

From: Yolanda López del Hoyo, PhD

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Dear Editor,

Please find enclosed the revised paper entitled "CONTEMPLATIVE SCIENCES: A FUTURE BEYOND MINDFULNESS". Thank you very much for considering our work for publication in WORLD JOURNAL OF PSYCHIATRY. We have submitted a revised manuscript to address change indicated by reviewer.

We expect this article should be interesting for your journal. If accepted, this paper will not be published subsequently in the same or similar form in any language without the consent of the publishers. The final manuscript has been seen and approved by all the authors, ensuring the integrity of the work. We would be willing to provide the editor with any additional information that may be helpful. Thank you again for the invitation. We look forward to hearing from you. Thanks in advance

Kind regards,

Yolanda López del Hoyo, PhD

Response for re-review

Please find enclosed the revised paper entitled "CONTEMPLATIVE SCIENCES: A FUTURE BEYOND MINDFULNESS". Thank you very much for considering our work for publication in WORLD JOURNAL OF PSYCHIATRY. We have submitted a revised manuscript to address change indicated:

1. Introduction changed based on proposed changes.
2. Table included "Efficacy demonstrated of mindfulness as treatment in different mental disorders"
3. Included articles a cellular level and revised section. The final manuscript has been seen and approved by all the authors, ensuring the integrity of the work.

We would be willing to provide the editor with any additional information that may be helpful. Thank you again for the invitation. We look forward to hearing from you. Thanks in advance Kind regards, Yolanda López del Hoyo, PhD