CARE Checklist – 2016: Information for writing a case report

Topic

Item

Checklist item description

Line/Page

\_\_\_1\_\_\_

Title

Key Words

1

2

The words “case report” should be in the title along with the area of focus

Four to seven key words—include “case report” as one of the key words

\_\_\_4\_\_\_

\_

\_\_3\_\_\_

Abstract

3a

Background: What does this case report add to the medical literature?

Case summary: chief complaint, diagnoses, interventions, and outcomes

Conclusion: What is the main “take-away” lesson from this case?

\_

\_\_3\_\_\_

3

3

b

c

\_\_\_\_3,4\_\_\_

Introduction

Timeline

4

The current standard of care and contributions of this case—with references (1-2 paragraphs)

Information from this case report organized into a timeline (table or figure)

\_\_\_5,6\_\_

\_\_\_14,15\_\_\_

5

Patient Information

6a

De-identified demographic and other patient or client specific information

Chief complaint—what prompted this visit?

Relevant history including past interventions and outcomes

\_\_\_7\_\_\_\_

\_\_\_7\_\_\_\_

\_\_\_7\_\_\_

6

6

b

c

Physical Exam

7

Relevant physical examination findings

\_\_\_7\_\_\_\_

Diagnostic

Assessment

8a

8b

Evaluations such as surveys, laboratory testing, imaging, etc.

Diagnostic reasoning including other diagnoses considered and challenges

Consider tables or figures linking assessment, diagnoses and interventions

Prognostic characteristics where applicable

\_\_\_7,8,14\_\_\_

\_\_\_8\_\_\_\_

8

c

d

\_\_\_14\_\_\_

\_\_\_8\_\_\_\_

8

Interventions

9a

Types such as life-style recommendations, treatments, medications, surgery

Intervention administration such as dosage, frequency and duration

Note changes in intervention with explanation

\_\_\_8,9\_\_\_\_

\_\_\_9\_\_\_\_

\_\_\_9\_\_\_\_

\_\_\_8,9\_\_\_\_

9

9

b

c

9

d

Other concurrent interventions

Follow-up and

Outcomes

10a

10b

Clinician assessment (and patient or client assessed outcomes when appropriate)

Important follow-up diagnostic evaluations

Assessment of intervention adherence and tolerability, including adverse events

\_\_\_9,10\_\_\_\_

\_\_\_9,10\_\_\_\_

\_\_\_9,10\_\_\_\_

1

0c

Discussion

11a

Strengths and limitations in your approach to this case

Specify how this case report informs practice or Clinical Practice Guidelines (CPG)

How does this case report suggest a testable hypothesis?

Conclusions and rationale

\_\_\_11,12\_\_

\_\_\_10,11\_\_\_\_

\_\_\_11,12\_\_\_\_

\_\_\_12\_\_\_\_

1

1

1b

1c

1

1d

12

13

Patient Perspective

Informed Consent

When appropriate include the assessment of the patient or client on this episode of care

Informed consent from the person who is the subject of this case report is required by most journals

Acknowledgement section; Competing Interests; IRB approval when required

\_\_\_7\_\_\_\_

\_\_\_yes\_\_\_\_

\_\_\_yes\_\_\_\_

Additional Information 14

www.care-statement.org

January 31, 2016

