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Nonalcoholic fatty liver disease in lean subjects: Prognosis, outcomes and management

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Abstract

Nonalcoholic fatty liver disease (NAFLD) accounts for most cases of chronic liver disease worldwide, with an estimated global prevalence of approximately 25% and ranges from simple steatosis to nonalcoholic steatohepatitis and cirrhosis. NAFLD is strongly connected to metabolic syndrome, and for many years, fatty liver was

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Non-alcoholic fatty liver disease in lean individuals

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Aug 30, 2019 · **Non-alcoholic fatty liver disease (NAFLD)** is a major cause of **chronic liver disease**, encompassing a spectrum from **non-alcoholic fatty liver** to **non-alcoholic steatohepatitis**, which can progress to cirrhosis. It has recently been recognised that NAFLD also occurs in individuals who are not obese, especially in Asian populations.

Cited by: 3

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Non-alcoholic Fatty Liver Disease in Lean Subjects ...

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Non-alcoholic fatty liver disease (NAFLD) is commonly diagnosed in **obese subjects**; however, it is not rare among **lean** individuals. Given the absence of traditional risk factors, it tends to remain under-recognised. The metabolic profiles of **lean NAFLD patients** are frequently comparable to those of **obese NAFLD patients**.

Cited by: 27

Author: Ramesh Kumar, Shantam Mohan

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Non-alcoholic fatty liver disease in lean individuals ...

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Oct 01, 2019 · Introduction. **Non-alcoholic fatty liver disease (NAFLD)** is a major cause of chronic **liver disease**. It encompasses a spectrum of clinical-histological phenotypes from **non-alcoholic fatty liver (NAFL)** to **non-alcoholic steatohepatitis (NASH)** which can progress to cirrhosis. 1 Excess body weight, type 2 diabetes and dyslipidaemia are classic risk factors for NAFLD. 2 ...

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Nonalcoholic Fatty Liver Disease: Diagnosis and Management ...

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Jul 01, 2013 · **Nonalcoholic fatty liver disease** is characterized by excessive fat accumulation in the **liver** (hepatic steatosis). **Nonalcoholic** steatohepatitis is characterized by steatosis, **liver** cell injury, and ...

Cited by: 59 Author: Thad Wilkins, Altaf Tadmor, Iryna Hepburn, ...
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Lean non-alcoholic fatty liver disease - ScienceDirect

<https://www.sciencedirect.com/science/article/pii/S0261561418313505>

Jun 01, 2019 · **Prognosis.** There have been limited studies on the **outcome** of patients with metabolically obese, **lean NAFLD**. When compared to **lean subjects** without **hepatic steatosis**, **non-obese patients** with **fatty liver** are at increased risk of developing type 2 **diabetes mellitus** in the following decade [58].

Cited by: 10 Author: Alice Yuxin Wang, Jasbir Dhaliwal, Mariale...
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Non-alcoholic fatty liver disease in lean individuals ...

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Oct 01, 2019 · Introduction. **Non-alcoholic fatty liver disease (NAFLD)** is a major cause of chronic **liver disease**. It encompasses a spectrum of clinical-histological phenotypes from **non-alcoholic fatty liver (NAFL)** to **non-alcoholic** steatohepatitis (NASH) which can progress to cirrhosis. 1 Excess body weight, type 2 diabetes and dyslipidaemia are classic risk factors for NAFLD. 2 Although, it is now recognised ...

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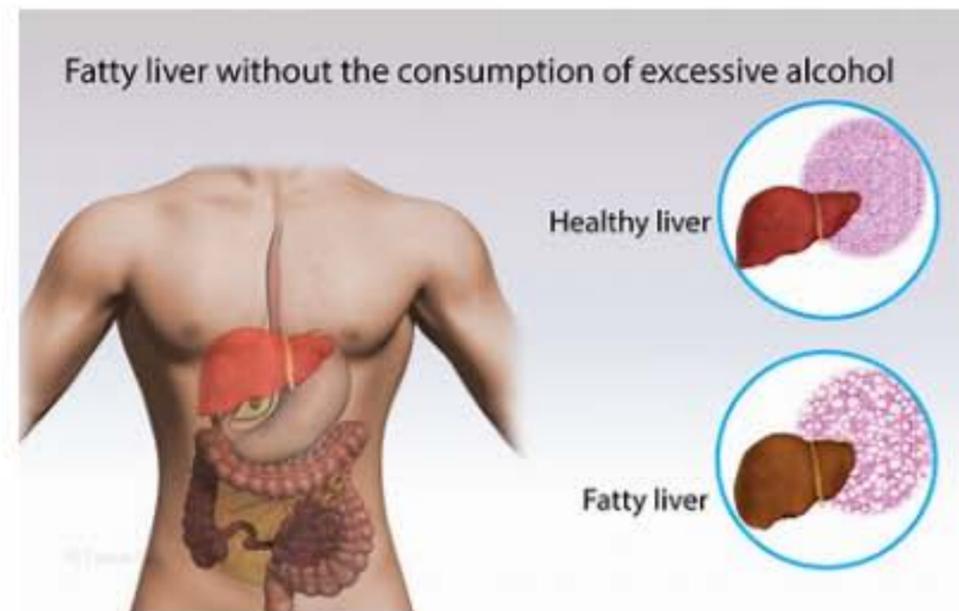
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Feedback

Patients With Lean Nonalcoholic Fatty Liver Disease Are ...

Non-Alcoholic Fatty Liver Disease

Medical Condition



A condition in which fat accumulates in the liver in people who drink little or no alcohol.

- 🏠 Very common (More than 3 million cases per year in US)
- 🧪 Requires lab test or imaging
- 🔧 Treatments can help manage condition, no known cure
- 🕒 Can last several years or be lifelong

The cause of non-alcoholic fatty liver disease is not clearly understood. It is associated with obesity, insulin resistance, hyperglycemia, and high levels of fat in blood. The condition does not usually cause symptoms. In some cases, fatigue, enlarged liver, and pain in the upper right abdomen is seen. Non-alcoholic fatty liver disease has no specific treatment. It involves treating underlying conditions such as obesity.

Symptoms

Usually asymptomatic. Symptoms may include:

- Fatigue
- Enlarged liver
- Pain the upper right abdomen
- Ascites (swelling in the belly)

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<https://www.aafp.org/afp/2013/0701/p35.html>

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Lean non-alcoholic fatty liver disease - ScienceDirect

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Publish Year: 2019

Patients With Lean Nonalcoholic Fatty Liver Disease Are ...

<https://clinical.diabetesjournals.org/content/37/1/65>

Jan 01, 2019 · IN BRIEF **Nonalcoholic fatty liver disease (NAFLD)** is an increasingly recognized and common cause of **chronic liver disease** worldwide. Although most patients with **NAFLD** are obese, a smaller group of **NAFLD patients** are **lean**. This **study** explored the long-term **outcomes of lean patients** with **NAFLD** in the United States.

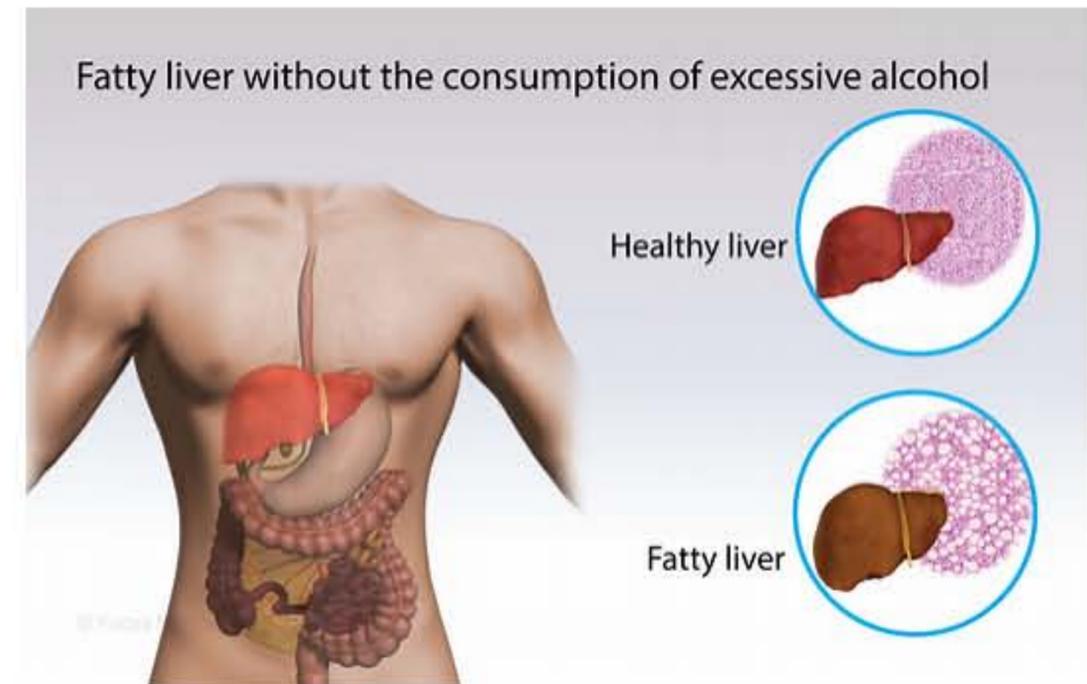
Cited by: 16 **Author:** Pegah Golabi, James Paik, Natsu Fukui, ...
Publish Year: 2019

PEOPLE ALSO ASK

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