

## ANSWERING REVIEWERS

**Name of journal:** World Journal of Clinical Cases

**Number ID:** 03826310

**Manuscript Type:** REVIEW

**Title:** Sarcopenia in Patients With Colorectal Cancer: A Comprehensive Review

**Authors:** Omar Vergara-Fernandez, Mario Trejo-Avila, Noel Salgado-Nesme

Dear Editor,

We intend to publish our manuscript entitled: "**Sarcopenia in Patients With Colorectal Cancer: A Comprehensive Review**".

We would like to thank the editors and reviewers involved in the revision of our manuscript. All your comments were very welcome by the authors, and appropriate changes were made.

We consider that after these revisions our paper is ready for publication.

## COMMENTS FOR THE AUTHOR:

**Reviewer (Number ID: 00043819):**

<b>Conclusion:</b> Accept (General priority) <b>Scientific Quality:</b> Grade C (Good) <b>Language Quality:</b> Grade B (Minor language polishing)	This is a Comprehensive review of sarcopenia in colorectal cancer. the manuscript is well-written and interesting for the Readers.
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**Response:**

We intend to provide a comprehensive review about this fantastic topic. We would like to thank the reviewer for the comment.

**Reviewer (Number ID: 02941525)**

**Conclusion:** Major revision  
**Scientific Quality:** Grade D (Fair)  
**Language Quality:** Grade B (Minor language polishing)

Although on the basis of the title the manuscript of Vergara-Fernandez should be focused on the role of sarcopenia in colorectal cancer, the presence of a large dissertation on definitions (from half of the introduction to the following two chapters) make the study repetitive and tutorial. The title should be changed, specifying that the manuscript addresses a review of the literature on the issue of CRC and sarcopenia. If the intent of the manuscript is clinical, in addition to the literature search on the effect on short and long term outcomes, the trials on the possible treatments deserve more attention. There is no mention on how evaluate nutritional requirements, needs and effects.

**Response:**

We would like to thank you about the comments on our manuscript. We accept and made all the appropriate changes.

We re-wrote part of the introduction and the following two chapters in order to reduce the amount of dissertation on definitions. We changed the text as suggested in order to avoid repetitiveness.

About the comment on the title, we changed the title as suggested. New title: "Sarcopenia in Patients With Colorectal Cancer: A Comprehensive Review"

We added more data about treatment options in patients with sarcopenia and colorectal cancer, as suggested by the reviewer. We added data on current evidence about the use of anabolic hormones, protein supplementation, and resistance based training programs for sarcopenic patients. All these changes were highlighted on the manuscript.

About mentioning how to evaluate nutritional requirements, needs and effects. We consider that it is not part of our topic. Our topic focused only on sarcopenia. We thoroughly review the definition, clinical approach, evaluation, imaging, and overall assessment of sarcopenia in patients with colorectal cancer. Although nutritional requirements are an important part of patients with sarcopenia, sarcopenia is currently diagnosed by measuring muscle strength, muscle quantity (CT cross sectional L3 psoas mass area) and physical performance. So the determination of nutritional requirement is not essential for diagnosing sarcopenia. The effect of nutritional supplementation and requirements are explained in the "therapeutic strategies" section of the manuscript.

Hence, despite nutritional assessment is an important part of patients evaluation, the approach to sarcopenia is different, and it is based on strength, quantity and performance.

Reviewer (Number ID: 02904481)

<p><b>Conclusion:</b> Minor revision <b>Scientific Quality:</b> Grade B (Very good) <b>Language Quality:</b> Grade B (Minor language polishing)</p>	<p>This is an interesting manuscript reviewing the associations between sarcopenia and colorectal cancer outcomes. A detail analysis was given in the manuscript. The differential diagnosis between primary sarcopenia and secondary sarcopenia was suggested.</p>
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Response:

We would like to thank the reviewer for finding our manuscript interesting. We indeed provided a detailed analysis about this topic.

**Editor comments:**

**Answer to reviewers: Please provide point to point answer to all reviewers. Authors should revise their article according to the reviewers' comments/suggestions and provide point-by-point responses to each in a letter that is to accompany their resubmission.**

R: We provided a point-by-point responses to each reviewer in this letter.

**Similar sentences with other articles (highlighted in the CrossCheck Report), please rephrase these sentences.**

**Your manuscript has been checked by CrossCheck. Please read the attached CrossCheck report for details. Our editorial policy states the overall similarity should be less than 30%, the overlapped section should be less than 5% in single papers, including author's own work.**

**R:** We changed and rephrased all sentences highlighted in the CrossCheck Report. The overlapped section is 1% or less of the included papers.

**Please offer the audio core tip, the requirement are as follows:**

**In order to attract readers to read your full-text article, we request that the first author make an audio file describing your final core tip. This audio file will be published online, along with your article. Please submit audio files according to the following specifications:**

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**R:** We add an audio core tip

**The author should number the references in Arabic numerals according to the citation order in the text. The reference numbers will be superscripted in square brackets at the**

end of the sentence with the citation content or after the cited author's name, with no spaces[1].

**R:** All the references are in Arabic numerals, and in superscripted squared brackets at the end of the sentence.

**Please check and confirm that there are no repeated references!**

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**PMID (<http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?db=PubMed>) (Please begin with PMID: ) DOI (<http://www.crossref.org/SimpleTextQuery/>) (Please begin with DOI: 10.\*\*)**

**R:** We found some repeated references, and appropriate changes were made.