2 <sup>14</sup>	8	HBV
		2 <sup>2</sup> -2 <sup>16</sup>	2 <sup>14</sup>		2 <sup>4</sup> -2 <sup>9</sup>	2 <sup>7</sup>		2 <sup>3</sup> -2 <sup>6</sup>	2 <sup>4</sup>		2 <sup>2</sup> -2 <sup>19</sup>	2 <sup>15</sup>		2 <sup>10</sup> -2 <sup>17</sup>	2 <sup>14</sup>	7	None

<sup>a</sup>The first column is variable but is here in this copy the last column. HCV: Hepatitis C virus; HBV: Hepatitis B virus.

levels were higher in patients with focal lesion size equal to or more than 5 cm, in patients with multiple focal lesions; and in Okuda stage III as shown in Table 5.

At a cut off level of 200 ng/mL, serum AFP in the studied patients had 73.68% sensitivity, 52.63% specificity, 43.75% PPV, and 80% NPV for the diagnosis of HCC. At a cut off level of 2<sup>10</sup>ct, serum microRNA 23a had 89.47% sensitivity, 64.91%

specificity, 56.04% PPV, and 92.5% NPV for diagnosis of HCC as shown in Table 6 and Figures 1 and 2.

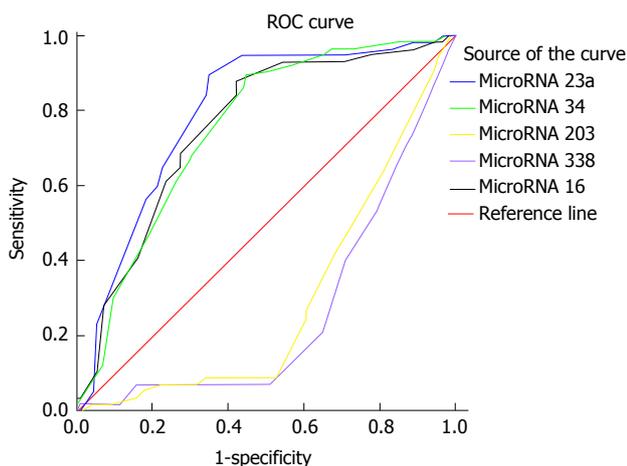
## DISCUSSION

microRNA is differentially expressed in development of different types of malignancies, including hepatic malignancy<sup>[13]</sup>, which suggests that microRNAs may

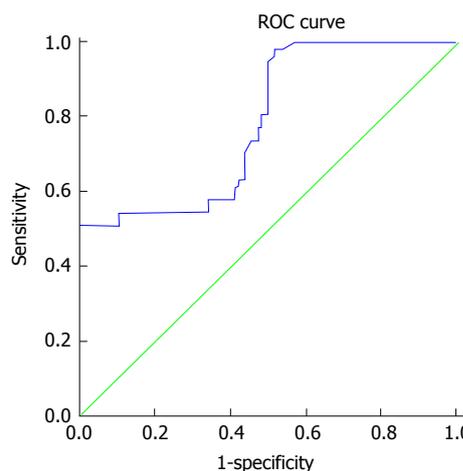
**Table 6 Sensitivity, specificity, positive prediction value, negative prediction value and accuracy of microRNAs and  $\alpha$ -feto protein**

Variable(s)	Cutoff value	Sensitivity%	Specificity%	Positive predictive value (PPV%)	Negative predictive value (NPV%)	Accuracy
MicroRNA 23a	$\geq 2^{10}$	89.47%	64.91%	56.04%	92.5%	79.3%
MicroRNA 34	$\geq 2^{10}$	89.47%	55.26%	50%	91.3%	79.3%
MicroRNA 203	$\geq 2^4$	80.7%	10.53%	31.08%	52.17%	29.6%
MicroRNA 338	$\geq 2^5$	63.16%	16.67%	27.48%	47.5%	26.4%
MicroRNA 16	$\geq 2^{10}$	87.72%	57.89%	51.02%	90.4%	75.7%
$\alpha$ -feto protein	$\geq 200$	73.68%	52.63%	43.75%	80%	78.5%

PPV: Positive predictive value; NPV: Negative predictive value.



**Figure 1 Receiving operating characteristic curve of microRNAs.** ROC: Receiving operating characteristic.



**Figure 2 Receiving operating characteristic curve of  $\alpha$ -feto protein.** ROC: Receiving operating characteristic.

have a role in carcinogenesis as new oncogenes or tumor-suppressor genes. The presence of microRNAs in serum was first reported in 2008 in cases with large B cell lymphoma<sup>[14]</sup>. They could be a potential biomarker for diagnosis of tumors<sup>[15]</sup>. The present study was designed to evaluate the role of some microRNA (23a, 34, 203, 338 and 16) in early diagnosis of HCC. To fulfill this aim 57 HCC patients, 57 patients with liver cirrhosis and 57 healthy controls were enrolled.

In the present work, serum microRNA 23a level was significantly higher in the HCC group in comparison to other groups. Also, it is significantly higher in liver cirrhosis group in comparison to healthy controls. A similar result was obtained by Li *et al*<sup>[16]</sup>. They reported up regulation of microRNA 23a in HCC patients in comparison to liver cirrhosis patients and healthy control. This up-regulation in liver cirrhosis than healthy controls and further up-regulation in HCC patients in comparison to viral hepatitis patients suggests a role of microRNA 23a in the pathogenesis of HCC. A study on resected human HCC tissues found that microRNA-23a down-regulates the expression of interferon regulatory factor-1 in HCC cells<sup>[17]</sup>.

Serum microRNA 34 and microRNA 203 levels were similarly elevated in HCC and liver cirrhosis groups. Many authors found that microRNA 34 expression is increased in hepatic fibrosis<sup>[18]</sup>, HCV infection<sup>[19]</sup>, alcoholic liver disease<sup>[20]</sup>, NAFLD<sup>[21,22]</sup> and HCC tissues<sup>[23-25]</sup>.

On the contrary, studies on microRNA 203 in HCC tissues found that microRNA 203 is down-regulated in HCC tissue<sup>[26,27]</sup>. Moreover, studies correlate this down-regulation with recurrence of HCC in liver transplantation<sup>[26]</sup> and bad prognosis in HCC patients<sup>[27]</sup>. None of these studies was done on serum; they assessed tissue level of HCC in resected HCC tissues.

Serum microRNA 338 and microRNA 16 levels are similarly reduced in HCC patients and liver cirrhosis patients. In line with these findings, many studies concluded reduced tissue expression of miR-338-3p in different types of cancers<sup>[28-30]</sup>. Studies on HCC showed that miR-338-3p/miR-338-3p was significantly down-regulated in HCC tissues and cell lines compared to the corresponding matched adjacent normal tissues<sup>[31,32]</sup>.

On the contrary, other researchers found that circulating microRNA 338 level increased in HCC patients than liver cirrhosis and controls<sup>[33]</sup> but their study has a limitation of small sample size (37 HCC patients, 29 cirrhosis patients, and 31 healthy controls).

Serum microRNA 23a level at cutoff value  $\geq 2^{10}$  showed accuracy of 79.3% to differentiate HCC patients from cirrhotic patients and healthy control with high sensitivity about 90%, specificity about 65%, PPV 56% and NPV 92.9. These values are better than those elicited by alpha fetoprotein. The later at a cut off level of 200 ng/mL, had 73.68% sensitivity, 52.63% specificity, 43.75% PPV, and 80% NPV for

the diagnosis of HCC. So, serum microRNA 23a can be used as a screening test to diagnose HCC as it showed high sensitivity. To the best of our knowledge no previous studies elicited such finding. A single study that used combination of 13 microRNA including 23a found that HCC on top of chronic HBV infection could be differentiated from chronic HCV infection and healthy control<sup>[16]</sup>. MicroRNA 23a levels were significantly higher in patients with focal lesion 5 cm or more in size, patients with multiple focal lesions; and Okuda stage III when compared with patients with less advanced HCC disease. Thus it could be used as a prognostic biomarker.

Other studied microRNA factors showed insignificant difference between HCC and liver cirrhosis patients, so they cannot be used as diagnostic markers of HCC. In conclusion, microRNA 23a can be used as a screening test for early detection of HCC. Also, it is related to larger size of tumour, late Okuda staging and multiple hepatic focal lesions, so it might be a prognostic biomarker. Validation study on large scale is needed to confirm these results.

## COMMENTS

### Background

MicroRNAs are small, non-coding RNAs that negatively regulate gene expression at the post transcriptional level including cell cycle, apoptosis and metastasis. Aberrant miRNA expression contributes to tumorigenesis and cancer progression. Number of studies have confirmed that miRNAs possess important regulatory roles in hepatocarcinogenesis and malignant transformation. Hepatocellular carcinoma (HCC) is characterized by significant morbidity and high mortality rates. Because of the difficulty of early clinical diagnosis, only 30%-40% of cases can undergo curative resection. Circulating miRNAs released from cancerous tissues are stable and readily available for clinical analysis and appear to show a novel perspective for cancer diagnosis.

### Research frontiers

Many microRNAs have been studied as biomarkers for diagnosis of malignancies. Yet, role of microRNA in early diagnosis of HCC is not confirmed.

### Innovations and breakthroughs

This work demonstrates that miR-23a can be used in screening of liver cancer and it gives better results than alpha fetoprotein. This work showed first demonstration that microRNA 23a could be used as a promising biomarker for HCC patients, even though large scale examination is required. This manuscript would provide important clues for the development of microRNA as biomarkers for HCC.

### Applications

MicroRNA 23a can be used as a screening test for early detection of HCC. Also, it is related to larger size of tumour, late Okuda staging and multiple hepatic focal lesions, so it might be a prognostic biomarker. Validation study on large scale is needed to confirm these results.

### Peer-review

This manuscript would provide important clues for the development of microRNA as biomarkers for HCC.

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