

ClinicalTrials.gov Protocol Registration and Results System (PRS) Receipt  
Release Date: December 31, 2018

ClinicalTrials.gov ID: NCT03791866

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## Study Identification

Unique Protocol ID: YKK17102

Brief Title: The Th9/IL-9 and Early Enteral Nutrition in Sepsis

Official Title: The Roles of Th9/IL-9 in the Mechanisms of Early Enteral Nutrition Maintaining Intestinal Mucosal Barrier in Sepsis

Secondary IDs:

## Study Status

Record Verification: December 2018

Overall Status: Recruiting

Study Start: October 1, 2018 [Actual]

Primary Completion: December 31, 2019 [Anticipated]

Study Completion: June 30, 2020 [Anticipated]

## Sponsor/Collaborators

Sponsor: Nanjing First Hospital, Nanjing Medical University

Responsible Party: Principal Investigator

Investigator: XiangWang [xiangw]

Official Title: Director

Affiliation: Nanjing First Hospital, Nanjing Medical University

Collaborators:

## Oversight

U.S. FDA-regulated Drug: No

U.S. FDA-regulated Device: No

U.S. FDA IND/IDE: No

Human Subjects Review: Board Status: Approved

Approval Number: KY20180713-01

Board Name: The institutional review board of Nanjing First Hospital

Board Affiliation: Nanjing First Hospital

Phone: +86-13913893984

Email: 565219791@qq.com

Address:

Nanjing First Hospital, 68 Changle Road, Nanjing, Jiangsu Province, China

## Data Monitoring:

## Study Description

**Brief Summary:** The investigators aim to evaluate the roles of Th9/IL-9 in the mechanisms of early enteral nutrition (EEN) maintaining intestinal mucosal barrier in sepsis. The results of this study would lay the foundation for revealing the mechanisms of EEN improving immune imbalance of sepsis and provide a new idea to the early treatment of sepsis. In addition, the investigators also aim to evaluate the effects of different proportions of target total enteral nutrition on the prognosis of sepsis.

**Detailed Description:**

## Conditions

**Conditions:** Sepsis  
Intestinal Mucosal Barrier  
Th9 Cells  
Enteral Nutrition

**Keywords:**

## Study Design

**Study Type:** Interventional

**Primary Purpose:** Treatment

**Study Phase:** N/A

**Interventional Study Model:** Parallel Assignment

**Number of Arms:** 3

**Masking:** Double (Participant, Care Provider)

**Allocation:** Randomized

**Enrollment:** 60 [Anticipated]

## Arms and Interventions

Arms	Assigned Interventions
Experimental: 30% target total enteral nutrition	Nutrition Enteral nutrition
Experimental: 60% target total enteral nutrition	Nutrition Enteral nutrition
Active Comparator: 100% target total enteral nutrition	Nutrition Enteral nutrition

## Outcome Measures

**Primary Outcome Measure:**

- 28-d mortality  
[Time Frame: 28 days]

**Secondary Outcome Measure:**

2. Serum Th9 lymphocyte percentages  
Serum Th9 lymphocyte percentages

[Time Frame: 7 days]

3. Concentration of serum IL-9  
Concentration of serum IL-9

[Time Frame: 7 days]

4. Concentration of serum iFABP  
Concentration of serum iFABP

[Time Frame: 7 days]

5. Concentration of serum DAO  
Concentration of serum DAO

[Time Frame: 7 days]

## Eligibility

Minimum Age: 18 Years

Maximum Age: 70 Years

Sex: All

Gender Based:

Accepts Healthy Volunteers: No

Criteria: Inclusion Criteria:

1. Clinical diagnosis of sepsis
2. Within 3 days of sepsis onset before ICU admission
3. No artificial nutrition (enteral or parenteral nutrition) were provided before ICU admission

Exclusion Criteria:

1. Ileus
2. Digestive tract hemorrhage
3. Inflammatory bowel disease
4. Abdominal hypertension (IAP >25mmHg)
5. Cancer or chronic organ dysfunction (e.g., hepatic or renal dysfunction)
6. Malnutrition or immunodeficiency
7. Long-term use of hormones

## Contacts/Locations

Central Contact Person: Jie Zhou  
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Email: 565219791@qq.com

Central Contact Backup:

Study Officials: Jia-Kui Sun  
Study Principal Investigator  
The First Affiliated Hospital with Nanjing Medical University

Locations: China, Jiangsu  
Nanjing First Hospital  
[Recruiting]

## IPDSharing

Plan to Share IPD:

## References

Citations:

Links:

Available IPD/Information: