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**OPINION REVIEW**

- 5911 Use of artificial intelligence in improving adenoma detection rate during colonoscopy: Might both endoscopists and pathologists be further helped

*Sinagra E, Badalamenti M, Maida M, Spadaccini M, Maselli R, Rossi F, Conoscenti G, Raimondo D, Pallio S, Repici A, Anderloni A*

**REVIEW**

- 5919 Clinical assessment and management of liver fibrosis in non-alcoholic fatty liver disease

*Campos-Murguía A, Ruiz-Margáin A, González-Regueiro JA, Macías-Rodríguez RU*

**MINIREVIEWS**

- 5944 Enteroscopy in children and adults with inflammatory bowel disease

*Di Nardo G, Esposito G, Ziparo C, Micheli F, Masoni L, Villa MP, Parisi P, Manca MB, Baccini F, Corleto VD*

- 5959 Artificial intelligence technique in detection of early esophageal cancer

*Huang LM, Yang WJ, Huang ZY, Tang CW, Li J*

**ORIGINAL ARTICLE****Basic Study**

- 5970 Polyethylene glycol 35 ameliorates pancreatic inflammatory response in cerulein-induced acute pancreatitis in rats

*Ferrero-Andrés A, Panisello-Roselló A, Roselló-Catafau J, Folch-Puy E*

- 5983 Identification of differentially expressed genes in ulcerative colitis and verification in a colitis mouse model by bioinformatics analyses

*Shi L, Han X, Li JX, Liao YT, Kou FS, Wang ZB, Shi R, Zhao XJ, Sun ZM, Hao Y*

- 5997 Herbal cake-partitioned moxibustion inhibits colonic autophagy in Crohn's disease *via* signaling involving distinct classes of phosphatidylinositol 3-kinases

*Wang SY, Zhao JM, Zhou CL, Zheng HD, Huang Y, Zhao M, Zhang ZY, Wu LY, Wu HG, Liu HR*

**Case Control Study**

- 6015 Single access laparoscopic total colectomy for severe refractory ulcerative colitis

*Burke J, Toomey D, Reilly F, Cahill R*

**Retrospective Study**

- 6027 Real-world treatment attrition rates in advanced esophagogastric cancer

*Tsang ES, Lim HJ, Renouf DJ, Davies JM, Loree JM, Gill S*

**6037** Metastatic pattern in esophageal and gastric cancer: Influenced by site and histology  
*Verstegen MHP, Harker M, van de Water C, van Dieren J, Hugten N, Nagtegaal ID, Rosman C, van der Post RS*

**6047** Relationships of early esophageal cancer with human papillomavirus and alcohol metabolism  
*Inoue M, Shimizu Y, Ishikawa M, Abiko S, Shimoda Y, Tanaka I, Kinowaki S, Ono M, Yamamoto K, Ono S, Sakamoto N*

**6057** Dynamic contrast-enhanced magnetic resonance imaging and diffusion-weighted imaging in the activity staging of terminal ileum Crohn's disease  
*Wu YC, Xiao ZB, Lin XH, Zheng XY, Cao DR, Zhang ZS*

**Observational Study**

**6074** Relationship of meteorological factors and air pollutants with medical care utilization for gastroesophageal reflux disease in urban area  
*Seo HS, Hong J, Jung J*

**6087** Acute gastrointestinal injury in critically ill patients with COVID-19 in Wuhan, China  
*Sun JK, Liu Y, Zou L, Zhang WH, Li JJ, Wang Y, Kan XH, Chen JD, Shi QK, Yuan ST*

**Randomized Controlled Trial**

**6098** Impact of cap-assisted colonoscopy during transendoscopic enteral tubing: A randomized controlled trial  
*Wen Q, Liu KJ, Cui BT, Li P, Wu X, Zhong M, Wei L, Tu H, Yuan Y, Lin D, Hsu WH, Wu DC, Yin H, Zhang FM*

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## Basic Study

## Polyethylene glycol 35 ameliorates pancreatic inflammatory response in cerulein-induced acute pancreatitis in rats

Ana Ferrero-Andrés, Arnau Panisello-Roselló, Joan Roselló-Catafau, Emma Folch-Puy

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## Abstract

## BACKGROUND

Acute pancreatitis (AP) is a sudden inflammatory process of the pancreas that may also involve surrounding tissues and/or remote organs. Inflammation and parenchymal cell death are common pathological features of this condition and determinants of disease severity. Polyethylene glycols (PEGs) are non-immunogenic, non-toxic water-soluble polymers widely used in biological, chemical, clinical and pharmaceutical settings.

## AIM

To evaluate the protective effect of a 35-kDa molecular weight PEG (PEG35) on the pancreatic damage associated to cerulein-induced acute pancreatitis *in vivo* and *in vitro*.

## METHODS

Wistar rats were assigned at random to a control group, a cerulein-induced AP group and a PEG35 treatment group. AP was induced by five hourly intraperitoneal injections of cerulein (50 µg/kg/bw), while the control animals received saline solution. PEG35 was administered intraperitoneally 10 minutes before each cerulein injection in a dose of 10 mg/kg. After AP induction, samples of pancreatic tissue and blood were collected for analysis. AR42J pancreatic acinar cells were treated with increasing concentrations of PEG35 prior to exposure with tumor necrosis factor α (TNFα), staurosporine or cerulein. The severity of AP was

purposes). The Ethical Committee for Animal Experimentation (CEEA, ethic approval number: 211/18, University of Barcelona, 11/04/2018) approved the animal experiments.

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determined on the basis of plasma levels of lipase, lactate dehydrogenase activity, pancreatic edema and histological changes. To evaluate the extent of the inflammatory response, the gene expression of inflammation-associated markers was determined in the pancreas and in AR42J-treated cells. Inflammation-induced cell death was also measured in models of *in vivo* and *in vitro* pancreatic damage.

## RESULTS

Administration of PEG35 significantly improved pancreatic damage through reduction on lipase levels and tissue edema in cerulein-induced AP rats. The increased associated inflammatory response caused by cerulein administration was attenuated by a decrease in the gene expression of inflammation-related cytokines and inducible nitric oxide synthase enzyme in the pancreas. In contrast, pancreatic tissue mRNA expression of interleukin 10 was markedly increased. PEG35 treatment also protected against inflammation-induced cell death by attenuating lactate dehydrogenase activity and modulating the pancreatic levels of apoptosis regulator protein BCL-2 in cerulein hyperstimulated rats. Furthermore, the activation of pro-inflammatory markers and inflammation-induced cell death in pancreatic acinar cells treated with TNF $\alpha$ , cerulein or staurosporine was significantly reduced by PEG35 treatment, in a dose-dependent manner.

## CONCLUSION

PEG35 ameliorates pancreatic damage in cerulein-induced AP and AR42J-treated cells through the attenuation of the inflammatory response and associated cell death. PEG35 may be a valuable option in the management of AP.

**Key Words:** Acute pancreatitis; Inflammation; Polyethylene glycols; Cytokines; AR42J cells; Cell death

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**Core Tip:** Acute pancreatitis (AP) is a sudden inflammatory condition of the pancreas with variable involvement of peri-pancreatic tissues and/or remote organ systems. This disease is a major clinical challenge for which no specific pharmacological therapy currently exists. The manuscript describes the protective role of 35-kDa molecular weight polyethylene glycol (PEG35) on cerulein-induced AP. PEG35 treatment was able to lessen the inflammatory process in the pancreas and associated cell death in cerulein-induced AP and *in vitro* models of pancreatic damage.

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## INTRODUCTION

Acute pancreatitis (AP) is an inflammatory disease of the exocrine pancreas characterized by abnormal intracellular activation of proteolytic enzymes. Parenchymal injury, pancreatic acinar cell death and an intense inflammatory reaction are common pathological features of this condition and determine the severity of the disease<sup>[1]</sup>. A majority of patients presenting with AP have the mild form of the disease, which is mostly self-limited and consists of the appearance of edema and inflammation of the pancreas<sup>[2]</sup>. In this group, organ failure and local complications are generally not observed, and the disease usually resolves in the first week. However, between 20% and 30% develop a severe form requiring intensive care unit admission, which is often associated with local and systemic complications and, in some occasions, leads to death<sup>[3]</sup>. To date, no drug is available to prevent or treat this condition, and any improved clinical outcomes have mostly been due to continuous

advancement of various supportive treatments.

Although pancreatic inflammation may be firstly caused by acinar events such as trypsinogen activation, it finally depends on the subsequent stimulation of components of the innate immune system. The initial acinar cell damage triggers the release of pro-inflammatory cytokines and chemokines, leading to increase of microvascular permeability and subsequent formation of interstitial edema<sup>[4]</sup>. Activation of inflammatory cells then provokes the production of additional cytokines and other mediators that initiate the inflammatory response. These mediators recruit different types of leukocytes (first neutrophils, followed by macrophages, monocytes and lymphocytes) to the pancreas. In parallel to the pro-inflammatory response, an anti-inflammatory response is also released<sup>[5]</sup>. If the anti-inflammatory response is adequate, the local inflammation resolves at this stage. However, in some cases, an overwhelming pro-inflammatory response drives the migration of inflammatory mediators into systemic circulation, leading to distant organ dysfunction<sup>[6]</sup>.

Polyethylene glycols (PEGs) are hydrophilic polymers comprised of repeating ethylene glycol units<sup>[7]</sup>. PEGs have several physicochemical properties that make it advantageous in diverse biological, chemical and pharmaceutical settings, especially in view of its low toxicity. For instance, these polymers have been found to exert beneficial effects in several *in vivo* and *in vitro* models of cell and tissue injury<sup>[8-10]</sup>.

There are very few studies linking PEGs of different molecular weight with an anti-inflammatory activity. In a model of traumatic inflammation, the intraperitoneal administration of 4-kDa molecular weight PEG prevented the formation of initial adhesions and reduced the leukocytes number in the peritoneal cavity as a consequence of an inflammatory peritoneal reaction<sup>[11]</sup>. Oral treatment with 4-kDa PEG in experimental colitis reinforced the epithelial barrier function and reduced the inflammation of the colon<sup>[12]</sup>. Likewise, in two different models of gut-derived sepsis, therapeutic administration of PEG reduced inflammatory cytokine expression and activation of neutrophils<sup>[13]</sup>. Our group has recently demonstrated an anti-inflammatory role for PEG35 in an experimental model of severe necrotizing AP. In this sense, the therapeutic administration of PEG35 notably alleviated the severity of AP and protected against the associated lung inflammatory response<sup>[14]</sup>.

Based on the protective features of PEGs, we now have evaluated the effects of PEG35 in experimental models of pancreatic damage *in vivo* and *in vitro*.

## MATERIALS AND METHODS

### **Experimental animals and model of cerulein-induced AP**

All experimental animal proceedings were conducted according with European Union regulatory standards for experimentation with animals (Directive 2010/63/EU on the Protection of Animals Used for Scientific Purposes). The Ethical Committee for Animal Experimentation (CEEA, University of Barcelona, April 11, 2018, ethic approval number: 211/18) authorized all animal experimentation.

The protocol was designed to minimize pain and discomfort to animals. Adult male Wistar rats ( $n = 21$ ) weighing 200-250 g were purchased from Charles River (Boston, MA, United States) and accommodated in a controlled environment with free access to standard laboratory pelleted formula (A04; Panlab, Barcelona, Spain) and tap water. Rats were kept in a climate-controlled environment with a 12-h light/12-h dark cycle for one week. For the 12 h prior to the experiment of AP induction, rats were fasted with free access to drinking water.

Rats were randomly selected and assigned to three equal groups: (1) Treated with saline, as controls ( $n = 7$ ); and (2) Treated with cerulein, to induce AP (CerAP,  $n = 7$ ) and (3) Treated with cerulein after a PEG35 pretreatment (PEG35 + CerAP,  $n = 7$ ). Immediately before the first injection of PEG35 or saline, 0.05 mg/kg of buprenorphine was administered as an analgesic. Cerulein (Sigma-Aldrich, St. Louis, MO) was dissolved with phosphate-buffered saline (PBS) and administered intraperitoneally at a supramaximal stimulating concentration of 50 µg/kg/body weight (bw) at 1-h intervals (total of 5 injections); control animals received intraperitoneal saline solution with the same regime. The use of this supramaximal dosage of cerulein induce a transient form of interstitial edematous AP characterized by marked hyperamylasemia, pancreatic edema and neutrophil infiltration within the pancreas, as well as pancreatic acinar cell vacuolization and necrosis<sup>[15]</sup>.

PEG35 was administered intraperitoneally at a dose of 10 mg/kg, 10 min prior to each cerulein injection. Immediately after the last injection of cerulein or saline, animals were euthanized by intraperitoneal injection of 40-60 mg/kg of sodium

pentobarbital, and blood was collected from the vena cava in heparinized syringes. Harvested blood was centrifuged and the obtained plasma was stored at  $-80^{\circ}\text{C}$  until analysis. Four tissue samples from each animal were taken from the head of the pancreas. One portion of each tissue sample was immediately weighed and oven-dried for the wet-to-dry weight ratio calculation. Another portion was fixed in 10% phosphate-buffered formalin for histological analysis. The third portion was frozen and stored at  $-80^{\circ}\text{C}$  for western blot analysis, and the last portion was saved in RNAlater solution for real-time qRT-PCR analysis.

### **Histopathological examination**

Pancreas tissue was fixed in 10% phosphate-buffered formalin and then embedded in paraffin. 3- $\mu\text{m}$  thickness sections were mounted on glass slides. Slides were dewaxed and rehydrated and stained with hematoxylin and eosin. Assessment of changes in the tissue was carried out by an experienced pathologist through the examination of different microscopic fields randomly chosen from each experimental group in a blinded manner. Pancreatic tissue sections were evaluated for the severity of pancreatitis based on edema, inflammatory infiltration, parenchymal necrosis, and vacuolation of acinar cells.

### **Cell lines and treatments**

The rat pancreatic acinar AR42J cell line was purchased from Sigma (St. Louis, MI, United States). Cells were grown at  $37^{\circ}\text{C}$  in RPMI medium supplemented with 100 mL/L fetal bovine serum, 100 U/ml penicillin and 100  $\mu\text{g}/\text{mL}$  streptomycin in a humidified atmosphere of 50 mL/L  $\text{CO}_2$ . Acinar cells were plated at a density of  $3 \times 10^5/\text{well}$  in 12-well culture plates, or at a density of  $2 \times 10^4/\text{well}$  in 96-well plates, and allowed to attach for 24 h or 48 h. Cells were pretreated with PEG35 diluted in PBS, at a concentration of 0.5, 1, 2, 4, or 6% for 30 min prior to treatment with the appropriate stimuli: 2  $\mu\text{mol}/\text{L}$  or 4  $\mu\text{mol}/\text{L}$  staurosporine, 100 ng/mL TNF $\alpha$  or 10 nM cerulein. All three reagents were purchased from Sigma-Aldrich (St. Louis, MO, United States). Time points of 3 h were used for TNF $\alpha$  treatment, and of 24 h for the remaining stimuli.

### **Lipase activity**

Plasma lipase activity levels were determined using a turbidimetric assay kit from Randox (County Antrim, Crumlin, United Kingdom), in accordance with the supplier's specifications. Briefly, the degradation of triolein by the pancreatic lipase results in lowered turbidity, which was determined in the sample at 340 nm using a microplate reader (iEMS Reader MF; Labsystems, Helsinki, Finland). The activity of the sample was obtained in U/L. All samples were run in duplicate.

### **Pancreas wet-to-dry weight ratio**

Edema formation in the pancreas was evaluated by the determination of the wet-to-dry weight ratio. A portion of the pancreas was weighed. The content of water was measured by calculating the wet-to-dry weight ratio from the initial weight (wet weight) and its weight after incubation in an oven at  $60^{\circ}\text{C}$  for 48 h (dry weight).

### **Lactate dehydrogenase activity**

Lactate dehydrogenase (LDH) activity was measured in plasma samples and cell culture supernatants using the Lactate Dehydrogenase Assay Kit (Abcam; Cambridge, United Kingdom). Briefly, LDH reduces NAD to NADH, which interacts with a specific probe to produce colour. Changes in absorbance due to NADH formation were measured at 450 nm at  $37^{\circ}\text{C}$  using an automated microplate reader (iEMS Reader MF; Labsystems, Helsinki, Finland). Sample activity was expressed in mU/mL. All samples were run in duplicate. The lower limit of detection for ELISA ranged from 14 to 36 mU/mL.

### **MTT cell proliferation assay**

The cell proliferation was determined by measuring metabolic activity of the cells through the reduction of the tetrazolium dye MTT [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide] to its insoluble formazan. AR42J cells were seeded in 96-well plates at a density of  $2 \times 10^4$  cells/well in 100  $\mu\text{L}$  of culture medium with or without the compounds to be tested for 24 h. MTT reagent was added and incubated for 2 h at  $37^{\circ}\text{C}$ , and the formazan produced in the cells formed dark crystals at the bottom of the wells. Crystal-dissolving solution was added and the absorbance of each sample was quantified at 570 nm using an automated microplate reader (iEMS Reader

MF; Labsystems, Helsinki, Finland). All samples were run in duplicate. The absorbance intensity was proportional to the number of viable cells.

### **Real-time qRT-PCR**

Total RNA from the pancreatic tissue and cultured cells was extracted with Nucleozol reagent (Macherey-Nagel, Dueren, Germany) in accordance with the manufacturer's protocol. RNA concentration and quality were measured with the OD A260/A280 ratio and the OD A260/A230 ratio, respectively. Reverse transcription was performed on a 1 µg RNA sample employing the iScript cDNA Synthesis Kit (Bio-Rad Laboratories, Hercules, CA, United States). PCR amplification was performed using SsoAdvanced™ Universal SYBR® Green Supermix (Bio-Rad Laboratories, Hercules, CA, United States) on a CFX Real-Time PCR Detection System (Bio-Rad Laboratories, Hercules, CA, United States) using 10 µL of amplification mixture containing 50 ng of reverse-transcribed RNA and 250 nmol/L of the corresponding forward and reverse primers.

PCR primers for the detection of interleukin (IL) 6, IL1β, IL10, inducible isoform of nitric oxide synthase (iNOS), or glyceraldehyde-3-phosphate dehydrogenase (GAPDH) were validated primers from BioRad (Hercules, CA, United States). PCR primers for tumor necrosis factor α (TNFα), designed with Primer3.0 plus<sup>[16]</sup>, were: TNFα forward, 5'- ATGGGCTCCCTCTCATCAGT-3' and reverse, 5'-GCTTG GTGGTTTGCTACGAC-3'. The specificity of amplicon was determined by melting curve analysis. Threshold cycle values were normalized to GAPDH gene expression and the ratio of the relative expression of target genes to GAPDH was calculated by the D<sub>Ct</sub> formula.

### **Western blot**

Pancreatic tissue was homogenized in ice-cold RIPA buffer. Lysates were then centrifuged at 15000 g for 20 min at 4 °C, and the supernatants were collected. Supernatant protein concentrations were measured using the Bradford protein assay (Bio-Rad Laboratories, Hercules, CA, United States). SDS-PAGE was performed on a 10% gel and proteins were transferred to a polyvinylidene difluoride membrane for blotting.

The following antibodies were used for immunoblotting: rabbit polyclonal cleaved caspase-3 (Asp175) antibody (1:800 dilution, reference #9661) from Cell Signaling, rabbit polyclonal BCL-2 (1: 500 dilution, reference #59348) from Abcam (Cambridge, United Kingdom) and β-actin-HRP conjugated (1: 20000 dilution, reference A3854) from Sigma (Sigma-Aldrich, St. Louis, MO). Bound antibodies were detected using enhanced chemiluminescence (ECL) (Bio-Rad Laboratories, Hercules, CA, United States), and were analyzed using ChemiDoc™ Touch Imaging System (Bio-Rad Laboratories, Hercules, CA, United States). Protein expression of cleaved caspase-3 and BCL-2 were normalized to β-actin for quantification.

### **Statistical analysis**

All data were exported into Graph Pad Prism 4 (GraphPad Software, Inc.) and presented as means ± SEM. Statistical analyses were carried out by one-way analysis of variance (ANOVA), followed by Tukey's multiple comparison test to determine the significance between pairs. The minimal level of statistical significance was considered to be < 0.05.

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## **RESULTS**

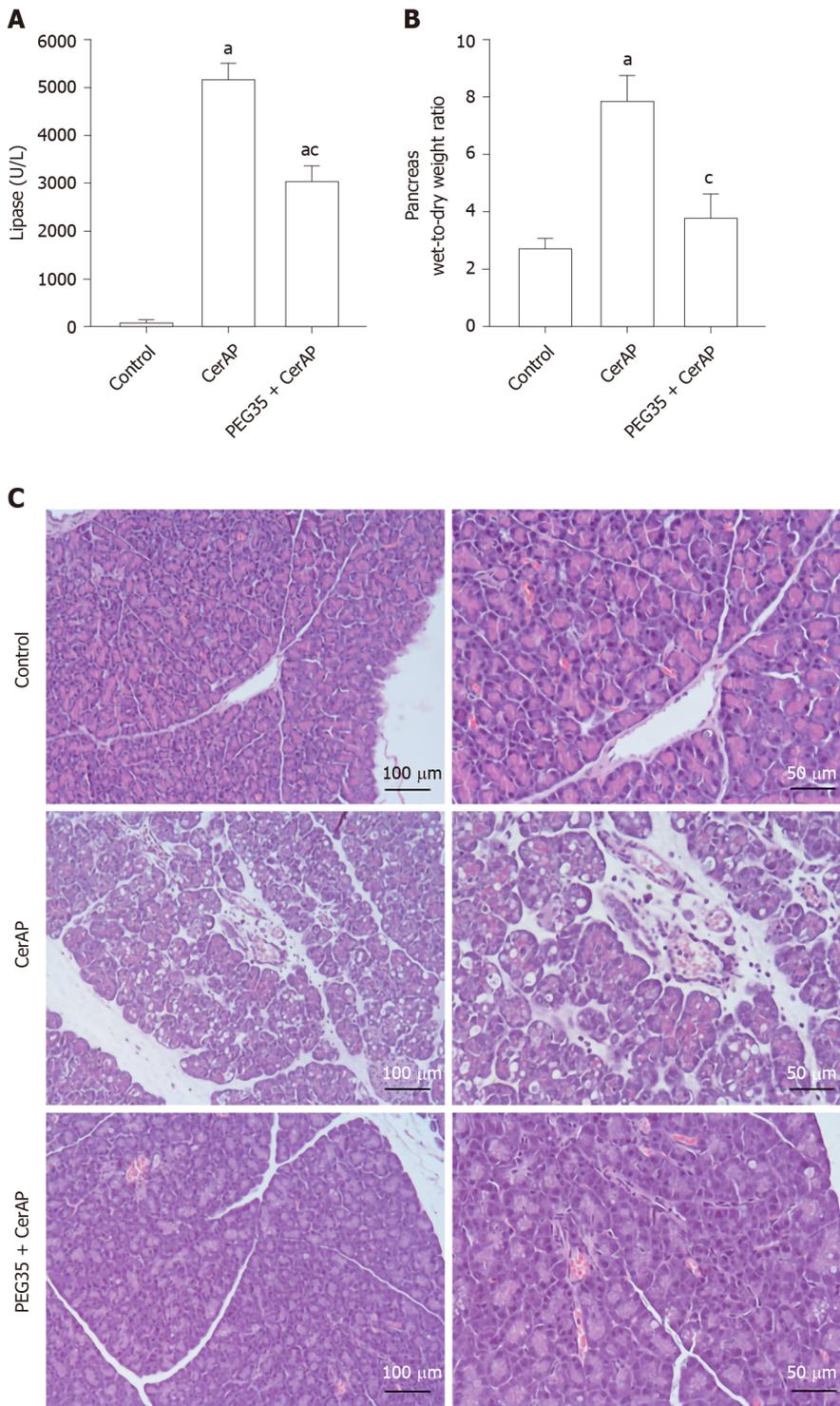
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### **PEG35 reduced the release of lipase associated with cerulein-induced AP**

Cerulein-induced AP in rats was associated with significant raised plasma levels of lipase, comparing with the control group, reflecting the degree of pancreatic injury (Figure 1A). Such increase was significantly reduced in rats pre-treated with intravenous PEG35 at 10 mg/kg.

### **PEG35 abrogated pancreatic edema following cerulein-induced AP**

As cerulein-induced pancreatitis is characterized by a progressive interstitial edema development, we analyzed the pancreas wet-to-dry weight ratio (Figure 1B). A significant increase in the pancreas wet-to-dry weight ratio was observed in rats after AP induction with cerulein (7.865 ± 0.86) as compared to control rats (2.76 ± 0.28). However, this increase could be largely prevented by co-treatment with PEG35 in



**Figure 1** Effect of PEG35 treatment on plasma lipase activity, pancreatic edema and histological changes in experimental cerulein-induced acute pancreatitis. A: Plasma lipase levels in U/L; B: Pancreatic wet-to-dry weight ratio. Bars represent mean values of each group  $\pm$  SEM. <sup>a</sup> $P < 0.05$  vs control, <sup>c</sup> $P < 0.05$  vs Cerulein-induced acute pancreatitis (CerAP). Each determination was carried out in triplicate; C: Representative images of hematoxylin and eosin-stained pancreatic sections for each experimental group. Control group showed normal pancreas structure. CerAP group presented areas of necrosis, infiltrated polymorphonuclear neutrophils, interstitial edema and vacuolation of the acinar cells. Administration of 35-kDa polyethylene glycol notably reduced these features. Scale bar, 100 and 50  $\mu$ m. CerAP: Cerulein-induced acute pancreatitis; PEG35: 35-kDa polyethylene glycol.

cerulein-treated rats, with a wet-to-dry weight ratio of  $3.8 \pm 0.85$ .

**PEG35 reduced local pancreatic tissue damage associated with cerulein-induced AP**

Histopathological results showed that cerulein hyperstimulated rats caused an interstitial edematous acute pancreatitis with considerable areas of interstitial edema, local necrosis, infiltrated polymorphonuclear neutrophils and vacuolation of the acinar

cells. (Figure 1C). In the PEG35-treated group, there were consistent reductions in these characteristics.

### **PEG35 ameliorated the expression of inflammatory markers in cerulein-induced AP and AR42J-treated cells**

Further, we explored whether PEG35 treatment improves the inflammatory response after cerulein hyperstimulation in rats, by measuring the gene expression of inflammatory mediators in the pancreas. Pancreatic tissue levels of IL6, IL1 $\beta$ , TNF $\alpha$ , IL10 and iNOS increased markedly in rats after AP induction as compared to that of control rats (Figure 2). Notably, PEG35 treatment significantly reduced the AP-induced increases in IL1 $\beta$ , IL6 and iNOS. While TNF $\alpha$  expression levels showed a tendency to decrease, this was not statistically significant. Finally, as expected based on its anti-inflammatory role, the gene expression of the IL10 cytokine was not reduced in PEG35-treated animals.

In addition to its *in vivo* effects, a direct anti-inflammatory effect of PEG35 was also observed in *in vitro* model. Specifically, in a model of cerulein-induced inflammation in the acinar cells using cultured AR42J cells, PEG35 attenuated the gene expression of the pro-inflammatory IL1 $\beta$  and TNF $\alpha$  in a dose-dependent manner (Figure 3A). Additionally, TNF $\alpha$ -treated cells induced the production of iNOS as well as of TNF $\alpha$  itself, both of which were markedly reduced after the treatment with increasing concentrations of PEG35 (Figure 3B).

### **PEG35 lessened inflammation-associated cell death in cerulein-induced AP**

To investigate the potential protective effects of PEG35 on the pancreas, cell death was determined through LDH release and expression of the apoptosis-related proteins BCL-2 and cleaved-caspase-3 by Western blot. Indeed, a significant increment in LDH activity in plasma occurred in cerulein AP-induced animals (Figure 4A). Notably, rats that had PEG35 co-treatment had significantly reduced levels of the LDH necrotic marker.

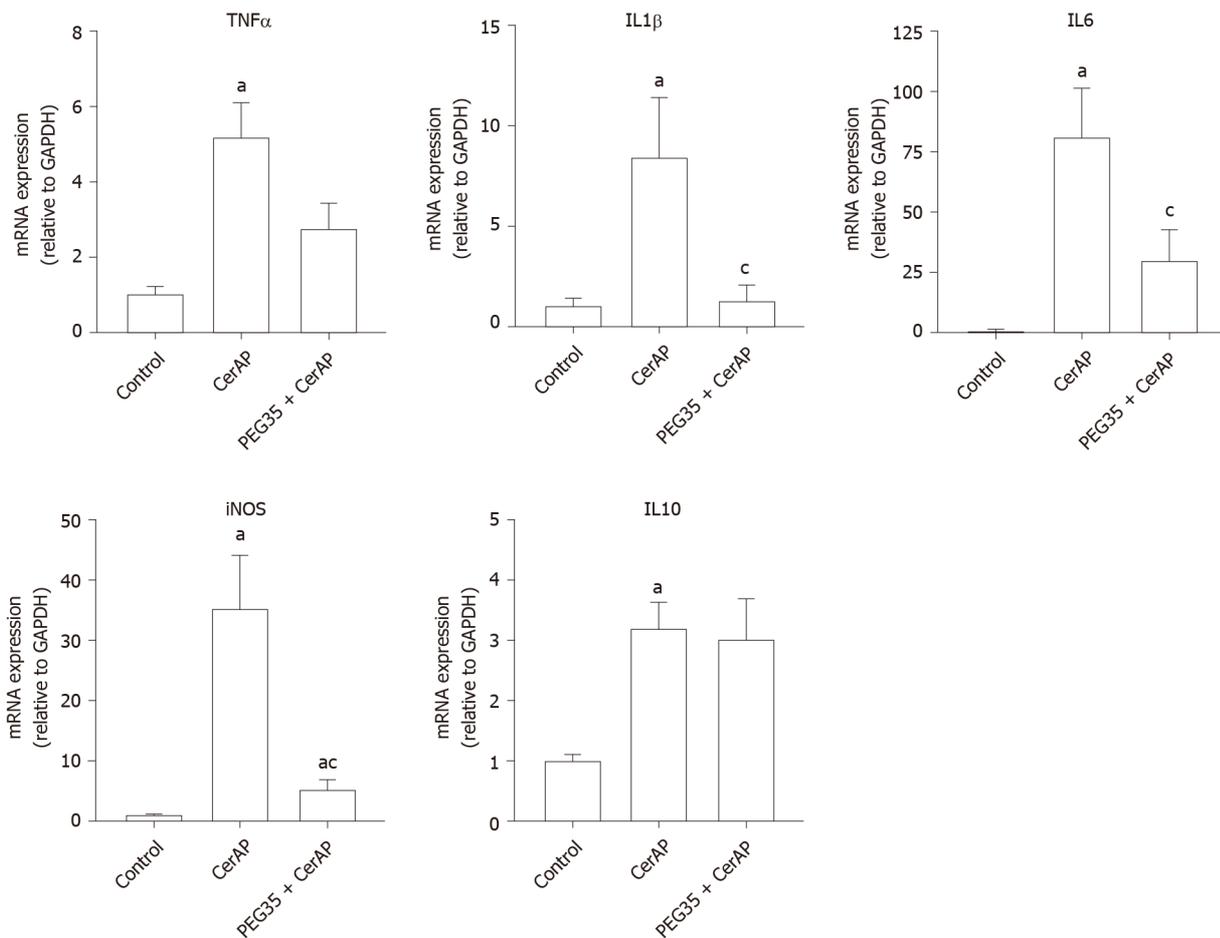
The pancreatic levels of cleaved caspase-3 and BCL-2 were also markedly higher following cerulein-induced AP as compared to the control group, (Figure 4B and C). The administration of PEG35 promoted a further increase in the levels of anti-apoptotic BCL-2 as compared with cerulein hyperstimulated rats while the reduction in the pro-apoptotic cleaved caspase-3 was not statistically significant.

### **PEG35 reduced inflammation-associated cell death in models of pancreatic damage *in vitro***

The decreased LDH activity observed *in vivo* in PEG35-treated animals led us to examine cell death in *in vitro* models of inflammation. AR42J cells are a well-established cell model for studying intracellular mechanisms involved in the cell death and inflammatory responses of acute pancreatitis. We therefore analysed whether PEG35 affected the release of LDH in AR42J cells in the presence of the pro-inflammatory stimulus cerulein or TNF $\alpha$  (Figure 4D). Indeed, both cerulein and TNF $\alpha$ -induced cell death were significantly reduced by PEG35 in a dose-dependent manner. Likewise, PEG35 markedly prevented staurosporine-induced AR42J apoptotic cell death in a dose-dependent manner (Figure 4E). These results suggest that PEG35 exerts a protective role against inflammation-induced cell death *in vitro* and *in vivo*.

## **DISCUSSION**

Acute pancreatitis (AP) is an inflammatory disease that can have a mild to severe course. We have recently reported an anti-inflammatory role for PEG35 in a severe necrotizing AP experimental model. To further investigate the effect of this polymer in a milder form of the disease, we used a model of cerulein-induced mild edematous pancreatitis that is mainly characterized by a dysregulation of the production and secretion of digestive enzymes, interstitial edema formation, infiltration of neutrophil and mononuclear cells within the pancreas, cytoplasmic vacuolization and the death of acinar cells<sup>[17]</sup>. We determined that PEG35 reduced the course of cerulein-induced AP by inhibiting the inflammatory response as well as inflammation-induced cell death. In our study, treating the animals with PEG35 significantly abrogated the severity of cerulein-induced AP, as indicated by the lessened activity of lipase in plasma and edema formation as well as histopathological features of AP in the PEG35-treated animals.

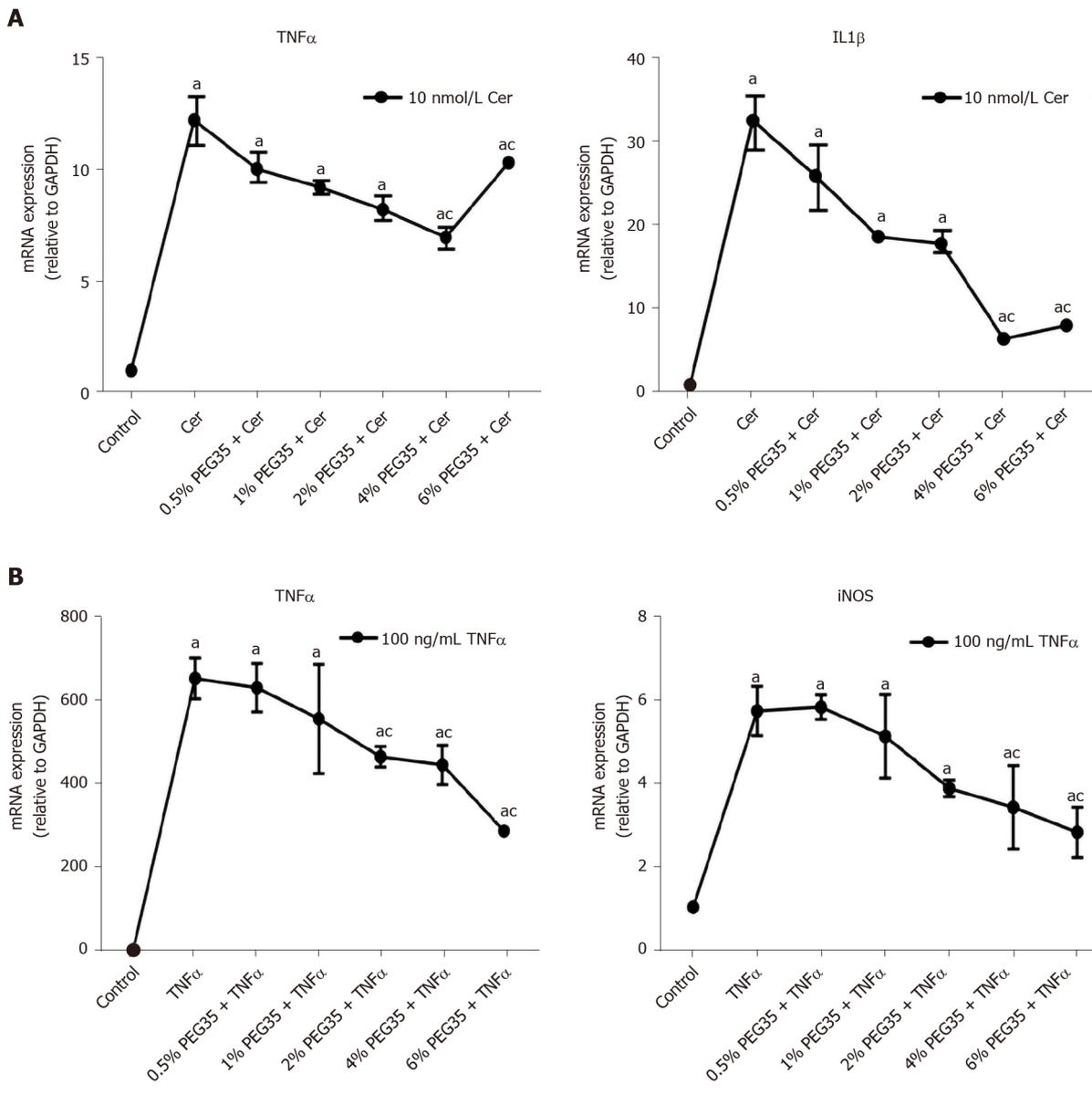


**Figure 2** Role of PEG35 on the modulation of inflammation-associated cytokines and inducible nitric oxide synthase enzyme expression in cerulein-induced acute pancreatitis. Pancreatic tissue gene expression of tumor necrosis factor  $\alpha$ , interleukin (IL) 1 $\beta$ , IL6, inducible nitric oxide synthase and IL10 by real-time qRT-PCR. Bars represent mean values of each group  $\pm$  SEM. <sup>a</sup> $P < 0.05$  vs control, <sup>c</sup> $P < 0.05$  vs cerulein-induced acute pancreatitis. Each determination was carried out in triplicate. CerAP: Cerulein-induced acute pancreatitis; PEG35: 35-kDa polyethylene glycol.

A sudden inflammatory response in the pancreas contributes to the development of AP, primarily through the release of inflammatory cytokines. TNF $\alpha$  has long been considered as one of the initial triggers of the inflammatory cascade in experimental pancreatitis<sup>[18]</sup>. In this setting, stimulation of acinar cells of the pancreas by TNF $\alpha$  have been reported to cause a direct activation of pancreatic enzymes, contributing to premature protease activation and cell necrosis<sup>[19]</sup>. Increased accumulation of TNF $\alpha$  promotes the production of other inflammatory cytokines, including IL1 $\beta$  and IL6, which result in the activation of an inflammatory cascade that leads to widespread tissue damage in multiple tissues and organs. Indeed, the levels of TNF $\alpha$ , IL1 $\beta$  and IL6 have been correlated with the severity of AP<sup>[20-23]</sup>. In the current study, treatment with PEG35 was capable to significantly reduce the AP-induced raises in pro-inflammatory IL1 $\beta$  and IL6. However, no significant effect on TNF $\alpha$  was observed. This fact could be explained by the levels of IL10 found in rats co-treated with cerulein and PEG35, which were similar to those found in those only treated with cerulein. As IL10 plays a fundamental role in the attenuation of the cytokine response during acute inflammation, the significant increase of IL10 found in hyperstimulated rats may contribute to slow TNF $\alpha$  production, with an observed tendency towards a decrease in its expression. Indeed, in an experimental model of cerulein-induced AP, intraperitoneal IL10 administration attenuated TNF $\alpha$  production, which was associated with dramatically lessened pancreatitis severity and mortality<sup>[24]</sup>.

Furthermore, a direct anti-inflammatory effect of PEG35 was observed in cultured AR42J cells. In an *in vitro* model of cerulein-induced inflammation, PEG35 was able to attenuate the gene expression of pro-inflammatory IL1 $\beta$  and TNF $\alpha$  in a dose-dependent manner. Moreover, PEG35 reduced the levels of TNF $\alpha$  in AR42J cells stimulated with TNF $\alpha$ .

Pro-inflammatory cytokines are known to activate the inducible iNOS and the subsequent production of nitric oxide, thus contributing to the pathophysiology of AP.

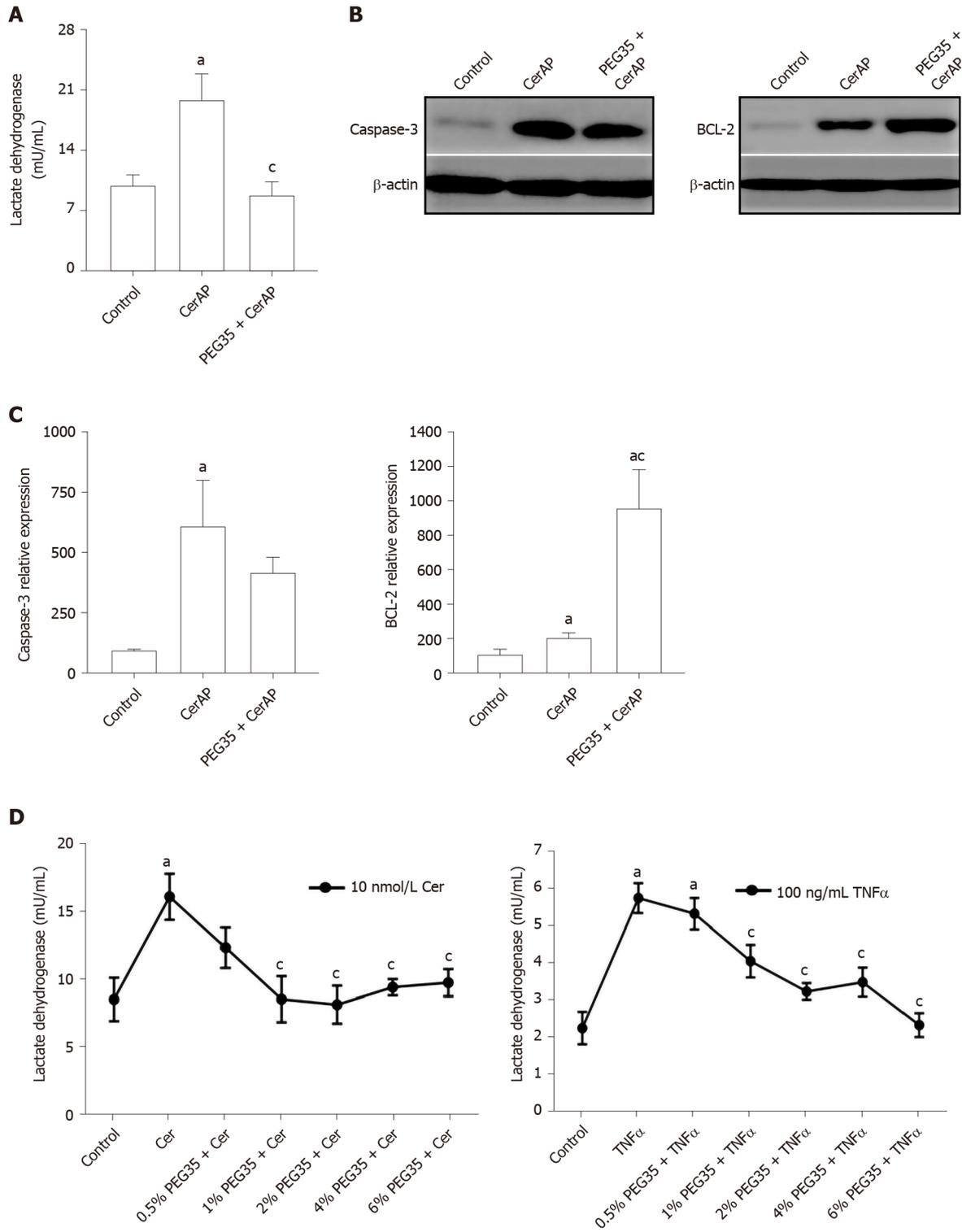


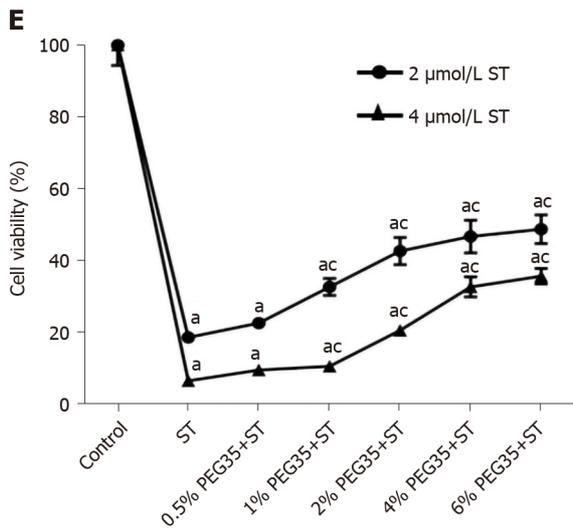
**Figure 3** Gene expressions of inflammatory markers in AR42J-treated cells. A: Gene expression by real-time qRT-PCR of tumor necrosis factor  $\alpha$  (TNF $\alpha$ ) and IL1 $\beta$  in cerulein-treated AR42J cells subjected to increasing concentrations of 35-kDa polyethylene glycol (PEG35); B: Gene expression by real-time qRT-PCR of TNF $\alpha$  and inducible nitric oxide synthase in TNF $\alpha$ -treated AR42J cells subjected to increasing concentrations of PEG35. In both cases, mRNA induction levels were normalized to GAPDH mRNA expression. Bars represent mean values of each group  $\pm$  SEM. <sup>a</sup>*P* < 0.05 vs control, <sup>c</sup>*P* < 0.05 vs cerulein or TNF $\alpha$ . Each determination was carried out in triplicate. Cer: Cerulein; PEG35: 35-kDa polyethylene glycol; TNF $\alpha$ : Tumor necrosis factor  $\alpha$ .

In fact, the degree of pancreatic inflammation and tissue injury of cerulein-induced AP has been found to be markedly reduced in iNOS-deficient mice<sup>[25]</sup>. In our study, we observed an increased mRNA expression of iNOS following cerulein hyperstimulation in rats, which underwent a significant reduction after PEG35 treatment. Likewise, PEG35 abrogated TNF $\alpha$ -induced iNOS expression in acinar cells in a concentration-dependent manner. Altogether, these results suggest that PEG35 treatment reduced pancreatic inflammation in pancreatitis by suppressing the expression of pro-inflammatory mediators.

These changes in the inflammatory response brought about by PEG35 treatment were further emphasized by a reduction in pancreatic cell death. PEG35 treatment reduced cell death in cerulein-induced AP rats by lowering plasmatic LDH activity. In addition, the increased release of LDH observed in cerulein and TNF $\alpha$ -treated acinar cells *in vitro* was reverted upon incubation with increasing concentrations of PEG35.

In the pancreas, inflammation is associated with injured acinar cells that can go through necrosis or apoptosis. Thus, we measured the apoptosis index in pancreatic tissue following cerulein-induced AP. Injured pancreatic tissue induced a significant increase in cleaved caspase-3 and BCL-2 apoptotic proteins as compared to the





**Figure 4 Effect of 35-kDa polyethylene glycol on inflammation-induced cell death in cerulein-induced acute pancreatitis and cultured pancreatic acinar AR42J cells.** A: Plasma lactate dehydrogenase (LDH) activity after cerulein-induced acute pancreatitis expressed as mU/mL; B: Pancreatic protein expression of cleaved caspase-3 and BCL-2 assessed by western blot analysis.  $\beta$ -actin expression was used as loading control. Data shown are representative blots for each group; C: Densitometry quantification of western blot for cleaved caspase-3 and BCL-2 in pancreatic tissue; D: Cell death rate measured through LDH activity. AR42J cells pre-treated with increasing concentrations of PEG35 (0.5%, 1%, 2%, 4% or 6%) for 30 min and then co-incubated with 10nM cerulein for another 24 h or 100 ng/mL of tumor necrosis factor  $\alpha$  (TNF $\alpha$ ) for another 2.5 h; E: Cell viability rate determined by MTT assay. AR42J cells were pre-treated with increasing concentrations of PEG35, as indicated, for 30 min and then incubated with or without 2  $\mu$ M or 4  $\mu$ M staurosporine for another 24 h. The values shown represent the mean  $\pm$  SEM. <sup>a</sup> $P < 0.05$  vs control, <sup>ac</sup> $P < 0.05$  vs cerulein-induced acute pancreatitis, cerulein, TNF $\alpha$  or staurosporine. Each determination was carried out in triplicate. CerAP: Cerulein-induced acute pancreatitis; Cer: Cerulein; PEG35: 35-kDa polyethylene glycol; TNF $\alpha$ : Tumor necrosis factor  $\alpha$ ; ST: Staurosporine.

respective controls. Following treatment with PEG35, anti-apoptotic BCL-2 further increased as compared with cerulein-treated animals while cleaved caspase-3 levels were similar to that found in cerulein hyperstimulated animals. Collectively, these findings suggest that PEG35 has anti-apoptotic and anti-necrotic properties for cerulein-induced pancreatitis.

## CONCLUSION

In conclusion, results from this study reveal a mechanism by which PEG35 exerts anti-inflammatory effects that alleviate experimental cerulein-induced AP, by inhibiting the inflammatory response as well as inflammation-induced cell death. Because of its low toxicity as well as its proven biocompatibility, PEG35 could be used as a new therapeutic tool to resolve the cellular damage associated to mild AP.

## ARTICLE HIGHLIGHTS

### Research background

Acute pancreatitis (AP) is a common gastrointestinal condition with an increasing incidence worldwide. The course of the disease ranges from a mild, self-limiting condition to a more severe acute illness with a high morbidity and mortality. Our group has previously demonstrated an anti-inflammatory role for a 35-kDa molecular weight polyethylene glycol (PEG35) in an experimental model of severe necrotizing AP. The therapeutic administration of PEG35 notably alleviated the severity of AP and protected against the associated lung inflammatory response, which is the main contributing factor to early death in patients with this condition.

### Research motivation

To date, the treatment of AP continues to be supportive as there are no effective pharmacologic therapies available. Polyethylene glycols (PEGs) are neutral polymers widely used in biomedical applications due to its hydrophilic properties combined

with a low intrinsic toxicity. In this study, we demonstrated the protective role of PEG35 in a mild form of AP.

### Research objectives

To evaluate the effect of PEG35 in experimental models of mild acute pancreatitis *in vivo* and *in vitro*.

### Research methods

AP was induced by five hourly intraperitoneal injections of cerulein (50 µg/kg/bw). PEG35 was administered intraperitoneally 10 minutes before each cerulein injection in a dose of 10 mg/kg. After AP induction, samples of pancreatic tissue and blood were collected for analysis. AR42J pancreatic acinar cells were treated with increasing concentrations of PEG35 prior to exposure with tumor necrosis factor α, staurosporine or cerulein. The severity of AP was determined on the basis of plasma levels of lipase, lactate dehydrogenase activity, pancreatic edema and histological changes. To evaluate the extent of the inflammatory response, the gene expression of inflammation-associated markers was determined in the pancreas and in AR42J-treated cells. Inflammation-induced cell death was also measured in both *in vivo* and *in vitro* models of pancreatic damage through apoptosis and necrosis-related assays.

### Research results

PEG35 treatment significantly improved pancreatic damage in cerulein-induced AP in rats through reduction on lipase levels and tissue edema. Furthermore, PEG35 ameliorated the inflammatory response and associated cell death *in vivo* and *in vitro*, in treated-acinar cells, by lowering inflammatory-related cytokines and iNOS gene expression, levels of apoptotic markers and the activity of lactate dehydrogenase.

### Research conclusions

PEG35 ameliorated pancreatic damage in cerulein-induced AP and cultured acinar AR42J-treated cells through the attenuation of the inflammatory response and associated cell death.

### Research perspectives

Our study provided evidence of a protective role of PEG35 in a mild form of AP suggesting that PEG35 may be a valuable option in the management of clinical AP.

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